

# Psychology

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## Contents

## Psychology

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## PSYCHOLOGY

## ABNORMAL PSYCHOLOGY



## ABNORMAL CHILD PSYCHOLOGY, INTERNATIONAL EDITION, 5E

Eric J. Mash, Oregon Health & Science University and University of Calgary; David A. Wolfe, Centre for Addiction and Mental Health, University of Toronto

Through a thoughtful and accurate balance of developmental, clinical-diagnostic, and experimental approaches to child and adolescent psychopathology, Eric Mash and David Wolfe's ABNORMAL CHILD PSYCHOLOGY, 5E, International Edition remains the most authoritative, scholarly, and comprehensive book in its market. Accessible to a broad range of readers, the book traces the developmental course of each disorder and shows how biological, psychological, and sociocultural factors interact with a child's environment. Case histories, case examples, and first-person accounts are at the heart of the text, illustrating the categorical and dimensional approaches used to describe disorders and bringing life to the theories discussed. The authors also consistently illustrate how troubled children behave in their natural settings: homes, schools, and communities. Up-to-date and forward-looking, the text covers the DSM-IV-TR and dimensional approaches to classification as well as evidence-based assessment and treatment, contemporary research, and the latest theories related to the predominantly inattentive ADHD subtype, early-onset and the developmental propensity model of conduct disorder, the triple vulnerability model of anxiety, the tripartite model in children, depression, and autism.

## **NEW TO THIS EDITION**

• The authors have updated this edition with the most

current information concerning prevalence, age of onset, and gender distribution for each disorder, including a discussion of issues surrounding the reported increase in the prevalence of autistic spectrum disorders.

- Enriched coverage of gender and culture appears in each chapter and includes exciting new findings related to the expression, development, and adolescent outcomes for girls with ADHD, conduct problems, and anxiety and mood disorders; and for children from different ethnic and cultural groups.
- The Fifth Edition contains new findings on the interplay between early experience and brain development. For instance, it discusses how early stressors such as abuse alter the brain systems associated with regulating stress, and place the child at risk for developing later problems, such as anxiety or mood disorders.
- The text presents the most recent follow-up findings from groundbreaking early intervention and prevention programs, such as early interventions for children with autism spectrum disorders, Fast Track for conduct disorders, and the Multimodal Treatment Study for Children with ADHD.
- Current findings regarding the reliability and validity of DSM diagnostic criteria for specific disorders are accompanied by inclusion of a website address where students can track the development of DSM-5, scheduled to appear in 2013.

- With the assistance of an expert from Wellesley College, the authors continue to give significant attention to culture and diversity topics throughout the text.
- The book contains integrated cases covering all clinical stages—presentation, diagnosis, and treatment. Additionally, two guides to the cases—one listing cases by chapter and another listing them by type—appear at the front of the book.
- A selection of multimedia and interactive learning resources, foremost among these numerous video clips selected by the authors, are included on the PowerLecture<sup>™</sup> instructor resource. These current, high-interest videos focus on topics such as ADHD, autism, bullying, life skills, and Down's syndrome.
- "A Closer Look" boxes, found throughout the book, draw students into the material and enrich

each topic with engaging additional information. Examples include "What Are the Long-Term Criminal Consequences of Child Maltreatment?", "Common Fears in Infancy, Childhood, and Adolescence," and "Did Darwin Have a Panic Disorder?"

• Visual learning aids such as cartoons, tables, eyecatching section-opening quotes, and figures as well as numerous photos illustrate key concepts throughout the text.

## CONTENTS

PART I: UNDERSTANDING ABNORMAL CHILD PSYCHOLOGY 1. Introduction to Normal and Abnormal Behavior in Children and Adolescents. 2. Theories and Causes. 3. Research. 4. Assessment, Diagnosis, and Treatment. PART II: BEHAVIOR DISORDERS. 5. Attention-Deficit/Hyperactivity Disorder (ADHD). 6. Conduct Problems. PART III: EMOTIONAL DISORDERS. 7. Anxiety Disorders. 8. Mood Disorders. PART IV: DEVELOPMENTAL AND LEARNING DISORDERS. 9. Intellectual Disability (Mental Retardation). 10. Autism Spectrum Disorders and Childhood-Onset Schizophrenia. 11. Communication and Learning Disorders. PART V: PROBLEMS RELATED TO PHYSICAL AND MENTAL HEALTH. 12. Health-Related and Substance Use Disorders. 13. Eating Disorders and Related Conditions. 14. Child Maltreatment and Non-Accidental Trauma.

#### © 2013, 624pp, Paperback, 9781133492610



#### **ABNORMAL PSYCHOLOGY, 6E** AN INTEGRATIVE APPROACH, INTERNATIONAL EDITION (WITH COURSEMATE PRINTED ACCESS CARD)

David H. Barlow, Boston University; V. Mark Durand, University of South Florida, St. Petersburg

Balancing biological, psychological, social, and cultural

approaches, David Barlow and V. Mark Durand's groundbreaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. In this Sixth Edition of their proven ABNORMAL PSYCHOLOGY: AN INTEGRATIVE APPROACH, International Edition, Barlow and Durand successfully blend sophisticated research and an accessible writing style with the most widely recognized method of discussing psychopathology. Going beyond simply describing different schools of thought on psychological disorders, the authors explore the interactions of the various forces that contribute to psychopathology. A conversational writing style, consistent pedagogical elements, integrated case studies (95 percent from the authors' own files), video clips of clients, and additional study tools make this text the most complete learning resource available. For instructors, an Instructor's Resource Manual, Test Bank, and a wide selection of videos are available to use when teaching the course.

## **NEW TO THIS EDITION**

- New "On the Spectrum" boxes in every disorder chapter highlight the dimensionality and spectrum of the specific disorders, aiming to follow the direction of the forthcoming DSM-5.
- New "Innovative Approaches" boxes in every disorder chapter provide students with a look at the future of the field, cutting-edge approaches, research, and thoughts on the DSM-5.
- New "Student Learning Outcomes" at the start of each chapter assist instructors in accurately assessing and mapping questions throughout the chapter. The outcomes are mapped to the core APA goals and are integrated throughout the instructor resources and testing program.
- Leading the market with cutting-edge research, the new edition includes updated research such as a more robust and updated discussion on the interplay of genetics and environment in Chapter 2. Chapter 5 now includes a description of how a future diagnostic system using dimensional approaches for emotional disorders might work, as well as data supporting a possible new category of separation anxiety disorder in adults. Chapter 8 includes an update on the status of binge eating disorder and the reasons why it will almost certainly be included as a disorder in the DSM-5. In Chapter 14, a great deal of new information

on ADHD is presented, such as new information on ADHD prevalence globally, significantly expanded coverage of genetics including the only geneenvironment interaction study, and updated material on brain structural differences in children with ADHD.

• New to this edition, the Abnormal Psychology Live CD has been revamped and integrated online in the book's website, Abnormal Psychology CourseMate.

## **FEATURES**

- Every chapter in the Sixth Edition has been carefully revised to reflect the very latest research studies on psychological disorders, with hundreds of new references appearing for the first time.
- Unlike texts that take a single-cause, single-treatment approach, Barlow and Durand cover treatment in each chapter. Frequently, a single case is carried throughout the discussion of each disorder, including coverage of treatment issues and outcomes.
- Case studies featuring real clients are incorporated into the flow of the text, providing a realistic context for the scientific research in the book. These case studies ensure that students never lose sight of the fact that beyond the DSM-IV-TR criteria, the theories, and the research, there are human beings struggling with these disorders.
- This text features substantial, cutting-edge coverage of prevention. The authors discuss a variety of topics that will pique students' interest—for example, how to prevent eating disorders, sleep disorders, substance abuse and dependence, suicide, antisocial disorders in children, and more.
- The authors thoroughly cover cultural and gender factors as they relate to abnormal behavior. Not only is new material highlighted in a "Theme Index" in the Preface, but a description of how cultural beliefs and practices—such as voodoo, mind reading, and speaking in tongues—can lead to misdiagnoses of personality disorders is included in Chapter 12, "Personality Disorders."

## CONTENTS

 The History of Abnormal Psychology. 2. Conceptualizing Abnormal Psychology. 3. Assessing and Diagnosing Psychopathology. 4. Studying Psychopathology.
Anxiety and Its Disorders. 6. Somatoform and Dissociative Disorders. 7. Disorders of Mood. 8. Disorders of Eating and Sleeping. 9. Physical Disorders and Health Psychology. 10. Sexual and Gender Identity Disorders. 11. Substance-Related and Impulse-Control Disorders. 12. Personality Disorders. 13. Schizophrenia and Other Psychotic Disorders. 14. Disorders of Development. 15. Disorders of Ageing. 16. Mental Health Services: Legal and Ethical Issues.

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## ABNORMAL PSYCHOLOGY, 7E AN INTEGRATIVE APPROACH



Balancing biological, psychological, social, and cultural approaches, David Barlow and V. Mark Durand's groundbreaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. In this Seventh Edition of their proven ABNORMAL PSYCHOLOGY: AN INTEGRATIVE APPROACH, Barlow and Durand successfully blend sophisticated research and an accessible writing style with the most widely recognized method of discussing psychopathology. Going beyond simply describing different schools of thought on psychological disorders, the authors explore the interactions of the various forces that contribute to psychopathology. A conversational writing style, consistent pedagogical elements, integrated case studies (95 percent from the authors' own files), video clips of clients, and additional study tools make this text the most complete learning resource available. For instructors, an Instructor's Resource Manual. Test Bank. and a wide selection of videos are available to use when teaching the course. MindTap for Barlow and Durand's Abnormal Psychology\_ is a highly personalized, fully online learning platform which offers a tailored presentation of your course curriculum. It includes an innovative

learning path where students will complete reading assignments, annotate their readings, complete homework, and engage with quizzes and assessments. It also features Abnormal Psychology Videos and the Continuum Video Project.

## **NEW TO THIS EDITION**

- Significant revision reflects the Fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5).
- NEW DSM-5 Supplement by David Barlow and V. Mark Durand summarizes the changes between the DSM-IV-TR and the DSM revision - DSM-5.
- NEW feature, DSM-5 Controversies, discusses the chapter-related mental disorders in light of the DSM-5 criteria and highlights associated hot-button issues and debates
- New videos spotlighted at the end of each chapter. Videos are interviews with people living with mental disorders, including Gender Identity Disorder, Dissociative Identity Disorder, and Borderline Personality Disorder.
- Updated nomenclature to reflect new titles in DSM-5 in Chapter 1.
- Inclusion of new studies illustrating the psychosocial influence on brain structure and function in general and on neurotransmitter systems specifically in Chapter 2.
- Update to include "intellectual disability" (instead of mental retardation) which is consistent with DSM-5 and changes within the field in Chapter 3.
- New descriptions of the organization and structure of DSM-5 along with major changes from DSM-IV, as well as description of methods to coordinate the development of DSM-5 with the forthcoming ICD 11 in Chapter 3.
- Chapter 5 (Anxiety, Trauma, and Stressor-Related, and Obsessive-Compulsive Related Disorders) reorganized into the three major groups of disorders
  two of them new to DSM-5: anxiety disorders, trauma and stressor related disorders, and obsessivecompulsive and related disorders.
- Discussion of "somatoform disorders" is now somatic symptom and related disorders to reflect DSM changes. Chapter 6 also reorganized and rewritten to reflect the current grouping of disorders.

## CONTENTS

1. Abnormal Behavior in Historical Context. 2. An Integrative Approach to Psychopathology. 3. Clinical Assessment and Diagnosis. 4. Research Methods. 5. Anxiety, Trauma, and Stressor-Related and Obsessive-Compulsive Related Disorders. 6. Somatic Symptom and Related Disorders and Dissociative Disorders. 7. Mood Disorders and Suicide. 8. Eating and Sleep-Wake Disorders. 9. Physical Disorders and Health Psychology. 10. Sexual Dysfunctions, Paraphilic Disorders and Gender Dysphoria. 11. Substance-Related, Addictive and Impulse-Control Disorders. 12. Personality Disorders. 13. Schizophrenia Spectrum and Other Psychotic Disorders. 14. Neurodevelopmental Disorders. 15. Neurocognitive Disorders. 16. Mental Health Services: Legal and Ethical Issues.

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#### ABNORMAL PSYCHOLOGY AND LIFE A DIMENSIONAL APPROACH, INTERNATIONAL EDITION

Christopher Kearney, University of Nevada, Las Vegas; Timothy Trull, University of Missouri, Columbia

Chris Kearney and Tim Trull's ABNORMAL PSYCHOLOGY AND LIFE: A DIMENSIONAL APPROACH, International Edition provides students with a concise, contemporary, science-based view of psychopathology that emphasizes the individual first and the disorder second. Through consistent pedagogy featuring clinical cases and real first-person narratives, the text illuminates our understanding that abnormal behavior—rather than being either present or absent exists in everyone to some degree on a continuum from normal to pathological. By highlighting this widely accepted dimensional view—which places the behavior of an individual at the forefront of clinical assessment, prevention, definition, and treatment—the text's goal is to encourage students to become intelligent consumers of mental health information. With its emphasis on assessment and treatment as well as prevention, the book gives students the tools necessary to understand the precursors of abnormal behavior, overcome the stigma associated with it, and identify the real people classified as exhibiting it.

## **FEATURES**

- ABNORMAL PSYCHOLOGY AND LIFE: A DIMENSIONAL APPROACH covers the main disorders' features, available assessment tools, and treatments. In addition, it helps students see clients of mental health services as real people who have varying risk factors, and who fall in different places on a behavioral continuum for each disorder.
- There are two unique chapters in the text: one on risk factors and prevention (Chapter 3), and one that discusses both careers for students in the mental health profession and how to become a client of those services (Chapter 15, "Consumer Guide to Abnormal Psychology").
- Each disorder chapter contains at least one continuum that shows the varying degrees of a disorder and how it can be illustrated through a common situation. For example, the Anxiety Disorder continuum shows the levels of worry, anxiety, and fear—from normal to severe—experienced by a person interviewing for a new job.
- Personal Narratives give first-hand accounts of an individual living with a psychological disorder, the family or friends affected by those living with a disorder, or the professionals who try to help. The text aims to put a human face on the disorders, showing students that real people deal with psychological disorders, and that a disorder can best be treated by assessing each individual in a holistic fashion.
- Additional features such as Case Studies with corresponding What Do You Think? questions, DSM-IV-TR tables, Interim Summaries, and Review Questions all help students remember, understand, and apply the material.
- New to the Wadsworth Video Library, the Encounters Video Series provides holistic, three-dimensional portraits of individuals dealing with psychological disorders, showing clients living their daily lives, interacting at home and work, and displaying—rather

than just describing—their symptoms. Professionals representing behavioral, cognitive, and psychoanalytic perspectives describe their views on the etiology and treatment of each disorder, helping students learn about disorders as well as about contrasting approaches to pathology. The videos are accessible via Psychology CourseMate.

## CONTENTS

Preface. 1. Abnormal Psychology and Life: An Overview. 2. Perspectives on Abnormal Psychology. 3. Risk and Prevention of Mental Disorders. 4. Diagnosis, Assessment, and Study of Mental Disorders. 5. Anxiety Disorders. 6. Somatoform and Dissociative Disorders. 7. Mood Disorders and Suicide. 8. Eating Disorders. 9. Substance Related Disorders. 10. Personality Disorders. 11. Sexual Disorders and Dysfunctions and Gender Identity Disorder. 12. Schizophrenia and other Psychotic Disorders. 13. Developmental and Disruptive Behavior Disorders. 14. Cognitive Disorders. 15. Consumer Guide to Abnormal Psychology. Appendix: Stress Related Problems. Glossary. References. Name Index. Subject Index.

#### © 2012, 608pp, Paperback, 9781111344405



### ABNORMAL PSYCHOLOGY AND LIFE, 2E A DIMENSIONAL APPROACH

Chris Kearney, University of Nevada, Las Vegas ; Timothy Trull, University of Missouri, Columbia

Chris Kearney and Tim Trull's ABNORMAL PSYCHOLOGY AND LIFE: A DIMENSIONAL APPROACH provides students with a concise, contemporary, sciencebased view of psychopathology that emphasizes the individual first. Through consistent pedagogy featuring clinical cases and real first-person narratives, the text illuminates our understanding that abnormal behavior can be viewed along a continuum. By highlighting this widely accepted dimensional view—which places the behavior of an individual at the forefront of clinical definition, assessment, and treatment—the text's goal is to foster personal relevance for students and encourage them to become intelligent consumers of mental health information. The book also gives students a comprehensive understanding of the features and epidemiologies, risk factors and prevention, assessment and treatment, and long term prognosis and associated stigma of mental disorders.

## **NEW TO THIS EDITION**

- NEW content throughout the second edition fully reflects DSM-5.
- NEW Additional Continuum Video Project feature boxes in Chapters Five through Fourteen. Each video case features a real person with a chapter-related disorder. Each case subject, their family, friends, and/ or therapists describe their experience, views, etiology and treatment of the disorder as well as contrasting approaches to pathology. Students can access the video via MindTap. After watching, students assess thoughts, emotions, and behaviors described in the video, place these on a continuum of functioning, and then answer several questions.

## FEATURES

- ABNORMAL PSYCHOLOGY AND LIFE: A DIMENSIONAL APPROACH covers the main disorders' features, assessment, and treatments. In addition, it helps students see people with mental health disorders as real people who have varying risk factors, and who fall in different places on a behavioral continuum for each disorder.
- The Second Edition has been thoroughly updated to reflect DSM-5.
- There are two unique chapters in the text: one on risk factors and prevention (Chapter 3), and one that discusses both careers for students in the mental health profession and how to become a client of those services (Chapter 15, "Consumer Guide to Abnormal Psychology").
- Each disorder chapter contains at least one continuum that shows the varying degrees of a disorder and how it can be illustrated through a common situation. For example, the Anxiety Disorder continuum shows the levels of worry, anxiety, and fear--from normal to severe--experienced by a person interviewing for a

new job.

- Personal Narratives give first-hand accounts of an individual living with a psychological disorder, the family or friends affected by those living with a disorder, or the professionals who try to help. The text aims illustrate that a disorder can best be treated by assessing each individual in a holistic fashion.
- Additional features such as Case Studies with corresponding What Do You Think? questions, DSM-5 tables, Interim Summaries, and Review Questions all help students remember, understand, and apply the material.

## CONTENTS

 Abnormal Psychology and Life. 2. Perspectives on Abnormal Psychology. 3. Risk and Prevention of Mental Disorders. 4. Diagnosis, Assessment, and Study of Mental Disorders. 5. Anxiety, Obsessive-Compulsive, and Trauma- and Stressor-Related Disorders. 6. Somatoform and Dissociative Disorders. 7. Mood Disorders and Suicide. 8. Eating Disorders. 9. Substance-Related Disorders. 10. Personality Disorders. 11. Sexual Dysfunctions and Disorders and Gender Identity Disorder. 12. Schizophrenia and Other Psychotic Disorders. 13. Developmental and Disruptive Behavior Disorders. 14. Cognitive Disorders. 15. Consumer Guide to Abnormal Psychology.

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## CASEBOOK IN ABNORMAL PSYCHOLOGY, INTERNATIONAL EDITION, 4E

Timothy A. Brown, Boston University; David H. Barlow, Boston University

Using cases from the authors' files or from case files of other working clinicians, CASEBOOK IN ABNORMAL

PSYCHOLOGY, International Edition portrays the rich and arresting nature of disorders manifested in real people. Cases illustrate every major DSM-IV category, followed by a therapy outcome section that tells the "rest of the story" of what happened to these clients. Using an integrative approach, the authors emphasize the multiple causes of disorders and incorporate developmental and cultural issues in each case. Complex cases are presented without a diagnosis, so students can come up with a diagnosis on their own. This Fourth Edition includes a new case on body dysmorphic disorder as well as two new cases without a diagnosis.

## **NEW TO THIS EDITION**

- A new chapter on body dysmorphic disorder has been added, to reflect the growing attention to this disorder. This replaces the Sexual Dysfunction chapter.
- Two new case studies without a diagnosis has been added to give students an opportunity to use the knowledge they have obtained and apply it to creating a diagnosis on their own.
- The authors have updated the references throughout, to include the most up-to-date information available on each topic.

## FEATURES

- The authors' use of authentic—rather than idealistic cases gives students a flavor of real clients with disorders.
- The authors identify situations in which the case is atypical of the diagnosis.
- The selection of cases offers a racial/ethnic/gender balance not found in other casebooks.
- Chapter outlines in the detailed Table of Contents help structure the chapter's content and provide additional student focus.
- Each chapter begins with a brief background of the case and the patient and then presents the Clinical History, DSM-IV Diagnosis, Case Formulation Using the Integrative Model, Course of Treatment and Treatment Outcome, a Discussion, and end-of-chapter "Thinking Critically" questions.

## CONTENTS

1. Generalized Anxiety Disorder. 2. Panic Disorder with Agoraphobia. 3. Adolescent Social Phobia. 4. Posttraumatic Stress Disorder. 5. Obsessive-Compulsive Disorder. 6. Body Dysmorphic Disorder. 7. Physical Abuse of Adult (Domestic Violence). 8. Dissociative Identity Disorder. 9. Major Depression. 10. Bipolar Disorder. 11. Bulimia Nervosa. 12. Anorexia Nervosa. 13. Sexual Disorder (Paraphilia): Pedophilia. 14. Alcohol Dependence. 15. Borderline Personality Disorder. 16. Schizophrenia. 17. Autistic Disorder. 18. Diagnosis Note Provided: Case #1. 19. Diagnosis Note Provided: Case #2. 20. Diagnosis Note Provided: Case #3.

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## CASEBOOK IN CHILD BEHAVIOR DISORDERS, INTERNATIONAL EDITION, 5E

Christopher Kearney, University of Nevada, Las Vegas

Reflecting the latest research from the field, CASEBOOK IN CHILD BEHAVIOR DISORDERS, 5E, International Edition vividly illustrates the rich and arresting nature of disorders that first manifest themselves in childhood while also showing how a child's developmental patterns shape the expression of each disorder. Every complex case demonstrates how each disorder is expressed from presentation through diagnosis and treatment, in an effective way. Throughout the book, the author explores the DSM-IV-TR criteria and highlights the interaction between developmental and environmental influences for each disorder. The Fifth Edition offers an assortment of cases. Helping instructors teach the course, sample cases focus on major mental disorders in youth. In addition, mixed cases encourage independent thinking as they challenge students to draw from their knowledge to come up with their own diagnosis.

## **NEW TO THIS EDITION**

• Revised and completely up to date, the exciting new Fifth Edition of the popular CASEBOOK IN CHILD

BEHAVIOR DISORDERS, 5E, International Edition reflects the latest developments, research, and illustrations from the field.

- All scholarly references are thoroughly updated.
- All comorbid and biological information has been updated for each relevant chapter.
- Expanded coverage includes such key material as Response to Intervention for learning disorders.
- Chapter 12, "Pediatric Conditions", features a pediatric case that better reflects a hospital setting, giving students a stronger real-world perspective.

### **FEATURES**

- Enabling students to put their knowledge into practice, CASEBOOK IN CHILD BEHAVIOR DISORDERS, 5E, International Edition provides a wealth of case studies, including three unique mixed cases. For example, "Mixed Case Three" in Chapter 15 features a multiracial child of Hispanic, Asian, and Caucasian descent as well as a mix of elements that could indicate schizophrenia, bipolar disorder, personality disorder, obsessive compulsive disorder, or tic disorder. This intriguing case leads students through an in-depth discussion of which symptoms match what criteria.
- Offering hands-on learning, two "Diagnose the Case" exercises challenge students to come up with diagnoses on their own. The first case appears in Chapter 1, establishing the systematic process of presentation, diagnosis, and treatment that is followed throughout the book.
- The complex "Wrap Up Case" features a child with multiple problems. This challenging mixed case enables students to apply what they have studied throughout the course—helping them sharpen their skills and reinforce all that they learned.
- Insightful information on the DSM-IV-TR is integrated throughout the text.
- An entire chapter is devoted to Bipolar Disorder, giving students a deeper look at the disorder.

## CONTENTS

1. Mixed Case One. 2. Social Anxiety and Withdrawal. 3. Depression. 4. Early-Onset Bipolar Disorder. 5. Eating Disorder. 6. Attention Deficit/Hyperactivity Disorder. 7. Learning Disability. 8. Conduct Disorder and Aggression. 9. Substance Abuse. 10 Family Conflict and Noncompliance. 11. Autism and Mental Retardation. 12. Pediatric Conditions. 13. Effects from Sexual Abuse. 14. Mixed Case Two. 15. Mixed Case Three.



## **NEW EDITION!**

DISORDERS OF CHILDHOOD, 2E DEVELOPMENT AND PSYCHOPATHOLOGY, INTERNATIONAL EDITION

Robin Hornik Parritz, Hamline University, St. Paul, Minnesota; Michael F. Troy, Children's Hospitals and Clinics of Minnesota

eBook

Written with the whole child in mind, this text discusses disorders in connection with the different stages of development, providing both a meaningful framework to promote students' learning and a practical, trueto-life approach for organizing the course. Four themes recur throughout the text, each informed by the principles and practices of developmental psychopathology. The authors emphasize multi-factor explanations of disorders as well as developmental frameworks and developmental pathways-presenting disorders and sets of disorders in the order in which they typically appear in a child's life. They also focus on the child-in-context (calling attention to the multiple settings in which the child is embedded) and emphasize the importance of taking a broad view that considers the whole child and his or her patterns of interest, abilities, and strengths, rather than a narrow view of a disorder or developmental delay. As a result of this holistic approach, which reflects the most up-to-date understanding of child and adolescent psychopathology, students learn to think about disorders in the same way that caring adults think about disorders they encounter every day—in terms of an individual child who is coping with distress and dysfunction.

## **NEW TO THIS EDITION**

• All chapters incorporate changes in the organization and nomenclature of the newest edition of the Diagnostic and Statistical Manual, DSM-5 (American Psychiatric Association, 2013), as well as discussion of the underlying clinical and research findings that informed those changes.

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- Several chapters have been reorganized to better reflect how disorders, combinations of disorders, and challenging diagnostic issues present themselves in real-world clinical settings. For example, the chapters on oppositional defiant disorder and conduct disorder are combined, facilitating an examination of developmental pathways that reflects both continuity and discontinuity.
- This edition includes a separate chapter on trauma and stressor-related disorders, with an expanded review of theoretical and empirical findings on maltreatment.
- The chapter on intellectual developmental disorder includes a new section on learning disorders.

## **FEATURES**

- This text explicitly highlights the interaction between normal development and psychopathology, employing a broad approach that focuses on the whole child rather than on narrow individual disorders. Extensive use of case stories brings concepts to life.
- A section at the beginning of each chapter summarizes the developmental tasks and challenges experienced by typically developing children that are especially relevant given the disorders discussed in the chapter.
- Chapters are sequenced to reflect the normal course of development. This sequencing allows students to consider specific disorders and sets of disorders that occur in a particular developmental period in proximity and relation to one another. It also allows for an ongoing focus on the constructs of risk and resiliency, and provides a basis for coherent discussions of early-occurring disorders as risk factors for later-occurring disorders.
- Multi-factor explanations of disorders (encompassing biological, psychological, and sociocultural factors) are examined in detailed analyses of etiologies, assessments, diagnoses, developmental pathways, and interventions.
- Themed feature boxes--The Child in Context, Clinical Perspectives, Risk and Resilience, and Emerging Science--support the book's overall approach and highlight important topics of interest to students.

## CONTENTS

1. Introduction. 2. Models of Child Development, Psychopathology, and Treatment. 3. Principles and Practices of Developmental Psychopathology. 4. Classification, Assessment and Diagnosis, and Intervention. 5. Disorders of Early Development. 6. Disorders of Attachment. 7. Intellectual Developmental Disorder and Learning Disorders. 8. Autism Spectrum Disorder. 9. Attention Deficit/Hyperactivity Disorder. 10. Oppositional Defiant Disorder and Conduct Disorder. 11. Anxiety Disorders, Obsessive-Compulsive Disorder, and Somatic Symptom Disorders. 12. Mood Disorders and Suicidality. 13. Maltreatment, and Trauma- and Stressor-Related Disorders. 14. Substance Use and Addictive Disorders. 15. Eating Disorders. Glossary. References. Name Index. Subject Index.





## ESSENTIALS OF ABNORMAL PSYCHOLOGY, INTERNATIONAL EDITION (WITH PSYCHOLOGY COURSEMATE WITH EBOOK PRINTED ACCESS CARD), 6E

V. Mark Durand, University of South Florida, St. Petersburg; David H. Barlow, Boston University

In this briefer version of Durand and Barlow's widely taught text, the authors explain abnormal psychology through their standard-setting integrative approach the most modern, scientifically valid method for studying the subject. Through this integrative approach, students learn that psychological disorders are rarely caused by a single influence, but rooted in the interaction among multiple factors: biological, psychological, cultural, social, familial, and even political. A conversational writing style, consistent pedagogy, and real case profiles—95 percent from the authors' own case files-provide a realistic context for the scientific findings of the book. In addition, these features ensure that readers never lose sight of the fact that real people are behind the DSM-IV-TR criteria, the theories, and the research.

## **NEW TO THIS EDITION**

- A new On the Spectrum feature at the end of every disorder chapter examines cutting-edge developments in the gradual movement toward a more dimensional approach to studying psychopathology. Topics include new transdiagnostic assessment schemes and treatment for emotional disorders; previews of disorders in the DSM-5, where more dimensional approaches will be adopted; and the adoption of crosscutting dimensional measures of, for example, anxiety or features of distorted reality for every patient to provide a richer description of psychopathology.
- New Student Learning Outcomes at the start of each chapter assist instructors in accurately assessing and mapping questions throughout the chapter. The outcomes are mapped to the core APA goals for undergraduate psychology majors, addressed in the chapter content, and integrated throughout the instructor resources and testing program.
- While all chapters have been updated, the chapters on Anxiety Disorders (Chapter 4), Developmental and Cognitive Disorders(Chapter 5), Eating and Sleep Disorders (Chapter 6), Physical Disorders and Health Psychology (Chapter 7), Substance-Related and Impulse-Control Disorders (Chapter 11), Mood Disorders and Suicide (Chapter 12, now significantly more succinct), Schizophrenia and Other Psychotic Disorders (Chapter 13), and have been the most heavily revised to reflect new research.
- Among the many new topics in the most-revised chapters are: discussion of a new disorder under consideration for inclusion in DSM-5 (olfactory reference syndrome), data underscoring the combination of depression with impulse control problems as causal factors in suicide, an update on the status of binge-eating disorder, recent results from a transdiagnostic psychological approach to the treatment of eating disorders, studies finding that newer, second-generation drugs are no more effective or better tolerated than the older drugs, and a great deal of new information on ADHD.
- New to this edition, the Abnormal Psychology Live CD has been revamped and is now integrated online in the book's website, Abnormal Psychology CourseMate. To support students outside of the classroom and reinforce more challenging topics that typically need more than one explanation, Mark Durand's

expanded Video Concept Reviews (accessible through Psychology CourseMate) provide a brief summary of difficult concepts for every chapter.

## **FEATURES**

- Well-known in their field, the authors bring sophisticated research and clinical experience including the most recent developments—to every chapter of this text.
- A Diversity box in every chapter augments coverage of cultural and gender factors and differences as they relate to the expression of disorders. Topics include cultural differences in menopause, suicide, and selfinjury; and gender and cultural differences in alcohol and drug use. Diversity content continues to be highlighted in theme indexes (one on gender, one on culture) in the Preface and in the book's description of how cultural beliefs and practices can lead to misdiagnoses of psychological disorders.
- Case studies featuring real clients, mostly from the authors' own clinical experience, are incorporated throughout the book, providing a realistic context for the scientific research. These case studies ensure that students never lose sight of the fact that beyond the DSM-IV-TR criteria, the theories, and the research, there are the people struggling with these disorders and that abnormal psychology is about "us" rather than "them."
- The authors' pioneering approach offers an integrative, multidimensional perspective, unlike texts that take a single-cause, single-treatment approach. Major psychological disorders are covered in 10 chapters, each discussing three broad categories: clinical descriptions, causal factors, and treatment and outcomes. Attention is also paid to case studies, DSM criteria, and the general course or pattern for the disorder as a whole. Frequently, a single case is carried throughout the discussion of each disorder.
- Substantial, cutting-edge coverage of prevention includes a variety of topics that pique students' interest; for example, how to prevent eating disorders, sleep disorders, substance abuse and dependence, suicide, antisocial disorders in children, and more.

## CONTENTS

1. Abnormal Behavior in Historical Context. 2. An Integrative Approach to Psychopathology. 3. Clinical Assessment, Diagnosis, and Research in Psychopathology. 4. Anxiety Disorders. 5. Developmental and Cognitive Disorders. 6. Eating and Sleep Disorders. 7. Physical Disorders and Health Psychology. 8. Personality Disorders. 9. Somatoform and Dissociative Disorders. 10. Sexual and Gender Identity Disorders. 11. Substance-Related and Impulse-Control Disorders. 12. Mood Disorders and Suicide. 13. Schizophrenia and Other Psychotic Disorders. 14. Mental Health Services: Legal and Ethical Issues.

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## ESSENTIALS OF UNDERSTANDING ABNORMAL BEHAVIOR, INTERNATIONAL EDITION, 2E

David Sue, Western Washington University; Derald Wing Sue, Teacher's College, Columbia College; Diane M. Sue, Private Practice; Stanley Sue, Palo Alto University

This brief text offers the same sociocultural focus, multicultural emphasis, topical coverage, and engaging style of its parent text in a condensed, student-friendly format. The wealth of visuals, case studies, and examples combine with thorough new research, making the text a comprehensive tool for students of abnormal psychology. Engaging pedagogical aids help students grasp and retain material. Coverage also features proposed changes in the APA's DSM-5 definition of mental disorders and its implications, including its change of focus from a categorical to a dimensional system of personality assessment. Chapter outlines provide a topical overview while Focus Questions guide students to seek their own answers as they read the chapter. Case studies highlight issues of mental health and mental disorders, using actual clinical files to illuminate topics. With more than 1,600 new references, this edition is thoroughly updated in its research and coverage. The fresh design makes the text

even more approachable and appealing to students. It is accompanied by a helpful support package for instructors and students.

## NEW TO THIS EDITION

- Thoroughly updated and revised to include proposed changes in the classification and diagnosis of mental disorders by the American Psychiatric Association's Diagnostic and Statistical Manual (DSM-5).
- Discussion of proposed diagnostic categories in the DSM-5 have been added, including premenstrual dysphoric disorder; mixed anxiety/depression; mild neurocognitive disorder; major neurocognitive disorder; Lewy Body Dementia; non-suicidal selfinjury; disruptive mood dysregulation disorder; disinhibited social engagement disorder; as well as the callous and unemotional subtype of conduct disorder.
- "Focus on Resilience" boxes provide students with key research from a positive psychology perspective including aspects of resilience and protective factors associated with specific disorders.
- New topic coverage including the overlap between bipolar disorders and schizophrenia; suicide on college campuses as well as among youth and children; the use of underweight models and digitally "enhanced" photos; the marketing of atypical antipsychotic medications; dissociative anesthetics, inhalants, energy drinks, and caffeinated alcoholic beverages; and much more.

- The multipath model provides students with an organizational framework for understanding the numerous causes of mental disorders (biological, psychological, social, and sociocultural), the complexity of their interacting components, and the need to view disorders from a holistic framework. An "Implications" section at the end of each chapter synthesizes the implications of the multipath perspective.
- Pedagogical elements are incorporated in each chapter to assist students in reflecting chapter concepts and internalizing the material covered.
- "Controversy" boxes provide factual evidence and thought-provoking questions that focus on key issues, examine widely held assumptions about abnormal behavior, and challenge the students' own understanding of the text material.

- "Myth versus Reality" discussions challenge the many myths and false beliefs that surround the field of abnormal behavior, helping students realize that belief must be checked against scientific facts and knowledge.
- "Did You Know?" boxes found throughout the book provide fascinating, at-a-glance research-based tidbits that provide interest and connect with materials covered in the main text.
- "Focus Questions" frame the chapter and stimulate active learning—with these questions in mind, students begin thinking about the concepts they are about to explore within the chapter.

## CONTENTS

 Abnormal Behavior. 2. Models of Abnormal Behavior.
Assessment and Classification of Abnormal Behavior.
Anxiety and Obsessive-Compulsive and Related Disorders. 5. Trauma and Stress-Related Disorders.
Somatic Symptom and Dissociative Disorders. 7. Depressive and Bipolar Disorders. 8. Suicide. 9. Eating Disorders. 10. Substance-Use Disorders. 11. Schizophrenia and Other Psychotic Disorders. 12. Neurocognitive Disorders. 13. Sexual Dysfunction, Gender Dysphoria and Paraphilic Disorders. 14. Personality Psychopathology.
Disorders of Childhood and Adolescence. 16. Legal and Ethical Issues in Abnormal Psychology.

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## FOUNDATIONS OF ABNORMAL BEHAVIOR, INTERNATIONAL EDITION, 10E

David Sue, Western Washington University; Derald Wing Sue, Teacher's College, Columbia College; Stanley Sue, Palo Alto University; Diane M. Sue, Private Practice

Providing an inviting and stimulating look into abnormal

psychology, Sue/Sue/Sue/Sue's FOUNDATIONS OF ABNORMAL BEHAVIOR, 10E, International Edition offers extensive coverage and integration of multicultural models, explanations, and concepts. The authors draw on important contributions from various disciplines and theoretical stances, engaging students in understanding abnormal behavior as scientific and clinical endeavors, while offering insight into the tools that mental health professionals use to study and treat disorders. The text continues the multipath model introduced in the 9th edition, once again emphasizing the importance of considering biological, psychological, social, and sociocultural factors and their interactions in the etiology of mental disorders. With more than 1,600 new references, this edition is thoroughly updated in its research and coverage. It also begins to discuss the proposed changes in the APA's DSM-5 definition of mental disorders and its implications, including its change of focus from a categorical to a dimensional system of personality assessment. The fresh design makes the text even more approachable and appealing to students. It is accompanied by a helpful support package for instructors and students.

## **NEW TO THIS EDITION**

- FOUNDATIONS OF ABNORMAL BEHAVIOR, 10E, International Edition has been completely revised to accommodate updated research and changes in the classification and diagnosis of mental disorders, including proposed changes in the American Psychiatric Association's DIAGNOSTIC AND STATISTICAL MANUAL (DSM-5).
- The addition of a new author provides a more complete perspective of gender, biological, child and adolescent issues.
- The text provides extensive coverage of the multipath perspective, updating and integrating current topics/ issues related to the model throughout the book.
- New and updated case studies and examples allow issues of mental health and mental disorders to come to life for students and instructors. Many cases are taken from journal articles and actual clinical files.
- Thousands of new references have been added to provide the most up-to-date research in the field of abnormal psychology.
- Contemporary research focused on the biological aspects of the various disorders is emphasized throughout the book.

## FEATURES

- Contemporary research focused on the biological aspects of the various disorders is emphasized throughout the book.
- Thoroughly updated with the latest trends and statistics in research and critical thinking, the 10th edition includes expanded information on eating disorders; learning disabilities; suicide; date rape; the growing ethnic and cultural diversity in the U.S. and its implications for mental health research and practice; research strategies and findings on genetic factors in mental disorders; the growing prevalence of psychoactive drug use in the United States; and implications of managed health care on mental health services and the use of evidence-based treatments.
- Did You Know? boxes in the margins capture students' interest by providing fascinating highlights of research-based information.
- Controversy boxes, with critical-thinking questions for students to consider, address contentious issues that have wide implications for society. These boxes evoke alternative views, provoke discussion, and draw students into issues that help them better explore the wider meaning of abnormal behavior.

## CONTENTS

 Abnormal Behavior. 2. Models of Abnormal Behavior.
Assessment and Classification of Abnormal Behavior.
The Scientific Method in Abnormal Psychology.
Anxiety and Obsessive-Compulsive and Related Disorders. 6. Trauma and Stress-Related Disorders.
Somatic Symptom and Dissociative Disorders. 8. Depressive and Bipolar Disorders. 9. Suicide. 10. Substance-Use Disorders. 11. Eating Disorders. 12. Neurocognitive Disorders. 13. Schizophrenia and Other Psychotic Disorders. 14. Disorders of Childhood and Adolescence. 15. Sexual Dysfunction and Gender Dysphoria. 16. Personality Psychopathology. 17. Legal and Ethical Issues in Abnormal Psychology.

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## ADJUSTMENT



## ADJUST (WITH COURSEMATE PRINTED ACCESS CARD)

Wayne Weiten, University of Nevada; Elizabeth Yost Hammer, Xavier University; Dana S. Dunn, Moravian College

Created through a "student-tested, faculty-approved" review process, ADJUST is an engaging and accessible solution to accommodate the diverse lifestyles of today's learners at a value-based price. ADJUST employs balanced psychological research coverage, engaging applications, and current examples to help students understand themselves and the world.

- An innovative combination of content delivery both in print and online provides a core text and a wealth of comprehensive multimedia teaching and learning assets based on input from student focus groups and surveys, and from interviews with faculty and students.
- Shorter, comprehensive chapters in a modern design present content in a more engaging and accessible format without minimizing coverage for your course.
- Chapter In Review Cards at the back of the Student Editions provide students a portable study tool containing all of the pertinent information for class preparation.
- Instructor Prep Cards at the back of the Instructor's Edition make preparation simple with detachable cards for each chapter, offering a quick map of chapter content, a list of corresponding PowerPoint® and video resources, additional examples, and suggested assignments and discussion questions to help you organize chapter content efficiently.
- A full suite of unique learning tools that appeal

to different learning preferences is available to students with a new book. Quizzes, Flash Cards, Self-Assessments, Self-Reflections, and more are only a click away.

• The book provides all of the content and resources you expect with a supplements package that is second to none, including the Instructor's Manual and test bank, ExamView®, and PowerPoints.

## CONTENTS

 Adjusting to Modern Life. 2. Theories of Personality. 3.
Stress and Its Effects. 4. Coping Processes. 5. Psychology and Physical Health. 6. The Self. 7. Social Thinking and Social Influence. 8. Interpersonal Communication.
9. Friendship and Love. 10. Marriage and Intimate Relationships. 11. Gender and Behavior. 12. Development and Expression of Sexuality. 13. Careers and Work. 14.
Psychological Disorders. 15. Psychotherapy.

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## PSYCHOLOGY AND CONTEMPORARY LIFE, 10E

## HUMAN ADJUSTMENT, INTERNATIONAL EDITION

Wayne Weiten, University of Nevada, Las Vegas; Elizabeth Yost Hammer, Xavier University; Dana S. Dunn, Moravian College

Filled with comprehensive, balanced coverage of classic and contemporary research, relevant examples, and engaging applications, this text shows students how psychology helps them understand themselves and the world—and uses psychological principles to illuminate the variety of opportunities they have in their lives and their future careers. While professors cite this bestselling book for its academic credibility and the authors' ability to stay current with "hot topics," students say it's one text they just don't want to stop reading. Students and instructors alike find the text to be a highly readable, engaging, visually appealing package, providing a wealth of material they can put to use every day.

## **NEW TO THIS EDITION**

- The authors have made countless content changes to keep up with new developments in psychology adding and deleting some topics, condensing and reorganizing others, and updating everything. There are about 1400 new references.
- An entirely new chapter devoted to the topic of positive psychology has been added to this edition (Chapter 16). The focus and themes of positive psychology are very relevant to the issues discussed in the Adjustment course and will resonate with today's students.
- The addition of the new chapter on positive psychology prompted the authors to reorganize the text by grouping related chapters together. At the same time, all chapters are written to be largely self-contained, allowing you to assign them in virtually any order you wish.
- A new appendix on Sustainability is included in the Tenth Edition.
- The Personal Explorations Workbook that has accompanied previous editions as a separate ancillary is now included in the back of the text (after the references and the indexes to allow easier use by students). The workbook contains experiential exercises, questionnaires, and personality tests that allow students to better understand themselves and their attitudes toward a variety of subjects.

- Psychology and Contemporary Life: Human Adjustment 10E, provides a comprehensive introduction to the psychology of adjustment in a compact, 16-chapter format, complemented by a Personal Explorations Workbook.
- Each chapter includes practical information for students to use in their daily lives. For example, "Recommended Readings" appear throughout the text and serve as mini book reviews of the most influential self-help books published. The reviews cover classic titles as well as the newest releases.
- The thorough end-of-chapter pedagogy supplies tools that support students' success in the course. It includes "Key Ideas," a bulleted summary of

the chapter's main points; "Key Terms," a list of important vocabulary; "Key People," a review of important thinkers; and a practice test with answer key, providing students with an opportunity for selftesting of chapter content.

• The authors seamlessly integrate multicultural data into the text. Examples of content include: a discussion of cultural variation in stress (Chapter 3); coverage of ethnicity-related sources of stress (Chapter 3); the roles of culture, physical attractiveness, and similarity in relationship development (Chapter 8); and a section on improving cultural sensitivity in treatment (Chapter 16).

## CONTENTS

1. Human Adjustment in Today's World. 2. Personality: Theories & Research. 3. The Dynamics of Stress. 4. Coping With Stress. 5. Health Psychology. 6. The Self in a Social World. 7. Impression Formation and Social Influence. 8. Communication. 9. Close Relationships. 10. Marital and Intimate Relationships. 11. Gender and Behavior. 12. Human Sexuality. 13. The World of Work. 14. Abnormal Behavior. 15. Psychotherapy. 16. Positive Psychology.

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### PSYCHOLOGY APPLIED TO MODERN LIFE, 11E ADJUSTMENT IN THE 21ST CENTURY

Wayne Weiten, University of Nevada, Las Vegas; Dana S. Dunn, Moravian College; Elizabeth Yost Hammer, Xavier University

Filled with comprehensive, balanced coverage of classic and contemporary research, relevant examples, and engaging applications, this text shows students how psychology helps them understand themselves and the world-and uses psychological principles to illuminate the variety of opportunities they have in their lives and their future careers. While professors cite this bestselling book for its academic credibility and the authors' ability to stay current with "hot topics," students say it's one text they just don't want to stop reading. Students and instructors alike find the text to be a highly readable, engaging, visually appealing package, providing a wealth of material they can put to use every day.

### **NEW TO THIS EDITION**

- Updated book design and layout. A collection of new, eye-catching photos are also integrated into each chapter, where they are placed to reflect the subject matter reviewed in the text.
- The authors have made countless content changes to keep up with new developments in psychologyadding and deleting some topics, condensing and reorganizing others, and updating everything. There are over 1000 new references.
- The Psychology and Environmental Sustainability Appendix, new in the last edition, has been revised for the 11th edition.
- New to the 11th edition is the Reel Research box feature, which highlights important concept by discussing research related to the chapter that has been captured on film. Each chapter includes one Reel Research feature with accompanying discussion questions. The Reel Research features include topics like health and stress, self-regulation, schizophrenia, and internet relationships.
- The authors seamlessly integrate multicultural data into the text. Examples of content include: religion as a cultural source of the fundamental attribution error (Chapter 7); the roles of culture, physical attractiveness, and similarity in relationship development (Chapter 8); expanded cross-cultural coverage on collectivist views on marriage (Chapter 10) and a section on improving cultural sensitivity in treatment (Chapter 16).

## **FEATURES**

• The Personal Explorations Workbook is included in the back of the text (after the references and the indexes to allow easier use by students). The workbook contains experiential exercises, questionnaires, and personality tests that allow students to better understand themselves and their attitudes toward a variety of subjects.

- PSYCHOLOGY APPLIED TO MODERN LIFE: ADJUSTMENT IN THE 21ST CENTURY provides a comprehensive introduction to the psychology of adjustment in a compact, 16-chapter format, complemented by a Personal Explorations Workbook.
- Each chapter includes practical information for students to use in their daily lives. For example, "Recommended Readings" appear throughout the text and serve as mini book reviews of the most influential self-help books published. The reviews cover classic titles as well as the newest releases.
- The thorough end-of-chapter pedagogy supplies tools that support students' success in the course. It includes "Key Ideas," a bulleted summary of the chapter's main points; "Key Terms," a list of important vocabulary; "Key People," a review of important thinkers; and a practice test with answer key, providing students with an opportunity for selftesting of chapter content.

## CONTENTS

 Adjusting to Modern Life. 2. Theories of Personality. 3.
Stress and Its Effects. 4. Coping Processes. 5. Psychology and Physical Health. 6. The Self. 7. Social Thinking and Social Influence. 8. Interpersonal Communication.
Friendship and Love. 10. Marriage and Intimate Relationships. 11. Gender and Behavior. 12. Development and Expression of Sexuality. 13. Careers and Work. 14.
Psychological Disorders. 15. Psychotherapy. 16. Positive Psychology.

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#### SELF-DIRECTED BEHAVIOR, 10E SELF-MODIFICATION FOR PERSONAL ADJUSTMENT, INTERNATIONAL EDITION

David L. Watson, University of Hawaii; Roland G. Tharp, University of California, Santa Cruz

SELF-DIRECTED BEHAVIOR, International Edition is designed to help students achieve whatever life goals they set for themselves. The authors provide a general theory of behavior, guide students through exercises for developing skills in self-analysis, and provide scientifically based instruction in the principles and practices of self-applied psychology. Numerous strategies, based on theory and research, equip students to apply their new skills to different behaviors and in different settings. Case examples demonstrate how the authors' students have successfully used the book's techniques. Completely updated, the tenth edition incorporates recent research, additional topics such as the self-regulation of emotion and Dweck's concept of mindset, and a new case study on weight control that runs throughout the book. This text has helped over one half million readers and will continue to support instructors in their quest to assist students with their self-change goals.

## **NEW TO THIS EDITION**

- Based on the authors' review of all relevant literature for every chapter, the text incorporates many changes to reflect up-to-date data and theory. This edition also augments its research base, providing additional empirical support for the procedures you teach.
- This edition explains and uses the strength model of will power, and introduces and fully integrates the overarching theory of how people change.
- Many new concepts are introduced, including Dweck's new concept of mindset and how it affects self-control, the advantages of planning for problems before they occur, acceptance and commitment therapy, and the self-regulation of emotion.
- Reflecting the emphasis on weight control in our society, this edition weaves a new, detailed account of a weight control case throughout each chapter.
- Discussion of recent research includes new material on being a successful college student, social anxiety, positive psychology and its use in achieving goals, the conflict theory of will power failure, how thought suppression can create problems, how rumination can lead to depression, and how thinking of three good things can lift a low mood.
- The Tenth Edition presents a "classic case" in each chapter, introducing readers to some of the well-known--and still relevant--cases in the behavior modification field.

## **FEATURES**

- Each chapter begins with an Outline and Learning Objectives to help guide students' reading.
- Key terms are highlighted in bold throughout the narrative of the text.
- End-of-chapter materials include a "Tips for Typical Topics" (such as time management, shyness, and overeating) that suggest specific applications of the general principles treated in the chapter; a Chapter Summary; and a step in the "Your Own Self-Direction Proiect."
- Each chapter includes another step in the "Your Own Self-Direction Project," a sample project for students to complete that will help them understand what a completed self-modification project looks like and how to plan one for themselves.

## **CONTENTS**

1. Adjustment and the Skills of Self-Direction. 2. Forethought: Specifying Targets, Anticipating Obstacles, and Creating Goals. 3. Self-Knowledge: Observation and Recording. 4. The Principles of Self-Regulation. 5. Antecedents. 6. Behaviors: Actions, Thoughts, and Feelings. 7. Consequences. 8. Developing a Successful Plan. 9. Problem Solving and Relapse Prevention. 10. Termination and Beyond.

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## **BIOLOGICAL/PHYSIOLOGICAL** PSYCHOLOGY





MindTap

## **BIOLOGICAL PSYCHOLOGY, INTERNATIONAL EDITION, 11E**

Iames W. Kalat. North Carolina State University

Dr. James W. Kalat's BIOLOGICAL PSYCHOLOGY, 11E, International Edition is the most widely used text in the course area, and for good reason: an extremely high level of scholarship, clear and occasionally humorous writing style, and precise examples. Throughout all eleven editions, Kalat's goal has been to make biological psychology accessible to psychology students, not just to biology majors and pre-meds. Another goal has been to convey the excitement of the search for biological explanations of behavior, and Kalat delivers. Updated with new topics, examples, and recent research findings and supported by new online bio-labs, part of the strongest media package yet this text speaks to today's students and instructors.

## NEW TO THIS EDITION

- The Eleventh Edition has been carefully updated throughout with new topics, new examples, and hundreds of new references.
- New or revised coverage includes topics such as severe anxiety disorders, seasonal variation of eating habits, the importance of genetics in learning language, diagnosis of schizophrenia, antidepressant drug therapy, new brain cell formation following brain damage, addiction, and the biochemical basis of the action potential.
- Studies that students will find to be of particular interest include one that explains why women have more touch sensitivity than men, and another finding in a new section on social pain that Tylenol can relieve hurt feelings.
- An all-new interior design with numerous new and revised figures makes the text more appealing and student-friendly than ever.

- Kalat's text incorporates the latest research in biological psychology, including significant coverage on neuroscience and neuropsychology.
- Colorful, vivid illustrations in a consistent style throughout the text connect physiological components to concise biological psychology explanations, helping students understand challenging concepts.
- Applications and Extensions bring practical meaning and better understanding to important topics. Topics include people with four cone types, "goose bumps" and "fight or flight," suppressed vision during eve movements, and an exploration of the sensation of tickle and the somatosensory receptors.
- Try It Yourself exercises illustrate phenomena

discussed in the text. By allowing students to experience certain research findings directly, these enjoyable, instructive exercises make it easier to comprehend and remember concepts.

- Stop and Check self-quizzes at the end of every major section give students the opportunity to review and digest the material they have just read. Answers presented upside down immediately follow each question or set of questions.
- A strong ancillary package now includes a robust online bio-lab component.

## CONTENTS

The Biological Approach to Psychology.
Neurons and Action Potentials.
Communication at Synapses.
Brain Anatomy.
Brain Development and Plasticity.
The Visual System.
Hearing, the Body Senses, and the Chemical Senses.
Control of Movement.
Sleeping and Waking.
Temperature Control, Thirst, and Hunger.
Sexual Behaviors.
Biology of Emotion.
Learning and Memory.
Lateralization, Language, and Consciousness.

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## DISCOVERING BIOLOGICAL PSYCHOLOGY, INTERNATIONAL EDITION, 2E

Laura A. Freberg, California Polytechnic State University-San Luis Obispo

With its comprehensive, authoritative coverage and student-centered pedagogy, DISCOVERING BIOLOGICAL PSYCHOLOGY, International Edition is ideal for a broad range of students taking a beginning undergraduate course in biological or physiological psychology. The book provides a foundational understanding of the structure and function of the nervous system and its relationship to both typical and disordered human behavior. Written by an author with nearly 30 years of teaching experience at schools ranging from community colleges to the lvy League, this text presents classic concepts, current topics, and cutting-edge research in a style that is both accessible to beginning and less-prepared students and appealing to students with stronger backgrounds. As a result, the book allows instructors to teach a rigorous course that does not oversimplify the material, while keeping students excited and engaged. Reviewers have praised the text's clear narrative, high-interest examples, pedagogy, and purposeful art program. The Second Edition is supported by a comprehensive and contemporary media package that includes animations, videos, lectures and an image gallery on Microsoft® PowerPoint® slides, student response system content, and a time-saving online homework and course management system.

## NEW TO THIS EDITION

- Updated with the most current research, the Second Edition includes nearly 1,000 new references, about half of which are dated 2006 or later.
- New and updated content includes expanded coverage of stem cells, genetics, Alzheimer's disease, oxytocin and social behavior, psychopathy, stress and memory, and decision-making. New topics include mirror neurons and their role in movement, empathy, language, and autism; and von Economo neurons and their implications for evolution. Other new topics are models of brain development during adolescence and young adulthood, with an emphasis on implications for psychological disorders, decision-making, and the juvenile justice system; and the implications of artificial light on sleep, obesity, and health.
- Why Does This Matter? boxes in each chapter show students how biological psychology is relevant in their daily lives. Topics include "The Hazards of Designer Drugs" (Chapter 4), "Daytime Sleepiness" (Chapter 11), and "Anger Management" (Chapter 14).
- Interim Summaries now appear more often (after every major section).
- A short, alphabetized list of key terms (with page references) appears at the end of each chapter to aid in study and review. As in the previous edition, key terms are defined in the book's margins when introduced.

## FEATURES

- The text balances readability and student appeal with strong scholarship, completeness of coverage, and currency. Freberg engages interest with examples that include, in her words, "spicy tidbits like black widow spider venom and hallucinating monkeys."
- Cohesive, student-centered pedagogy—which guides students with diverse learning needs through complex scientific concepts—includes chapter-opening outlines and learning objectives, pronunciation guides for key terms (which are defined in the text's margins when introduced), Interim Summaries, and Chapter Reviews with Thought Questions.
- An effective illustration program supports and clarifies the content.
- New Directions sections in each chapter provide a look at emerging areas of discovery in biological psychology. New topics include cerebral asymmetry and schizophrenia, light pollution, genetically modified mice and addiction, and neuroscientists' search for self-awareness in the brain.

## CONTENTS

1. Introducing Biological Psychology. 2. The Anatomy and Evolution of the Nervous System. 3. Cells of the Nervous System. 4. Psychopharmacology. 5. Genetics and the Development of the Human Brain. 6. Vision. 7. Nonvisual Sensation and Perception. 8. Movement. 9. Motivation: The Regulation of Temperature, Thirst, and Hunger. 10. Sexual Behavior. 11. Sleep and Waking. 12. Learning and Memory. 13. Lateralization, Language, and Intelligence. 14. Emotion, Reward, Aggression, Stress. 15. Neurological Disorders. 16. Psychological Disorders.

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## **CLINICAL PSYCHOLOGY**



#### **BEHAVIOR MODIFICATION, 5E** PRINCIPLES AND PROCEDURES, INTERNATIONAL EDITION

Raymond G. Miltenberger, University of South Florida, Tampa Bay

This text uses the principles of behavior modification to teach the procedures of behavior modification, illustrating them with key case studies and examples. Its precise, step-by-step approach includes practical information on the technologies used to measure and record behavior changes. The book also provides numerous opportunities for students to practice, including practice tests, application and misapplication exercises, and three quizzes at the end of every chapter.

## **NEW TO THIS EDITION**

- This edition has been updated throughout with recent references.
- Quizzes have been placed at the end of the book on color-tabbed and perforated pages so that they can easily be removed, completed, and submitted.
- Chapter 2 includes a new discussion of social validity and use of technology in data collection. In addition, it now uses the more accepted term "interobserver agreement" instead of "interobserver reliability," and discusses two more methods for conducting IOA (occurrence only and nonoccurrence only).
- Chapter 3 includes a new discussion of recent publications that describe the use of Excel® for graphing, information on variations of the ABAB reversal design, and new coverage of nonconcurrent multiple baseline across subjects design.
- Chapter 4 includes a new discussion of motivating operations (MO) as an update for the term establishing operation (EO). Chapter 16 also discusses MO, expanding on that chapter's discussion of EO.

- Chapter 10 now presents a discussion of prompting and fading for use in autism.
- Chapter 11 includes a brief new section on video modeling, and Chapter 12 has a brief new section on in situ assessment.
- Chapter 14 includes new coverage and examples of how ext is applied to positive versus negative reinforcement.
- Chapter 15 now covers reinforcer assessment procedures.
- Chapter 16 added discussion of the role of AOs.

## CONTENTS

Part I: MEASUREMENT OF BEHAVIOR AND BEHAVIOR CHANGE, 1. Introduction to Behavior Modification, 2. Observing and Recording Behavior. 3. Graphing Behavior and Measuring Change. Part II: BASIC PRINCIPLES. 4. Reinforcement. 5. Extinction. 6. Punishment. 7. Stimulus Control: Discrimination and Generalization. 8. Respondent Conditioning. Part III: PROCEDURES TO ESTABLISH NEW BEHAVIOR. 9. Shaping. 10. Prompting and Transfer of Stimulus Control. 11. Chaining. 12. Behavioral Skills Training Procedures. Part IV: PROCEDURES TO INCREASE DESIRABLE BEHAVIOR AND DECREASE UNDESIRABLE BEHAVIOR. 13. Understanding Problem Behaviors through Functional Assessment. 14. Applying Extinction. 15. Differential Reinforcement. 16. Antecedent Control Procedures. 17. Using Punishment: Time-Out and Response Cost. 18. Positive Punishment Procedures and the Ethics of Punishment. 19. Promoting Generalization. Part V: OTHER BEHAVIOR CHANGE PROCEDURES, 20, Self-Management. 21. Habit Reversal Procedures. 22. The Token Economy. 23. Behavioral Contracts. 24. Fear and Anxiety Reduction Procedures. 25. Cognitive Behavior Modification.

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eBook <

## CASEBOOK IN ABNORMAL PSYCHOLOGY, INTERNATIONAL EDITION, 4E

Timothy A. Brown, Boston University; David H. Barlow, Boston University

Using cases from the authors' files or from case files of other working clinicians, CASEBOOK IN ABNORMAL PSYCHOLOGY, International Edition portrays the rich and arresting nature of disorders manifested in real people. Cases illustrate every major DSM-IV category, followed by a therapy outcome section that tells the "rest of the story" of what happened to these clients. Using an integrative approach, the authors emphasize the multiple causes of disorders and incorporate developmental and cultural issues in each case. Complex cases are presented without a diagnosis, so students can come up with a diagnosis on their own. This Fourth Edition includes a new case on body dysmorphic disorder as well as two new cases without a diagnosis.

## NEW TO THIS EDITION

- A new chapter on body dysmorphic disorder has been added, to reflect the growing attention to this disorder. This replaces the Sexual Dysfunction chapter.
- Two new case studies without a diagnosis has been added to give students an opportunity to use the knowledge they have obtained and apply it to creating a diagnosis on their own.
- The authors have updated the references throughout, to include the most up-to-date information available on each topic.

## **FEATURES**

• The authors' use of authentic—rather than idealistic cases gives students a flavor of real clients with disorders.

- The authors identify situations in which the case is atypical of the diagnosis.
- The selection of cases offers a racial/ethnic/gender balance not found in other casebooks.
- Chapter outlines in the detailed Table of Contents help structure the chapter's content and provide additional student focus.
- Each chapter begins with a brief background of the case and the patient and then presents the Clinical History, DSM-IV Diagnosis, Case Formulation Using the Integrative Model, Course of Treatment and Treatment Outcome, a Discussion, and end-of-chapter "Thinking Critically" questions.

## CONTENTS

 Generalized Anxiety Disorder. 2. Panic Disorder with Agoraphobia. 3. Adolescent Social Phobia. 4. Posttraumatic Stress Disorder. 5. Obsessive-Compulsive Disorder. 6. Body Dysmorphic Disorder. 7. Physical Abuse of Adult (Domestic Violence). 8. Dissociative Identity Disorder. 9. Major Depression. 10. Bipolar Disorder. 11. Bulimia Nervosa. 12. Anorexia Nervosa. 13. Sexual Disorder (Paraphilia): Pedophilia. 14. Alcohol Dependence. 15. Borderline Personality Disorder. 16. Schizophrenia. 17. Autistic Disorder. 18. Diagnosis Note Provided: Case #1. 19. Diagnosis Note Provided: Case #2. 20. Diagnosis Note Provided: Case #3.

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## CONTEMPORARY BEHAVIOR THERAPY, INTERNATIONAL EDITION, 5E

Michael D. Spiegler, Providence College; David C. Guevremont, Blackstone Valley Psychological Institute

This respected up-to-date survey of contemporary behavior therapy synthesizes the clinical, research, theoretical, and ethical facets of behavior therapy. It is simultaneously an introduction for beginning students and a scholarly review and resource for advanced students. The book is comprehensive, covering all the major behavioral and cognitive therapies. The wealth of case studies illustrate the application of behavior therapy techniques to a wide array of problems and clinical populations. The text's multidisciplinary approach includes applications to diverse fields, including psychology, education, social work, nursing, and rehabilitation.

## **NEW TO THIS EDITION**

- Thorough updating including the latest developments in the field and over 550 new references.
- Increased emphasis on behavior therapy application to culturally diverse clients.
- New coverage of cutting-edge therapies, including behavioral activation, functional analytic psychotherapy, and cognitive reprocessing therapy.
- Expanded discussion of relapse prevention, integrated behavioral couple therapy, treatment of addictive behaviors, and treatment of PTSD related to the Iraq War, and the latest methods for evaluating treatments.
- All new chapter on third-generation behavior therapies, including major sections on ACT, DBT, and MBCT.

## **FEATURES**

- Basic, unifying principles and themes are presented early and then illustrated and discussed throughout the book.
- Clinical, research, theoretical, and ethical facets of behavior therapy are integrated to provide a comprehensive understanding of the field.
- Student-friendly text is easy to read with an inviting writing style and student relevancy.
- Students appreciate the active learning approach, use of behavioral principles in the text itself, and unique conceptual schemes that organize this diverse field.

## CONTENTS

1. Behavior Therapy: Introduction. 2. Antecedents of Contemporary Behavior Therapy. 3. The Behavioral Model. 4. The Process of Behavior Therapy. 5. Behavioral Assessment. 6. Acceleration Behavior Therapy: Stimulus Control and Reinforcement. 7. Deceleration Behavior Therapy: Differential Reinforcement, Punishment, and Aversion Therapy. 8. Combining Reinforcement and Punishment: Token Economy, Contingency Contract, and Behavioral Parent Training. 9. Exposure Therapy: Brief/ Graduated. 10. Exposure Therapy: Prolonged/Intense. 11. Modeling Therapy: Vicarious Extinction and Skills Training. 12. Cognitive-Behavioral Therapy: Cognitive Restructuring. 13. Cognitive-Behavioral Therapy: Coping Skills. 14. Third-Generation Behavior Therapies: Acceptance and Mindfulness-Based Interventions. 15. Applications of Behavior Therapy to Medical Disorders. 16. Applications of Behavior Therapy to Psychological Disorders with Primary Physical Characteristics. 17. Contemporary Behavior Therapy in Perspective: Strengths and Challenges.

#### © 2010, 640pp, Paperback, 9780495509080



#### FUNDAMENTALS OF CASE MANAGEMENT PRACTICE, 4E SKILLS FOR THE HUMAN SERVICES, INTERNATIONAL EDITION

Nancy Summers, Harrisburg Community College

This text/workbook is a step-by-step guide through the case management process, from intake and assessment to referrals and termination. The 4th edition focuses on what is most important for students to consider, document, and pass along in each step of the human services process. Chapters walk through each step of the case management process, while realistic exercises drawn from active professionals expose students to a broad range of true-to-life circumstances and difficulties.

## **NEW TO THIS EDITION**

- New! New DVD demonstrates the skills covered in the text providing students with a more robust understanding of case management.
- New! This edition now includes a discussion of the

ethical considerations related to social networking.

- New! The section on consumer rights has been expanded.
- New! New section emphasizes advocacy as a case management tool.
- New! Content addressing resistance and handling resistance has been expanded.

## FEATURES

- Latest information on critical topics: A new chapter on the change process (Chapter 20). A new chapter on burnout and stress (Chapter 28) keeps coverage up to date as the author delves into topics of growing importance in the field.
- Additional coverage of ethics: Expanded coverage of ethics and ethical issues, the wide range of case management applications, and the importance of the ecological model in assessment and planning give students a strong introduction to professional basics.
- Additional, detailed examples: New examples of contact notes as well as examples of cases and corresponding service plans within the appendix provide important reference materials for students to examine in-depth. Additional directions for dating forms in the appendix further your students' professional skills.
- More on the Recovery Model: Expanded information on the Recovery Model, including the use of selfdetermination methods and good peer support, better equips students to work with the most current concepts and practices.
- Focus on how to write: Detailed step-by-step information on how to record impressions and recommendations effectively as well as how to write brief social histories prepares students to produce clear, professional written communication.

## CONTENTS

1. Ethics and Other Professional Responsibilities for Human Service Workers 2. Case Management: Definition and 3. Applying the Ecological Model: A Theoretical Foundation for Human Services 4. Cultural Competence 5. Attitudes and Boundaries 6. Clarifying Who Owns the Problem 7. Identifying 8. Listening and Responding 9. Asking Questions 10. Bringing Up Difficult Issues 11. Addressing and Disarming Anger 12. The Effective Combination of Skills 13. Putting It All Together 14. Documenting Initial Inquiries 15. The First Interview 16. Social Histories and Assessment Forms 17. Using the DSM 18. The Mental Status Examination 19. Receiving and Releasing Information 20. Planning for Positive Change and Recovery 21. Developing a Service Plan at the Case Management Unit 22. Preparing for a Service Planning Conference or Disposition Planning Meeting 23. Making the Referral and Assembling the Record 24. Documentation and Recording 25. Monitoring the Services or Treatment 26. Developing Goals and Objectives at the Provider Agency 27. Terminating the Case 28. Taking Care of Yourself

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## INTERPERSONAL PROCESS IN THERAPY, 6E

#### AN INTEGRATIVE MODEL, INTERNATIONAL EDITION

Edward Teyber, California State University, San Bernardino

Strongly focused on the therapist-client relationship, INTERPERSONAL PROCESS IN THERAPY: AN INTEGRATIVE MODEL. International Edition integrates cognitive-behavioral, family systems, and psychodynamic theories. Newly revised and edited, this highly engaging and readable text features an increased emphasis on the integrative approach to counseling, in which the counselor brings together the interpersonal/relational elements from various theoretical approaches, and provides clear guidelines for using the therapeutic relationship to effect change. The author helps alleviate beginning therapists' concerns about making "mistakes", teaches therapists how to work with their own countertransference issues. and empowers new therapists to be themselves in their counseling relationships. Featuring new case examples and dialogues, updated references and research, clinical vignettes, and sample therapist-client dialogues, this contemporary text helps bring the reader "in the room"

with the therapist, and illustrates the interpersonal process in a clinically authentic and compelling manner.

## **NEW TO THIS EDITION**

- Teyber's enhanced coverage of research-based cognitive-behavioral therapy includes more information regarding brief treatment applications and new links to time-limited therapy and other treatment modalities.
- Featuring new case examples and dialogues, updated references and research, and improved descriptive headings to help students pick out important "takeaways" from the text, this newly revised and edited book and has been streamlined to eliminate redundancy.
- The Sixth Edition includes new material on the supervision process and stage models of professional development for counselors-in-training, plus the new HIPAA standards as related to mental health clinicians.
- A revised workbook, which can accompany the text, encourages students to apply what they have learned in the book to actual cases they have met in their practicum. New exercises encourage the students to make the most of their supervision.

## **FEATURES**

- The book specific intervention guidelines for leveraging the therapist-client relationship to effect change to help alleviate beginning therapists' concerns about making mistakes.
- Students will find programmatic guidelines for writing case conceptualizations/treatment plans and process notes within the interpersonal process framework.
- Contemporary case studies develop multicultural awareness and continually demonstrate how cultural context influences case conceptualization and treatment planning.
- The book offers in-depth coverage of the role of attachment throughout the lifespan and attachment-related affects (such as shame) in clients' presentation of symptoms and problems.

## CONTENTS

PART I: AN INTERPERSONAL PROCESS APPROACH. 1. Introduction and Overview. PART II: RESPONDING TO CLIENTS. 2. Establishing a Working Alliance. 3. Honoring the Client's Resistance. 4. An Internal Focus for Change. 5. Responding to Painful Feelings. PART III: CONCEPTUALIZING CLIENT DYNAMICS AND FINDING A TREATMENT FOCUS. 6. Familial and Developmental Factors. 7. Inflexible Interpersonal Coping Strategies. 8. Interpersonal Patterns and Themes. PART IV: RESOLUTION AND CHANGE. 9. An Interpersonal Solution. 10. Resolution and Change. APPENDICES: A. Process Notes. B. Case Formulation Guidelines. BIBLIOGRAPHY. NAME INDEX. SUBJECT INDEX.

#### © 2011, 512pp, Paperback, 9780495804208



## INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, INTERNATIONAL EDITION, 6E

Sherry Cormier, West Virginia University, Department of Counseling Psychology; Paula S. Nurius, University of Washington, School of Social Work; Debra S. Osborn, University of South Florida

This respected text skillfully combines evidencebased interviewing skills and cognitive-behavioral intervention change strategies applicable to a wide range of client ages, cultural backgrounds, and problems in living. The book interweaves attention to conceptual and empirical foundations with an emphasis on practical skills and real-life factors in contemporary settings with diverse clientele. Long commended for its synthesis of up-to-date professional knowledge with case models, learning activities, and guided feedback, INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS: FUNDAMENTAL SKILLS AND COGNITIVE BEHAVIORAL INTERVENTIONS, 6e International Edition, is a comprehensive book equally well suited to comprehensive courses and more specialized courses dealing with practice domains such as interviewing, relationship building, and assessment; empirically supported intervention strategies; and topical foci such as stress management, cognitive change interventions, and working with affect management and relapsing populations.

## **NEW TO THIS EDITION**

- In order to address the increasing number of mandated clients, a new chapter on strategies to work with resistance focuses on the use of solution-focused therapy and motivational interviewing as two primary tools and examines how helpers contribute to resistance.
- The new edition features expanded discussions of important current trends and topics, including the empirical support for the therapeutic relationship, self-psychology and relational views of the helping relationship trust in the helping relationship, expanded coverage of ethical issues, and material on neurobiological influences on emotion and perception.
- Updates are provided throughout on current research informing interventions, as well as attention to new developments in cognitive-oriented therapy such as spirituality, meditation, mindfulness, and acceptance.
- Additional coverage of cultural variables in the helping relationship, cultural analysis of client cases, and culturally informed assessment interviews helps students appreciate the importance of incorporating aspects of culture into the therapeutic relationship and the working alliance.

- The text presents interviewing and change strategies within a thorough and carefully researched but very readable format that effectively explores topics such as the importance of building a strong client/helper relationship, conceptualizing and assessment with goal setting and treatment planning, and a variety of cognitive behavioral strategies.
- Throughout the text, the authors devote considerable attention to diversity issues, the client's ecology, and a multidisciplinary helping approach, enabling students to better understand and appreciate critical factors that can affect their client relationships and professional practices.
- The text provides both fundamental and complex helping skills for students and new professionals to use with a diverse clientele. These evidence-based skills are presented in a clear, comprehensive, and compelling fashion. Each chapter includes clearly outlined learning outcomes and activities, model

examples, guided feedback, and end-of-chapter evaluations, all designed to help students learn quickly and effectively and to prepare for success in their courses and careers.

 An ample selection of learning exercises, client examples, and model dialogues helps to bring many of the strategies to life, providing students valuable illustrations of how to implement new skills as well as opportunities to reflect on and practice strategies with broad-based applicability to working with clients.

## CONTENTS

1. About this Book. 2. Building Your Foundation as a Helper. 3. Understanding Nonverbal Behavior. 4. Ingredients of an Effective Helping Relationship. 5. Listening Responses. 6. Influencing Responses. 7. Conceptualizing and Assessing Client Problems, Concerns, and Contexts. 8. Conducting an Interview Assessment With Clients. 9. Identifying, Defining, and Evaluating Outcome Goals. 10. Clinical Decision-Making and Treatment Planning. 11. Imagery and Modeling Strategies. 12. Reframing, Cognitive Modeling, and Problem Solving Strategies. 13. Cognitive Change and Cognitive Restructuring Strategies. 14. Stress Management Strategies. 15. Meditation and Relaxation Strategies. 16. Exposure Strategies. 17. Self-Management Strategies: Self-Monitoring, Stimulus Control, Self-Reward, and Self-Efficacy. 18. Strategies for Working With Resistance: Solution-Focused Therapy and Motivational Interviewing.

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## THE SCIENCE AND PRACTICE OF CLINICAL PSYCHOLOGY, INTERNATIONAL EDITION, 8E

Timothy Trull, University of Missouri, Columbia; Mitch Prinstein

In language your students will understand and enjoy

reading, Trull/Prinstein's THE SCIENCE AND PRACTICE OF CLINICAL PSYCHOLOGY, 8E, International Edition offers a concrete and well-rounded introduction to clinical psychology. A highly respected clinician and researcher, Dr. Trull examines the rigorous research training that clinicians receive, along with the empirically supported assessment methods and interventions that clinical psychologists must understand to be successful in the field. This new edition of Trull's bestselling text covers cutting-edge trends, as well as offers enhanced coverage of culture, gender and diversity, and contemporary issues of health care. Written to inspire students thinking of pursuing careers in the field of clinical psychology, this text is a complete introduction.

## **NEW TO THIS EDITION**

- Reflects a lifespan approach to the field of clinical psychology, with a focus on youth populations (in clinical child and adolescent psychology) and adult populations (in clinical adult psychology) that are the subject of research, assessment, and treatment in the field.
- Highlights past and present issues that are relevant to the profession of clinical psychology.
- Focuses on issues concerning the application of clinical psychology (e.g., testing, treatment, etc.).
- Presents personal perspectives about the general field of clinical psychology, as well as specialties in clinical psychology written by clinical psychologists.
- Offers personal perspectives on applying to graduate school and being a graduate student in clinical psychology.
- Provides a primer for applying to graduate programs in clinical psychology. This feature (in the Appendix) highlights the differences among mental health professionals, the differences between degrees in clinical psychology, the differences in graduate training programs for clinical psychologists, and the nuts and bolts of the application process.

## FEATURES

• Targeted clinical psychology research designs strengthen students' introduction to and comprehension of the entire clinical world. Examples of designs include controlled observation that can be used to investigate a partner's communication patterns by observing them behind a one-way mirror, and the use of single-subject designs to observe behavior in children.

- Numerous case illustrations, transcripts and profiles of practicing psychologists offer a well-rounded introduction to important cases and people involved in clinical psychology, spanning across such fields as child clinical and assessment clinical psychology.
- Hot topics of professional ethic codes, such as the APA's 2002 ETHICAL PRINCIPLES OF PSYCHOLOGISTS AND CODE OF CONDUCT, are highlighted throughout the text with enhanced coverage.
- Profiles of actual clinical psychologists offer a wellrounded view of the people and accomplishments in the field of clinical psychology. Among others, clinicians included are: Judith Beck of Beck Institute of Cognitive Therapy and Research; John Exner of the Rorschach Workshops; Richard McFall of Indiana University; and Sam Turner of the University of Maryland.

## CONTENTS

Part I: FOUNDATIONS OF CLINICAL PSYCHOLOGY. 1. Clinical Psychology: An Introduction. 2. Historical Overview of Clinical Psychology. 3. Current Issues in Clinical Psychology. 4. Research Methods in Clinical Psychology. 5. Diagnosis and Classification of Psychological Problems. Part II: CLINICAL ASSESSMENT. 6. The Assessment Interview. 7. The Assessment of Intelligence. 8. Personality Assessment. 9. Behavioral Assessment. 10. Clinical Judgment. Part III: CLINICAL INTERVENTIONS. 11. Psychological Interventions. 12. Psychotherapy: The Psychodynamic Perspective. 13. Psychotherapy: Phenomenological and Humanistic-Existential Perspectives. 14. Psychotherapy: Behavioral and Cognitive-Behavioral Perspectives. 15. Group Therapy, Family Therapy, and Couples Therapy. Part IV: SPECIALTIES IN CLINICAL PSYCHOLOGY. 16. Community Psychology. 17. Health Psychology and Behavioral Medicine. 18. Neuropsychology. 19. Forensic Psychology.

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# THEORIES OF PSYCHOTHERAPY & COUNSELING, 5E CONCEPTS AND CASES, INTERNATIONAL EDITION

Richard S. Sharf, University of Delaware

Comprehensive in scope yet succinct in its descriptions and explanations, THEORIES OF PSYCHOTHERAPY & COUNSELING, International Edition equips students with a solid understanding of the systematic theories of psychotherapy and counseling. Proven author and professor Dr. Sharf delivers a thorough explanation of concepts as well as insightful case summaries and therapist-client dialogue that illustrate techniques and treatment in practice. He demonstrates how theories can be applied to individual therapy or counseling for common psychological disorders—such as depression and generalized anxiety disorders-as well as how to apply them to group therapy. A final chapter compares and critiques each of the theories. For the major theories presented in the text, basic information about background, personality theory, and theory of psychotherapy provides a means for understanding the application of psychotherapy theory. Insight into the personal life and philosophical influences of a theorist also helps explain how the theorist views human behavior.

## **NEW TO THIS EDITION**

- New! Designed to bolster student understanding, new chapter openers offer an overview of the personality theory and the techniques used for the theory chapters. These openers provide a detailed outline of the theory of psychotherapy and counseling -- equipping students with a handy reference for their work.
- New! The text includes four full new cases, while many existing cases have been completely updated. In addition, now the first case presented in the

psychological disorders section is the longest and most thorough.

- New! Offering the latest material available, Chapter 1 and 16 include updated information about research supported psychological treatments.
- New! The new order of the final two chapters enables students to review and summarize the chapter on different therapies before integrating them. Chapter 16 is now "Comparison and Critique" and Chapter 17 is "Integrative Therapies". Chapter 17 shows students how to make their own integrative therapy by demonstrating three methods of integrating theory: theoretical integration, the assimilative model, and technical eclecticism.
- The new edition is completely up to date with the CACREP standards passed in 2008.

## FEATURES

- The first theories text to include comprehensive information about evidence-based psychotherapy, THEORIES OF PSYCHOTHERAPY & COUNSELING defines and discusses this key concept in the first and last chapters as well as other chapters when examples are given for treating a psychological disorder with an evidence-based treatment for a specific theory.
- Sharf divides Constructivist and Integrative approaches into two chapters: Chapter 11's constructivist approaches include expansive coverage of solution-focused and narrative therapy. Chapter 16's integrative approaches offer an expanded section on three integrative theories. In addition, full explanations are given for the transtheoretical approach (Prochaska and Norcross) as well as Wachtel's cyclical psychodynamics model.
- Offering the most up-to-date coverage available, Chapter 8 includes the latest information on virtual reality therapy, Chapter 10 offers increased coverage of cognitive schemas and core belief systems, and Chapter 13 provides more emphasis on feminist therapy in different cultures across the world.
- The insightful Student Manual helps students maximize their study time and course success! It includes additional sample cases and multiple choice questions that put students in the role of therapist using the particular therapy under discussion. This hands-on application and practice helps learners more fully understand each theory.
- · Reflecting the latest developments from the field,

Sharf draws from more than 60 experts in a wide variety of theoretical approaches to psychotherapy and counseling. Each specialist provided suggestions for inclusion of specific content as well as reviews of chapters at various stages of the book's development.

## CONTENTS

1. Introduction. 2. Psychoanalysis. 3. Jungian Analysis and Therapy. 4. Adlerian Therapy. 5. Existential Therapy. 6. Person-Centered Therapy. 7. Gestalt Therapy: An Experiential Therapy. 8. Behavior Therapy. 9. Rational Emotive Behavior Therapy. 10. Cognitive Therapy. 11. Reality Therapy. 12. Constructivist Approaches. 13. Feminist Therapy: A Multicultural Approach. 14. Family Therapy. 15. Other Psychotherapies. 16. Comparison and Critique. 17. Integrative Therapies.

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## THEORY AND DESIGN IN COUNSELING AND PSYCHOTHERAPY, 2E

Susan X Day, University of Houston

This introduction to theories of counseling and psychotherapy relates major schools of thought to everyday practice in the helping professions. Theory and Design in Counseling and Psychotherapy has been praised for its student-friendly writing style, modern approach to theories, and use of vivid examples and excerpts to illustrate concepts.

- Students are exposed to primary source material with chapter-opening selections from the writings of prominent theorists (e.g., Freud's The Interpretation of Dreams, Adler's Understanding Human Nature, and Beck's Love Is Never Enough), followed by thought-provoking questions about the theorist's ideas.
- Interactive learning features interspersed throughout

the text include Discussion Ideas and Reflections, which prompt students to consider concepts in relation to their own lives.

- Humanistic and existential theories now appear in two separate chapters (7 and 8).
- Expanded! Empirically Supported Therapies and Best Practices includes recent points of debate and appears in Chapter 1.
- Expanded! End-of-chapter review materials include a numbered summary, exploration and learning activities, and exercises to aid students' memory and understanding of key terms.
- Updated! The ethics chapter now includes the types, frequencies, and consequences of ethics violations; the goals of HIPAA; and the role of Institutional Review Boards.
- Additional biographical profiles of Miriam Polster, Judith Beck, Virginia Satir, and Frances Vaughan emphasize women's contributions to theory and practice.ACT, solution-focused therapy, and problem solving approaches have been added to the models of cognitive-behavioral applications in Chapter 11.

## CONTENTS

Note: Each chapter includes Case Conceptualization: An Example, Key Terms, a Chapter Review, and References. 1. Effective Ingredients of Counseling and Psychotherapy What Do You Bring to Therapy? Common Factors in Psychotherapy and Counseling Three Shared Components Contributions to a Good Outcome The Common Factors Emphasis Versus the Empirically Supported Therapies Movement 2. Theory and Case Analysis Beyond Trial and Error How Theory Connects with Case Conceptualization The Theory of Personal Constructs Kelly's Character Sketch Technique Eight Practical Aids for Case Conceptualization Tailor Your Approach to Clients' Ages Diagnosis, the DSM-IV-TR, and Theory Observation and Inference in Case Analysis Exploring Theory and Case Conceptualization 3. Ethics in Psychotherapy, Counseling, and Research Codes of Ethics How Professionals Know Their Ethical Responsibilities Five General Principles for Ethical Practice Ethics in Daily Practice Ethical Dilemmas: Safeguarding Your Decisions Step by Step Profile of an Ethicist: Melba Vasquez Culturally Sensitive Counseling Exploring Ethics 4. Elements of Culture, Gender, and Diversity in Counseling and Psychotherapy A Selection from Carol Tavris's The Mismeasure of Woman Introduction to Culture- and Gender-Based Approaches Why Do Group Differences Matter? Do Differences Imply Different Pictures of Psychological State? Inconsistencies in Clinical Judgment Essential Concepts: Psychological Effects of Culture and Gender Interacting Sources of Oppression and Their Psychological Effects Profile of a Theorist: Mark Pope The Process of Therapy Customary Techniques of Therapy Uses for Gendered and Cultural Approaches Critiques of Gendered and Cultural Approaches Exploring Gender and Culture 5. Psychoanalytical and Psychodynamic Approaches A Selection from Sigmund Freud's The Interpretation of Dreams An Introduction to Psychodynamic Thought Other Common Themes in Psychoanalytical and Psychodynamic Theories Essential Concepts of Psychoanalytical and Psychodynamic Theories Profile of a Theorist: Sigmund Freud Jungian Psychology Personality Typing Based on Jungian Theory: The MBTI The Therapeutic Process Customary Techniques Uses of Psychodynamic Approaches Critiques of Psychodynamic Approaches Exploring Psychodynamic Theories 6. Adlerian Psychology A Selection from Alfred Adler's Understanding Human Nature Essential Concepts in Adlerian Approaches Profile of a Theorist: Alfred Adler The Therapeutic Process Basic Mistakes Features of Adlerian Therapy Customary Techniques Uses of Adlerian Therapy Critiques of Adlerian Psychology Exploring Adlerian Psychology 7. Humanistic, Person-Centered Approaches A Selection from Carl Rogers's On Becoming a Person The Humanistic Approach Profile of a Theorist: Carl Rogers Essential Concepts in Humanist Psychology The Therapeutic Process Customary Techniques of Humanistic Therapy Uses of Humanistic Therapy Critiques of Humanistic Approaches Explorations of Humanistic Approaches 8. Existential Theory and Related Therapies A Selection from J. F. T. Bugental, Psychotherapy and Process: The Fundamentals of an Existential-Humanistic Approach (1978) An Introduction to Existentialist Thought Essential Concepts in Existentialist Psychology Profile of a Theorist: Rollo May Existential Therapeutic Process Customary Techniques of Existential Therapy Uses of Existential Therapy Critiques of Existential Approaches Explorations of Existential Approaches 9. Gestalt Therapy A Selection from Fritz Perls's The Gestalt Approach An Introduction to Gestalt Therapy Essential Concepts in Gestalt Therapy The Therapeutic Process Techniques of Gestalt Therapy Profile of a Theorist: Miriam F. Polster Uses of Gestalt Therapy Critiques of Gestalt Therapy Exploring Gestalt Therapy 10. Behavioral Therapies A Selection from B. F. Skinner's "How to

Discover What You Have to Say--A Talk to Students" An Introduction to Behavioral Therapy Essential Concepts in Behavioral Therapy Profile of a Theorist: B. F. Skinner The Therapeutic Process Customary Techniques and Uses of Behavior Therapy Critiques of Behavior Therapy Exploring Behavioral Therapy 11. Cognitive-Behavioral Therapies A Selection from Aaron Beck's Love Is Never Enough Introduction to Cognitive-Behavioral Theory Essential Concepts The Therapeutic Process Varieties of Cognitive-Behavioral Treatments and Their Uses Profile of a Theorist: Albert Ellis Profile of a Theorist: Judith Beck Critiques of Cognitive-Behavioral Therapies Exploring Cognitive-Behavioral Therapies 12. Approaches to Family Counseling A Selection from Cloe Madanes's "Stories of Psychotherapy" Introduction to Family Systems Theory Essential Concepts Profile of a Theorist: Murray Bowen The Process of Family Therapy Profile of a Theorist: Virginia Satir Customary Techniques of Family Therapy Uses for Family Therapy Critiques of Family Systems Counseling Exploring Family Systems Approaches 13. Transpersonal Development A Selection from Mark Epstein's Going to Pieces Without Falling Apart Introduction to Transpersonal Approaches Essential Concepts of Transpersonal Approaches The Process of Therapy Customary Techniques of Transpersonal Therapy Profile of a Theorist: Frances Vaughan Uses for Transpersonal Techniques Critiques of Transpersonal Approaches Exploring Transpersonal Approaches 14. Integrative Innovations: Transtheoretical, Cognitive-Interpersonal, and Multimodal Approaches A Selection from Harry Stack Sullivan's The Interpersonal Theory of Psychiatry Introduction to Integrative Approaches The Shift Toward Integration Transtheoretical Therapy as a Common Factors Approach Cognitive-Interpersonal Therapy as an Integrative Approach Essential Concepts of Cognitive-Interpersonal Counseling Profile of a Theorist: Dan McAdams The Process of Cognitive-Interpersonal Therapy Customary Techniques of Cognitive-Interpersonal Therapy Uses for Cognitive-Interpersonal Techniques Lazarus's Multimodal Therapy as a Technically Eclectic Approach Critiques of Integrative Innovations Discovering Other Integrative Possibilities Comprehensive Review: Creating a Theories Chart Questions to Ask Yourself Theory, Research, and Your Future

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## THEORY AND PRACTICE OF GROUP COUNSELING, INTERNATIONAL EDITION, 8E

Gerald Corey, California State University, Fullerton (Emeritus)

THEORY AND PRACTICE OF GROUP COUNSELING, International Edition gives students an in-depth overview of the eleven group counseling theories. This best-selling text not only illustrates how to put these theories into practice but also guides students in developing their own syntheses of various aspects of the theories discussed in the book. With Corey's clear, straightforward writing style, students are able to grasp each theoretical concept and its relationship to group practice with ease.

## **NEW TO THIS EDITION**

- New! New section on the role of research in group counseling has been added.
- New! New section on evidence-based practices in group work and a discussion of practice-based evidence as an alternative is now included in the text.
- New! Each of the theory chapters has been revised to reflect contemporary practice and to include the most current references available.
- New! New section on motivational interviewing has been included to offer students some unique ways to consider ambivalence regarding change, minimizing reluctance and resistance, and creating a context for increasing the motivation to change.
- New! Updated research on the effectiveness of group counseling has been added.

## **FEATURES**

• The great popularity of this bestseller stems from Corey's success in linking theory to successful practice--ultimately giving students the ability to integrate approaches to develop their own frameworks for effective group counseling. Each theory chapter follows a consistent outline, enabling students to easily compare and contrast different theoretical approaches across chapters. Each theory chapter also illustrates how the theory is used effectively in group practice.

- The text is packed with examples, applications, and links from theory to practice throughout.
- Part Three: "Application and Integration" includes two chapters focused specifically on practical application. Chapter 17, "Comparisons, Contrasts, and Integration" features an integrative model of group counseling that illustrates how theories and approaches can be combined into a practical and unique synthesis. Chapter 18, "Evolution of a Group: An Integrative Perspective" follows a group in action, demonstrating how Marianne and Jerry Corey draw from various approaches as they lead groups. Students can watch this process unfold on the GROUPS IN ACTION: EVOLUTION AND CHALLENGES DVD/workbook.
- Exposing students to dilemmas group leaders typically face, Chapter 3, "Ethical and Professional Issues in Group Practice" provides suggestions to reduce the chance of malpractice actions.
- In keeping with the trend toward time-limited groups, new Chapter 16, "Solution-Focused Brief Therapy in Groups" highlights key concepts, techniques, and applications of brief, structured approaches to group work. Praised by reviewers, the chapter's effective "Application: Therapeutic Techniques and Procedures" section guides students from pre-therapy change to questioning, exception questions, the miracle question, scaling questions, the formula first session task, and therapy feedback to group members.

## CONTENTS

PART I: BASIC ELEMENTS OF GROUP PROCESS: AN OVERVIEW. 1. Introduction to Group Work. 2. Group Leadership. 3. Ethical and Professional Issues in Group Practice. 4. Early Stages in the Development of a Group. 5. Later Stages in the Development of a Group. PART II: THEORETICAL APPROACHES TO GROUP COUNSELING. 6. The Psychoanalytic Approach to Groups. 7. Adlerian Group Counseling. 8. Psychodrama in Groups. 9. The Existential Approach to Groups. 10. The Person-Centered Approach to Groups. 11. Gestalt Therapy in Groups. 12. Transactional Analysis in Groups. 13. Cognitive Behavioral Approaches to Groups. 14. Rational Emotive Behavior Therapy in Groups. 15. Reality Therapy in Groups. 16. Solution-Focused Brief Therapy in Groups. PART III: INTEGRATION AND APPLICATION. 17. Comparisons, Contrasts, and Integration. 18. The Evolution of a Group: An Integrative

Perspective. References and Suggested Readings for Part I. References and Suggested Readings for Part II.

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## **COGNITIVE PSYCHOLOGY**



## COGLAB ON A CD, VERSION 2.0, INTERNATIONAL EDITION, 4E

*Greg Francis, Purdue University; Ian Neath, Memorial University of Newfoundland* 

CogLab gives both students and instructors the chance to participate as subjects in classic experiments of cognitive psychology. For more information, visit http:// coglab.wadsworth.com/.

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## **COGNITION, 9E** THEORIES AND APPLICATIONS, INTERNATIONAL EDITION

Stephen K. Reed, San Diego State University

Dr. Stephen Reed's COGNITION: THEORY AND APPLICATIONS, 9E, International Edition focuses on the theories that underlie cognitive phenomena as well as

empirical data that establishes a traditional, information processing approach to cognitive psychology. This structure allows undergraduates to discover the direct relevance of cognitive psychology to many of their daily activities. The text incorporates unparalleled scholarship in a distinctive clear voice that allows for the emphasis of both contemporary and classical research through real-life examples and experiments. Revised and updated throughout to maintain a high degree of currency and accuracy, content reflects the ever-evolving field and is made relevant to students' lives through the inclusion of popular articles from well-known magazines and newspapers. As a result of its adherence to three criteria-the material must make an important contribution to cognitive psychology, be accessible, and be both understandable and interesting-the text is an invaluable tool in learning cognitive psychology.

## NEW TO THIS EDITION

- The Ninth Edition contains research on adoption of the cognitive interview procedure for young children.
- Chapter 6, "Memory Codes," shows that the levels-ofprocessing effect does not apply to STM and mentions instructional implications of the encoding specificity principle.
- Chapter 14, "Decision Making," shows readers the application of a dual process theory to the Kahneman and Tversky judgments, how framing influences the selection of a cell-phone plan, and how jury deliberations may overcome individual biases.

## FEATURES

- Experiments included in CogLab, an interactive online laboratory where students can run demonstrations of more than 40 classical experiments and concepts from cognitive psychology, are incorporated into the end of appropriate chapters.
- The three major topics that appear throughout the text—theoretical work, research, and cognitive neuroscience—present a clear flow of ideas that tell a coherent story of cognitive psychology.
- The text is written in a way that challenges students to think critically about concepts and apply them to their everyday lives.
- Instead of simply presenting empirical data, the text focuses on theories underlying cognitive phenomena.
- To facilitate students' understanding, Dr. Reed

includes many descriptions of the methodology of experiments, an approach that works well with the integration of CogLab.

- COGNITION: THEORY AND APPLICATIONS, 9E, International Edition is written at a level that appeals to an extremely broad range of students, allowing all of them to fully understand one concept before moving on to another.
- Cognitive neuroscience research is incorporated to provide well-rounded coverage and the most up-to-date information.

## CONTENTS

Part I: INFORMATION PROCESSING STAGES. 1. Introduction. 2. Pattern Recognition. 3. Attention. 4. Short-Term Working Memory. 5. Long-Term Memory. Part II: REPRESENTATION AND ORGANIZATION OF KNOWLEDGE. 6. Memory Codes. 7. Visual Images. 8. Categorization. 9. Semantic Organization. Part III: COMPLEX COGNITIVE SKILLS. 10. Language. 11. Comprehension and Memory for Text. 12. Problem Solving. 13. Expertise and Creativity. 14. Decision Making.

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## COGNITION & COGLAB 2.0 ONLINE ACCESS CODE

Robert J. Sternberg, Oklahoma State University

- New "Believe it or Not" boxes in every chapter make cognitive psychology more fascinating and less intimidating to students by showing how the subject can be fun.
- "Concept Checks" have been added after every section to help students gauge their knowledge and mastery of the content.

- Many chapters have been restructured to increase students' understanding of the content and better highlight the broader context of the chapter discussion.
- Many "In the Lab . . . ." features have been updated with new material on current researchers to provide students with up-to-date experiences of active research. Psychologists featured for the first time in this edition include Henry Roediger, III (Chapter 1); Martha Farah (Chapter 2); Marvin Chun (Chapter 3); and Keith Rayner (Chapter 10).
- A new section in each chapter—"Neuroscience and ..."—highlights the presentation of neuroscientific material.
- A new section in each chapter—"Intelligence and ..."—integrates the theme of intelligence with the chapter topic under discussion.
- Intelligence coverage, formerly covered in Chapter 13, is now clearly integrated throughout the text. The text's new organization and discussions of this topic now focus on cognitive (vs. non-cognitive, e.g. psychometric) material.

## CONTENTS

Cognition 1. Introduction to Cognitive Psychology. 2. Perception. 3. Cognitive Neuroscience. 4. Attention and Consciousness. 5. Memory: Models and Research Methods. 6. Memory Processes. 7. Representation and Manipulation of Knowledge in Memory: Images and Propositions. 8. Representation and Organization of Knowledge in Memory: Concepts, Categories, Networks, and Schemas. 9. Language: Nature and Acquisition. 10. Language in Context. 11. Decision Making and Reasoning. 12. Problem Solving and Creativity. CogLab Online Part I: ATTENTION. 1. Attentional Blink. 2. Simon Effect. 3. Spatial Cueing. 4. Stroop Effect. Part II: PERCEPTION. 5. Apparent Motion. 6. Garner Interference. 7. Muller-Lyer Illusion. 8. Signal Detection. 9. Visual Search. Part III: NEUROCOGNITION. 9. Brain Asymmetry. 10. Blind Spot. 11. Receptive Fields. Part IV: SENSORY MEMORY. 12. Metacontrast Masking. 13. Modality Effect. 14. Partial Report. 15. Suffix Effect. Part V: SHORT-TERM MEMORY. 16. Brown-Peterson. 17. Position Error. 18. Sternberg Search. Part VI. Working Memory. 19. Irrelevant Speech Effect. 20. Memory Span. 21. Operation Span. 22. Phonological Similarity Effect. Part VII: MEMORY PROCESS. 23. Encoding Specificity. 24. Levels of Processing. 25. Serial Posiion. 26. Van Restorff Effect.

Part VIII: Metamemory. 27. False Memory. 28. Forgot-It-All-Along. 29. Remember/Know. Part IX: Imagery. 30. Link Word. 31. Mental Rotation. Part X: Speech and Language. 32. Categorical Perception-Identification. 33. Categorical Perception-Discrimination. 34. Lexical Decision. 35. Word Superiority. Part XI: CONCEPTS. 36. Absolute Identification. 37. Implicit Learning. 38. Prototypes. Part XII: JUDGEMENT. 39. Monty Hall. 40. Decision Making. 41. Risky Decisions. 42. Typical Reasoning. 43. Wason Selection Task.

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## **COGNITIVE PSYCHOLOGY, 6E**

Robert J. Sternberg, Oklahoma State University

COGNITIVE PSYCHOLOGY, Sixth Edition balances accessible writing, practical applications, and research scholarship while interweaving biology throughout the text. Utilizing the theme that human cognition has evolved over time as a means of adapting to our environment, the authors explore the basics of cognitive psychology by covering cognitive neuroscience, attention and consciousness, perception, memory, knowledge representation, language, problem solving and creativity, decision making and reasoning, cognitive development, and intelligence. The authors provide the most comprehensive coverage of any cognitive psychology text available, using a "from lab to life" approach that aptly discusses theory as well as lab and field research while continually highlighting the applications to everyday life.

## **NEW TO THIS EDITION**

• New "Believe it or Not" boxes in every chapter make cognitive psychology more fascinating and less intimidating to students by showing how the subject can be fun.

- "Concept Checks" have been added after every section to help students gauge their knowledge and mastery of the content.
- Many chapters have been restructured to increase students' understanding of the content and better highlight the broader context of the chapter discussion.
- Many "In the Lab . . . ." features have been updated with new material on current researchers to provide students with up-to-date experiences of active research. Psychologists featured for the first time in this edition include Henry Roediger, III (Chapter 1); Martha Farah (Chapter 2); Marvin Chun (Chapter 3); and Keith Rayner (Chapter 10).
- A new section in each chapter--"Neuroscience and ..."--highlights the presentation of neuroscientific material.
- A new section in each chapter--"Intelligence and ..."--integrates the theme of intelligence with the chapter topic under discussion.
- Intelligence coverage, formerly covered in Chapter 13, is now clearly integrated throughout the text. The text's new organization and discussions of this topic now focus on cognitive (vs. non-cognitive, e.g. psychometric) material.

## **FEATURES**

- "In the Lab of ..." sections--one per chapter--feature leading cognitive psychologists who describe their research in their own words.
- "Investigating Cognitive Psychology" features present a quick chapter-related mini-experiment or task for the reader.
- "Practical Applications of Cognitive Psychology" feature descriptions of how chapter content applies to the real world.

## CONTENTS

1. Introduction to Cognitive Psychology. 2. Cognitive Neuroscience. 3. Visual Perception. 4. Attention and Consciousness. 5. Memory: Models and Research Methods. 6. Memory Processes. 7. The Landscape of Memory: Mental Images, Maps, and Propositions. 8. The Organization of Knowledge in the Mind. 9. Language. 10. Language in Context. 11. Problem Solving and Creativity. 12. Decision Making and Reasoning. Glossary. References.

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COGNITIVE PSYCHOLOGY (WITH COGLAB 2.0 AND MANUAL) INTERNATIONAL EDITION, 3E

eBook <

E. Bruce Goldstein, University of Pittsburgh

Connecting the study of cognition to everyday life in an unprecedented way, E. Bruce Goldstein's COGNITIVE PSYCHOLOGY, International Edition gives equal treatment to both the landmark studies and the cutting-edge research that define this fascinating field. The text employs a wealth of concrete examples and illustrations that help students understand the theories of cognition-driving home both the scientific importance of the theories and their relevance to students' daily lives. Goldstein's accessible narrative style blends with an art program that makes difficult concepts understandable. Students gain a true understanding of the "behind the scenes" activity that happens in the mind when humans do such seemingly simple activities as perceive, remember, or think. Goldstein's also focuses on the behavioral and physiological approaches to cognition by including physiological materials in every chapter. As is typical of his work, this is a major revision that reflects the most current aspects of the field. To help reinforce concepts, the text is packaged with COGLAB 2.0: THE ONLINE COGNITIVE PSYCHOLOGY LABORATORY, which gives both students and instructors the chance to participate as subjects in research experiments.

## **NEW TO THIS EDITION**

- The Third Edition reflects the latest advances in research, with an emphasis on neuropsychology, neuroimaging, and advances in cognitive theory.
- The art program has been enhanced; all illustrations throughout the text are now in full color.
- The number of chapters on memory has been expanded from 3 to 4. Long-term memory (LTM) has
been divided into two chapters; one now focuses on LTM's Structure while the other discusses Encoding and Retrieval.

- More than half of the chapter-opening vignettes have been rewritten to even more effectively capture student interest. Similarly, more than half of the endof-chapter "Something To Consider" sections, which describe interesting or cutting-edge research, have been updated or replaced by new topics to maximize student engagement.
- All chapters have been rewritten with an eye towards making difficult concepts more accessible to students, in part based on feedback from the author's own students.

#### **FEATURES**

- Goldstein presents a balance of cutting-edge research and classic studies. To keep the book both compelling and scholarly, he carefully selects research that best illustrates his point and then conveys it in a studentfriendly style.
- An emphasis on real-life examples makes cognition come to life for students. For example, looking up a phone number to order pizza illustrates the modal model of memory in Chapter 5, "Short-Term Memory and Working Memory." A story about false identifications of people in criminal investigations (memory errors) appears in Chapter 8, "Everyday Memory and Memory Errors."
- "Demonstrations" features offer students illustrative exercises that show them exactly how cognition works.
- "Test Yourself" questions, which appear in the middle and at the end of each chapter, are designed to get students to recall and review the information they have just read.
- "Think About It" features at the end of each chapter use questions and doable projects to take students beyond the text material. For example, Chapter 6 instructs students to rent movies (e.g., Memento, 50 First Dates) that depict memory loss, and search the Internet for films in addition to those listed in the book. Students are asked to describe how memory loss is depicted in the movies, compare the problems with the cases of memory loss described in the chapter, conduct additional research if necessary, and determine the accuracy of the movies' depictions.

#### CONTENTS

1. Introduction to Cognitive Psychology. 2. Brain and Cognition. 3. Perception. 4. Attention. 5. Introduction to Memory. 6. Structure of Long-Term Memory. 7. Encoding and Retrieval. 8. Everyday Memory. 9. Knowledge. 10. Imagery. 11. Language. 12. Thinking: Problem Solving. 13. Thinking: Reasoning and Decision.

CourseMate DEVELOPMENT OF COGNITION eBook <

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#### THE DEVELOPMENT OF COGNITION (WITH COURSEMATE AND EBOOK ACCESS CARD)

Steve Croker, Steve Croker, Assistant Professor of Psychology at Illinois State University, USA.

Steve Croker's The Development of Cognition is an exciting new text which offers a refreshing and contemporary account of the major theories and practical applications of children's cognitive development from infancy onwards. Written in a clear and accessible style this comprehensive text enables students to carefully examine and critically assess the processes through which development occurs, together with the nature of the changes in language, perception, memory, conceptual understanding and problem-solving which take place. The Development of Cognition is ideally suited for cognitive development modules typically taught in the second and third years of undergraduate psychology courses throughout the world. This textbook is autopackaged with CourseMate. CourseMate brings course concepts to life with interactive learning, study, and exam preparation tools that support the printed textbook and the textbookspecific website. CourseMate includes an integrated eBook and interactive teaching and learning tools including quizzes, flashcards, videos, and more and an EngagementTracker, a first-of-its-kind tool that monitors student engagement in the course.

#### FEATURES

- Excellent thematic structure means that the chapters can easily map onto a lecture series. This could be a 10-12 week module, commonly found in EMEA universities, or instructors could also base longer or shorter courses around the book, either by omitting some topics or by devoting two weeks to selected topics.
- Broad and comprehensive coverage of all the topics required for modules in cognitive development which are not found in any other single textbook e.g. atypical cognitive development (autism in particular.)
- Rich pedagogical features including the following: questions throughout every chapter to encourage knowledge retention, 'box' features provide a focus on key issues in cognitive development, and discussion questions at the end of each chapter can be used by lecturers as formative or summative essay questions, or to frame in-class discussions.
- Extensive online support materials, including multiple choice questions, PowerPoint slides, ExamView Testbank and an instructor's manual are available for this text.

#### CONTENTS

1. Introduction: Issues, themes and theories 2. Perception & Cognition in Infancy 3. Memory 4. Language 5. Theory of Mind 6. Reasoning 7. Scientific Thinking 8. Literacy & Numeracy 9. Intelligence 10. Developmental Disorders 11. Computational Models of Development 12. What have we learned? Glossary References Index

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#### **COMMUNITY PSYCHOLOGY**



#### **COMMUNITY PSYCHOLOGY, 3E** LINKING INDIVIDUALS AND COMMUNITIES, INTERNATIONAL EDITION

Bret Kloos, University of South Carolina ; Jean Hill, New Mexico Highlands University; Elizabeth Thomas; Abraham Wandersman, University of South Carolina

With COMMUNITY PSYCHOLOGY. International Edition, Kloos, Hill, Thomas, Wandersman, and Dalton have addressed the challenge of transforming an abstract, theoretical topic into a lively and understandable subject for students. Through concrete examples and consistent pedagogy, this text helps students understand the concepts as well as how to apply them. After introducing community psychology and its history, the authors describe methods of community research and discuss how to understand communities from the perspectives of sense of community, coping, and social support. The focus then shifts to community programs and actions: preventing problem behavior and promoting social competence, citizen participation, organizing for community and social change, and program evaluation and development.

#### **NEW TO THIS EDITION**

 AA stronger global perspective reflects the increasing diversity in how community psychology has developed and is practiced around the world; for instance, how parenting and self-help practices differ in various countries, or how patterns of individualismcollectivism are exhibited in family life in Mexico, Cameroon, Japan, China, and European nations. This global material, which is integrated throughout the text, is drawn from a wide range of sources including empirical findings, community change strategies, and contemporary debates.

- This edition presents a greater emphasis on the importance of using a cultural lens to understand community problems and create programs for effecting change. Examples illustrate the advantages of culturally anchored research and approaches to intervention.
- Expanded coverage of community psychology practice—and the people affected by community intervention—includes a unique new Community Psychology in Action feature in most chapters. Written by community psychology practitioners and others promoting social change, these first-hand narratives illustrate the book's principles and provide examples of how they can be applied.

#### FEATURES

- Expanded coverage of community psychology practice—and the people affected by community intervention—includes a unique new Community Psychology in Action feature in most chapters. Written by community psychology practitioners and others promoting social change, these first-hand narratives illustrate the book's principles and provide examples of how they can be applied.
- Expanded coverage of community psychology practice—and the people affected by community intervention—includes a unique new Community Psychology in Action feature in most chapters. Written by community psychology practitioners and others promoting social change, these first-hand narratives illustrate the book's principles and provide examples of how they can be applied.
- Every chapter contains pedagogical features to enhance student understanding, including brief outlines of chapter contents, anticipatory questions to cue student interest and learning, key points, "Model Program" boxes that provide examples of programs such as Community Change Initiatives, brief exercises to apply concepts from the chapter in real life, and numbered summaries.
- Brief exercises at the end of every chapter allow students to review the material, apply it to various scenarios, and try out ideas in their own lives and communities.
- To further student understanding of what community psychology means in real settings, the authors look systematically at dozens of programs and citizen

initiatives for enriching the quality of individual and community life. Examples include the Harlem's Children Zone, the High/Scope Perry Preschool Project for helping at-risk, poor children in early childhood, bullying prevention programs, HIV prevention, Pathways to Housing and homelessness programs, the Meyerhoff Scholars program to promote academic outcomes for minority undergraduate students, and Social-Emotional Learning programs.

• Three to five suggested readings and website references per chapter assist students interested in further information and connect them to community resources.

#### CONTENTS

PART I: INTRODUCING COMMUNITY PSYCHOLOGY. 1. Introducing Community Psychology. 2. How Has Community Psychology Developed? PART II: COMMUNITY RESEARCH. 3. The Aims of Community Research. 4. Methods of Community Psychology Research. PART III: UNDERSTANDING COMMUNITIES. 5. Understanding Individuals Within Environments. 6. Understanding Community. 7. Understanding Human Diversity. 8. Understanding Stress and Coping in Context, PART IV: PREVENTING PROBLEM BEHAVIOR AND PROMOTING SOCIAL COMPETENCE. 9. Prevention and Promotion: Key Concepts. 10. Prevention and Promotion: Implementing Programs. PART V: PROMOTING COMMUNITY AND SOCIAL CHANGE, 11. Citizen Participation and Empowerment. 12. Community and Social Change. 13. Program Evaluation and Program Development. 14. Looking Ahead.

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#### **DEVELOPMENTAL PSYCHOLOGY**



#### ADULT DEVELOPMENT AND AGING, 7E

John C. Cavanaugh, Pennsylvania State System of Higher Education; Fredda Blanchard-Fields

Written within a bio-psychosocial framework, Cavanaugh and Blanchard-Fields' best-selling text covers the specific ages-stages of adult development and aging. In its unparalleled coverage of current research and theory, the authors draw clear connections between research and application. The book's focus on "positive aging" and the gains and losses people experience across adulthood distinguish it from its competitors.

#### **NEW TO THIS EDITION**

- A new feature, "Adult Development in Action," encourages students to think critically about decisions they would make in various situations-for example, as a director of a senior center, a nursing home administrator, or a website designer at an Office on Aging.
- A new section in Chapter 1 introduces "emerging adulthood" as the period between adolescence and full adulthood.
- Chapter 2 includes the latest insights into neuroscience as a basis for adult development and again. A new section on neuroimaging techniques explains how the ability to see inside the brain of living people has revolutionized our understanding of the relations between the brain and our behavior. Another new section discusses age-related changes in neurons, including the decrease in neurons as the brain declines. There's also a new discussion of neurotransmitters and their involvement in brain processes as well as cognitive aging, especially in Alzheimer's patients.

- Chapter 2 includes a new section, "The Parieto-Frontal Integration Theory," which examines the notion that intelligence comes from a distributed and integrated network of neurons in the parietal and frontal areas of the brain.
- Chapter 3, "Physical Changes," includes new discussion of how chronic stress can accelerate changes in telomeres-while moderate exercise can slow the rate at which telomeres shorten. The chapter also discusses hormone replacement therapy and how decreasing levels of estrogen can contribute to osteoporosis, urinary incontinence, and cardiovascular disease.
- Chapter 4, "Longevity, Health, and Functioning," includes new examples of how self-ratings of health reflect socio-economic background. It also explains the way in which Verbrugge and Jette's model is being used to identify disability in China. In addition, a new section discusses how adults with disabilities or functional limitations are on the rise around the world.
- Chapter 5, "Where People Live: Person-Environment Interactions," includes a new discussion of "elderspeak" used in nursing homes.
- In Chapter 6, "Attention and Memory," a new section entitled "Age Differences in Encoding versus Retrieval" compares the differences in the attention processes of older and younger adults. There's also new material on recent neuroimaging and cognitive neuroscience findings that show age related differences in encoding and retrieval. The chapter includes a new "Current Controversies" box on "Concussions and Athletes."
- Chapter 7, "Intelligence," has new sections entitled "Neuroscience Research and Intelligence in Young and Middle Adulthood" and "How do We Know? Age Differences in Information Search and Decision Making."
- Chapter 8, "Social Cognition," has a new section that discusses our self-perception of aging. There's also a new section on attributional biases that examines whether there are age differences in the tendency to rely more on dispositional attributions, situational attributions, or on a combination of both when making casual attributions. Finally, the chapter has a new Current Controversies" box entitled "New Diagnostic Criteria for Alzheimer's Disease."

#### CONTENTS

1. Studying Adult Development and Aging. 2. Neuroscience as a Basis for Adult Development. 3.

Physical Changes. 4. Longevity, Health, and Functioning. 5. Where People Live: Person-Environment Interactions. 6. Attention and Memory. 7. Intelligence. 8. Social Cognition. 9. Personality. 10. Clinical Assessment, mental health, and Mental Disorders. 11. Relationships. 12. Work, Leisure, and Retirement. 13. Dying and Bereavement. 14. Successful Aging.

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#### eBook <

## ADULT DEVELOPMENT AND AGING, INTERNATIONAL EDITION, 6E

John C. Cavanaugh, Pennsylvania State System of Higher Education; Fredda Blanchard-Fields

Written within a biopsychosocial framework, Cavanaugh and Blanchard-Fields' best-selling text covers the specific ages-stages of adult development and aging. In its unparalleled coverage of current research and theory, the authors draw clear connections between research and application. The book's focus on "positive aging" and the gains and losses people experience across adulthood distinguish it from its competitors.

#### **NEW TO THIS EDITION**

- New discussions of global aging and the economics of aging.
- New discussions of microgenetic research and the meta-analytic technique.
- Revised discussions of osteoporosis, arthritis, theories of aging, and new information about dietary sodium and treatment for chronic obstructive pulmonary disease.
- New How Do We Know? features in Chapters 3, 4, 10, 11, and 13.
- New or revised Current Controversies features in Chapters 3, 5, 10, 11, 13, and 14.
- New discussion of aging in place, home modification,

congregate housing, assisted living, special care units, and the Green House concept of small home nursing homes. <QA: "small home nursing homes" is confusing – do you mean small nursing homes?>

- New discussion on ecology of aging and communitybased living options, including discussions of assisted living.
- New discussion of gender differences in depression and mortality, and inclusion of a life-span view of alcohol abuse.
- New Discovering Development features on caring for aging parents and on successful aging.
- New subsection on making end-of-life intentions known.

#### CONTENTS

1. Studying Adult Development and Aging 1 2. Neuroscience as a Basis for Adult Development and Aging 38 3. Physical Changes 65 4. Longevity, Health, and Functioning 107 5. Where People Live: Person-Environment Interactions 149 6. Attention and Memory 184 7. Intelligence 233 8. Social Cognition 280 9. Personality 315 10. Clinical Assessment, Mental Health, and Mental Disorders 357 11. Relationships 401 12. Work, Leisure, and Retirement 446 13. Dying and Bereavement 492 14. Successful Aging 530

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## AGING, THE INDIVIDUAL, AND SOCIETY, 9E

Susan M. Hillier, Sonoma State University; Georgia M. Barrow, Santa Rosa Junior College

This accessible text brings a social problems approach to the interdisciplinary study of gerontology. Academic research is combined with an empathetic view of the lives of older people to involve students emotionally and intellectually.

#### **NEW TO THIS EDITION**

- Throughout the text this edition has enhanced the global perspective.
- All the "Old is News" boxes have been updated. These boxes are designed to jump-start student interest in each chapter with a news story to help students understand the practical reality of the chapter's concepts.
- All the "Old is News" boxes have been updated. These boxes are designed to jump-start student interest in each chapter with a news story to help students understand the practical reality of the chapter's concepts.

#### **FEATURES**

- Expanded focus on current research with a greater emphasis on research methodology.
- Multidisciplinary approach to the field of gerontology.
- Each chapter begins with an "Old is News" article that draws attention to an older person in the news which underscores the human drama of aging and the unique aspect of aging on an individual basis.
- "Thinking About Aging" features appear in most chapters and focus on important current issues.
- "Fieldwork Suggestions" (at the end of each chapter) are designed to increase student interaction with senior citizens and to help the student apply the chapter material.

#### CONTENTS

Preface. 1. Aging in America. 2. Stereotypes and Images. 3. Social and Psychological Theories in Later Life Development. 4. Physical Health and Well Being. 5. Mental Health. 6. Friends, Family, and Community. 7. Intimacy and Sexuality. 8. Work and Leisure. 9. Finances and Lifestyles. 10. Living Environments. 11. The Oldest-Old and Caregiving. 12. Special Problems. 13. Women and Ethnic Groups. 14. Death and Dying. 15. Politics, Policies, and Programs. Internet Information Resources. References. Photo Credits. Name Index. Subject Index.

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#### CourseMate

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CDEV (WITH REVIEW CARDS AND COURSEMATE PRINTED ACCESS CARD)

Spencer A. Rathus, New York University, School of Continuing and Professional Studies

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- A full suite of unique learning tools that appeal to

different learning styles is available to students with the purchase of a new book. Online quizzes, downloadable flashcards, "Lessons in Observation" video activities, and more are only a click away.

#### CONTENTS

1. History, Theories, and Methods. 2. Heredity and Conception. 3. Prenatal Development. 4. Birth and the Newborn Baby: In the New World. 5. Infancy: Physical Development. 6. Infancy: Cogntive Development. 7. Infancy: Social and Emotional Development. 8. Early Childhood: Physical Development. 9. Early Childhood: Cognitive Development. 10. Early Childhood: Social and Emotional Development. 11. Middle Childhood: Physical Development. 12. Middle Childhood: Cognitive Development. 13. Middle Childhood: Social and Emotional Development. 14. Adolescence: Physical Development. 15. Adolescence: Cognitive Development. 16. Adolescence: Social and Emotional Development.

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#### CHILD AND ADOLESCENT DEVELOPMENT AN INTEGRATED APPROACH, INTERNATIONAL EDITION

David F. Bjorklund, Florida Atlantic University; Carlos Hernández Blasi, University Jaume I

Organized topically to realistically present the three overarching perspectives that guide today's researchers and practitioners of developmental psychology, David Bjorklund and Carlos Hernández-Blasi's CHILD AND ADOLESCENT DEVELOPMENT: AN INTEGRATIVE APPROACH, International Edition shows how the major perspectives on human development must be integrated—rather than presented as contrasting and sometimes contradictory ways of looking at development—in order to meaningfully understand infants, children, and adolescents as well as how they develop. This text and its dynamic suite of online and print supplemental resources will engage, enlighten, and challenge you in unique ways.

- Topical Organization. Complementing the text's conversational, student-friendly tone, the flexible topical organization allows the authors to emphasize and truly integrate the three overarching perspectives that guide today's researchers and practitioners of developmental psychology and reflect developmental scientists' advances in understanding areas such as infant development; socioemotional development; biomedical science, particularly neuroscience, genetics, and evolution; and the role of social context and culture. The text's overall organization moves from foundations of development to cognitive development and finally social development.
- Integrated Approach. The authors integrate three overarching perspectives of modern developmental psychology: developmental contextualism, a sociocultural perspective, and evolutionary theory. Developmental contextualism emphasizes the relevance that the continuous interaction between an active child and a changing environment has for development at all levels of organization, from genes through culture; a sociocultural perspective recognizes the centrality of the social environment, culturally organized and historically shaped, in development; and evolutionary theory takes a truly long view of human history, examining the role that natural selection has had in shaping human development.
- High-interest boxes. Five types of boxes appear in rotation throughout the chapters to add both depth and dimension to the presentation of the text's comprehensive core content and featured perspectives: The Biopsychology of Childhood, Child Development in the Real World, Evolution in Action, Food for Thought, and Socioculturally Speaking.
- The Biopsychology of Childhood boxes examine different aspects of biopsychological development (for example, Brain Development and the Development of Declarative Memory in Infancy in Chapter 5; Hormonal and Neural Development and Changes in Risk-Taking in Adolescence in Chapter 14).
- Child Development in the Real World boxes focus on applied issues (for example, When Sleepless Babies

Create Sleepless Parents in Chapter 3; Children's Memory and Testimony in the Real World in Chapter 8).

- Evolution in Action boxes deal with adaptations evolved over our species' history (for example, An Evolutionary Approach to Emotions and Emotional Development in Chapter 11; The Case of Incest Avoidance in Chapter 15).
- Food for Thought boxes deal with provocative, counterintuitive, or just-plain interesting topics (for example, Case Studies of Growing Up in Extreme Conditions: Wild and Feral Children in Chapter 1; Can You Ever be too Rich or too Thin? in Chapter 4).
- Socioculturally Speaking boxes address big questions on this big topic (for example, Are Children Intuitive Theists? in Chapter 6; Are People Getting Smarter? The Flynn Effect in Chapter 10).
- Emphasis on Applications. This text's "real-world" topics provide practical advice for professionals (police officers, nurses, teachers, therapists, etc.) as well as parents (or parents-to-be) and other people who deal with typically developing children on a regular basis, answering, for example, questions such as how do you deal with an unruly child, what do you do when babies won't sleep, and how can reading to young children enhance their language and school performance? Applied topics also address atypical development and developmental psychopathology.

#### CONTENTS

PART I: THE FOUNDATIONS OF DEVELOPMENT. 1. Introduction to Child and Adolescent Development. 2. Theories and Contexts of Development. 3. Genetics, Prenatal Development, and the Neonate. 4. Physical Development. PART II: COGNITIVE DEVELOPMENT: BECOMING A PROBLEM SOLVER. 5. What Do Infants Know and When and How do They Know It? 6. The Symbolic Child: Piaget's Theory and Beyond. 7. Understanding Self and Others. 8. Becoming Self-Directed Thinkers: Problem Solving and Memory. 9. Language Development. 10. Intelligence and School Achievement. PART III: SOCIAL DEVELOPMENT: BECOMING A SOCIAL BEING. 11. Emotion, Temperament, and Personality Development. 12. Attachment and Early Parent-Child Care. 13. The Family and Other Contexts for Socialization. 14. Competing and Cooperating with Peers. 15. The Development of Sexuality and Gender Identity. Glossary. References. Name Index. Subject Index.

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#### CHILD AND ADOLESCENT DEVELOPMENT A CHRONOLOGICAL APPROACH

Danuta Bukatko, College of the Holy Cross

This new chronological edition is based on the wellestablished topically organized text by Bukatko and Daehler, Child Development: A Thematic Approach, 5/e. Addressing physical, social, and emotional development in a linear fashion, this text starts with pre-natal development and progresses through birth and the newborn baby, infancy and toddlerhood, early childhood, middle childhood, and adolescence. Developed to accommodate the more applied focus of courses in nursing, parenthood, education, family studies, and human ecology, this text benefits from the authors' focus on research through an emphasis on developmental themes.

- Five themes on development are found in every chapter and are listed in the chapter opener, called out in the margin where the theme is addressed, and summarized in a Summary of Developmental Themes section at the end of the chapter. The five themes explore nature and nurture; sociocultural contexts; continuous vs. discontinuous development; the domains of development; and risk or resilience in development.
- Extensive "Contexts of Development" chapters for each development stage broaden the scope of the issues discussed by examining the child/adolescent within the context of family, peers, and community.
- Research Applied to Parenting/Education boxes provide practical advice based on research findings and cover such topics as reducing SIDS, monitoring TV viewing, reciprocal teaching, and reading to children.
- Atypical Development sections focus on topics related to non-normative development, including eating disorders, autism, attention deficit disorder, detecting hearing loss, depression, conduct disorders, and post

traumatic stress disorder (PTSD).

- Summary Tables are two-page graphic timelines that summarize the various milestones of development and show the sequence of the child's development within a given domain (infancy, early childhood, middle childhood, adolescence).
- Chapter-Opening Vignettes draw students into reallife scenarios by applying and exploring concepts of development.
- Marginal features, See for Yourself and What Do You Think?, invite students to critically evaluate and explore further related material on the Online Study Center.
- Additional pedagogy includes section summaries within each chapter and comprehensive Chapter Recaps that feature a Summary of Developmental Themes, a Chapter Review, and a list of Key Terms and Concepts.

#### CONTENTS

Note: Each chapter concludes with a Chapter Recap, which includes a Summary of Developmental Themes, a Chapter Review, and Key Terms and Concepts. I. Overview 1. Themes and Theories What Is Development? Five Major Themes in Developmental Psychology: The Study of the Child: Historical Perspectives Theories of Development What Develops? 2. Studying Child Development Research Methods in Developmental Psychology Special Issues in Developmental Research Ethical Issues in Developmental Research Controversy: Thinking It Over: Should Researchers Reveal Information They Learn About Participants in Their Studies? II. First Steps in Development 3. Genetics and Heredity Principles of Hereditary Transmission Gene and Chromosomal Abnormalities Genetic Counseling Controversy: Thinking It Over: Should Sex Preselection Be Permitted? Developmental and Behavioral Genetics Research Applied to Parenting: Treating Siblings Fairly 4. The Prenatal Period and Birth The Stages of Prenatal **Development Environmental Factors Influencing** Prenatal Development Controversy: Thinking It Over: Should a Drug-Abusing Expectant Woman Be Charged with Child Abuse? Birth and the Perinatal Environment Research Applied to Parenting: Nurturing and Caring During Labor Newborn Assessment III. Infancy (Ages 0-2) 5. Physical Development Body Growth and Development The Brain and Nervous System Motor Skill Development Sleep Research Applied to Parenting: Reducing Sudden Infant Death Syndrome Basic Learning Processes Sensory Capacities Atypical Development: Visual Problems in Infancy 6. Perception, Cognition, and Language Perception Cognition Language Atypical

**Development: Developmental Delay Research Applied** to Parenting: Reading to Children 7. Social and Emotional Development Emotions in Infancy Attachment Research Applied to Parenting: Promoting Secure Attachment in Irritable Infants Atypical Development: Failure-to-Thrive Syndrome Self and Other IV. Early Childhood (Ages 2-6) 8. Physical, Cognitive, and Language Development Physical Development in Early Childhood Perception in Early Childhood Cognition in Early Childhood Atypical Development: Childhood Autism Controversy: Thinking It Over: How Reliable Is Children's Eyewitness Testimony? Language in Early Childhood 9. Social and Emotional Development Emotional Development in Early Childhood Self and Self-Regulation in Early Childhood Research Applied to Parenting: Encouraging Children's Compliance Moral Development in Early Childhood Gender Roles in Early Childhood Atypical Development: Hormonal Disorders in Children 10. Contexts of Development The Family in Early Childhood Controversy: Thinking It Over: Should Parents Spank Their Children? Atypical Development: Posttraumatic Stress Disorder Peer Relationships in Early Childhood Child Care Research Applied to Parenting: Choosing a Daycare Center Media V. Middle Childhood (Ages 6-11) 11. Physical, Cognitive, and Language Development Physical Development in Middle Childhood Cognition in Middle Childhood: Piaget's Theory Cognition in Middle Childhood: The Information-Processing Approach Atypical Development: Attention Deficit Hyperactivity Disorder Research Applied to Education: Facilitating Transfer in the Classroom Congition in Middle Childhood: Vygotsky and the Sociocultural Context of Learning Language in Middle Childhood Atypical Development: Language-Impaired Children Controversy: Thinking It Over: How Should Bilingual Education Programs Be Structured? 12. Social and Emotional Development Emotional Development in Middle Childhood The Development of Self in Middle Childhood Research Applied to Parenting: Preventing Learned Helplessness Controversy: Thinking It Over: Is Praise Always a Good Thing? Moral Development in Middle Childhood Gender Roles in Middle Childhood Atypical Development: Gender-Identity Disorder 13. Contexts of Development The Family in Middle Childhood Peer Relationships in Middle Childhood Atypical Development: Social Withdrawal Research Applied to Parenting: Preventing Bullying School Research Applied to Education: Promoting Gender Equity in the Classroom Media Research Applied to Parenting: Encouraging Critical Skills in Television Viewing VI. Adolescence (Ages 12-18) 14. Physical and Cognitive Development Physical Development in Adolescence Atypical Development: Dieting and Eating Disorders Controversy: Thinking It Over: What Should Sex Education Programs Emphasize? Cognitive Development in Adolescence Intelligence Atypical Development: Giftedness 15. Social and Emotional Development Emotional Development in Adolescence Atypical Development: Adolescent Depression and Suicide The Development of Self in Adolescence Moral Development in Adolescence Gender Roles in Adolescence Research Applied to Education: Educating Students About Sexual Harrassment 16. Contexts of Development The Family in Adolescence Peer Relationships in Adolescence School Media Controversy: Thinking It Over: What Regulations Should Exist for Children's Access to the Internet? Neighborhoods

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#### CHILD AND ADOLESCENT DEVELOPMENT IN YOUR CLASSROOM, INTERNATIONAL EDITION

David Allen Bergin, University of Missouri; Christi Crosby Bergin, University of Missouri

This is the most current text on child and adolescent development for teachers available on the market. Covering early childhood through high school in an easy-to-follow format, the book provides teachers with authentic, research-based strategies and guidelines for their classrooms. A strong emphasis on diversity among children is reflected throughout. The authors specifically apply child development concepts to topics of high interest and relevance to teachers, including social-emotional development, classroom discipline, humor, constructivism, and many others. Case studies and real-world vignettes further bridge the distance between research and the classroom, helping students be better prepared to create an environment that promotes optimal development in children.

#### **FEATURES**

- The text specifically applies human development concepts to teaching, providing a strong bridge between current research and application. It incorporates research-based classroom strategies, case studies, and direct connections between theories and the teaching of mathematics and literacy (i.e., in Chapters 4 and 12). In addition, a "Reflections on Practice" feature encourages teachers to think about how their behavior in the classroom affects children's development.
- Group and individual diversity issues concerning gender, socioeconomic status, ethnicity, and cross-national comparisons are integrated throughout the text.
- A consistent chapter structure--which presents definitions, age trends, antecedents and consequences of individual differences, information on group diversity, and implications for the classroom--aids student comprehension.
- A topical approach allows a more effective description of the range of behavior possible in a given domain.
- An emphasis on high-interest, teacher-relevant topics not covered in traditional human development includes material on self-control and discipline (Chapter 7) and extensive coverage of socialemotional development (Parts 3 and 4).
- Features such as "Revisiting the Case," "Think About This," "Field Observations," "Summary of Age Trends," "Theories and Theorists," "Challenges in Development," and "Video Cases" promote deeper connections to and understanding of the content.

#### CONTENTS

SECTION 1: FOUNDATIONS OF CHILD DEVELOPMENT. 1. Ways of Thinking About Children. 2. Physical Development and Health. SECTION 2: THE COGNITIVE CHILD. 3. Classic Theories of Learning and Cognition. 4. Information Processing. 5. Cognitive Ability. SECTION 3: THE EMOTIONAL CHILD. 6. Attachment and Personality. 7. Self-Control and Discipline. 8. Emotional Development. SECTION 4: THE SOCIAL CHILD. 9. Social Cognition. 10. Social Behavior. 11. Peers, Friends, and Play. Section 5: THE WHOLE CHILD. 12. Language and Literacy. 13. The Self-System, Motivation, and Interest. 14. The Child in Context.

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#### CHILD DEVELOPMENT, 6E A THEMATIC APPROACH, INTERNATIONAL EDITION

Danuta Bukatko, College of the Holy Cross; Marvin W. Daehler, University of Massachusetts, Amherst

Bukatko/Daehler's CHILD DEVELOPMENT: A THEMATIC APPROACH, International Edition provides a comprehensive, topically organized, up-to-date picture of development from conception to adolescence. Most important, it draws students' attention to the themes that replay themselves throughout the course of development, fundamental issues that resurface continually and that provide coherence to sometimes seemingly disparate research. The themes can serve as frameworks to help students further understand and remember the multitude of facts about child development. Bukatko/Daehler's sixth edition text draws on five themes, Nature and Nurture, Sociocultural Influence, Continuity/Discontinuity, Interaction among Domains, and Risk/Resilience. By drawing on these themes, the authors hope to stimulate readers to think about the process of development, or why it proceeds as it does. Through new For Your Review and Reflection sections, the authors also hope students will engage with the text and become more adept critical thinkers, who are more likely to appreciate the ramifications of theory and research for applied issues such as parenting practices, education, and social policy for children, which are ultimately concerns for us all.

#### **NEW TO THIS EDITION**

- NEW Content: Extensive work on updating the research and themes and concepts emerging in the research literature has taken place for every chapter.
- Chapter 8 now covers traditional theories of cognitive development as well as concept development, attention, and most aspects of memory.
- Chapter 9 now focuses on summarizing the remarkable growth in research concerned with various topics associated with how the infant, child, and adolescent orient to the social world, understand psychological states and social groups, and the many influences

on cognitive development that originate in and are fostered by social contexts.

- Chapter 10 now focuses on the numerous factors that research has identified as being linked to success in school.
- Key Themes in Development: These themes have been streamlined from six themes to five. Within each chapter, some or all of the five developmental themes previously identified serve to organize and provide coherence for the material. These pedagogical tools are designed to help students discern the importance and interrelatedness of various facts, and are vehicles for instructors to encourage critical analysis among students.
- Chronology Charts: These charts have had an overhaul in design to help make them more accessible and relevant. These charts (one or two are provided in most chapters) summarize the child's specific developmental attainments at various ages. The authors hope these guidelines will give students a sense of the pattern and typical timing of important events in the child's life, and that they will serve as another organizing device for the material presented in each chapter.
- Research Applied to Parenting/Education Boxes: These boxes are designed to identify some of the implications of research that extend beyond the laboratory. Their goal is to help students think about questions and concerns that typically affect parents and teachers in their interactions with children.
- NEW What Do You Think? Boxes: This new feature serves as a foundation for debate and extended discussion by combining the previous edition's Controversy Boxes and What Do You Think questions in to one feature.

#### FEATURES

• For Your Review and Reflection sections provide a series of questions designed to promote a review of the material at the end of major sections in each chapter. This feature provides an active way for students to recap and verify their understanding of the topic just covered.

#### CONTENTS

 Themes and Theories. 2. Studying Child Development.
 Genetics and Heredity. 4. The Prenatal Period and Birth. 5. Brain, Motor Skill, and Physical Development. 6. Basic Learning and Perception. 7. Language. 8. Cognition.
 Social Cognition. 10. Achievement. 11. Emotion. 12. Self and Values. 13. Gender. 14. The Family. 15. Peers. 16. Beyond Family and Peers.

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#### CHILDHOOD, 5E VOYAGES IN DEVELOPMENT, INTERNATIONAL EDITION

Spencer A. Rathus, New York University, School of Continuing and Professional Studies

Spencer A. Rathus provides a hands-on approach in the chronologically organized CHILDHOOD: VOYAGES IN DEVELOPMENT, 5E, International Edition augmenting your goal of helping students understand the links between developmental theories and research and their application to everyday life. Using his proven pedagogical approach, interspersed with personal and humorous stories, Rathus makes reading and studying an enjoyable process of discovery.

#### **NEW TO THIS EDITION**

- "Observing Children, Understanding Ourselves" video feature (previously "Lessons in Observation"), which allows students to observe children at different stages of development, has been expanded in the Fifth Edition. Each lesson in the text includes a photo and critical thinking question tied to a video available online via CourseMate. The online video is accompanied by a short applied lesson and critical thinking questions. New video topics include childhood obesity, infant perception, and emotional development, among others. The lessons are assignable and can be e-mailed to the professor. For ease of access, these videos are also included in the chapter outline with a QR code attached.
- Updated with nearly 1,000 new references, the Fifth Edition includes more coverage of brain development throughout the phases of development from infancy to adolescence. New research references discuss the probable causes of SIDS, the most recent "Recommended Immunization Schedule for Persons Aged 0–6," teenage pregnancy, HIV/AIDS Surveillance studies, and many other topics.

#### FEATURES

- "A Closer Look—Research" boxes focus on contemporary techniques and issues in developmental research, and include new boxes on ethics, the impact of genes on delinquency, mixed-age preschool classrooms, scaffolding, prejudice, and math education.
- "A Closer Look—Diversity" boxes address challenging issues as to how children and adolescents are influenced by their ethnic backgrounds and gender roles. New topics include the effect of parents' age on children and attachment in communal settings.
- "A Closer Look—Real Life" boxes show the many ways in which theories and research in development can be applied in students' worlds. They cover such topics as treating bed-wetting, sex selection, advice for expectant fathers, birthing options, and guidelines for infant nutrition.
- The book's chronological organization takes students from the micro world of genetics and neuroscience to the macro world of a child's growth, from infancy through adolescence.
- The text utilizes the proven PQ4R (Preview, Question, Read, Reflect, Review, and Recite) active-learning approach, which is an integral part of each chapter.
- Each chapter begins with a "Truth or Fiction?" feature. These interesting true/false statements entice students to delve into the subject matter by challenging folklore and common sense. For instance, an item in Chapter 7 states: "Infants who are securely attached to their mothers do not like to stray from them." In-text "Truth or Fiction Revisited" sections provide an analysis of the statements posed at the beginning of the chapter.

#### CONTENTS

1. History, Theories, and Methods. 2. Heredity and Conception. 3. Prenatal Development. 4. Birth and the Newborn Baby: In the New World. 5. Infancy: Physical Development. 6. Infancy: Cognitive Development. 7. Infancy: Social and Emotional Development. 8. Early Childhood: Physical Development. 9. Early Childhood: Cognitive Development. 10. Early Childhood: Social and Emotional Development. 11. Middle Childhood: Physical Development. 12. Middle Childhood: Cognitive Development. 13. Middle Childhood: Social and Emotional Development. 14. Adolescence: Physical Development. 15. Adolescence: Cognitive Development. 16. Adolescence: Social and Emotional Development.

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#### CHILDHOOD AND ADOLESCENCE, 5E VOYAGES IN DEVELOPMENT, INTERNATIONAL EDITION

Spencer A. Rathus, New York University, School of Continuing and Professional Studies

Spencer A. Rathus provides a hands-on approach in the chronologically organized CHILDHOOD AND ADOLESCENCE: VOYAGES IN DEVELOPMENT, 5E, International Edition to augment your goal of helping students understand the link between developmental theories and research and their application to everyday life. Using his proven pedagogical approach, interspersed with personal and humorous stories, Rathus captures the wonder of child and adolescent development, while portraying the field of development as the rigorous science it is.

#### **NEW TO THIS EDITION**

- "Observing Children, Understanding Ourselves" video feature (previously "Lessons in Observation"), which allows students to observe children at different stages of development, has been expanded in the Fifth Edition. Each lesson in the text includes a photo and critical thinking question tied to a video available online via CourseMate. The online video is accompanied by a short applied lesson and critical thinking questions. New video topics include childhood obesity, infant perception, and emotional development, among others. The lessons are assignable and can be e-mailed to the professor. For ease of access, these videos are also included in the chapter outline with a QR code attached.
- Updated with nearly 1,000 new references, the Fifth Edition includes more coverage of brain development throughout the phases of development from infancy to adolescence. New research references discuss the probable causes of SIDS, the most recent "Recommended Immunization Schedule for Persons

Aged o–6," teenage pregnancy, HIV/AIDS Surveillance studies, and many other topics.

#### **FEATURES**

- Feature boxes have been added and are now organized into three high interest categories: "A Closer Look— Research", "A Closer Look—Diversity", and "A Closer Look—Real Life."
- "A Closer Look—Research" boxes focus on contemporary techniques and issues in developmental research, and include new boxes on ethics, the impact of genes on delinquency, mixed-age preschool classrooms, scaffolding, prejudice, and math education.
- "A Closer Look—Diversity" boxes address challenging issues as to how children and adolescents are influenced by their ethnic backgrounds and gender roles. New topics include the effect of parents' age on children and attachment in communal settings.
- "A Closer Look—Real Life" boxes show the many ways in which theories and research in development can be applied in students' worlds. They cover such topics as treating bed-wetting, sex selection, advice for expectant fathers, birthing options, and guidelines for infant nutrition.
- The book's chronological organization takes students from the micro world of genetics and neuroscience to the macro world of a child's growth, from infancy through adolescence.
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#### CHILDREN'S THINKING, INTERNATIONAL EDITION, 5E

David F. Bjorklund, Florida Atlantic University

A comprehensive book supported by extensive research studies and data, Bjorklund's text presents the broadest coverage of topics in cognitive development. Unlike other books, Bjorklund shows readers how developmental function can help explain individual differences in cognition by covering both the typical pattern of change in thinking observed over time and the individual differences in children's thinking in infancy and childhood. A major theme of this book is the continuous transaction between the embodied child embedded in a social world: although a child is born prepared to make some sense of the world, his or her mind is also shaped by forces in the physical and social environment.

#### **NEW TO THIS EDITION**

- This revised edition has briefer, more focused, and more manageable chapters. Although the book includes two new chapters, overall it has fewer chapters and is shorter than the previous edition.
- Chapter 6, "The Development of Folk Knowledge," is new and examines children's intuitive understanding of the major domains of their world. This chapter discusses the development of folk psychology (such as theory of mind), folk physics, and new material on folk biology.

- This edition includes hundreds of new references to the field's most timely literature, including more research from neuroscience and evolutionary psychology.
- Box features highlighting particular themes of the book have been added and expanded in virtually every chapter.

#### **FEATURES**

- A new overall organization of the text provides a better-integrated view of the contemporary science of cognitive development, while still presenting the classic research that have made the discipline what it is today.
- This edition contains up-to-date research and theory on cognitive development appropriate for graduate and upper-level undergraduate students.
- Instructor's Manual/Test Bank includes a full instructor resource manual with chapter outlines, key terms, suggested readings, Web links, InfoTrac keywords, and a variety of additional activities and exercises for use both in the classroom and as homework assignments.
- End-of-chapter material includes key terms and concepts, a glossary, and Suggested Readings, each of which is accompanied by a paragraph explaining why each particular paper or book is worth perusing.
- The text offers a more comprehensive, balanced, and contemporary view of the field than other books for the course.
- Bjorklund's even-handed coverage of theory presents the field "as it is" in all its diversity.

#### CONTENTS

1. An Introduction to Cognitive Development. 2. Biological Bases of Cognitive Development. 3. The Social Construction of Mind: Sociocultural Perspectives on Cognitive Development. 4. Infant Perception and Cognition. 5. Thinking in Symbols: The Development of Representation. 6. The Development of Folk Knowledge. 7. Learning to Think on Their Own: Executive Function. 8. Memory Development. 10. Social Cognition. 11. Schooling and Cognition. 12. Approaches to the Study of Intelligence. 13. Origins, Modification, and Stability of Intellectual Differences.

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eBook <

#### COGNITION, 9E THEORIES AND APPLICATIONS, INTERNATIONAL EDITION

Stephen K. Reed, San Diego State University

Dr. Stephen Reed's COGNITION: THEORY AND APPLICATIONS, 9E, International Edition focuses on the theories that underlie cognitive phenomena as well as empirical data that establishes a traditional, information processing approach to cognitive psychology. This structure allows undergraduates to discover the direct relevance of cognitive psychology to many of their daily activities. The text incorporates unparalleled scholarship in a distinctive clear voice that allows for the emphasis of both contemporary and classical research through real-life examples and experiments. Revised and updated throughout to maintain a high degree of currency and accuracy, content reflects the ever-evolving field and is made relevant to students' lives through the inclusion of popular articles from well-known magazines and newspapers. As a result of its adherence to three criteria—the material must make an important contribution to cognitive psychology, be accessible, and be both understandable and interesting-the text is an invaluable tool in learning cognitive psychology.

#### **NEW TO THIS EDITION**

- The Ninth Edition contains research on adoption of the cognitive interview procedure for young children.
- Chapter 6, "Memory Codes," shows that the levels-ofprocessing effect does not apply to STM and mentions instructional implications of the encoding specificity principle.
- Chapter 14, "Decision Making," shows readers the application of a dual process theory to the Kahneman and Tversky judgments, how framing influences the selection of a cell-phone plan, and how jury

deliberations may overcome individual biases.

#### FEATURES

- Experiments included in CogLab, an interactive online laboratory where students can run demonstrations of more than 40 classical experiments and concepts from cognitive psychology, are incorporated into the end of appropriate chapters.
- The three major topics that appear throughout the text—theoretical work, research, and cognitive neuroscience—present a clear flow of ideas that tell a coherent story of cognitive psychology.
- The text is written in a way that challenges students to think critically about concepts and apply them to their everyday lives.
- Instead of simply presenting empirical data, the text focuses on theories underlying cognitive phenomena.
- To facilitate students' understanding, Dr. Reed includes many descriptions of the methodology of experiments, an approach that works well with the integration of CogLab.
- COGNITION: THEORY AND APPLICATIONS, 9E, International Edition is written at a level that appeals to an extremely broad range of students, allowing all of them to fully understand one concept before moving on to another.
- Cognitive neuroscience research is incorporated to provide well-rounded coverage and the most up-to-date information.

#### CONTENTS

Part I: INFORMATION PROCESSING STAGES. 1. Introduction. 2. Pattern Recognition. 3. Attention. 4. Short-Term Working Memory. 5. Long-Term Memory. Part II: REPRESENTATION AND ORGANIZATION OF KNOWLEDGE. 6. Memory Codes. 7. Visual Images. 8. Categorization. 9. Semantic Organization. Part III: COMPLEX COGNITIVE SKILLS. 10. Language. 11. Comprehension and Memory for Text. 12. Problem Solving. 13. Expertise and Creativity. 14. Decision Making.

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#### eBook <

## DEATH AND DYING, LIFE AND LIVING, INTERNATIONAL EDITION, 7E

Charles A. Corr, Southern Illinois University, Edwardsville; Clyde M. Nabe, Southern Illinois University, Edwardsville; Donna M. Corr, Saint Louis Community College at Forest Park

Practical and inspiring, this field-leading book helps students learn how to navigate encounters with death, dying, and bereavement. The authors integrate classical and contemporary material, present taskbased approaches for individual and family coping, and include four substantial chapters devoted to death-related issues faced by children, adolescents, adults, and the elderly. The book discusses a variety of cultural and religious perspectives that affect people's understanding and practices associated with such encounters. Practical guidelines for constructive communication are designed to encourage productive living in the face of death.

#### **NEW TO THIS EDITION**

- Based on instructor feedback, this Seventh edition maintains its basic structure while incorporating much new content, particularly in two chapters.
- Alzheimer's Disease (and related disorders) replaces HIV/AIDS as the specific disease context employed in Chapter 20 to illustrate the book's underlying structure and themes.
- Descriptions of cultural patterns within selected subgroups in American society (in Chapter 5) have been completely overhauled with the help of Professor Tashel C. Bordere. This significantly revised chapter undertakes new ways to challenge ethnocentrism, avoid cultural and racial stereotyping, and appreciate the value of cultural conscientiousness in understanding and helping others.
- The art program has been extensively revised with many new photos and images.

• All chapters incorporate the most recent statistical data currently available from the National Center for Health Statistics (NCHS) and other sources.

#### FEATURES

- This well-rounded resource includes broad yet applicable coverage of death-related issues that balances data-heavy analyses with inspirational prose and coping strategies. The authors approach controversial topics that are often not covered in other books, such as euthanasia and assisted suicide.
- A consistent structure reflects a variety of themes and topics: The components of death-related experiences (encounters, attitudes, and practices); gender, racial, and cultural influences; death systems in our society and different parts of the world; efforts to cope with dying and bereavement and ways to help people cope; developmental influences on death-related experiences; lessons about life and living; and moral and spiritual values related to death, dying, and bereavement.
- Focus On boxes explore specific topics (e.g. typical cost items for funeral services, donor bills of rights) or provide a set of resources for further exploration of a topic.
- Issues for Critical Reflection motivate discussion on such topics as mass murders, talking to children about death, living wills, artificial feeding for people in permanent vegetative states, and Oregon's "Death with Dignity" act.

#### CONTENTS

Part I: LEARNING ABOUT DEATH, DYING AND BEREAVEMENT. 1. Education about Death, Dying, and Bereavement. Part II: DEATH. 2. Changing Encounters with Death. 3. Changing Attitudes toward Death. 4. Death-Related Practices and the American Death System. 5. Cultural Patterns and Death. Part III: DYING. 6. Coping with Dying. 7. Coping with Dying: How Individuals Can Help. 8. Coping with Dying: How Communities Can Help. Part IV: BEREAVEMENT 9. Coping with Loss and Grief. 10. Coping with Loss and Grief: How Individuals Can Help. 11. Coping with Loss and Grief: Funeral Practices and Other Ways Communities Can Help. PART V: DEVELOPMENTAL PERSPECTIVES. 12. Children. 13. Adolescents. 14. Young and Middle-Aged Adults. 15. Older Adults. Part VI: LEGAL, CONCEPTUAL, AND MORAL ISSUES. 16. Legal

Issues. 17. Suicide and Life-Threatening Behavior. 18. Assisted Suicide and Euthanasia: Intentionally Ending Human Life. 19. The Meaning and Place of Death in Life. Part VII: AN EXAMPLE OF A SPECIFIC DISEASE ENTITY. 20. Illustrating the themes of this book. Appendix A. Selected Literature for Children: Annotated Descriptions. Appendix B. Selected Literature for Adolescents: Annotated Descriptions. Appendix C. Activity and Memory Books for Young Readers: Annotated Descriptions.

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#### **DEVELOPMENT** INFANCY THROUGH ADOLESCENCE, INTERNATIONAL EDITION

Laurence Steinberg, Temple University; Deborah Lowe Vandell, University of California Irvine; Marc H. Bornstein, National Institute of Child Health and Human Development

The combined features that distinguish this text from other titles can be summarized with an acronym: CARE Cutting edge research Applied developmental science R eadability E ssential knowledge Written by respected child development experts, this authoritative and chronologically organized text presents an integrated perspective on child development. The authors write in an engaging manner, synthesizing biological, social, cultural, and socioeconomic influences as opposed to organizing content around developmental themes. Incorporation of classic and cutting-edge research includes extensive coverage of new research in developmental neuroscience, which has transformed the study of child development by introducing brain maturation. At the same time, the text emphasizes the application of developmental psychology to real world problems, focusing on the ways in which knowledge of child development can inform social policy and practice in the fields of child care, education, mental health, and family life. Reflecting the authors' combined expertise, the broad array of real-life examples resonate with students from different backgrounds and fields of study, and with different occupational goals in mind. With its distinctive and effective combination of cuttingedge research, applications, readability, and essential knowledge, this text helps students understand and appreciate what today's scientists are discovering about child development, how they study the process, and how this knowledge can be used to improve the lives of infants, children, and adolescents around the world.

#### **FEATURES**

- In-text study aids include an interim summary after each major section in every chapter and a running glossary in the margin.
- Chapter-ending pedagogy includes a brief "Summing Up and Looking Ahead" section that reviews the main themes covered in the chapter and sets the stage for the next chapter; "Did You Get It?", which identifies key concepts students should understand after reading the chapter; and "Important Terms and Concepts," which provides page numbers for glossary terms so that students can easily quiz themselves.
- A "Part Review" separates each of the book's five parts, succinctly summing up the material from the previous part to reinforce students' comprehension and prepare them for the topics that follow.
- An important feature of the book is its lack of features—such as boxed inserts and fabricated stories that can disrupt the presentation of the primary narrative, and which are often ignored. The authors' criterion was that if a topic wasn't important enough to appear in the main body of the text, it wasn't important enough to include in the book.
- Points and concepts are clarified and illuminated by many real-world examples, many drawn from the authors' broad and extensive experiences.

#### CONTENTS

PART I: FOUNDATIONS. 1. The Study of Child Development. 2. Nature with Nurture. 3. Conception, Prenatal Development, and Birth. PART II: INFANCY. 4. Physical Development in Infancy. 5. Cognitive Development in Infancy. 6. Socioemotional Development in Infancy. PART III: EARLY CHILDHOOD. 7. Physical Development in Early Childhood. 8. Cognitive Development in Early Childhood. 9. Socioemotional Development in Early Childhood. PART IV: MIDDLE CHILDHOOD. 10. Physical Development in Middle Childhood. 11. Cognitive Development in Middle Childhood. 12. Socioemotional Development in Middle Childhood. PART V: ADOLESCENCE. 13. Physical Development in Adolescence. 14. Cognitive Development in Adolescence. 15. Socioemotional Development in Adolescence. References. Credits. Name Index. Subject Index/Glossary.

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#### **DEVELOPMENT THROUGH LIFE, 12E** A PSYCHOSOCIAL APPROACH

Barbara M. Newman; Philip R. Newman, University of Rhode Island

Newman and Newman use a chronological approach to present development across the life span, drawing on the psychosocial theory of Erik Erikson to provide a conceptual framework for the text. The authors address physical, intellectual, social, and emotional growth in all life stages, focusing on the idea that development results from the interdependence of these areas at every stage, and placing special emphasis on optimal development through life.

#### **NEW TO THIS EDITION**

- NEW Feature: At the end of each section within the chapter, there are one or more suggestions labeled "Further Reflection." These are intended to prompt students to stop and think a bit about what they have just read. These suggestions and questions encourage students to engage in critical thinking, to evaluate the information, and to link the information to related concepts or to personal life experiences.
- Throughout the chapters there are longer cases and short vignettes that complement the more

general descriptions of developmental issues. These cases highlight the real life experiences of individuals, sometimes illustrating how individuals cope with challenges at various points in life; and sometimes illustrating the diversity of experiences that are possible at a certain period of life. New cases involving the reinvention of family in middle adulthood, changing work to recapture love and happiness, how one looks back on the transition between developmental stages and Jordyn Whieber's resilience, disappointment and training during the Olympics.

- Retaining the basic structure and positive developmental emphasis of previous editions, the Twelfth Edition is fine tuned to be even more clear, readable, and thought-provoking, while still capturing the complexities and novel concepts that make the study of human development so fascinating.
- New research findings and recent census data are integrated throughout this completely updated edition.
- The authors' organizing conceptual framework of psychosocial theory highlights the continuous interaction and integration of individual competencies with the demands and resources of culture. Psychosocial theory attempts to explain human development across the life span, especially patterned change in ego development, which is reflected in selfunderstanding, social relationships, and worldview.
- A strong multicultural perspective-including discussions of cultural practices and reviews of cross-national and inter-ethnic research-is interwoven throughout the text in the narrative, in application boxes, and in first-person accounts. The multicultural aspect of the text is a result of the psychosocial point of view, in which the social-cultural context of development is fundamental to the process of development.
- Two chapters are devoted to the theories of development: one focuses on the major theorists such as Piaget and Vygotsky, and a second is devoted to the psychosocial theories of Erikson and Havighurst that are used in the rest of the book.
- Organizational Chart: There is a chart on the inside cover of the book, as well as at the end of Chapter 3, Psychosocial Theory, which provides a two-page

overview of the organization of the text.

- Chapter Learning Objectives: Each chapter begins with Learning Objectives. These objectives have been stated using the six thinking processes: remember, understand, apply, analyze, evaluate, and create. These chapter learning objectives are restated at the opening of each section to help highlight the primary goal for that section of the text. The chapter learning objectives are stated again in the chapter summary to help students review and integrate concepts from the chapter.
- Opening Case: Each chapter starts with a case which brings to life one or more issues addressed in the chapter. These cases are followed by a set of questions labeled: "Case Analysis: Using What You Know." The purpose of these cases is threefold: To bring to life individual experiences and narratives that help students become more personally attached to the concepts of the chapter; To provide a shared life experience that can serve as a basis for class discussion; and To encourage the application of concepts from the text and the course.

#### CONTENTS

1. The Development Through Life Perspective. 2. Major Theories for Understanding Human Development. 3. Psychosocial Theory. 4. The Period of Pregnancy and Prenatal Development. 5. Infancy (First 24 Months). 6. Toddlerhood (Ages 2 and 3). 7. Early School Age (4 to 6 Years). 8. Middle Childhood (6 to 12 Years). 9. Early Adolescence (12 to 18 Years). 10. Later Adolescence (18 to 24 Years). 11. Early Adulthood (24 to 34 Years). 12. Middle Adulthood (34 to 60 Years). 13. Later Adulthood (60 to 75 Years). 14. Elderhood (75 Until Death). 15. Understanding Death, Dying, and Bereavement. Appendix: The Research Process.

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## NEW EDITION!

#### **DEVELOPMENTAL PSYCHOLOGY, 9E** CHILDHOOD AND ADOLESCENCE, INTERNATIONAL EDITION, 9TH EDITION

David Shaffer, University of Georgia; Katherine Kipp, University of Georgia

This popular, topically organized, and thoroughly updated child and adolescent development text presents you with the best theories, research, and practical advice that developmentalists have to offer today. Authors David R. Shaffer and Katherine Kipp provide you with a current and comprehensive overview of child and adolescent development, written in clear, concise language that talks "to" you rather than "at" you. The authors also focus on application showing how theories and research apply to real-life settings. As a result, you will gain an understanding of developmental principles that will help you in your roles as parents, teachers, nurses, day-care workers, pediatricians, psychologists, or in any other capacity by which you may one day influence the lives of developing persons.

#### **NEW TO THIS EDITION**

- A new Chapter 14 (The Family) dedicates an entire chapter to examining the influence of the family on development.
- New and updated research in all major topic areas throughout the text includes references to the latest studies and reviews.

- Highly regarded for its mastery of the major research and theories in child development, the book is updated throughout with references to the latest studies and reviews.
- Icons in the Applying Development Themes sections (at the end of Chapter 3 and in every chapter thereafter) help to visually emphasize the book's four core themes (nature/nurture, active/passive,

continuity/discontinuity, and the holistic nature of development). These informative sections help to "wrap up" the chapter's messages by showing students how the themes are reflected in the developmental topics just covered.

- Students can gauge their understanding with the help of Concept Checks after each section as well as chapter-ending Practice Quizzes with ten multiplechoice questions that cover main chapter concepts.
- The text highlights developmental sequences and processes that children and adolescents experience within each developmental domain. This approach follows the systematic transformations that take place through childhood and adolescence, conveying the holistic character of human development.
- Believing that different theories emphasize different aspects of development, the authors take an eclectic approach to the presentation of the theory of development. The psychoanalytic, behavioristic, cognitive-developmental, ecological, sociocultural, information-processing, ethological, and behavioral genetic viewpoints are all treated fairly.
- The authors place a strong emphasis on the process of development, the underlying biological and environmental factors that trigger changes. By helping students understand the reasons why these developments take place, this emphasis makes it easier for students to remember what develops and when.
- A strong contextual orientation is highlighted through cross-cultural comparisons and the contextual influences of families, neighborhoods, schools, and peer groups. This orientation also contributes to the text's holistic perspective—the idea that humans are at once physical, cognitive, social, and emotional creatures, with each of these components of "self" dependent in part on changes taking place in other areas of development.
- Boxed features showcase insights gained from development research. Applying Research to Your Life boxes show how research results in a wealth of practical information; for instance, the most effective ways to discipline children using inductive, loveoriented, and power assertive approaches. Focus on Research boxes discuss a classic study or set of studies that have been highly influential in illuminating the causes of development. One example examines sports

participation and self-esteem among adolescent females and explains why teenage girls display declining muscle strength as they grow.

#### CONTENTS

Part I: INTRODUCTION TO DEVELOPMENTAL **PSYCHOLOGY. 1. Introduction to Developmental** Psychology and Its Research Strategies. Part II: **BIOLOGICAL FOUNDATIONS OF DEVELOPMENT. 2.** Hereditary Influences on Development. 3. Prenatal Development and Birth. 4. Infancy. 5. Physical Development: The Brain, Body, Motor Skills, and Sexual Development. Part III: COGNITIVE DEVELOPMENT. 6. Cognitive Development: Piaget's Theory and Vygotsky's Sociocultural Viewpoint. 7. Cognitive Development: Information-Processing Perspectives. 8. Intelligence: Measuring Mental Performance. 9. Development of Language and Communication Skills. Part IV: SOCIAL AND PERSONALITY DEVELOPMENT. 10. Emotional Development, Temperament, and Attachment. 11. Development of the Self and Social Cognition. 12. Sex Differences and Gender-Role Development. 13. Aggression, Altruism, and Moral Development. Part V: THE CONTEXT OF DEVELOPMENT. 14. The Family. 15. Peers, School, and Media.

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#### DISCOVERY SERIES: INTRODUCTION TO LIFESPAN (WITH PSYCHOLOGY COURSEMATE WITH EBOOK PRINTED ACCESS CARD)

Spencer A. Rathus, New York University, School of Continuing and Professional Studies

The Cengage Learning DISCOVERY SERIES: INTRODUCTION TO LIFESPAN is designed to deliver traditional course content in an innovative "hybrid" learning format—instruction presented in a printed handbook paired with integrated online applications and assessments. The program promotes measurable mastery of core course learning objectives by guiding students' active engagement with content delivered through the book, images, video, simulations, and assessments. This contemporary approach to learning seamlessly integrates text and technology, enabling students to easily move from the book's instruction to its online applications for a deeper, lasting understanding of the core psychological concepts, and for assessments (all assignable) that reliably track students' progress and performance.

#### FEATURES

- Reading print to discover: Featuring content that is driven by learning objectives and organized into modules for optimal flexibility, the print component of the package provides a concise, but complete, course that introduces students to psychology's target concepts. (For those who prefer it, the book is also available electronically.)
- Focusing on learning objectives to promote better outcomes: Each module begins with a set of learning objectives that focuses students' reading and guides them through the content. All book and online content is mapped to these objectives to ensure that students are learning the appropriate material—and consequently meeting the objectives.
- Going online to interact and demonstrate learning: Available in Psychology CourseMate, each module's companion online content features media assets and activities that encourage vital interaction by requiring students to apply concepts and complete assignments to demonstrate their learning. Learning is then confirmed through a tightly integrated assessment that measures students' mastery of the module's learning objectives—and ensures that they meet the learning objectives before moving on.
- Connecting print and online features to promote student engagement: Text and online resources work hand in hand. For instance, a chapter-opening "Prepare to Learn" feature advises students on how to work through the chapter, and invites them to take an online chapter pre-test, establishing a baseline for self-assessment. Throughout chapters, prompts for online activities and quizzes appear in sidebars on right-hand pages, as do icons identifying the four basic types of online resources included in the

text's package: videos, animations, readings, and assessments.

- Innovative page layout to keep students on track: Instructional pages that face each other consistently comprise three distinct learning "zones." Learning objectives appear in sidebars on left-hand pages, prompts for online activities and quizzes appear in sidebars on right-hand pages, and the instructional narrative spans the area in between. This consistent layout makes it easy for students to match learning objectives to instruction and assessments, helping them to remain oriented and productive throughout each chapter.
- Measure Your Learning review: The centerpiece of this comprehensive chapter review element is an easy-to-use matrix that shows module learning objectives, key terms/concepts, and corresponding online resources in side-by-side format. Each section concludes by prompting students to take the online chapter post-tests—the first a practice test with guided results, the second a final test.
- Engaging Did You Know That questions open each module. These questions stimulate student thinking and previews the key topics and concepts in the proceeding module. Did You Know That questions challenge common misconceptions or highlight the most interesting aspects of the lifespan.
- The modular presentation of Rathus's Introduction to Lifespan complements the progression of the lifespan

   each chapter is devoted to a single stage and within each chapter, the consistent modular organization and topic areas presents various aspects of the stage

   e.g., physical development, cognitive development, social and emotional development is covered in each chapter, and for every stage.

#### CONTENTS

What Is Lifespan Development?
 Beginnings.
 Infancy.
 Early Childhood.
 Middle Childhood.
 Adolescence.
 Early Adulthood.
 Middle Adulthood.
 Late Adulthood.
 Life's Final Chapter.

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#### **ESSENTIALS OF HUMAN DEVELOPMENT** A LIFE-SPAN VIEW, INTERNATIONAL EDITION

Robert V. Kail, Purdue University; John C. Cavanaugh, Pennsylvania State System of Higher Education

ESSENTIALS OF HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, International Edition fills the need for a shorter text that emphasizes the essential, defining features of modern research and theory in human development. Using a modified chronological approach and emphasizing the biopsychosocial framework, the text provides: a streamlined, readable account of human development across the life span; conceptual foundations that enable students to become educated and critical interpreters of developmental information; and an introduction to relevant research and its application to important issues in life-span development. Among the most important aspects of this book is its integration of pedagogical features, designed to help students maximize their learning. In addition, the text emphasizes the application of human development research across diverse professional settings, making it ideal for students who are pursuing a career related not just to psychology but to other areas, such as education, health, and human sciences-be it as a nurse, physician, educator, psychologist, social worker, speech-language therapist, or others. These students are often particularly eager to see how human development research can allow them to work more effectively with future patients, students, or clients, and ESSENTIALS OF HUMAN DEVELOPMENT answers the call. Succinct and filled with real-life examples, this text will capture your students' interest while introducing them to the essential issues, forces, and outcomes that make us who we are.

#### **FEATURES**

• The text follows a chronological approach, with coverage that is evenly divided among adolescence, adulthood, and aging to provide a richer and more complete description of human development. The

text also adopts the biopsychosocial framework to organize and tie themes together.

- Linking Research to Life boxes show how findings from research can be used to improve human development throughout the life span.
- Spotlight on Research boxes highlight a specific study discussed in the text, helping students understand the science and scope of life-span development.
- Real People: Applying Human Development boxes illustrate how a development issue is manifested in the life of a real person.
- Human Development in Action features (in the margins) encourage students to imagine themselves in a specific professional setting and to apply knowledge of human development to a specific problem.
- Learning Objectives, followed by brief vignettes, open the major sections in each chapter. Each major section is numbered for easy assignment and concludes with concept-reinforcing Test Yourself sections (with answers provided upside down for immediate feedback).
- Summaries are organized around the Learning Objectives, reinforcing key concepts.
- Up-to-date findings and references introduce students to the perspectives of those who are currently shaping the field and those who pioneered it. The inclusion of many diversity examples makes the material appealing to the broadest possible range of students. In addition, a diversity theme index is in the back of the book.
- Integrated pedagogical features are designed to help students maximize their learning. In addition, key terms appear in colorized boldface type when introduced, making it easier for students to locate them as they study and review.

#### CONTENTS

1. The Study of Human Development. Part I: PRENATAL DEVELOPMENT, INFANCY, AND EARLY CHILDHOOD. 2. Biological Foundations: Heredity, Prenatal Development, and Birth. 3. Tools for Exploring the World: Physical, Perceptual, and Motor Development in Infancy and Early Childhood. 4. The Emergence of Thought and Language: Cognitive Development in Infancy and Early Childhood. 5. Entering the Social World: Socioemotional Development in Infancy and Early Childhood. Part II: SCHOOL-AGE CHILDREN AND ADOLESCENTS. 6. Off to School: Cognitive and Physical Development in Middle Childhood. 7. Expanding Social Horizons: Socioemotional Development in Middle Childhood. 8. Rites of Passage: Physical and Cognitive Development in Adolescence. 9. Moving into the Adult Social World: Socioemotional Development in Adolescence. Part III: YOUNG AND MIDDLE ADULTHOOD. 10. Becoming an Adult: Physical, Cognitive and Personality Development in Early Adulthood. 11. Being With Others: Forming Relationships in Young and Middle Adulthood. 12. Work: Occupational and Lifestyle Issues in Young and Middle Adulthood. 13. Making It in Midlife: The Unique Challenges of Middle Adulthood. Part IV: LATE ADULTHOOD. 14. The Personal Context of Later Life: Physical, Cognitive, and Mental Health Issues. 15. Social Aspects of Later Life: Psycho-social, Retirement, Relationship, and Societal Issues. 16. The Final Passage: Dying and Bereavement.

#### © 2014, 576pp, Paperback, 9781285089737



### HDEV (WITH COURSEMATE PRINTED ACCESS CARD), 3E

Spencer A. Rathus, New York University, School of Continuing and Professional Studies

Created through a student-tested, faculty-approved review process, HDEV is an extremely concise, visually appealing new text that traces development from infancy through late adulthood without any delays or distractions. Spencer Rathus's trademark readerfriendly, effective approach is evident throughout. This brief, affordable paperback includes downloadable flashcards that allow students to study wherever they are, whenever they have time. Designed for today's students in every detail, this unique solution was developed through conversations, interviews, surveys, instructor reviews, and input from nearly 150 students and faculty members like you. From its abbreviated, nononsense title to its engaging, effective content, HDEV ushers in a groundbreaking new genre of life-span development texts that's perfect for modern learners.

#### **NEW TO THIS EDITION**

- Expanded coverage of key topics, including the impact of child abuse and neglect on development, gender roles and stereotypes, emerging adulthood, and retirement planning.
- New topics are discussed throughout. Chapter 3 ("Birth and the Newborn Baby: In the New World") introduces hypnosis and biofeedback as alternatives to anesthesia in childbirth; Chapter 5 ("Infancy: Cognitive Development") provides a new discussion on mirror neurons and their role in observational learning and language acquisition; Chapter 11 ("Adolescence: Physical and Cognitive Development") provides a new discussion on schools and adolescent nutrition; and many more!
- New data reflect the most recent discoveries in the field, such as the rising rate of caesarean section births in the United States, masturbation in adolescence, trends regarding marriage and cohabitation, and hospice care.

- Every 4LTR Press solution comes complete with an engaging print textbook, tear-out review cards, an interactive digital solution (CourseMate), and an eBook, all of which were directly influenced from student focus groups and surveys and from interviews with nearly 150 faculty and students.
- Shorter, comprehensive chapters in a modern design present content in a more engaging and accessible format without minimizing coverage for your course.
- Tear-Out Review Cards at the back of the Student Edition provide students a portable study tool containing all of the pertinent information for class preparation.
- Instructor Prep Cards at the back of the Instructor's Edition make preparation simple with detachable cards for each chapter, offering a quick map of chapter content, a list of chapter learning objectives, key terms, and suggested assignments, classroom activities, and discussion questions to help you organize chapter content efficiently.
- Every 4LTR Press solution comes with CourseMate, the interactive digital component that offers a full

suite of unique learning tools that appeal to different learning styles. Quizzes, interactive eBook, flashcards, games, and more are only a click away.

- HDEV3 has a refreshed art program to better illustrate concepts, and references and examples have been updated to be as current as possible.
- The hallmark of HDEV is a contemporary magazinestyle design perfect for visual learners. Photos and graphics bring the material to life, and headers help readers quickly identify key concepts and their relationships. A broad array of highly effective, student- and faculty-tested teaching and learning tools accompanies the book.

#### CONTENTS

1. History, Theories, and Methods. 2. Heredity & Prenatal Development. 3. Birth and the Newborn Baby: In the New World. 4. Infancy: Physical Development. 5. Infancy: Cognitive Development. 6. Infancy: Social and Emotional Development. 7. Early Childhood: Physical and Cognitive Development. 8. Early Childhood: Social and Emotional Development. 9. Middle Childhood: Physical and Cognitive Development. 10. Middle Childhood: Social and Emotional Development, 11. Adolescence: Physical and Cognitive Development. 12. Adolescence: Social and Emotional Development. 13. Early Adulthood: Physical and Cognitive Development. 14. Early Adulthood: Social and Emotional Development. 15. Middle Adulthood: Physical and Cognitive Development. 16. Middle Adulthood: Social and Emotional Development, 17, Late Adulthood: Physical and Emotional Development. 18. Late Adulthood: Social and Emotional Development. 19. Life's Final Chapter.

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#### HUMAN DEVELOPMENT, 6E A LIFE-SPAN VIEW, INTERNATIONAL EDITION

Robert V. Kail, Purdue University; John C. Cavanaugh, Pennsylvania State System of Higher Education

Balanced coverage of the entire life span is just one thing that distinguishes HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, 6E, International Edition. With its comprehensive, succinct, and applied coverage, the text has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert V. Kail's expertise in childhood and adolescence, combined with John C. Cavanaugh's extensive research in gerontology, result in a book with a rich description of all life-span stages and important topics. A modified chronological approach traces development in sequential order from conception through late life, while also dedicating several chapters to key topical issues. This organization also allows the book to be relatively briefer than other texts a benefit given the enormous amount of information covered in the course.

#### **NEW TO THIS EDITION**

- Increased coverage of neuroscience Most chapters will have new neuroscience discussions, and a neuroscience theme index will be added to the diversity theme index on the endpages.
- To reinforce the fact that the physical, cognitive, and socioemotional dimensions of each life period are indeed covered, the text now includes chapter subtitles (such as "Socioemotional Development in Adolescence") in the table of contents at the beginning of the book.
- What Do You Think feature (previously called Current Controversies) review debates on issues that influence the field, heightening students' awareness and helping them begin to think critically about those events. New examples include "Marriage Education" (Chapter 11) and "Personal Decisions on Optimal Length of Life"

(Chapter 14). Others also include "Preschoolers on the Witness Stand" (Chapter 4), "Binge Drinking on College Campuses" (Chapter 10), and "Saving Social Security" (Chapter 15).

#### FEATURES

- The authors' modified chronological treatment reduces redundancy and emphasizes the integrated biopsychosocial model of human development over the course of the life span. This organization also allows the book to be briefer (just 16 chapters) and more manageable for a one-semester course.
- Up-to-date findings and references introduce students to the perspectives of those who are currently shaping the field and those who pioneered it. New examples include a greater number of diversity examples to appeal to the broadest possible range of students: a diversity theme index is in the back of the book.
- More prominent Learning Objectives (listed at the beginning of each major section and repeated as subheads throughout the section) promote effective studying by focusing students' attention on important upcoming topics.
- Wikipedia, YouTube, Facebook, Twitter, texting, and other current topics (in Think About It questions sprinkled strategically throughout each chapter) engage students in thinking critically. These questions also appear on slides on the PowerLecture¿ CD for use with student response system software and "clickers," making it easy to conduct quizzes in class and see students' responses immediately.
- Streamlined end-of-chapter content encourages active learning. Test Yourself questions include one interpretive question and one application question, with answers listed upside down to provide immediate feedback. Summaries are organized around the Learning Objectives. A website icon directs students to related video clips and other online material.
- Visual learners benefit from the art program's many new photos, figures, and graphs all numbered and captioned. Key terms now appear in colorized boldface type when introduced, making it easier for students to locate them as they study and review.
- Adolescent development is covered in two chapters, physical/cognitive development and socioemotional development to give each topic the coverage appropriate for most courses.

#### CONTENTS

1. The Study of Human Development. PART I: PRENATAL DEVELOPMENT, INFANCY, AND EARLY CHILDHOOD. 2. Biological Foundations: Heredity, Prenatal Development, and Birth. 3. Tools for Exploring the World: Physical, Perceptual, and Motor Development in Infancy and Early Childhood. 4. The Emergence of Thought and Language: Cognitive Development in Infancy and Early Childhood. 5. Entering the Social World: Socioemotional Development in Infancy and Early Childhood. PART II: SCHOOL-AGE CHILDREN AND ADOLESCENTS. 6. Off to School: Cognitive and Physical Development in Middle Childhood. 7. Expanding Social Horizons: Socioemotional Development in Middle Childhood. 8. Rites of Passage: Physical and Cognitive Development in Adolescence. 9. Moving into the Adult Social World: Socioemotional Development in Adolescence. PART III: YOUNG AND MIDDLE ADULTHOOD. 10. Becoming an Adult: Physical, Cognitive & Personality Development in Early Adulthood. 11. Being With Others: Forming Relationships in Young & Middle Adulthood. 12. Work and Leisure: Occupational and Life-style Issues in Young and Middle Adulthood. 13. Making It in Midlife: The Unique Challenges of Middle Adulthood. PART IV: LATE ADULTHOOD. 14. The Personal Context of Later Life: Physical, Cognitive, and Mental Health Issues. 15. Social Aspects of Later Life: Psycho-social, Retirement, Relationship, and Societal Issues. 16. The Final Passage: Dying and Bereavement.



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#### HUMAN DEVELOPMENT ACROSS THE LIFE SPAN, INTERNATIONAL EDITION, 7E

Carol K. Sigelman, The George Washington University; Elizabeth A. Rider, Elizabethtown College

Known for its clear, straightforward writing style, comprehensive coverage, strong and current research-

based approach, and excellent visuals and tables, this life-span development text offers a topical organization at the chapter level and a consistent chronological presentation within each chapter. Each chapter focuses on a domain of development such as physical growth, cognition, or personality, and traces developmental trends and influences in that domain from infancy to old age. Within each chapter, you will find sections on four life stages: infancy, childhood, adolescence, and adulthood. This unique organization enables students to comprehend the processes of transformation that occur in key areas of human development. Another staple of the text is its emphasis on theories and how they apply to specific topics in each chapter. This new edition also asks students to engage more actively with the content, and includes a clear focus on the complex interactions of nature and nurture in development, more integrated coverage of culture and diversity, and an exciting new media package for both students and instructors.

#### **NEW TO THIS EDITION**

- To help students read with a purpose, Sigelman/Rider pose the major questions addressed in an Ask Yourself This box at the beginning of each chapter.
- At the end of each major section, Making Connections questions invite students to reflect on the material—to weigh in on a debate in the field, evaluate the material's implications for public policy, apply the material to a case example, or explore the material's relevance to their own development.
- The "Engagement Boxes" feature is a new kind of box that supplements the Exploration and Application boxes we have included in previous editions. "Engagement" boxes provide opportunities for students to engage actively and personally with the material—to assess their own knowledge, beliefs, traits, and attitudes by completing personality scales, test items, surveys, and short quizzes (see later examples).

#### FEATURES

• The text features an integrated topical and chronological approach. Sigelman and Rider have organized the chapters topically to emphasize developmental processes, such as how nature and nurture interact over the life-span to bring about normal developmental changes, as well as create differences among individuals. Within each chapter, they organize their discussion of the material under four major chronological sections: infancy, childhood, adolescence, and adulthood; this permits them to call attention to the distinctive qualities of each age/ stage.

- "Application" boxes examine how knowledge has been applied to optimize development in a domain of development (for instance, to prevent teenage pregnancy, treat genetic defects, promote healthy babies, improve cognitive functioning, combat the effects of negative stereotypes of aging, treat aggressive youth, strengthen relationships, prevent family violence, treat children with psychological disorders, and support bereaved families).
- "Exploration" boxes allow more in-depth investigation of research on a topic (for example, characteristics of the baby boom generation, effects of early experience on gene expression, brain development and adolescent risk taking, aging drivers, language acquisition among deaf children, his and her retirements, parenting in cultural context, Hurricane Katrina and mental health, and secrets to a long life).
- To convey the complexities of interactions between nature and nurture, the authors pay special attention to genes, hormones, and other biological forces in development, while showing how development can be pushed one way or another depending on the social and cultural context in which the individual develops. For example, the authors include detailed coverage of the development of the brain, including its growth spurt in adolescence; and, in Chapter 11 and subsequent chapters, they discuss how development differs in individualistic and collectivist cultures.
- A "Nature & Nurture" theme index appears in the preface of the text to better highlight the authors' integrated coverage of evolutionary psychology, genetics, neuroscience, and cultural influences on development. Page references help students find this information quickly and easily.
- Building on the book's reputation for a solid research basis, Sigelman and Rider include hundreds of new research references in this edition.

#### CONTENTS

1. Introduction to the Human Life Span. 2. Ways to Think About Human Development. 3. Biological and Environmental Influences on Development. 4. The Prenatal Period and Birth. 5. Physical Development and Health. 6. Perceptual Development. 7. Cognitive Development. 8. Information Processing and Memory. 9. Intelligence. 10. Language Development and Education. 11. The Conceptualization of Self and Personality. 12. Gender and Sexuality. 13. Social Cognitive and Moral Development. 14. Human Development and Relationships. 15. Human Development and the Family. 16. Human Development and Psychopathology. 17. Death and Dying.

#### © 2012, 736pp, Paperback, 9781111343156



#### LIFE AND DEATH, 2E GRAPPLING WITH THE MORAL DILEMMAS OF OUR TIME

Louis P. Pojman, Late of the United States Military Academy, West Point

This single-authored, brief text explores the moral dilemmas in our lives from a philosophical point of view. Society is deeply divided on the matters of life and death discussed in this book: the sanctity of life versus the quality of life; the meaning of death and dying; suicide; euthanasia; abortion; artificial procreation such as in vitro fertilization and cloning; the death penalty; animal rights; world hunger; and war.

#### **NEW TO THIS EDITION**

- Virtually every chapter has been updated.
- New chapter on Ethical Relativism and Ethical Objectivism.

#### **FEATURES**

- Both ethical theory and applied issues are covered in this text.
- Topics in medical ethics are emphasized.
- An introduction to moral theory relates morality to the tragedy of the commons.

- Chapter 2 debates ethical relativism and ethical objectivism.
- Several chapters appear on issues related to death and dying, including suicide and euthanasia.
- Human cloning is discussed at length.
- A comprehensive discussion of animal rights and the problem of cosmetic and scientific experimentation is found in Chapter 13, Animal Rights.
- Study questions to reflect on at the end of each chapter, and a glossary of terms add pedagogy to this text.

#### CONTENTS

Preface. Welcome to Moral Philosophy: A Word to the Student. Introduction: "Doctor""s Death""s" Suicide Machine. 1. What is Ethics? 2. Ethical Relativism vs. Ethical Objectivism. 3. Egoism, Self-Love, and Altruism. 4. Classical Ethical Theories. A. Deontological Ethics. B. Consequentialist Ethics. 5. The Sanctity of Life vs. the Quality of Life. 6. Death and Dying. 7. Suicide. 8. Euthanasia. 9. What is Death? The Crisis of Criteria. Interlude: The Slippery Slope. 10. Abortion: The Greatest Moral Problem of Our Generation. 11. Cloning: The Greatest Moral Problem of the Next Generation? 12. The Death Penalty. 13. Animal Rights. 14 World Hunger and Population. 15. War. Bibliography. Index.

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#### LIFE AND DEATH, 2E A READER IN MORAL PROBLEMS

Louis P. Pojman, Late of the United States Military Academy, West Point

This anthology examines 11 key issues dealing with the beginning and end of life, and presents a balanced set of 67 classic and contemporary readings on each of them. It is unique in its coverage of applied ethics, medical topics, and broad theoretical considerations of issues of life and death-the sanctity of life versus the quality of life, and the meaning of life and death. The section on Ethical Theory covers the classic theories as well as ethical relativism to orient students to the nature and importance of ethics. The section on the sanctity of life versus the quality of life examines a vital but often neglected issue in moral philosophy. Introductions and study questions accompany each major reading.

#### **NEW TO THIS EDITION**

- A new section has been added on Human Cloningone of the hottest topics in moral philosophy.
- Nine new articles, discussing abortion, suicide, and euthanasia are included in this edition.
- Chapter introductions have been updated.

#### FEATURES

- Readings are provided in dialectical form representing opposite points of view.
- Readings are the best representatives of opposing viewpoints on each issue.
- Introductions are provided for each reading and for each book section.
- Introductions assist students in identifying problems without analyzing them.
- Study questions accompany each reading to help students to focus on key issues.
- Accompanying textbook, LIFE AND DEATH: GRAPPLING WITH THE MORAL DILEMMAS OF OUR TIME, SECOND EDITION provides an analysis of all the issues discussed and many of the articles used in this reader.
- This anthology can be used either on its own or with an accompanying textbook.

#### CONTENTS

Preface. I. ETHICAL THEORIES. A. Classical Theories. 1. Immanual Kant: Deontological Ethics. 2. John Stuart Mill: Utilitarianism. 3. Thomas Hobbes: Contractual Ethics. B. Relativism and Objectivism. 4. Herodotus: Custom is King. 5. Ruth Benedict: A Defense of Ethical Relativism. 6. Louis P. Pojman: A Defense of Ethical Objectivism. II. THE SANCTITY OF LIFE AND THE QUALITY OF LIFE. 7. The Bible: Genesis and Psalm 8: The Devine Creation of Humanity. 8. Albert Schweitzer: Reverence for Life. 9. Jonathan Glover: Against the Sanctity of Life Doctrine. 10. H. Tristram Engelhardt, Jr.: The Sanctity of Life and the Concept of a Person. 11. Daniel Callahan: The Sanctity of Life Principle: The New Consensus. III. DEATH AND THE MEANING OF LIFE. 12. Plato: Death and Immortality. 13. Epicurus: Death is Nothing to Us. 14. Richard Taylor: Does Life Have a Meaning? 15. Lois Hope Walker: Religion and the Meaning of Life and Death. 16. Jeffrie Murphy: Rationality and the Fear of Death. 17. Prasannatma Das: A Hindu Theory of Life and Death. IV. SUICIDE. 18. Thomas Aquinas: Suicide is Unnatural and Immoral. 19. David Hume: On the Naturalness of Suicide. 20. Albert Camus: Life is Absurd. 21. Richard Brandt: On the Morality and Rationality of Suicide. 22. Margaret Pabst Battin: Suicide: A Fundamental Right? V. EUTHANASIA. 23. Yale Kamisar: Against Legalizing Euthanasia. 24. Glanville Williams: For Legalizing Euthanasia: A Rejoinder. 25. James Rachels: Active and Passive Euthanasia. 26. Thomas Sullivan: Active and Passive Euthanasia: An Impertinent Distinction? 27. The Oregon Law on the Right to Die.VI. WHAT IS DEATH? THE CRISIS OF CRITERIA. 28. Robert M. Veatch: Defining Death Anew. 29. David Mayo and Daniel Wikler: Euthanasia and the Transition from Life to Death. VII. ABORTION. 30. John Noonan: Abortion Is Morally Wrong. 31. Judith Jarvis Thomson: A Defense of Abortion. 32. Baruch Brody: Against an Absolute Right to Abortion. 33. Mary Anne Warren: The Personhood Argument in Favor of Abortion. 34. Harry J. Gensler: The Golden Rule Argument Against Abortion. 35. Don Marquis: Why Abortion is Immoral. 36. Gerald H. Paske: Abortion and the Neo-Natal Right to Life: A Critique of Marquis"" Futurist Argument. VIII. HUMAN CLONING. 37. Leon Kass: The Wisdom of Repugnance. 38. National Bioethics Advisory Board: Against Cloning Human Beings. 39. Richard Lewontin: The Confusion over Cloning. 40. Gregory E. Pence: Will Cloning Harm People? IX. DEATH PENALTY. 41. Immanual Kant: Retributivism: The Right to Capital Punishment. 42. Thurgood Marshall: The Death Penalty is a Denial of Human Dignity. 43. Burton Leiser: A Retributivist Justification of the Death Penalty. 44. Hugo Adam Bedau: Against Retributive Justification of the Death Penalty. 45. Sidney Hook: The Death Sentence: Limited Use. 46. Ernest van den Haag and Louis Schwartz: The Death Penalty: Pro and Con. X. ANIMAL RIGHTS. 47. Immanuel Kant: We Only Have Indirect Duties to Animals. 48. Peter Singer: All Animals are Equal. 49. R.G. Frey: A Utilitarian Critique of Animal Rights. 50. Tom Regan: The Radical Egalitarian

Case for Animal Rights. 51. Robert White: The Case for Animal Experimentation. 52. Tom Regan: The Case Against Animal Experimentation. 53. Mary Anne Warren: Difficulties with the Strong Animal Rights Position. 54. Carl Cohen: The Case Against Animal Rights. 55. James Rachels: Vegetarianism and "The Other Weight Problem". XI. WAR. Introduction. 56. Robert Phillips: Just War Theory. 57. Jan Narveson: A Critique of Pacifism. 58. Cheyney Ryan: A Defense of Pacifism. 59. The U.S. Catholic Bishops: Against the Use of Nuclear Weapons. 60. Charles Krauthammer: On Nuclear Morality. 61. Douglas Lackey: Missiles and Morals. 62. William James: The Moral Equivalent of War. XII. WORLD HUNGER. 63. Garrett Hardin: Lifeboat Ethics: The Case Against Helping the Poor. 64. William Murdoch and Allen Oaten: Population and Food: Metaphors and the Reality. 65. Peter Singer: Famine, Affluence and Morality. 66. Richard Watson: Reason and Morality in a World of Limited Food. 67. John Arthur: Famine Relief and the Ideal Moral Code.

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#### LIFESPAN DEVELOPMENT, 11E A PSYCHOSOCIAL APPROACH, INTERNATIONAL EDITION

Barbara M. Newman; Philip R. Newman, University of Rhode Island

Newman and Newman use a chronological approach to present development across the life span, drawing on the psychosocial theory of Erik Erikson to provide a conceptual framework for the text. The authors address physical, intellectual, social, and emotional growth in all life stages, focusing on the idea that development results from the interdependence of these areas at every stage, and placing special emphasis on optimal development through life.

#### **NEW TO THIS EDITION**

- Retaining the basic structure and positive developmental emphasis of previous editions, the Eleventh Edition is fine tuned to be even more clear, readable, and thought-provoking, while still capturing the complexities and novel concepts that make the study of human development so fascinating.
- New research findings and recent census data are integrated throughout this completely updated edition.
- Many new discussions have been added, including technology's influences on the societal system, evolutionary theory and William James' theory of consciousness, adoption as an alternative to childbearing, the fact that toddlers aren't getting enough physical activity to support optimal physical development, the relationship between playing violent video games and moral development, the reduction in unstructured child-initiated play time, how sibling relationships influence social development, and ways to help socially anxious children increase their sense of closeness to friends.
- Other new discussions cover early adolescence as a time of positive strides toward maturity, the interaction of cognition and emotion and how the brain processes emotions, how hostile and aggressive parenting can lead to increased feelings of alienation for early adolescent children, four contexts for predicting alcohol misuse (parents, peers, school, neighborhood), the concept of career decision-making self efficacy, the rational for calling the stage later adolescence rather than emerging adulthood, and role experimentation as a cycling of commitment formation and commitment re-evaluation.
- Additional new content explains how the transition into adulthood has changed, speed dating and online dating as new ways of finding a partner, the communal norm and the exchange norm as explanations for how relationships are sustained in the early years of marriage, workers who experience hostility from their supervisors, an international comparison of poverty rates in 21 countries noting the relatively limited resources dedicated to workers in the United States, online social networking, and the benefits of sleep (new section) in early adulthood.
- Coverage of middle adulthood includes new discussions of sex discrimination, age discrimination,

race discrimination, and sexual harassment; and elderhood coverage includes new discussions of insomnia, osteoarthritis, and osteoporosis.

#### FEATURES

- The authors' organizing conceptual framework of psychosocial theory highlights the continuous interaction and integration of individual competencies with the demands and resources of culture. Psychosocial theory attempts to explain human development across the life span, especially patterned change in ego development, which is reflected in selfunderstanding, social relationships, and worldview.
- One or more case studies in each chapter, accompanied by Critical Thinking and Case Analysis questions, illuminate concepts.
- A strong multicultural perspective—including discussions of cultural practices and reviews of crossnational and inter-ethnic research—is interwoven throughout the text in the narrative, in application boxes, and in first-person accounts. The multicultural aspect of the text is a result of the psychosocial point of view, in which the social-cultural context of development is fundamental to the process of development.
- Two chapters are devoted to the theories of development: one focuses on the major theorists such as Piaget and Vygotsky, and a second is devoted to the psychosocial theories of Erikson and Havighurst that are used in the rest of the book.

#### CONTENTS

1. Human Life-span Development. 2. Major Theories. 3. Psychosocial Theory. 4. Prenatal Development and Birth. 5. Development in Infancy (First 24 Months). 6. Development in Toddlerhood (Ages 2–3). 7. Development in Early School Age (4–6 Years). 8. Development in Middle Childhood (6–12 Years). 9. Development in Early Adolescence (12–18 Years). 10. Development in Later Adolescence (18–24 Years). 11. Development in Early Adulthood (24–34 Years). 12. Development in Middle Adulthood (34–60 Years). 13. Development in Later Adulthood (60–75 Years). 14. Development in Elderhood (75 Until Death). 15. Dying, Death, and Bereavement. Appendix A: Research Strategies. Appendix B: The Organization of the Text.

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#### LIFE-SPAN DEVELOPMENT, INTERNATIONAL EDITION

Laurence Steinberg, Temple University; Marc H. Bornstein, National Institute of Child Health and Human Development; Deborah Lowe Vandell, University of California Irvine

The combined features that distinguish this text from other titles can be summarized with an acronym: CARE Cutting edge research Applied developmental science R eadability E ssential knowledge Written by respected child, adolescent, and adulthood development experts, this authoritative and chronologically organized text presents an integrated perspective on lifespan development. The authors write in an engaging manner, synthesizing biological, social, cultural, and socioeconomic influences as opposed to organizing content around developmental themes. Incorporation of classic and cutting-edge research includes extensive coverage of new research in developmental neuroscience, which has transformed the study of lifespan development by introducing brain maturation. At the same time, the text emphasizes the application of developmental psychology to real world problems, focusing on the ways in which knowledge of child development can inform social policy and practice in the fields of child care, education, mental health, and family life. The text also examines the many fascinating changes that take place through adulthood to help students answer the important question: Who will I become tomorrow? And with a separate epilogue that focuses on death and dying, the book takes students on a developmental journey from our first breath to our last. Reflecting the authors' combined expertise, the broad array of real-life examples resonate with students from different backgrounds and fields of study, and with different occupational goals in mind. With its distinctive and effective combination of cuttingedge research, applications, readability, and essential

knowledge, this text helps students understand and appreciate what today's scientists are discovering about human development across the lifespan, how they study the process, and how this knowledge can be used to improve the lives of infants, children, adolescents, and adults around the world.

#### **FEATURES**

- In-text study aids include an interim summary after each major section in every chapter and a running glossary in the margin.
- Chapter-ending pedagogy includes a brief "Summing Up and Looking Ahead" section that reviews the main themes covered in the chapter and sets the stage for the next chapter; "Did You Get It?", which identifies key concepts students should understand after reading the chapter; and "Important Terms and Concepts," which provides page numbers for glossary terms so that students can easily quiz themselves.
- A "Part Review" separates each of the book's five parts, succinctly summing up the material from the previous part to reinforce students' comprehension and prepare them for the topics that follow.
- An important feature of the book is its lack of features—such as boxed inserts and fabricated stories that can disrupt the presentation of the primary narrative, and which are often ignored. The authors' criterion was that if a topic wasn't important enough to appear in the main body of the text, it wasn't important enough to include in the book.
- Points and concepts are clarified and illuminated by many real-world examples, many drawn from the authors' broad and extensive experiences.

#### CONTENTS

PART I: FOUNDATIONS. 1. The Study of Child Development. 2. Nature with Nurture. 3. Conception, Prenatal Development, and Birth. PART II: INFANCY. 4. Physical Development in Infancy. 5. Cognitive Development in Infancy. 6. Socioemotional Development in Infancy. PART III: EARLY CHILDHOOD. 7. hysical and Cognitive Development in Early Childhood. 8. Socioemotional Development in Early Childhood. 8. Socioemotional Development in Early Childhood. 8. Socioemotional Development in Middle Childhood. 10. Socioemotional Development in Middle Childhood. PART V: ADOLESCENCE. 11.Physical and Cognitive Development in Adolescence. 12. Socioemotional Development in Adolescence. PART VI: YOUNG ADULTHOOD. 13. Physical and Cognitive Development in Young Adulthood. 14. Socioemotional Development in Young Adulthood. PART VII: MIDDLE ADULTHOOD. 15. Physical and Cognitive Development in Middle Adulthood. 16. Socioemotional Development in Middle Adulthood. PART VIII: LATE ADULTHOOD. 17. Physical and Cognitive Development in Late Adulthood. 18. Socioemotional Development in Late Adulthood. Epilogue: Death and Dying.

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#### LIFESPAN HUMAN DEVELOPMENT AUSTRALIAN AND NEW ZEALAND EDITION WITH STUDENT RESOURCE ACCESS 12 MONTHS

Carol K. Sigelman, The George Washington University; Elizabeth A. Rider, Elizabethtown College; Linda De George-Walker, CQUniversity

Why do human beings develop as we do? Help your students gain a deeper understanding of the many interacting forces affecting infancy, childhood, adolescence and adulthood. This locally adapted textbook includes local, multicultural and indigenous issues and perspectives, local research in development, regionally relevant statistical information, and National guidelines on health. Each chapter focuses on a domain of development such as physical growth, cognition, or personality, and traces developmental trends and influences in that domain from infancy to old age. Within each chapter, you will find sections on four life stages: infancy, childhood, adolescence and adulthood. This unique organisation enables students to comprehend the processes of transformation that occur in key areas of human development. An important feature of the text is its emphasis on theories and how they apply to specific topics in each chapter. The text also asks students to engage more actively with

the content, and includes a clear focus on the complex interactions of nature and nurture in development, more integrated coverage of culture and diversity.

#### **NEW TO THIS EDITION**

- Adapted for Australia and New Zealand to include local, multicultural and indigenous issues and perspectives, local research in development, regionally relevant statistical information, and National guidelines on health
- NEW structure to better suit the shorter semester lengths in the region
- NEW one-column layout of text to include margin definitions and icons to guide students to valuable online resources

#### FEATURES

- Includes local, multicultural and indigenous issues and perspectives, local research in development, regionally relevant statistical information, and National guidelines on health for Australia and New Zealand
- An integrated topical and chronological approach: The authors have organised the chapters topically to emphasise developmental processes, such as how nature and nurture interact over the life-span to bring about normal developmental changes and create differences among individuals. Within each chapter, they organise their discussion of the material under four major chronological sections – infancy, childhood, adolescence, and adulthood – which calls attention to the distinctive qualities of each age/stage
- Each chapter begins with NEW learning outcomes to help students identify what they will be learning and what they will be able to do after reading the chapter
- To help students read with purpose, the authors pose the major questions addressed in an Ask Yourself This box at the beginning of each chapter
- To encourage students to actively check their command of the material as they progress, Check Your Understanding and Making Connections boxes feature at the end of major sections within each chapter
- Check Your Understanding first encourages students to actively check their command of the material with several brief questions. The answers can be found on the student companion website
- The Making Connections questions invite students to

reflect on the material – to weigh in on a debate in the field, evaluate the material's implications for public policy, apply the material to a case example, or explore the material's relevance to their own development

#### CONTENTS

1. Understanding lifespan human development 2. Theories of human development 3. Genes, environment and the beginnings of life 4. Physical growth, motor development and health 5. Cognitive development 6. Information processing: perception, attention and memory 7. Intelligence and creativity 8. Language and education 9. Self and personality 10. Social cognition and moral development 11. Social relationships and attachment 12. Developmental psychopathology 13. The final challenge

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#### LIFE-SPAN HUMAN DEVELOPMENT, 8E

Carol K. Sigelman, The George Washington University; Elizabeth A. Rider, Elizabethtown College

Known for its clear, straightforward writing style, comprehensive coverage, strong and current researchbased approach, and excellent visuals and tables, this life-span development text offers a topical organization at the chapter level and a consistent chronological presentation within each chapter. Each chapter focuses on a domain of development such as physical growth, cognition, or personality, and traces developmental trends and influences in that domain from infancy to old age. Within each chapter, you will find sections on four life stages: infancy, childhood, adolescence, and adulthood. This unique organization enables students to comprehend the processes of transformation that occur in key areas of human development. Another staple of the text is its emphasis on theories and how they apply to specific topics in each chapter. This new

edition also asks students to engage more actively with the content, and includes a clear focus on the complex interactions of nature and nurture in development, more integrated coverage of culture and diversity, and an exciting new media package for both students and instructors.

#### **NEW TO THIS EDITION**

- To help students read with a purpose, learning objectives are now listed at the beginning of each major section.
- The "Exploring Development" boxes are new to this edition and link to a video relevant to a chapter topic. They provide opportunities for students to see the concepts in action. The boxes ask a couple questions about the video to help students focus their viewing.
- New chapter title: Chapter 5 ("Body, Brain, and Health" ) is newly reorganized with a greater emphasis on the development and aging of the brain, highlighting the adolescent brain's role in adolescent risk taking and the aging brain's compensation for decline.
- New chapter title: Chapter 6 ("Sensation, Perception, and Action") uses Gibson's ecological theory of perception to focus on synergistic relationships between perception and action. Material on motor development and the dynamic systems approach, formerly covered in Chapter 5, is now integrated in this chapter and coverage of vision in both infancy and adulthood has been significantly reorganized and updated.
- New chapter title: Chapter 14 ("Emotions, Attachment, and Social Relationships") includes a new major section on emotional development across the life span, including research on early emotions, cultural display rules, emotion regulation strategy in adolescence, and emotional well-being in old age.

#### FEATURES

- At the end of each major section, "Making Connections" questions invite students to reflect on the materialto weigh in on a debate in the field, evaluate the material's implications for public policy, apply the material to a case example, or explore the material's relevance to their own development.
- The text features an integrated topical and chronological approach. Sigelman and Rider have organized the chapters topically to emphasize developmental processes, such as how nature and

nurture interact over the life-span to bring about normal developmental changes, as well as create differences among individuals. Within each chapter, they organize their discussion of the material under four major chronological sections: infancy, childhood, adolescence, and adulthood; this permits them to call attention to the distinctive qualities of each age/ stage.

- "Application" boxes examine how knowledge has been applied to optimize development in a domain of development (for instance, to prevent teenage pregnancy, treat genetic defects, promote healthy babies, improve cognitive functioning, combat the effects of negative stereotypes of aging, treat aggressive youth, strengthen relationships, prevent family violence, treat children with psychological disorders, and support bereaved families).
- "Exploration" boxes allow more in-depth investigation of research on a topic (for example, characteristics of the baby boom generation, effects of early experience on gene expression, brain development and adolescent risk taking, aging drivers, language acquisition among deaf children, his and her retirements, parenting in cultural context, Hurricane Katrina and mental health, and secrets to a long life).
- The "Engagement" boxes feature supplements the Exploration and Application boxes. "Engagement" boxes provide opportunities for students to engage actively and personally with the material-to assess their own knowledge, beliefs, traits, and attitudes by completing personality scales, test items, surveys, and short quizzes.

#### CONTENTS

 Understanding Life-Span Human Development. 2. Theories of Human Development. 3. Genes, Environment, and Development. 4. Prenatal Development and Birth.
 Body, Brain, & Health. 6. Sensation, Perception, and Action. 7. Cognition. 8. Memory and Information Processing. 9. Intelligence and Creativity. 10. Language and Education. 11. Self and Personality. 12. Gender Roles and Sexuality. 13. Social Cognition and Moral Development. 14. Emotions, Attachment, and Social Relationships 15. The Family. 16. Developmental Psychopathology. 17. The Final Challenge: Death and Dying. Appendix: Careers in Human Development.

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CourseMate

eBook

#### THE DEVELOPMENT OF COGNITION (WITH COURSEMATE AND EBOOK ACCESS CARD)

Steve Croker, Steve Croker, Assistant Professor of Psychology at Illinois State University, USA.

Steve Croker's The Development of Cognition is an exciting new text which offers a refreshing and contemporary account of the major theories and practical applications of children's cognitive development from infancy onwards. Written in a clear and accessible style this comprehensive text enables students to carefully examine and critically assess the processes through which development occurs, together with the nature of the changes in language, perception, memory, conceptual understanding and problem-solving which take place. The Development of Cognition is ideally suited for cognitive development modules typically taught in the second and third years of undergraduate psychology courses throughout the world. This textbook is autopackaged with CourseMate. CourseMate brings course concepts to life with interactive learning, study, and exam preparation tools that support the printed textbook and the textbookspecific website. CourseMate includes an integrated eBook and interactive teaching and learning tools including quizzes, flashcards, videos, and more and an EngagementTracker, a first-of-its-kind tool that monitors student engagement in the course.

#### FEATURES

• Excellent thematic structure means that the chapters can easily map onto a lecture series. This could be a 10-12 week module, commonly found in EMEA universities, or instructors could also base longer or shorter courses around the book, either by omitting some topics or by devoting two weeks to selected topics.

- Broad and comprehensive coverage of all the topics required for modules in cognitive development which are not found in any other single textbook e.g. atypical cognitive development (autism in particular.)
- Rich pedagogical features including the following: questions throughout every chapter to encourage knowledge retention, 'box' features provide a focus on key issues in cognitive development, and discussion questions at the end of each chapter can be used by lecturers as formative or summative essay questions, or to frame in-class discussions.
- Extensive online support materials, including multiple choice questions, PowerPoint slides, ExamView Testbank and an instructor's manual are available for this text.

#### CONTENTS

1. Introduction: Issues, themes and theories 2. Perception & Cognition in Infancy 3. Memory 4. Language 5. Theory of Mind 6. Reasoning 7. Scientific Thinking 8. Literacy & Numeracy 9. Intelligence 10. Developmental Disorders 11. Computational Models of Development 12. What have we learned? Glossary References Index

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#### UNDERSTANDING DYING, DEATH, AND BEREAVEMENT, INTERNATIONAL EDITION, 7E

Michael R. Leming, St. Olaf College; George E. Dickinson, College of Charleston

Using a social-psychological approach, this edition remains solidly grounded in theory and research, but places greater emphasis on the individual and coping with death and dying. These two well-known authors and researchers integrate stimulating personal accounts throughout the text, and apply concepts to specific examples that deal with cross cultural perspectives and the practical matters of death and dying.

#### NEW TO THIS EDITION

- Boxed inserts have been both added and removed in the chapters but have maintained the four box categories: (1) Practical Matters boxes offer practical advice; (2) Listening to the Voices boxes consist of excerpted material from people writing about their own experiences with dying and death; (3) Words of Wisdom boxes contain excerpted materials--poems, literature, and other words of wisdom; and (4) Death Across Cultures boxes examine cross-cultural examples of death practices and beliefs.
- Some new boxes include the latent function of a funeral, a Vietnam veteran who keeps on giving though he is dying, suicide by a young couple in the UK following the death of their 5-year-old boy, alternative medicines, celebrities make a living after death, trusts and wills, cemeteries as tourist attractions, steps toward cancer prevention, Piaget's cognitive stages of development, and Erikson's developmental stages.
- New material in the seventh edition includes updates of statistical material through out the text and new information on various topics since the 2007 edition. Updates are found on the topic of terrorism in various chapters.
- Firsthand accounts regarding burial customs in Thailand are presented as well as recent research on veterinarians and end-of-life issues, roadside memorial policies of the 50 states in the US, child life specialist programs in the US on end-of-life issues, UK nursing school emphasis on end-of-life issues, and US dental schools and dentists and end-of-life issues.

#### FEATURES

- The authors seek to address the following in their text: Sensitize students to the subject of dying, death and bereavement; Aid students in adjusting to the death of a significant other; Help individuals examine their own feelings and reactions to death and grieving; Make readers aware of different cultural groups' death and bereavement customs.
- Over 60 years of combined experience of teaching and researching the topic result in practical advice, personal anecdotes, prose, and cross-cultural examples of death practices and beliefs presented to readers.

- The text draws from the disciplines of cultural anthropology, psychology, philosophy, religion and history.
- Chapter summary statements, discussion questions and suggested readings encourage individual study, and serve as review aids to outline the important points of each chapter.

#### CONTENTS

1. Studying Dying, Death, and Bereavement. 2. The American Experience of Death. 3. Growing Up with Death. 4. Perspectives on Death and Life After Death. 5. The Dying Process. 6. Living with Dying. 7. Dying in the American Health-Care System. 8. Biomedical Issues and Euthanasia. 9. Suicide. 10. Diversity in Death Rituals. 11. The Business of Dying. 12. The Legal Aspects of Dying. 13. Coping with Loss. 14. Grieving Throughout the Life Cycle. References. Index. Credits.

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# <image>

#### EDUCATIONAL PSYCHOLOGY FOR LEARNING AND TEACHING, 4E

Sue Duchesne, University of Wollongong; Anne McMaugh, Macquarie University; Sandra Bochner; Kerri-Lee Krause, University of Western Sydney

Educational Psychology for Learning and Teaching introduces key theories of development and learning to help you understand how learners learn and how educators can be more effective in their teaching practice. Featuring current research on the various dimensions of learning and teaching alongside traditional theories, it provides a clear framework of theory and evidence that supports modern educational practices. It investigates how to apply psychological principles to educational contexts in order to enhance learning and teaching quality, in particular the ways you can cater for individual student needs. This wholly Australia / NZ text caters for those who are planning to work with any age range from early childhood to adolescence and beyond. Throughout it explores the connections between theories and the many critical issues that face learners and educators today. It also helps you to see links with your own learning and teaching experiences and encourages you to develop your personal philosophy of learning and teaching.

#### **FEATURES**

- This wholly Australian / NZ text reflects the local educational environment.
- Make the connections between key concepts with concept maps at the start of each module and chapter.
- Case studies help students see how theories are applied in real life within Australian classroom settings.
- 'Research Links' boxes highlight specific studies and help students to understand the role of research in teaching and learning.
- 'Classroom Links' contain examples of research or applications of theory in classroom settings.

#### CONTENTS

Introduction Module I: The learner developing over time 1. Emerging skills 2. Cognitive development 3. Social, emotional and moral development Module II: The learning process 4. Behavioural views of learning 5. Cognitive explanations of learning 6. Humanist approaches to learning Module III: Individual difference in the inclusive classroom 7. Motivation and engagement 8. Intelligence 9. Learners with special needs and inclusive education 10. Sociocultural factors in the learning process Module IV: Educational psychology in contemporary classrooms 11. ICT in learning and teaching 12. Assessment and reporting 13. Managing classrooms for effectively working with students

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#### **PSYCHOLOGY FOR EDUCATORS**

Wilma Vialle, University of Wollongong; Pauline Lysaght, University of Wollongong; Irina Verenikina, University of Wollongong

This book is aimed at undergraduate students in education and focuses on aspects of student thinking and learning. The emphasis is on providing a readable text that explores the relationships among theory, research and practice for future educators. The book is divided into two parts. The first part examines views on learning with an emphasis on the work of behaviourist theorists Piaget, Vygotsky and his followers, and information-processing theorists. The second part is entitled 'Understanding Individuals' and includes topics ranging from intelligence and creativity to emotional and spiritual intelligence. The text draws on practical examples to illustrate the key ideas and links are made to other disciplines in teacher preparation programs.

#### FEATURES

- Explores the relationships between theory, research and practice to help trainee teachers appreciate the relevance of theory to their practice.
- Two distinct parts: Views on learning and understanding individuals.
- Draws on practical examples to illustrate key ideas.
- Focuses on aspects of student thinking and learning that are particularly relevant for teacher-preparation courses.
- Contains practical examples to enhance learning.

#### CONTENTS

Introduction PART 1: VIEWS ON LEARNING 1. Behaviourist approaches to learning 2. The cognitivedevelopment view: Piaget 3. The socio-cultural view: Vygotsky 4. Information processing approach PART 2: UNDERSTANDING INDIVIDUALS 5. Intelligence 6. Creativity 7. Motivation 8. The emotional world of the
learner 9. The spiritual world of the learner Postscript: Developing a Personal Philosophy of Teaching

© 2005, 269pp, Paperback, 9780170122122

# **HISTORY OF PSYCHOLOGY**



# HISTORY OF PSYCHOLOGY, INTERNATIONAL EDITION

Edward P. Kardas, Southern Arkansas University

HISTORY OF PSYCHOLOGY: THE MAKING OF A SCIENCE, International Edition illustrates historical relationships between psychology's past and present. It traces the relationship of psychology to other disciplines (philosophy, computational science, biology, and social science) by using a "border" metaphor—that is, examining the areas in and out of which psychology has moved and continues to move. This provides a fuller, more realistic understanding of psychology as a living discipline that is continually evolving, and solves the problem of students struggling to understand its present and historical context.

## **FEATURES**

- Each chapter after Chapter 1 begins with a "Zeitgeist," which inserts readers into the historical time that is being studied. These sections range from the history of ancient Greece to the rise of the modern model of the research university.
- Unique "Then and Now" boxes connect past research interests and data from the history of psychology to contemporary research results.
- A number of "FYI" sections are sprinkled throughout each chapter. Similar to asides in a play, they adopt a conversational style, discussing topics that are related to the chapter but not included in the primary

narrative. Examples include a movie about the love affair between Abelard and Heloise, how Galileo never read Kepler's book, and Freud's experience with cocaine.

- "Border With" philosophy, computational science, biology, and social science boxed sections show specific times and places where these disciplines interacted with psychology. This provides students with a more complete understanding of the present and historical context of psychology.
- Beginning with Chapter 2, each chapter includes an Introduction, a Summary, and a Main Ideas section, providing readers with a consistent structure and helping to crystallize and reinforce the most important content.

# CONTENTS

1. 21st Century Psychology. 2. From Prehistory to Civilization. 3. The Birth of Philosophy. 4. Greek Philosophy. 5. From Philosophy to Faith. 6. From Faith to Humanism. 7. From the Renaissance to the Dawn of Science. 8. The Rise of the New Philosophy. 9. Modern Philosophy. 10. Introspective Psychology. 11. Biological Psychology. 12. Functionalism. 13. Behaviorism. 14. Neobehaviorism. 15. Gestalt Psychology. 16. Personality and Psychopathology.

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# MODERN PSYCHOLOGY, 10E A HISTORY, INTERNATIONAL EDITION

Duane P. Schultz, University of South Florida; Sydney Ellen Schultz

A market leader for over 30 years, Modern Psychology: A History, International Edition has been praised for its comprehensive coverage and biographical approach. Focusing on modern psychology, the text's coverage begins with the late 19th century. The authors personalize the history of psychology not only by using biographical information on influential theorists, but also by showing how major events in those theorists' lives have affected the authors' own ideas, approaches, and methods. Substantial updates in this edition include discussions of evolutionary psychology, cognitive neuroscience, and positive psychology. The result is a text that is as timely and relevant today as it was when it was first introduced.

## **NEW TO THIS EDITION**

- A thorough update of all subject areas, especially more recent movements in psychology, includes more than 180 new references.
- Coverage of new topics in cognitive psychology includes embedded cognition, cognitive neuroscience, neuroprosthetics, evolutionary psychology, animal personality and intelligence, artificial intelligence, and unconscious cognition.
- A new introduction to Chapter 1 shows the relevance of the past to the present by discussing similarities in the results of two experiments that explore the concept of "multi-tasking." One is a classic study from 1861 and the other is dated 2009.
- New biographical material is presented on William James, Sigmund Freud, Herbert Spencer, James McKeen Cattell, Alfred Binet, Henry Goddard, Ivan Pavlov, John B. Watson, Abraham Maslow, Carl Jung, and other important figures.
- A multitude of new topics, research, and findings includes current developments in positive psychology, the psychodynamics of gum chewing, the influence of video games on dreams and on behavior, social self-efficacy and the modeling effects of viewing violence on television and in video games, and the dominance of psychological research by psychologists at universities and laboratories in the United States, leading to the question: Can the results of these findings, influenced by American culture and using Americans as subjects, be generalized to people in other parts of the world?
- Discussions also cover the controversial use of IQ tests at Ellis Island, New York, to process immigrants to the U.S.; psychological testing in World War I; the stunning change in the role of clinical psychology as a result of World War II; the contributions of Charles Darwin to psychology; the contemporary relevance of Wilhelm Wundt's research on the personal equation;

John B. Watson's behaviorist child-rearing techniques and their effects on his family; and the variability hypothesis, or the functional inequality of women the idea that men were inherently intellectually superior to women.

## FEATURES

- Reviewers praise the authors' ability to tell the history of psychology in a way that avoids dry narrative. In part, this is because Modern Psychology: A History, International Edition personalizes the history of psychology—showing students how events in the lives of influential theorists and researchers affected the authors' ideas, approaches, and methods.
- The beginning of each chapter opens with a "teaser," a brief narrative built around a person or event designed to introduce the major theme of the chapter. These sections immediately define the subject matter and convey to the student that history is about real people and real situations.
- The In Their Own Words sections provide original writings by the key figures in the history of psychology, presenting in each theorist's distinctive personal style (and the style of the times) a unique perspective on psychology's methods, problems, and goals.
- Strong pedagogical features include discussion questions at the end of each chapter, which form the basis for writing assignments for students, and running margin glossaries and chapter opening outlines that help with chapter review.

# CONTENTS

Preface. 1. The Study of the History of Psychology. 2. Philosophical Influences. 3. Physiological Influences. 4. The New Psychology. 5. Structuralism. 6. Functionalism: Antecedent Influences. 7. Development and Founding of Functionalism. 8. Applied Psychology. 9. Behaviorism: Antecedent Influences. 10. The Beginnings of Behaviorism. 11. Behaviorism: After the Founding. 12. Gestalt Psychology. 13. The Beginnings of Psychoanalysis. 14. Psychoanalysis: After the Founding. 15. Contemporary Developments. Recommended Resources. Glossary. References. Name Index. Subject Index.

© 2012, 560pp, Paperback, 9781111344986

# HUMAN SEXUALITY



# DISCOVERY SERIES: HUMAN SEXUALITY (WITH COURSEMATE PRINTED ACCESS CARD)

Janell L. Carroll, University of Hartford

The Cengage Learning DISCOVERY SERIES: HUMAN SEXUALITY is designed to deliver traditional course content in an innovative "hybrid" learning formatinstruction presented in a printed handbook paired with integrated online applications and assessments. The program promotes measurable mastery of core course learning objectives by guiding students' active engagement with content delivered through the book, images, video, simulations, and assessments. This contemporary approach to learning seamlessly integrates text and technology, enabling students to easily move from the book's instruction to its online applications for a deeper, lasting understanding of the core psychological concepts, and for assessments (all assignable) that reliably track students' progress and performance.

- Reading print to discover: Featuring content that is driven by learning objectives and organized into modules for optimal flexibility, the print component of the package provides a concise, but complete, course that introduces students to Human Sexuality's target concepts. (For those who prefer it, the book is also available electronically.)
- Focusing on learning objectives to promote better outcomes: Each module begins with a set of learning objectives that focuses students' reading and guides them through the content. All book and online content is mapped to these objectives to ensure that students are learning the appropriate material—and consequently meeting the objectives.

- Going online to interact and demonstrate learning: Available in Psychology CourseMate, each module's companion online content features media assets and activities that encourage vital interaction by requiring students to apply concepts and complete assignments to demonstrate their learning. Learning is then confirmed through a tightly integrated assessment that measures students' mastery of the module's learning objectives—and ensures that they meet the learning objectives before moving on.
- Connecting print and online features to promote student engagement: Text and online resources work hand in hand. For instance, a chapter-opening "Prepare to Learn" feature advises students on how to work through the chapter, and invites them to take an online chapter pre-test, establishing a baseline for self-assessment. Throughout chapters, prompts for online activities and quizzes appear in sidebars on right-hand pages, as do icons identifying the four basic types of online resources included in the text's package: videos, animations, readings, and assessments.
- Innovative page layout to keep students on track: Instructional pages that face each other consistently comprise three distinct learning "zones." Learning objectives appear in sidebars on left-hand pages, prompts for online activities and quizzes appear in sidebars on right-hand pages, and the instructional narrative spans the area in between. This consistent layout makes it easy for students to match learning objectives to instruction and assessments, helping them to remain oriented and productive throughout each chapter.
- Readings for critical thinking: Every chapter concludes with a reading (and accompanying critical thinking questions) about a compelling subject related to the topic at hand. Some questions challenge students by asking them about the content of the reading, while others challenge them by asking that they make connections with content covered in other chapters.
- Student questions answered: Each chapter contains a number of Learning Objective-focused videos. While some are aimed at illustrating key concepts or highlighting cases of particular interest, many serve the purpose of answering frequent student questions about many different aspects of sex.
- Cutting edge illustrations: This text integrates visuals

with major concepts and offers numerous updated biological illustrations as well as carefully selected photos. The photo program breathes new life into key concepts while new illustrations make complicated biological processes more accessible.

# CONTENTS

 Exploring and Understanding Human Sexuality. 2.
Communication & Sexuality. 3. Gender Development, Gender Roles & Gender Identity. 4. Female Sexual Anatomy and Physiology. 5. Male Sexual Anatomy and Physiology. 6. Childhood and Adolescent Sexuality.
7. Adult Love, Intimacy, and Sexual Relationships. 8.
Sexual Behaviors and Disorders. 9. Sexual Orientation.
10. Pregnancy & Birth. 11. Contraception & Abortion. 12.
Sexually Transmitted Infections. 13. Sexual Variations.
14. Intimate Partner Violence, Sexual Harassment, and Coercive Sexual Behaviors.

© 2013, 656pp, Hardback, 9781111841898



# HUMAN SEXUALITY FROM CELLS TO SOCIETY, INTERNATIONAL EDITION

Martha Rosenthal, Florida Gulf Coast University

Using humor and a contemporary voice, HUMAN SEXUALITY: FROM CELLS TO SOCIETY, International Edition engages students to acquire a greater knowledge of their bodies, their values, and their relationships with others. This concise, comprehensive, and up-todate text emphasizes critical thinking—in both human sexuality research as well as the students' own sexual lives—and is geared to help students understand the diverse foundations of sexuality, as well as provide skills to evaluate current research and data. Working from a multidisciplinary perspective, the author's approach is accessible to both students and instructors without a background in biology or critical thinking, and allows students to see how human sexuality interrelates with psychology, biology, health, law, media, religion, and other topics that at first glance seem unrelated.

- Chapter opening quotes from popular songs, movies, or poems relevant to the chapter's content.
- Learning Objectives follow the opening quote and begin each new section, giving each chapter has an modular feel.
- Real Life Questions are peppered throughout the chapters, gleaned from the author's many years' teaching. For example, "Will I be able to breastfeed if I have breast implants?"
- Sex Matters notes, such as "The average bra size in the United States has increased from a 34B to 36C. This corresponds with the overall increase in size of American women."
- Boxed features that include historical, biographical, and anecdotal points of interest, interviews, and points of clinical or cultural relevance. These include: Sex, Actually boxes that cover everything from profiles of real people dealing with their sexuality in the real world to self-knowledge tests to advice on how to perform a breast self-exam.
- From Cells to Society boxes, offering multidisciplinary narratives from a variety of sexuality-related topics.
- Critical Evaluation/Thinking questions and exercises designed to promote critical thinking.
- Critical Evaluations: Current research findings or controversial questions in sexuality are presented, and students are encouraged to question the information from several different perspectives. As an example, in chapter 5, the Critical Evaluation asks students to consider whether gender differences are biologically or socially constructed, and to what degree.
- Ask Yourself Questions ask students to question how the content affects their own lives. For instance, "How would you respond to an undesired sexual approach from someone of the same sex? Would it be different from a "come on" from a person of the opposite sex? Why?"
- Making Informed Decisions: Evaluate and Decide section at the end of every chapter, presents students with scenarios and asks them what they think and/or what they would do.

# CONTENTS

1. Introduction to Sexuality. 2. Evaluating Studies of Sexuality. 3. Anatomy and Physiology of the Male Reproductive System. 4. Female Anatomy and Physiology. 5. Sex and Gender. 6. Sexual Response. 7. Attraction, Dating, and Hooking Up. 8. Love. 9. Committed Relationships and Communicating with Your Partner. 10. Sexual Orientation. 11. Sexual Behaviors across the Lifespan. 12. Contraceptive Choices and Ending Pregnancy. 13. Conception, Pregnancy, and Birth. 14. Sexually Transmitted Infections. 15. Variations in Sexual Behavior. 16. Sexual Coercion and Violence. 17. Sex for Sale.

© 2013, 576pp, Paperback, 9780840028891



# OUR SEXUALITY, INTERNATIONAL EDITION, 12E

Robert L. Crooks; Karla Baur

The most respected and authoritative college textbook available on human sexuality, OUR SEXUALITY, 12E, International Edition has been thoroughly and carefully updated to reflect the most current research findings. It is the first college text to bring cutting-edge and indepth emphasis on the impact of politics on sexuality. Crooks and Baur engage students with the most exciting, emerging research and coverage, and focus on strengthening healthy communication among partners. The authors also have revised their overall coverage on maintaining a responsible and healthy sexual relationship, with greater attention to diversity and inclusiveness.

## **NEW TO THIS EDITION**

• New and expanded topic coverage. Throughout the Twelfth edition, the authors have updated and added new coverage, including topics such as performative

bisexuality; heteroflexibility, homoflexibility, and self-identified sexual orientation; parental influence on gender role development; and gay marriage. Also, new research on partner choice and race; a new unit on adolescent multi-person sex (MPS); expanded discussion of anti-abortion political activism; child marriage; video voyeurism; cyberstalking; and much more.

- New information from the National Survey of Sexual Health and Behavior (NSSHB) is integrated throughout this edition. Published in 2010, the results of this survey were obtained from almost 6,000 respondents and include topics such as male genital modification, cultural variations in sexual arousal, and the rate of adolescent pregnancy in different nations.
- Technology and sexuality coverage expanded throughout the new edition, including discussions on sexting, adolescents online and Internet relationships.
- New Sex and Politics feature boxes have been added, including "Inactivists Attempt to Criminalize Circumcision in San Francisco", "Religious Right and American Politics", "U.S. Congress Considering Measures to Reduce Teen Pregnancy Prevention" and "Antigay Harassment/Bullying of Teenagers". Updates have also been made to "Sex Research Under Siege", "Abstinence Only Sex Ed" and "HPV Vaccination of Youth".
- The addition of more than 1,000 new citations reflects the most recent research in sexology.
- Most current data are used throughout, including the latest incidence on HIV/AIDS in the United States and worldwide, characteristics and context of women who are more likely to have abortions after 13 weeks of pregnancy, current data on beliefs of whether or not homosexuality is innate, as well as the decrease in percentage of US households and married couples.

# FEATURES

 OUR SEXUALITY, 12E, International Edition endeavors to assist professors in increasing students' sexual intelligence. In Chapter One, the authors introduce the first of the four components that comprise their definition of sexual intelligence — knowing about the critical role that politics plays in sexual arenas. The other components of sexual intelligence include: understanding oneself sexually; having interpersonal sexual skills and integrity; and knowing accurate scientific sexual information.

- Crooks and Baur present the material in an accurate, accessible, balanced, and non-judgmental tone.
- This inclusive text covers "our" sexuality in a straightforward manner, with emphasis on the historical background and politics of human sexuality.
- OUR SEXUALITY, 12E, International Edition explores the similarities in the human experience of sexual and relationship matters that cross cultural boundaries and sexual orientation lines. The Author Files quote real people's experiences and attitudes, so that students discover they're not so different from everyone else. Sexuality and Diversity sections are highlighted in every chapter.

## CONTENTS

 Perspectives on Sexuality. 2. Sex Research: Methods and Problems. 3. Female Sexual Anatomy and Physiology.
Male Sexual Anatomy and Physiology. 5. Gender Issues. 6. Sexual Arousal and Response. 7. Love and Communication in Intimate Relationships. 8. Sexual Behaviors. 9. Sexual Orientations. 10. Contraception. 11. Conceiving Children: Process and Choice. 12. Sexuality During Childhood and Adolescents. 13. Sexuality and the Adult Years. 14. Sexual Difficulties and Solutions.
15. Sexually Transmitted Diseases. 16. Atypical Sexual Behavior. 17. Sexual Coercion. 18. Sex for Sale.



© 2014, 704pp, Paperback, 9781285061900

# SEXUALITY NOW, 4E EMBRACING DIVERSITY, INTERNATIONAL EDITION

Janell L. Carroll, University of Hartford

With its fresh, fun, and hip approach, SEXUALITY NOW: EMBRACING DIVERSITY, 4E, International Edition teaches students what they need and want to know about sexuality while clearly conveying foundational biological and health issues and citing current and classic research. The text continues to be a product of author Janell Carroll's partnership with her students, answering the questions and concerns that students have about themselves and their sexuality with scientific fact, sensitivity, humor, and unmatched candor. Carroll presents the range of sexual orientations and behaviors and takes into account the social. religious, ethnic, racial, and cultural contexts of today's students. This edition includes even more examples and research on sexual diversity both within and across cultures. An array of new videos are included-with Carroll traveling to different countries and videotaping actual interviews with people regarding their take on various human sexuality research topics (love hotels in Japan; comprehensive sex education in Scandinavian countries). An excellent resource package supports instructors and students, including videos, an online tutorial featuring diagnostic guizzing and automatic grading, and the PowerLecture presentation tool with readymade lecture slides, text images, and questions on slides for use with student response system software and "clickers."

## **NEW TO THIS EDITION**

- All new video-supported chapter openers: Chapter openers now include a brief introduction to an online videotaped interview conducted by the author. Interviewees are individuals whose personal stories are relevant to the subject of the chapter. For example, in the chapter on gender (Chapter 4), the author interviews a transsexual who began college as a male and is graduating as a female. In the chapter on female anatomy and physiology (Chapter 5), the author interviews a breast cancer survivor while she is receiving intravenous chemotherapy.
- Additional "View in Video" features: The "View in Video" feature now includes author-produced videos that follow the author as she visited other U.S. states and other countries, including the Netherlands and Japan. Other videos in this feature include new topical videos from the BBC.
- Increased coverage of same-sex sexuality and relationships: For example, in Adult Sexual Relationships (Chapter 9), all main topics—dating, cohabitation, marriage, divorce, having children—are covered for both heterosexual and same-sex couples.
- Increased coverage of sexuality from a cross-cultural perspective: Additional material is presented not

only in the videos, and in the boxed feature "Sexual Diversity on Our World" (formerly "Human Sexuality in a Diverse World" in 3E), but throughout the text.

• Thorough updating of research in all chapters.

# FEATURES

- Containing the most current research of any sexuality text available, including up-to-date coverage of many relevant topics such as online social networking and gender differences in communication, new material on gay and lesbian issues, and updated information on contraception.
- The texts maintains an emphasis on sexual diversity within the U.S. and across cultures, particularly with respect to gay, lesbian, bisexual, and transgender (GLBT) sexual orientations. Additional material appears in the running text, graphics, research citations, and examples, and a GLBT Theme Index appears in the preface.
- Each chapter opens with a personal story (for example, dealing with polycystic ovarian syndrome, gender transition, and coming out), feature boxes throughout (on topics such love hotels in Japan, foot binding, and gender variations), and extensive updates on same-sex relationships (including cohabitation both inside and outside the United States, marriage and domestic partnerships, and same-sex divorce).
- The text goes beyond simply providing a foundation in the biology and psychology of sexuality, connecting with students by exploring contemporary issues, changing practices and behaviors, and their impact. Topics include increased use of tanning beds, tattooing, body and genital piercing, and pubic hair shaving and waxing.
- "On Your Mind" questions (formerly "What Do You Want to Know?") address common questions that students are often afraid to ask. Collected from the author's students, her website, and her travels, questions include "Can a male have an orgasm without an ejaculation?" and "How can you stay with one person your whole life and not get bored?"

# CONTENTS

 Exploring Human Sexuality: Past and Present.
Understanding Human Sexuality: Theory and Research. 3. Communication and Sexuality. 4. Gender Development, Gender Roles, and Gender Identity.
Female Sexual Anatomy and Physiology. 6. Male Sexual Anatomy and Physiology. 7. Love and Intimacy. 8. Childhood and Adolescent Sexuality. 9. Adult Sexual Relationships. 10. Sexual Expression. 11. Sexual Orientation. 12. Pregnancy and Birth. 13. Contraception and Abortion. 14. Challenges to Sexual Functioning. 15. Sexually Transmitted Infections and HIV/AIDS. 16. Varieties of Sexual Expression. 17. Power and Sexual Coercion. 18. Sexual Images and Selling Sex.

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# INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY



# APPLYING PSYCHOLOGY TO WORK, INTERNATIONAL EDITION, 7E

Michael G. Aamodt, Radford University

Striking a balance between research, theory, and application, APPLYING PSYCHOLOGY TO WORK, 7E, International Edition helps students discover the relevance of industrial/organizational psychology in everyday life through practical application as they analyze topics such as resume writing, interview survival, job description authoring, performance appraisal, employment law, job satisfaction, work motivation, and leadership. This text retains its focus on aiding students in conceptualizing complex issues through the use of numerous charts, tables, flowcharts, and exercises.

# **NEW TO THIS EDITION**

- A greater emphasis on diversity encouragement efforts has been incorporated into this edition.
- There is enhanced discussion of "test fairness" issues.
- Chapters 8, 14, and 15 have been restructured to provide a better flow of material.

- A new section on monitoring the legality and fairness of performance appraisal systems has been added.
- The amount of content covering the subjects "organizational justice", "fairness issues", and "personality spread" has been increased.
- A new section on "authentic leadership" has been added.
- The use of technology has been updated throughout examples.
- Each chapter contains updated references and examples.

# FEATURES

- Engaging Videos. Providing instructors with relevant material that correlates to the text, the revised video program gives you new options and alternatives for getting your students engaged in the classroom and lectures.
- Real World Relevance. Focus on Ethics boxes profile real-world scenarios to put students in the middle of ethical challenges and help them apply the material to whatever career they choose.

## CONTENTS

1. I/O Psychology. 2. Analyzing and Evaluating Jobs. 3. Employee Selection and Legal Issues. 4. Recruiting and Interviewing. 5. References and Testing. 6. Characteristics of Effective Tests. 7. Performance Evaluation. 8. Training Employees. 9. Motivating Employees. 10. Understanding Employee Attitudes. 11. Organizational Communication. 12. Leadership. 13. Behavior and Conflict within a Group. 14. Organization Development. 15. Occupational Health.

© 2013, 696pp, Paperback, 9781111840822



#### THE PSYCHOLOGY OF WORK AND ORGANIZATIONS, 2E (WITH COURSEMATE AND EBOOK ACCESS CARD)

Steve Woods, Aston Business School, Aston University; Mike West, Aston Business School, Aston University

This second edition of Woods and West's The Psychology of Work and Organizations provides a complete introduction to how psychology and the world of work interact. Completely updated to reflect all the recent changes in the turbulent world of work, the new edition also contains coverage on a number of key new topics including: strategic human resource management, developmental perspectives on individual differences at work, advanced theories on organizational behaviour, and competency modelling.

# FEATURES

- Additional 'Key Themes' feature offers enhanced coverage on the contemporary challenges currently facing business.
- New "Apply it" feature guides students and employees to use the content of the chapter and put it into action in the real world of work.
- Completely updated reference base.
- Fresh, easy to navigate text design.
- Enhanced digital support resources offering Instructor's Manual, PowerPoint slides, case studies, and a variety of self-test questions.

## CONTENTS

1. Integrative Chapter: Foundations of Work Psychology Part 1 Foundations of Work and Organizational Psychology 2. Research Methods in Work Psychology 3. Individual Differences 4. Attitudes and Behaviour at Work 5. Motivation at Work Part 2 Professional Practice of work and Organizational Psychology 6. Recruitment and Selection 7. Training, Learning and Development 8. Performance Measurement and Management 9. Careers and Careers Management 10. Stress, Safety and Health at Work Part 3 Organizations 11. Organizations: Strategy and Structure 12. Leadership in Organizations 13. Teams and Teamwork 14. Organizational Culture, Climate, and Change 15. The Psychology of Work and Organizations (Integrative Chapter)

© 2014, 576pp, Paperback, 9781408072455



# THE PSYCHOLOGY OF WORK AND ORGANIZATIONS

Steve Woods, Aston Business School, Aston University; Mike West, Aston Business School, Aston University

From the challenges of sustainability to disruptive technology, work environments face unprecedented change and this major new textbook provides a cuttingedge introduction to how psychology and the world of work interact. Leading international academics, Steve Woods and Mike West, combine the latest research with truly global perspectives to leave students with a fullyrounded understanding of work psychology. Developed from wide-ranging lecturer feedback, three key themes of "Ethics and Social Responsibility", "Globalization and Cross-cultural Issues", and "Environment and Sustainability" are threaded throughout every chapter, while an attractive full-colour design and engaging pedagogical devices stimulate student interaction on this rapidly growing course. A full set of lecturer resources - including Instructor's Manual, PowerPoint Slides and Test Bank - make this the complete resource for modern work psychology courses.

# FEATURES

- Cutting-edge coverage informed by the latest research
- Dynamic examples and premium case studies in every chapter

• Key issues such as sustainability, ethics and globalization highlighted throughout the text

# CONTENTS

Chapter 1: Introduction Part 1: Foundations of work and organizational psychology Chapter 2: Research in work psychology Chapter 3: Individual differences Chapter 4: Organizational behaviour and attitudes Chapter 5: Motivation Part 2: Professional practice of work and organizational psychology Chapter 6: Recruitment and selection Chapter 7: Learning and development Chapter 8: Performance measurement and management Chapter 9: Career development and counselling Chapter 10: Stress and health at work Part 3: Organizations Chapter 11: Organizations: structure, strategy and environment Chapter 12: Leadership Chapter 13: Teams and team work Chapter 14: Organizational culture and change

INTRODUCTORY PSYCHOLOGY

# AN INTRODUCTION TO PSYCHOLOGY, INTERNATIONAL EDITION, 4E

Jeffrey S. Nevid, St. John's University of New York

© 2010, 560pp, Paperback, 9781408018866

AN INTRODUCTION TO PSYCHOLOGY, 4E, International Edition offers a concept-based approach supported by a unique pedagogical framework. Author Jeff Nevid provides a broad view of psychology that includes history, major theories, research methods, and important research findings as well as applications of contemporary research to the problems and challenges faced in everyday life. Nevid developed the effective teaching devices in this text based on a comprehensive system derived from research on learning and memory as well as his own research on textbook pedagogy. The text's successful modular format organizes each chapter into manageable instructional units that help students focus on one topic at a time within the context of a larger chapter structure. The material also incorporates four goals that Nevid refers to as the "Four E's of Effective Learning": Engaging Student Interest, Encoding Information, Elaborating Meaning, and Evaluating Progress. In the Fourth Edition, Nevid employs a new IDEA Model<sup>™</sup> of Course Assessment unique to this text-which maps specific learning goals (tied to APA goals) to measurable skills students acquire in their first exposure to psychology. Executed throughout each chapter, the model presents learning objectives that are expressed in the form of active learning verbs, and linked to measurable learning outcomes. The model is integrated with the test-item file, making it easy for instructors to select items measuring these particular outcomes.

## **NEW TO THIS EDITION**

- A new IDEA Model<sup>™</sup> of Course Assessment—unique to this text—maps specific learning goals (tied to APA goals) to measurable skills students acquire in their first exposure to psychology. The model is based on an acronym, IDEA: "Identify" key figures in the history of psychology, parts of nervous system, etc.; "Define or Describe" key concepts and key features of major psychological theories; "Evaluate or Explain" underlying processes and mechanisms of behavior and mental processes; and "Apply" psychological concepts to examples.
- The IDEA Model is executed throughout each chapter, beginning with a listing of learning objectives that are formulated with active learning verbs and linked to measurable learning outcomes. The model is integrated with the test-item file, allowing instructors to select items measuring these particular outcomes to Identify, Define or Describe, Evaluate or Explain, and Apply knowledge.
- A new Slice of Life feature illustrates how psychology concepts apply in daily life. Students will relate to these very brief anecdotes, which personalize and humanize the subject matter, and are integrated within the narrative text and identified by a marginal icon.
- The text contains more than 1,000 new citations of research findings and theoretical developments appearing in the scientific literature in just the past

few years. Updates include new research on top-down and bottom-up types of processing for sounds, new findings on distracted driving, research on working memory, research on the genetic contribution to intelligence, the use of new technologies such as "tweets" to monitor symptoms and behaviors of people with psychological disorders, and many others.

• Chapter 14, "Introduction to Social Psychology," now appears directly after Chapter 13, "Personality," based on the model that the study of social influences on behavior should directly follow material on individual differences in behavior.

# **FEATURES**

- Interactive Concept Maps for Psychology (now available online at Psychology CourseMate), featuring unique visual learning tools that help students see connections between key concepts, support visual learners and clarify the text narrative. In addition, concise Visual Overviews at the end of the book correlate with each chapter replacing the previous edition's narrative summaries, providing another visual tool that helps students grasp conceptual relationships.
- The Brain Loves a Puzzle scenario at the beginning of each chapter pique students' interest about upcoming content by posing an intriguing question about unusual phenomena. Page numbers are provided to encourage exploration into the chapter to find the answer to the question posed.
- Concept Links highlighting connections among key concepts across chapters are integrated into the margins, enabling students to see how these concepts are applied in different areas of psychology.
- Annotated text figures represent, in schematic form, the sequential relationships among concepts.
- A chapter-opening list of Did You Know That... questions stimulates student thinking and previews many of the issues to be discussed in the chapter modules. Some questions debunk common myths and misconceptions, whereas others highlight interesting historical features or bring recent research developments into sharper focus.

## CONTENTS

The Science of Psychology. 2. The Biology of Behavior.
Sensation and Perception. 4. Consciousness. 5.
Learning. 6. Memory. 7. Thinking, Language and

Intelligence. 8. Motivation and Emotion. 9. Development in Childhood. 10. Development in Adolescence and Adulthood. 11. Sexuality and Gender. 12. Health and Psychology. 13. Personality. 14. Introduction to Social Psychology. 15. Introduction to Psychological Disorders. 16. Introduction to Methods of Therapy.

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#### ASSESSING TEACHING AND LEARNING IN PSYCHOLOGY CURRENT AND FUTURE PERSPECTIVES

eBook <

Dana Dunn

ASSESSING TEACHING AND LEARNING IN PSYCHOLOGY: CURRENT AND FUTURE PERSPECTIVES is designed to be a helpful response to the assessment needs of psychology teachers, department heads, and program administrators in 2-year and 4-year institutions--one that builds on the momentum found in the wider assessment movement. Chapters of this professional reference explore assessment options and opportunities at all levels in the undergraduate psychology curriculum, offering practical guidance to educators who want to improve teaching and learning through assessment practices. Readers learn about pragmatic practices for designing and implementing assessments of student performance within introductory, intermediate, and advanced (including capstone) courses, and about how assessment can inform the internal and external evaluation of a psychology department or program. Department chairs acquire practical advice about how best to work with reluctant faculty members so that assessment practices can become normative rather than marginalized within the classroom. In addition to learning how assessment can inform the quality of their teaching, faculty members can use assessment concepts and tools found

in the book to properly interpret--and advocate for--the appropriate use of students' evaluations of teaching effectiveness.

## **FEATURES**

- This new professional resource helps psychology teachers, department chairs, and program administrators link assessment activities in the psychology major to general education learning outcomes beyond the major area of study.
- The book explains how to use examples of authentic and embedded assessment in teaching efforts in order to effectively display evidence of learning.
- Readers learn how to measure the acquisition of skills within the psychology major.
- Educators learn the appropriate use of grading to effectively measure teaching and learning.
- Guidance is offered in constructively working with faculty members to overcome their resistance to assessment practices.

### CONTENTS

1. An Overview of Assessment: Demonstrating Teaching and Learning--Dana S. Dunn, Suzanne C. Baker, Chandra M. Mehrotra, R. Eric Landrum, and Maureen A. McCarthy. Part I: ASSESSMENT IN THE CLASSROOM: EXAMINING STUDENT LEARNING OUTCOMES. 2. Assessment Practices for Undergraduate Psychology: A Model-View Perspective--R. Eric Landrum and Maureen A. McCarthy. 3. Authentic Assessment in Psychology: Using Rubrics and Embedded Assessments to Improve Student Learning--Claudia J. Stanny and Joan D. Duer. 4, Embedding Assessments into College-Level Psychology Courses--Kevin J. Apple. 5. Using Single Diagnostic Items to Assess the Impact of Classroom Demonstrations- Rob McEntarffer. 6. Grading as Assessment of Teaching and Learning: Issues and Opportunities--Bryan K. Saville. 7. Integrating Public Speaking into Psychology Classes: A Framework and Rubric for Assessing Skills--Dana S. Dunn, Suzanne C. Baker, Maureen A. McCarthy, Jane S. Halonen, and Alissa Lastres. Part II: ASSESSMENT AND PSYCHOLOGICAL LITERACY. 8. Developing and Assessing Skills of Psychological Literacy and Critical Thinking in Our Students--Heather A. Butler and Diane F. Halpern. 9. Assessing Psychological Literacy--Jacquelyn Cranney, Sue Morris, Annette Krochmalik, and Lorayne Botwood. Part III: ASSESSMENT ISSUES FOR PSYCHOLOGY FACULTY AND PROGRAMS. 10.

Working with Assessment Resistant/Impaired Faculty--Randolph A. Smith. 11. Using AAC&U Rubrics to Assess Introductory Psychology's Contribution to General Education--Richard L. Miller, B. Jean Mandernach, and Jeanne M. Butler. 12. Contributing Psychological Expertise to Institutional Outcomes Assessment Initiatives--Thomas P. Pusateri. 13. All Assessment Is Local: Planning and Executing a Self-Study Using Quality Benchmarks--Dana S. Dunn, Suzanne C. Baker, Jane S. Halonen, and Maureen A. McCarthy. Part IV: ASSESSMENT: BROAD PERSPECTIVES FOR PSYCHOLOGY EDUCATION. 14. Assessment and the Scholarship of Teaching and Learning--Regan A. R. Gurung and R. Eric Landrum. 15. The Bologna Process, Education, and Assessment in Psychology--Ingrid Lunt and José María Peiró. 16. Advancing Ethically Sound Principles: Engaging in Pedagogically Sound Assessment--Maureen A. McCarthy, Dana S. Dunn, Suzanne C. Baker, and Jane S. Halonen. Author Index. Subject Index. About the Editors.

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#### **CAREERS IN PSYCHOLOGY, 4E** OPPORTUNITIES IN A CHANGING WORLD, INTERNATIONAL EDITION

Tara L. Kuther, Western Connecticut State University; Robert D. Morgan, Texas Tech University

CAREERS IN PSYCHOLOGY, 4E, International Edition addresses the growing need among students and faculty for information about the careers available in psychology at the bachelor's and graduate level. Many students taking a first course in psychology are unaware of the breadth of psychology and its many sub disciplines; this text gives them exposure to careers in each of the areas of psychology—including choices that students may never have considered. This text will help prospective and current students appreciate and evaluate their interest in pursuing a wide range of career opportunities available with a degree in psychology.

## **NEW TO THIS EDITION**

- Profiles of psychology baccalaureates in the workplace have been added throughout the text.
- New to this fourth edition is a collection of Career Profiles in which psychology alumni discuss their careers, including advantages and disadvantages to their career choice, how psychology applies to their careers, and what they would do differently.
- Updated salary and career information for the undergraduate and graduate career paths within each subdiscipline.
- The fourth edition has been reorganized to emphasize the interests of undergraduate students of psychology. Specifically, several chapters have been rewritten with the questions and needs of undergraduates in mind.
- A new chapter-ending checklist help readers evaluate their interest and aptitude for the field discussed within the chapter.

## **FEATURES**

- Salary and career information are provided for each subset of psychology.
- Sport psychology and health psychology each receive treatment in a complete chapter.
- The book is organized to emphasize the interests of undergraduate psychology students.
- Each chapter closes with a table listing recommended courses, applied experiences, and research experiences for the given subfield of psychology.
- End-of-chapter resources include suggested readings for students and a list of appropriate websites that contain detailed information on specific relevant topics.

# CONTENTS

 Choosing a Major and Career. 2. Careers for Students with Interests in Counseling and Clinical Psychology. 3. Careers for Students with Interests in School Psychology. 4. Careers for Students with Interests in Legal and Forensic Psychology. 5. Careers for Students with Interests in Health Psychology.
Careers for Students with Interests in Sport Psychology. 7. Careers for Students with Interests in Biopsychology, Cognitive Neuropsychology, and Clinical Neuropsychology. 8. Careers for Students with Interests in Industrial, Organizational, and Human Factors Psychology. 9. Careers for Students with Interests in Experimental, Cognitive, and Quantitative Psychology, and Psychometrics. 10. Careers for Students with Interests in Social and Consumer Psychology. 11. Careers for Students with Interests in Developmental Psychology. 12. Getting a Job after Graduation. 13. Graduate-level Careers in Psychology. 14. Getting into Graduate School in Psychology.

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## CONCEPTS TO COMPLETION WRITING WELL IN THE SOCIAL SCIENCES

Thomas Bronwyn Williams, New England College; Mary Brydon-Miller, New England College

CONCEPTS TO COMPLETION combines the authors' expertise in social science research with their skills in writing across the curriculum. It discusses the writing process in detail, from project development through preparation of a final draft. Students learn effective writing techniques that utilize good research, note-taking, and writing habits that apply to writing in the classroom and beyond.

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#### DISCOVERING PSYCHOLOGY THE SCIENCE OF MIND, BRIEFER VERSION, INTERNATIONAL EDITION

John Cacioppo, University of Chicago; Laura A. Freberg, California Polytechnic State University-San Luis Obispo

In this fresh new offering to the Intro Psychology course, authors John Cacioppo and Laura Freberg portray psychology as being an integrative science in two ways. First, they have written a text that reflects psychology's rightful place as a hub science that draws from and is cited by research in many other fields. Second, this text presents psychology as a unified science that seeks a complete understanding of the human mind, rather than as a loosely organized set of autonomous subspecialties. As psychology moves rapidly toward maturity as an integrative, multidisciplinary field, the introductory course offers an opportunity to teach all of psychology in one place and at one time. This text reflects that evolution--and the authors' excitement about it.

- Exploration of seven integrative perspectives (biological, evolutionary, cognitive, developmental, social/social neuroscientific, personality/individual differences, and clinical).
- "Psychology as a Hub Science" broadens the discussion of a topic to include ways in which psychology is engaged in cooperative science with other disciplines--helping undergraduates to see how what they are learning in Intro Psychology will help them no matter what they major in.
- Unique chapter prologues that show big picture and micro views of the chapter topic, providing a window into how the integration of psychology as a science provides a larger perspective for the psychologist.
- "Interpersonal Relationships From a [Chapter Topic]

Perspective" features how the many perspectives of psychology contribute to the understanding of a single human behavior--building and maintaining significant social relationships.

- "Connecting to Research" highlights classic and contemporary studies relevant to chapter material to illustrate the connection between scientific research and the material in the textbook.
- "Experiencing Psychology" provides hands-on, experiential activities for the student.
- "Thinking Scientifically" models critical-thinking skills by providing students with an opportunity to critique a piece of research.
- "Visual Summary Tables" present key chapter concepts at the end of each major section, with visual cues to help students remember and learn.
- Margin application features provide quick one or two sentence examples of applications of a topic to reinforce context and relevance. For example, Botox is discussed in the context of acetylcholine in the biological psychology chapter.

# CONTENTS

1. The Science of Mind: The Discipline of Psychology.

2. The Biological Mind: The Brain and Nervous System. 3. Perceiving Minds: Sensation and Perception. 4. The Aware Mind: Elements of Consciousness. 5. The Feeling Mind: Motivation and Emotion. 6. The Adaptive Mind: Learning. 7. Knowing Minds: Memory. 8. Thinking Minds: Cognition, Language, and Intelligence. 9. Developing Minds: Lifespan Development. 10. Individual Minds: Personality and the Self. 11. Connected Minds: Social Psychology. 12. Troubled Minds: Psychological Disorders. 13. Healing Troubled Minds: Therapy.

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John Cacioppo, University of Chicago; Laura A. Freberg, California Polytechnic State University-San Luis Obispo

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# CONTENTS

The Science of Mind: The Discipline of Psychology.
The Measure of Mind: Methods of Psychology. 3.
The Evolving Mind: Nature and Nurture Intertwined.
The Biological Mind: The Brain and Nervous System.
Perceiving Minds: Sensation and Perception. 6. The Aware Mind: Elements of Consciousness. 7. The Feeling Mind: Motivation and Emotion. 8. The Adaptive Mind: Learning. 9. Knowing Minds: Memory. 10. Thinking Minds: Cognition, Language, and Intelligence. 11.
Developing Minds: Lifespan Development. 12. Individual Minds: Personality and the Self. 13. Connected Minds: Social Psychology. 14. Troubled Minds: Therapy. 16.
Healthy Minds: Stress and Coping, Health Psychology, and Positive Psychology.

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# DISCOVERY SERIES: INTRODUCTION TO PSYCHOLOGY (WITH PSYCHOLOGY COURSEMATE WITH EBOOK PRINTED ACCESS CARD)

Rod Plotnik, San Diego State University; Haig Kouyoumdjian

The Cengage Learning DISCOVERY SERIES: INTRODUCTION TO PSYCHOLOGY is designed to deliver traditional course content in an innovative "hybrid" learning format--instruction presented in a printed handbook paired with integrated online applications and assessments. The program promotes measurable mastery of core course learning objectives by guiding students' active engagement with content delivered through the book, images, video, simulations, and assessments. This contemporary approach to learning seamlessly integrates text and technology, enabling students to easily move from the book's instruction to its online applications for a deeper, lasting understanding of the core psychological concepts, and for assessments (all assignable) that reliably track students' progress and performance.

- Reading print to discover: Featuring content that is driven by learning objectives and organized into modules for optimal flexibility, the print component of the package provides a concise, but complete, course that introduces students to psychology's target concepts. (For those who prefer it, the book is also available electronically.)
- Focusing on learning objectives to promote better outcomes: Each module begins with a set of learning objectives that focuses students' reading and guides them through the content. All book and online content is mapped to these objectives to ensure that students are learning the appropriate material--and consequently meeting the objectives.
- Going online to interact and demonstrate learning:

Available in Psychology CourseMate, each module's companion online content features media assets and activities that encourage vital interaction by requiring students to apply concepts and complete assignments to demonstrate their learning. Learning is then confirmed through a tightly integrated assessment that measures students' mastery of the module's learning objectives--and ensures that they meet the learning objectives before moving on.

- Connecting print and online features to promote student engagement: Text and online resources work hand in hand. For instance, a chapter-opening "Prepare to Learn" feature advises students on how to work through the chapter, and invites them to take an online chapter pre-test, establishing a baseline for self-assessment. Throughout chapters, prompts for online activities and quizzes appear in sidebars on right-hand pages, as do icons identifying the four basic types of online resources included in the text's package: videos, animations, readings, and assessments.
- Innovative page layout to keep students on track: Instructional pages that face each other consistently comprise three distinct learning "zones." Learning objectives appear in sidebars on left-hand pages, prompts for online activities and quizzes appear in sidebars on right-hand pages, and the instructional narrative spans the area in between. This consistent layout makes it easy for students to match learning objectives to instruction and assessments, helping them to remain oriented and productive throughout each chapter.
- Custom illustrations: Like its parent text, this text integrates visuals with every major concept and offers custom illustrations as well as carefully selected photos. These illustrations are the work of an artist who has collaborated with the authors to create over 250 original representations of psychology concepts such as short-term memory, the adaptive theory of sleep, underachievement, and artificial photoreceptors.
- Articles for critical thinking: Every chapter concludes with an article (and accompanying critical thinking questions) about a compelling subject related to the topic at hand. The articles and their questions are available in print and online. Some questions challenge students by asking them about the content

of the article, while others challenge them by asking that they make connections with content covered in other chapters.

 Measure Your Learning review: The centerpiece of this comprehensive chapter review element is an easy-touse matrix that shows module learning objectives, key terms/concepts, and corresponding online resources in side-by-side format. Each section concludes by prompting students to take the online chapter posttests--the first a practice test with guided results, the second a final test.

## CONTENTS

 Introducing Psychology. 2. Biological Bases of Behavior. 3. Sensation and Perception. 4. States of Consciousness. 5. Learning. 6. Memory. 7. Intelligence, Thought, and Language. 8. Lifespan Development.
9. Motivation and Emotion. 10. Social Psychology. 11. Personality. 12. Psychological Disorders. 13. Therapies.
14. Stress, Health, and Coping.

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### ESSENTIALS OF PSYCHOLOGY, 3E CONCEPTS AND APPLICATIONS, INTERNATIONAL EDITION

Jeffrey S. Nevid, St. John's University of New York

The new edition of this brief introductory text retains the hallmark features that have made its parent text unique, while offering a more manageable, studentfriendly format. The book was written with three goals in mind: to make the study of psychology accessible and engaging to the beginning student in psychology, to provide students with a solid grounding in the knowledge base in psychology, and to help students succeed in the course. Nevid's comprehensive learning system—derived from research on memory, learning, and textbook pedagogy—is featured throughout. This learning model incorporates what the author calls the "Four Es of Effective Learning"—Engaging Student Interest, Encoding Information, Elaborating Meaning, and Evaluating Progress. ESSENTIALS OF PSYCHOLOGY: CONCEPTS AND APPLICATIONS, International Edition, provides a broad view of psychology as well as applications of the knowledge gained from contemporary research to the problems and challenges we face in today's world.

# **NEW TO THIS EDITION**

- A NEW IDEA Model of Course Assessment—unique to this text—maps specific learning goals (tied to APA goals) to measurable skills students acquire in their first exposure to psychology. The model is based on an acronym, IDEA: "Identify" key figures in the history of psychology, parts of nervous system, etc.; "Define or Describe" key concepts and key features of major psychological theories; "Evaluate or Explain" underlying processes and mechanisms of behavior and mental processes; and "Apply" psychological concepts to examples.
- The IDEA Model is executed throughout each chapter, beginning with a listing of learning objectives that are formulated with active learning verbs and linked to measurable learning outcomes. The model is integrated with the test-item file, allowing instructors to select items measuring these particular outcomes to Identify, Define or Describe, Evaluate or Explain, and Apply knowledge.
- NEW The Brain Loves a Puzzle questions engage student interest and encourage critical thinking by challenging them to think more deeply about information in the text needed to solve the puzzles.
- NEW chapter-ending visual overviews replace the narrative summaries with an appealing learning tool to help students visualize connections among key concepts in summary form.
- Based on instructors' comments noting that they prefer students to learn about the applications of psychology to physical health before they touch upon abnormal behavior, the Psychology and Health chapter has moved to an earlier position (Chapter 10). It now precedes chapters on personality and psychological disorders and treatment methods.
- Over 1,000 new citations cover new research and/or data on such topics as using reinforcement to train fish to tap a particular shape (Ch. 1), functions of glial

cells (Ch. 2), the role of oxytocin in maternal bonding to infants and development of trust in other people (Ch. 2), possible human pheromones (Ch. 3), distracted driving (Ch. 4), the identity of "Little Albert" (Ch. 5), the role of sleep in memory consolidation (Ch. 6), Goddard's role as football coach at USC (Ch.7), genetic contribution to intelligence (Ch. 7), and the role of brain chemicals in regulating hunger (Ch. 8).

• New citations also describe the role of media exposure to muscular models on self-image of young boys (Ch. 8), the aging of America (Ch. 9), effects of perceived discrimination on psychological and physical health (Ch. 10), outcomes associated with Big Five personality factors (Ch. 11), personality changes through the lifespan (Ch. 11), genetic foundations of mood disorders and schizophrenia (Ch. 12), psychotherapy effectiveness (Ch. 13), relative effectiveness of antidepressants and placebos on depression (Ch. 13), and findings from a partial replication of Milgram's experiment (Ch. 14).

- A learning-centric approach is designed to help students encode and retain key concepts in psychology. Keystones of the approach include pedagogical tools such as Interactive Concept Maps, Concept Links highlighting connections among key concepts across chapters, Diagramming Psychology icons, Module Reviews to help students gauge their knowledge of the material, Concept Signaling (which highlights both key concepts and key terms in the text margins), and Concept Charts that offer "at-a-glance" summaries of key concepts to reinforce new knowledge.
- Application Modules (the final module in each chapter) illustrate how psychologists apply the knowledge they have gained from their research studies to real-life problems, and how concepts relate to students own lives. Topics include "Psychology and Pain Management," "Putting Reinforcement into Practice," "Becoming a Creative Problem Solver," and "Taking the Distress Out of Stress."
- With an emphasis on critical thinking, What Do You Think? questions at the start of each chapter expand on the critical-thinking features in the text. Thinking Critically About Psychology sections at the end of each chapter provide students with opportunities to sharpen their critical thinking skills by analyzing problems and evaluating claims relevant to chapter content.

# CONTENTS

 The Science of Psychology. 2. Biological Foundations of Behavior. 3. Sensation and Perception. 4. Consciousness.
Learning. 6. Memory. 7. Thinking, Language, and Intelligence. 8. Motivation and Emotion. 9. Human Development. 10. Psychology and Health. 11. Personality.
Psychological Disorders. 13. Methods of Therapy. 14. Social Psychology.

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# ESSENTIALS OF PSYCHOLOGY, 4E CONCEPTS AND APPLICATIONS

Jeffrey S. Nevid, St. John's University of New York

The new edition of this brief introductory text retains the hallmark features that have made its parent text unique, while offering a more manageable, studentfriendly format. The book was written with three goals in mind: to make the study of psychology accessible and engaging to the beginning student in psychology, to provide students with a solid grounding in the knowledge base in psychology, and to help students succeed in the course. Nevid's comprehensive learning system-derived from research on memory, learning, and textbook pedagogy-is featured throughout. This learning model incorporates what the author calls the "Four E's of Effective Learning"-Engaging Student Interest, Encoding Information, Elaborating Meaning, and Evaluating Progress. ESSENTIALS OF PSYCHOLOGY: CONCEPTS AND APPLICATIONS, 4th Edition, provides a broad view of psychology as well as applications of the knowledge gained from contemporary research to the problems and challenges we face in today's world.

# NEW TO THIS EDITION

• New! In addition to being listed in chapter openers,

Learning Objectives are now integrated within modules to guide and focus students' reading. The integrated objectives replace "Did You Know That. .." survey questions, which now appear only at the beginning of each chapter.

- New! Recite It sections in the module reviews now feature a fill-in-the blanks format, further promoting students' active learning by asking them to recall key information.
- New! Application sections are now integrated within modules in a new Applying Psychology in Daily Life feature, complementing the narrative while engaging students with insightful and practical information. These sections illustrate how psychologists apply the knowledge they have gained from their research studies to real-life problems, and how concepts relate to students own lives. Topics include "Psychology and Pain Management," "Putting Reinforcement into Practice," and "Becoming a Creative Problem Solver."
- New! To address many instructors' teaching preferences, coverage of social psychology appears earlier in the text as Chapter 12, immediately following the chapter on personality theories.
- New! Each chapter provides students with QR codes for access to a chapter preview podcast and a See It Now video that complements a key topic-meeting today's "digital" learners in their comfort zone while enticing them to actively participate in understanding, retaining, and applying psychology's principles.
- The book is revised throughout with the latest research and real-world examples, including expanded coverage on the psychological effects of social media on today's youths.

- The IDEA Model of Course Assessment-unique to Nevid's texts-maps specific learning goals (tied to APA goals) to measurable skills students acquire in their first exposure to psychology. The model is based on an acronym, IDEA: "Identify" key figures in the history of psychology, parts of nervous system, etc.; "Define or Describe" key concepts and key features of major psychological theories; "Evaluate or Explain" underlying processes and mechanisms of behavior and mental processes; and "Apply" psychological concepts to examples.
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- The Brain Loves a Puzzle questions engage student interest and encourage critical thinking by challenging them to think more deeply about information in the text needed to solve the puzzles.
- Chapter-ending visual overviews help students visualize connections among key concepts in summary form.

## CONTENTS

 The Science of Psychology. 2. Biological Foundations of Behavior. 3. Sensation and Perception. 4. Consciousness.
Learning. 6. Memory. 7. Thinking, Language, and Intelligence. 8. Motivation and Emotion. 9. Human Development. 10. Psychology and Health. 11. Personality.
Social Psychology. 13. Psychological Disorders. 14. Methods of Therapy. Appendix A: Sample Answers to Thinking Critically About Psychology Questions. Appendix B: Answers to Recall It Questions. Appendix C: Statistics in Psychology.

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# ESSENTIALS OF PSYCHOLOGY, INTERNATIONAL EDITION, 6E

Douglas A. Bernstein, University of South Florida

In a concise and accessible 16-chapter format, ESSENTIALS OF PSYCHOLOGY, 6E, International Edition incorporates the effective features of Bernstein's PSYCHOLOGY, 9E, International Edition, along with important findings from the latest research. Combining extensive pedagogical support with an emphasis on active learning, the text challenges students to learn by doing—to actively participate using materials from the text and to think about what they're learning as opposed to passively receiving written information. The text's integrated pedagogical system helps students master the material by supporting the elements of the PQ4R (Preview, Question, Read, Recite, Review, and Reflect) study system. Hallmark features include Linkages that show how topics in psychology are interrelated, Thinking Critically sections that apply a five-question approach to one topic in each chapter, and Focus on Research sections organized around questions to help readers think objectively about research questions and results.

## **NEW TO THIS EDITION**

- Thoroughly updated to reflect the most recent advances in the field, this edition includes information on expected features of the forthcoming DSM-5 and ICD-11, as well as debates surrounding changes from the DSM-IV.
- New and expanded topics include the functions of REM sleep, the use of stem cells in repairing brain damage, how to build effective problem solving skills, infantile amnesia, the conceptual act model of emotion, the effects of online access and computer gaming on children's academic achievement, the possible effects of pro-social media on helping behavior, and many others.
- New "Learn by Doing" features have been added throughout the text. This popular feature includes new topics and activities such as looking at pixels in a newspaper photo to help understand the Trichromatic Theory of Color Vision, asking students to compare the number of smart phone or tablet apps they have in common with friends to grasp the concept of similarity, the sensation of touch, facial feedback hypothesis, and helping behavior.

- In-text learning tools include chapter outlines with page references to the relevant section of the chapter, which serve as advance organizers; and integrated preview questions that help to focus students' attention as they read. In addition, a marginal glossary, with definitions of terms and a pronunciation key, enables students to assimilate new words without interrupting their reading.
- The Linkages features help students understand

the relationships and interdependency among different subfields of psychology and the scope of the discipline. This hallmark program consists of three features: a Linkages Diagram, which presents a set of questions that illustrate three ways in which material in the chapter is related to other chapters in the book; Linkages cross-references, which appear as marginal icons whenever a Linkage is covered in the text; and one Linkages Section within each chapter, which discusses a chapter topic that relates to other subfields of psychology.

- Active Review—a built-in study guide at the end of each chapter—promotes active learning and reflection. A Linkages diagram illustrates how the chapter material is connected to other topics in psychology. Also included: a Chapter Summary organized around major topic headings and related preview questions; a Learn by Doing section with Put It in Writing exercises and Personal Learning Projects; recommended resources for further exploration; a Review of Key Terms; and a Multiple-Choice Self-Test. Answers are in the back of the book with explanations and page references.
- Other in-text learning aids include instructional captions for all figures, tables, and photos, which prompt students to engage in various active learning activities; and Review study charts that appear periodically throughout the chapter, accompanied by self-test questions that encourage students to recite and review the material.
- This text was the first introductory psychology textbook to systematically adopt APA key terminology throughout. All key terms match those used in the APA's THESAURUS OF PSYCHOLOGICAL INDEX TERMS, 11th Edition (Tuleya, 2007) and the APA DICTIONARY OF PSYCHOLOGY (VandenBos, 2007). As a result, the text contributes to the use of a standard core vocabulary in introductory psychology while helping students conduct more productive key term searches in PsycINFO and PsycARTICLES as they prepare to write term papers and complete other assignments.
- This text was the first introductory psychology textbook to be designed with the input of an Instructional Designer to maximize the student learning experience.

#### 1. INTRODUCTION TO THE SCIENCE OF PSYCHOLOGY. The World of Psychology: An Overview. Approaches to the Science of Psychology. Human Diversity and Psychology. Thinking Critically About Psychology (or Anything Else). Research Methods in Psychology. Focus on Research: Studying EMDR. Linkages: Psychological Research and Behavioral Genetics. Statistical Analysis of Research Results. Ethical Guidelines for Psychologists. 2. BIOLOGY AND BEHAVIOR. Cells of the Nervous System. The Peripheral Nervous System: Keeping in Touch with the World. The Central Nervous System: Making Sense of the World. Thinking Critically: What Can fMRI Tell Us About Behavior and Mental Processes? Focus on Research: The Case of the Disembodied Woman. Linkages: Human Development and the Changing Brain. The Chemistry of Behavior: Neurotransmitters. The Endocrine System: Coordinating the Internal World. 3. SENSATION AND PERCEPTION. Sensing and Perceiving the World. Sensory Systems. Seeing. Hearing. The Chemical Senses: Taste and Smell. Sensing Your Body. Thinking Critically: Does Acupuncture Relieve Pain? Perception. Organizing the Perceptual World. Recognizing the Perceptual World. Linkages: Perception and Human Development. Attention. Focus on Research: Attention and the Brain. 4. CONSCIOUSNESS. The Scope of Consciousness. Thinking Critically: Can Subliminal Messages Change Your Behavior? Focus on Research: Subliminal Messages in Rock Music. Sleeping and Dreaming. Hypnosis. Linkages: Meditation, Health, and Stress. Psychoactive Drugs. 5. LEARNING. Classical Conditioning: Learning Signals and Associations. Instrumental and Operant Conditioning: Learning the Consequences of Behavior. Linkages: Networks of Learning. Cognitive Processes in Learning. Focus on Research: The "I Can't Do It" Attitude. Thinking Critically: Does Watching Violence on Television Make People More Violent? Using Research on Learning to Help People Learn. 6. MEMORY. The Nature of Memory. Storing New Memories. Retrieving Memories. Constructing Memories. Focus on Research: I Could Swear I Heard It! Linkages: Memory and Perception in the Courtroom. Forgetting. Thinking Critically: Can Traumatic Memories Be Repressed, Then Recovered? Biological Bases of Memory. Improving Your Memory. 7. THOUGHT, LANGUAGE, AND INTELLIGENCE. Basic Functions of Thought. Mental Representations: The Ingredients of Thought. Thinking Strategies. Problem Solving. Focus on Research: Problem-Solving Strategies in the Real World. Decision Making. Linkages: Group Processes in Problem Solving and Decision Making. Language. Testing Intelligence. Evaluating Intelligence Tests. Thinking Critically: Are Intelligence Tests Unfairly

#### CONTENTS

Biased Against Certain Groups? Diversity in Intelligence. 8. MOTIVATION AND EMOTION. Concepts and Theories of Motivation. Eating. Sexual Behavior. Focus on Research: Tell Me About Your Sex Life. Thinking Critically: What Shapes Sexual Orientation? Achievement Motivation. Relations and Conflicts Among Motives. Linkages: Conflicting Motives and Stress. The Nature of Emotions. Theories of Emotions. Communicating Emotions. 9. HUMAN DEVELOPMENT. Exploring Human Development. Beginnings. Infancy and Childhood: Cognitive Development. Linkages: Development and Memory. Infancy and Childhood: Social and Emotional Development. Thinking Critically: Does Day Care Harm the Emotional Development of Infants? Focus on Research: Exploring Developing Minds Adolescence. Adulthood. 10. HEALTH, STRESS, AND COPING. Health Psychology. Understanding Stress and Stressors. Stress Responses. Linkages: Stress and Psychological Disorders. Stress Mediators. Focus on Research: Personality and Health. The Physiology and Psychology of Health and Illness. Thinking Critically: Does Hostility Increase the Risk of Heart Disease? Promoting Healthy Behavior. 11. PERSONALITY. The Psychodynamic Approach. The Trait Approach. Thinking Critically: Are Personality Traits Inherited? The Social-Cognitive Approach. The Humanistic Approach. Linkages: Personality, Culture, and Human Development. Focus on Research: Personality Development over Time. Assessing Personality. 12. PSYCHOLOGICAL DISORDERS. Defining Psychological Disorders. Explaining Psychological Disorders. Classifying Psychological Disorders. Thinking Critically: Is Psychological Diagnosis Biased? Anxiety Disorders. Linkages: Anxiety Disorders and Learning. Somatoform Disorders. Dissociative Disorders. Affective Disorders. Schizophrenia. Personality Disorders. Focus on Research: Exploring Links Between Child Abuse and Antisocial Personality. Disorder. Some Other Psychological Disorders. Mental Illness and the Law. 13. TREATMENT OF PSYCHOLOGICAL DISORDERS. Basic Features of Treatment. Psychodynamic Psychotherapy. Humanistic Psychotherapy. Behavior Therapy and Cognitive-Behavior Therapy, Group, Family, and Couples Therapy. Evaluating Psychotherapy. Thinking Critically: Are All Forms of Therapy Equally Effective? Focus on Research: Which Therapies Work Best for Which Problems? Biological Treatments. Linkages: Biology, Behavior, and the Treatment of Psychological Disorders. Community Psychology. 14. SOCIAL PSYCHOLOGY. Social Influences on the Self. Focus on Research: Self-Esteem and the Ultimate Terror. Social Perception. Attitudes. Prejudice and Stereotypes.

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# ESSENTIALS OF PSYCHOLOGY, REPRINT INTERNATIONAL EDITION, 5E

Douglas A. Bernstein, University of South Florida

In a concise and accessible 14-chapter format, ESSENTIALS OF PSYCHOLOGY, International Edition retains the effective features of Bernstein's PSYCHOLOGY, 8TH EDITION and incorporates important findings from the latest research. Combining extensive pedagogical support with an emphasis on active learning, the text challenges students to learn by doing—to actively participate using materials from the text and to think about what they're learning as opposed to passively receiving written information. The text's integrated pedagogical system helps students master the material by supporting the elements of the PQ4R (Preview, Question, Read, Recite, Review, and Reflect) study system. Hallmark features include Linkages that show how topics in psychology are interrelated, Thinking Critically sections that apply a five-question approach to one topic in each chapter, and Focus on Research sections organized around questions to help readers think objectively about research questions and results.

## **NEW TO THIS EDITION**

- This edition is the first introductory psychology textbook to systematically adopt APA key terminology throughout. All key terms match those used in the APA's THESAURUS OF PSYCHOLOGICAL INDEX TERMS, 11TH EDITION (Tuleya, 2007) and the APA DICTIONARY OF PSYCHOLOGY (VandenBos, 2007). As a result, the text contributes to the use of a standard core vocabulary in introductory psychology while helping students conduct more productive key term searches in PsycINFO and PsycARTICLES as they prepare to write term papers and complete other assignments.
- This edition is the first introductory psychology textbook to be designed with the input of an Instructional Designer to maximize the student learning experience.
- Updated throughout, the text incorporates new research on such topics as

# FEATURES

- An optional chapter on neuropsychology, written by Joel Shenker and available as a custom pre-set allows instructors to include material from this critical field in psychology. Supporting material for this chapter (and for an optional chapter on industrial and organizational psychology) is available in all print and online supplements.
- In-text learning tools include chapter outlines with page references to the relevant section of the chapter, which serve as advance organizers; and integrated preview questions that help to focus students' attention as they read. In addition, a marginal glossary, with definitions of terms and a pronunciation key, enables students to assimilate new words without interrupting their reading.
- Other in-text learning aids include instructional captions for all figures, tables, and photos, which prompt students to engage in various active learning activities; and Review study charts that appear

periodically throughout the chapter, accompanied by self-test questions that encourage students to recite and review the material.

- The Linkages features help students understand the relationships and interdependency among different subfields of psychology and the scope of the discipline. This hallmark program consists of three features: a Linkages Diagram, which presents a set of questions that illustrate three ways in which material in the chapter is related to other chapters in the book; Linkages cross-references, which appear as marginal icons whenever a Linkage is covered in the text; and one Linkages Section within each chapter, which discusses a chapter topic that relates to other subfields of psychology.
- Active Review—a built-in study guide at the end of each chapter—promotes active learning and reflection. A Linkages diagram illustrates how the chapter material is connected to other topics in psychology. Also included: a Chapter Summary organized around major topic headings and related preview questions; a Learn by Doing section with Put It in Writing exercises and Personal Learning Projects; recommended resources for further exploration; a Review of Key Terms; and a Multiple-Choice Self-Test. Answers are in the back of the book with explanations and page references.

# CONTENTS

Note: Each chapter concludes with an Active Review. 1. INTRODUCTION TO THE SCIENCE OF PSYCHOLOGY. The World of Psychology: An Overview. Approaches to the Science of Psychology. Human Diversity and Psychology. Thinking Critically About Psychology (or Anything Else). Research Methods in Psychology. Focus on Research: Studying EMDR. Linkages: Psychological Research and Behavioral Genetics. Statistical Analysis of Research Results. Ethical Guidelines for Psychologists. 2. BIOLOGY AND BEHAVIOR. Cells of the Nervous System. The Peripheral Nervous System: Keeping in Touch with the World. The Central Nervous System: Making Sense of the World. Thinking Critically: What Can fMRI Tell Us About Behavior and Mental Processes? Focus on Research: The Case of the Disembodied Woman. Linkages: Human Development and the Changing Brain. The Chemistry of Behavior: Neurotransmitters. The Endocrine System: Coordinating the Internal World. 3. SENSATION AND PERCEPTION. Sensing and

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# FOUNDATIONS OF PSYCHOLOGY, 3E

Nicky Hayes, University of Bradford

Foundations of Psychology is a new edition of the bestselling introductory psychology textbook written by the acclaimed Nicky Hayes. This text is consistently praised for its accessible yet comprehensive coverage, its clarity and the real world examples that are used to explain concepts. Keeping the content of the previous edition, it spans the six central areas of psychology; cognitive psychology; individual and abnormal psychology; social psychology; developmental psychology; and comparative psychology.

# **FEATURES**

- Learning objectives at the beginning of each chapter, tied to the end of chapter summaries, enable the reader to organize and check their progress
- Topic maps at the start of each chapter show the reader the structure and principles of organization of each subject
- Highlighted key terms are defined at the end of each

chapter for easy reference

- Self-assessment questions enable students to check their understanding of the subject
- Practice essay questions provide useful exam practice
- URLs of topic-related websites provide a useful reference source
- Improved index enables readers to quickly and easily find the information they need
- Available bundled with Psyk.trek to create an interactive learning environment

## CONTENTS

1. Perspectives in psychology. PART 1: COGNITIVE PSYCHOLOGY. 2. Perception and attention. 3. Memory. 4. Language and literacy. 5. Thinking and representation. PART 2: INDIVIDUALITY AND ABNORMALITY. 6. Intelligence. 7. Theories of personality. 8. The medical model of abnormal behaviour. 9. Alternatives to the medical model. PART 3: PHYSIOLOGICAL PSYCHOLOGY. 10. Brain development and clinical neuropsychology. 11. Consciousness. 12. Sensation and parapsychology. 13. Emotion and motivation. PART 4: SOCIAL PSYCHOLOGY. 14. Self and Others. 15. Understanding Others. 16. Social influence and social action. 17. Attitudes, prejudice, and crowd behaviour. PART 5: DEVELOPMENTAL PSYCHOLOGY. 18. Learning and skill development. 19. Cognitive development and social awareness. 20. Social development. 21. Lifespan developmental psychology. PART 6: COMPARATIVE PSYCHOLOGY. 22. Introducing comparative psychology. 23. Animal behaviour. 24. Animal communication. 25. Methods and ethics in psychology. Glossary. Bibliography. Index.

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### GATEWAYS TO PSYCHOLOGY, 13E An Introduction to Mind & Behavior, International Edition

Dennis Coon; John O. Mitterer, Brock University

Co-written by an author who garners more accolades and rave reviews from instructors and students with each succeeding edition, GATEWAYS TO PSYCHOLOGY: AN INTRODUCTION TO MIND AND BEHAVIOR, 13E, International Edition attracts and holds the attention of even difficult-to-reach students. The Thirteenth Edition's hallmark continues to be its pioneering integration of the proven-effective SQ4R learning system (Survey, Question, Read, Reflect, Review, Recite), which promotes critical thinking as it guides students step-by-step to an understanding of psychology's broad concepts and diversity of topics. Throughout every chapter, these active learning tools, together with the book's example-laced writing style, discussions of positive psychology, cutting-edge coverage of the field's new research findings, and excellent media resources, ensure that users find the study of psychology fascinating, relevant, and above all, accessible.

## **NEW TO THIS EDITION**

- To further streamline the organization of the text, the chapters entitled Sensation and Reality and Perceiving the World have been combined into a single chapter, Sensation, Perception, and Reality. This new structure allows for clear connections of the concepts to help students better grasp the text's material.
- The proven-effective SQ4R learning system (Survey, Question, Read, Reflect, Review, Recite), which promotes critical thinking as it guides students step-by-step to an understanding of psychology's broad concepts and diversity of topics is now called "reflective SQ4R" to encourage student self-

reflection.

- NEW explicit examples of common student misconceptions ("opposites attract") as appropriate across all chapters.
- Chapter 9 (Cognition, Language, Creativity, and Intelligence) has been split into two separate chapters: Cognition (Ch8) and Human Intelligence(Ch9).
- Addition of Learning Objectives.

# FEATURES

- More cohesive presentation of key ideas: Gateways Concepts articulate the major take-home ideas covered in each chapter. These concepts answer, and are integrated with, Gateway Questions that organize the chapter's topics and guide the discussion. In the retained Chapter in Review, a list of key points for each question/section reinforces the concepts.
- Streamlined content: Chapter 3, "Development Across The Lifespan," combines and condenses material formerly presented in two separate chapters on child development and life-span development.
- Added emphasis on critical thinking: Brainwaves boxes promote critical thinking by encouraging reflection on the role of the brain in understanding psychological phenomena. Topics include "Your Brain's 'Fat Point," and "The Schizophrenic Brain."
- Known for its rich, student-friendly pedagogy, this book was the first college text to incorporate an SQ4R active-learning format, proven to be effective nationwide. Students focus on each topic through a concrete, six-step process that guides them from Survey to Question, Read, Reflect, Recite, Relate, and Review.
- Boxed features encourage reflective processing, proven to foster understanding and form lasting memories. Critical Thinking boxes challenge students to question their own common-sense assumptions and research findings. Discovering Psychology boxes provide exercises for students to try themselves, encouraging self-discovery of concepts. The Clinical File encourages reflection on clinical applications.

## CONTENTS

Intro: How to Study Psychology. 1. What Is Psychology? 2. The Nervous System and Psychology. 3. Development Across The Lifespan. 4. Sensation, Perception, and Reality. 5. Types of Awareness. 6. Types of Learning. 7. Human Memory. 8. Cognition. 9. Human Intelligence. 10. Motives and Feelings. 11. Human Sexuality. 12. Human Personality. 13. Health Psychology. 14. Abnormal Psychology. 15. Types of Therapy. 16. Social Psychology: Thinking & Influence. 17. Social Psychology: Prosocial & Antisocial Behavior. 18. Psychology Applied to Life. Appendix: Statistics for Psychology.

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#### **INTRODUCTION TO PSYCHOLOGY, 12E** ACTIVE LEARNING THROUGH MODULES, INTERNATIONAL EDITION (WITH CONCEPT MODULES WITH NOTE-TAKING AND PRACTICE EXAMS TEAROUT CARDS)

Dennis Coon; John O. Mitterer, Brock University

Global Psychology in Active Learning Modules, International Edition, is a best-selling text by renowned author and educator Dennis Coon and coauthor John O. Mitterer. This text combines the highly effective SQ4R (Survey, Question, Read, Recite, Reflect, Review) active learning system, an engaging style and appealing visuals, and detailed coverage of core topics and cutting-edge research in one remarkable, comprehensive text. Fully updated and reorganized, the new edition builds on the proven modular format, extensive special features, and teaching and learning tools integrated throughout the text. While the text provides a broad overview of essential psychology topics ideal for introductory courses, its modular design also readily supports more specialized curricula, allowing instructors to use the self-contained instructional units in any combination and order.

# **NEW TO THIS EDITION**

• Content has been extensively updated and features some of the most recent and interesting information in psychology, plus fully updated statistics and extensively expanded and updated references.

- The new edition combines the modularity of individual modules for easy assignability while maintaining a "chapter friendly" underpinning for professors who prefer traditional chapter organization.
- Now includes four integrative themes throughout the book to spotlight the growing importance of neuroscience, the centrality of self-knowledge, and the importance of considering both cultural and gender diversity. Tables illustrating how these themes are repeatedly revisited throughout the book can be found in the preface of the book.
- SQR4 learning system has been enhanced with focus on active processing, reflection, and critical thinking. The learning system has been renamed reflective SQ4R, to better cue students to the role of thoughtfulness while reading and studying. From a new explanation of the power of elaborative encoding in the chapter on memory to repeated invitations, in context, throughout the text, to process more deeply, the book does everything possible to invite your students to become more mindful.
- New combined glossary and subject index increases students' ability to more easily link definitions of concepts with the appropriate section of text where those concepts are introduced and discussed.

- In addition to content updates reflecting the latest research and current issues such as critical thinking, neuroscience, the interplay of nature/nurture, and the Internet as a social tool, the text features a new streamlined structure and organization and a more attractive contemporary design that appeals to today's student.
- The new edition combines coverage of child/ adult/life span development in a single chapter on developmental psychology; features an updated applied psychology chapter emphasizing technology, work settings, and career-related information; and adds an applied module on psychology and media, a specialty area of coauthor John Mitterer.
- The SQ4R active learning system is fully integrated throughout the text, with features such as prereading survey questions, margin notes, Learning Check exercises, Critical Thinking activities, and Study Guides to support application of the system and to help students more readily master the material.
- · A unique opening module, "The Psychology of

Studying," outlines the SQ4R active learning system while providing a personally relevant, immediately useful introduction to the study of psychology through topics such as note taking, study strategies, self-regulated learning, procrastination, test taking, and electronic research.

• The text encourages active student engagement through features such as Discovering Psychology exercises that promote self-exploration of key topics and Critical Thinking questions that invite students to challenge their own "common sense" assumptions as well as documented research findings.

# CONTENTS

Introduction: How to Study Psychology. 1. What Is Psychology? 2. The Nervous System and Psychology. 3. Development Across The Lifespan. 4. Sensation, Perception, and Reality. 5. Types of Awareness. 6. Types of Learning. 7. Human Memory. 8. Intelligence and Cognition. 9. Motives and Feelings. 10. Human Sexuality. 11. Human Personality. 12. Health Psychology. 13. Abnormal Psychology. 14. Types of Therapy. 15. Social Psychology. 16. Psychology Applied to Life. Appendix. Statistics for Psychology.

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# INTRODUCTION TO PSYCHOLOGY, INTERNATIONAL EDITION, 9E

James W. Kalat, North Carolina State University

Jim Kalat's best-selling INTRODUCTION TO PSYCHOLOGY, International Edition takes a "critical thinking" approach to the major theories and concerns of psychology. Kalat's blend of humorous writing style with fun, hands-on "Try It Yourself" activities, gives students an engaging learning experience that gets them involved with even the most intimidating concepts. This proven approach has won the text welldeserved praise from instructors and students alike. By prompting students to ask themselves questions like "How was this conclusion reached?" and "Does the evidence really support it?," Kalat encourages the use of scientific principles that psychologists utilize when attempting to answer questions about human intellect, emotion, and behavior. This approach helps students separate what merely sounds plausible from what is scientifically provable—both in the psychology classroom and beyond it. With the text's carefully crafted content and pedagogy, as well as its supporting learning tools, students are able to see the study of psychology as an endeavor that has relevance to their scholastic and personal lives. The Ninth Edition builds upon the text's reputation for incorporating timely information that draws on the latest research and literature.

## **NEW TO THIS EDITION**

- In a new section called "Why Does This Matter to Me?" students are asked to be ever mindful of the link between human behavior and its impact on the environment and their communities. The section asks students to think critically about how the psychological concepts in each chapter have real world significance, and then offers students multimedia links to aid them in steering the course of our future toward more socially responsible and sustainable outcomes.
- Extensive research updates! For example, an important update on the Milgram research: a partial replication found levels of obedience in today's people not much less than Milgram reported in the early 1960s. Other new reserach shows we form first impressions amazingly quickly, and in many cases our first impressions are more accurate than one might guess. Though there are many more, a few other new research topics include the importance of physical attraction, racial bias and how to weaken it, and subordinating short-term benefits in favor of long-term goals.
- Other new real-world research applies to students lives now, allowing students to relate to the information. For instance, the module on attraction now includes a discussion of internet dating. Also, new information shows students some of the tools to happiness: A reanalysis of data indicates that psychologists have

been underestimating the impact of wealth. However, an interesting new study also shows that spending money on others increases one's happiness. Another interesting study suggests happiness is contagious: If your friends become happier, you will too, and then your other friends as well. Also, new research indicates sleeplessness interferes with later learning, as well as previous learning.

- More emphasis on cross-cultural examples. For example, new research on variations in personality across cultures, and across geography within the United States. Other discussions include cultural similarities and differences in recognition of emotional expressions, confiding in others, and sex customs.
- New examples and activities have been added throughout. For instance, Chapter 14 includes a new "What's the Evidence?" feature on Criminal Profiling, which discusses whether criminal profilers are more effective at profiling perpetrators than college students would be given the same information.
- The text also has an all new, contemporary design, which allows for easier reading, and includes many new photos, figures, and features.

## **FEATURES**

- Kalat's renowned critical thinking approach encourages students to question information, asking themselves, "How was this conclusion reached?" and "Does the evidence really support it?" He succeeds in getting students to use the scientific method to question assertions and in engaging their interests so they want to know more. Then, using the hypothesis-methodresults-interpretation steps, Kalat walks students through one or two studies that explore the question in greater depth. "A Step Further" questions are now housed on-line on the Book Companion Website.
- "Try It Yourself" exercises found throughout the text also encourage active learning. These interesting and hands-on activities ask students to use the text and/or its Companion Website. Features include "Central Executive" (in Chapter 7) and an exercise on expertise (in Chapter 8, immediately preceding coverage of problem solving). In addition, interactive "Try It Yourself" exercises are included on the Book Companion Website.
- "What's the Evidence" sections encourage critical thinking by covering recent studies. For example, a feature in Chapter 14 discusses "criminal profiling"

studies asking whether criminal profilers are actually more effective than police officers or college students.

• Within each chapter, Kalat arranges the material into a modular format so that students can master one idea at a time, building confidence as they go. Using this flexible format, you can easily assign the text to match the way you teach the course. In addition, each module closes with a section called "In Conclusion," which restates the main theme of the chapter by summarizing its key points for the student.

# CONTENTS

1. What Is Psychology? 2. Scientific Methods in Psychology. 3. Biological Psychology. 4. Sensation and Perception. 5. Nature, Nurture, and Human Development. 6. Learning. 7. Memory. 8. Cognition and Language. 9. States of Consciousness. 10. Intelligence. 11 Motivation. 12 Emotions, Stress, and Health. 13 Social Psychology. 14 Personality. 15 Abnormality, Therapy, and Social Issues. 16 Specific Disorders and Treatments.

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# **NEW TO THIS EDITION**

- More than 450 new references are added to reflect the most recent advances in the field.
- Discussion on genetics and evolution have moved from Chapter 5 (Development) to Chapter 3 (Genetics and Evolutionary Psychology)
- New topic coverage, including discussion on blindsight, epigenetics, near and far transfer, probabilistic learning, job burnout, and more.
- Thoroughly updated to include new case studies. For example, Chapter 4 includes discussion on how "hurt feelings" activate the same brain areas as physical pain, and that it is possible to relieve this by taking acetaminophen (Tylenol).

# FEATURES

- In a new section called "Why Does This Matter to Me?" students are asked to be ever mindful of the link between human behavior and its impact on the environment and their communities. The section asks students to think critically about how the psychological concepts in each chapter have real world significance, and then offers students multimedia links to aid them in steering the course of our future toward more socially responsible and sustainable outcomes.
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might guess. Though there are many more, a few other new research topics include the importance of physical attraction, racial bias and how to weaken it, and subordinating short-term benefits in favor of long-term goals.

- Other new real-world research applies to students lives now, enabling students to relate to the information. For instance, the module on attraction now includes a discussion of internet dating. Also, new information shows students some of the tools to happiness: A reanalysis of data indicates that psychologists have been underestimating the impact of wealth. However, an interesting new study also shows that spending money on others increases one's happiness. Another interesting study suggests happiness is contagious: If your friends become happier, you will too, and then your other friends as well. Also, new research indicates sleeplessness interferes with later learning, as well as previous learning.
- More emphasis on cross-cultural examples. For example, new research on variations in personality across cultures, and across geography within the United States. Other discussions include cultural similarities and differences in recognition of emotional expressions, confiding in others, and sex customs.
- New examples and activities have been added throughout. For instance, Chapter 14 includes a new "What's the Evidence?" feature on Criminal Profiling, which discusses whether criminal profilers are more effective at profiling perpetrators than college students would be given the same information.
- The text also has an all-new, contemporary design, which allows for easier reading, and includes many new photos, figures, and features.

# CONTENTS

 What Is Psychology?
Scientific Methods in Psychology. 3. Genetics and Evolutionary Psychology. 4.
Sensation and Perception. 5. Development. 6. Learning.
Memory. 8. Cognition and Language. 9. Intelligence.
Consciousness. 11. Motivated Behaviors. 12. Emotions, Stress, and Health. 13. Social Psychology. 14. Personality.
Abnormal Psychology: Disorders and Treatment.

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# NEW EDITION!

CourseMate

eBook <

# INTRODUCTION TO PSYCHOLOGY, INTERNATIONAL EDITION, 10E

Rod Plotnik, San Diego State University; Haig Kouyoumdjian

Rod Plotnik and Haig Kouyoumdjian's modular, visual approach to the fundamentals of psychology makes even the toughest concepts engaging and entertaining. As the pioneer of what's become known as the "visual" or "magazine style" text, Plotnik's INTRODUCTION TO PSYCHOLOGY, 10E, International Edition remains the one developed on the strongest foundation of visual learning theory and research. Each and every page is individually planned, written, and formatted to effectively incorporate the use of Visual Cues, which help students to better remember information. The text also utilizes "chunking," a method of breaking concepts down into small, easily digested sections that help students learn at their own pace, and give instructors great flexibility in planning their courses. The Tenth Edition features a contemporary new design, over 500 new visuals, timely new topic coverage, and over 1,000 new references, all from recent years. The authors' commitment to visual learning is also reflected in the text's comprehensive ancillary package.

## **NEW TO THIS EDITION**

- New organization: The twenty-five modules are now organized into 13 parts that reflect the modules' core concepts and tie overarching themes together.
- Improved placement of review material: Critical Thinking features now precede Summary Test features to provide students a comprehensive review section. Summary Test features have moved to the end of each module.
- Art program: Newly updated illustrations and images in the text provide a fresh and cohesive look.
- New topic coverage: New and expanded topics include the evolutionary approach to psychology, industrial/

organizational psychology, genetic testing, cyber therapy, MP<sub>3</sub> players and deafness, motion illusions, emotional intelligence in romantic relationships, and careers in psychology.

- Thoroughly updated research base: More than 1,000 new references, the majority from very recent years, provide students with access to the most up-to-date studies and findings. The tenth edition also integrates developments in the related areas of biology, genetics, and cognitive neuroscience throughout the text. New research is presented for topics such as universal facial expressions, phantom limb syndrome, and cell phone usage while driving.
- Even better visual learning: An entirely new, contemporary design—with a rich palette and graphically dynamic features—captures and holds the attention of today's students. More than 500 new photos and custom illustrations ensure that the Visual Cues are as meaningful and effective as possible in supporting students' understanding of each concept or topic.
- New module-opening case examples: Nearly half of the tenth edition's modules open with new case examples. Individuals introducing module topics now include Shawn Carter (a.k.a., Jay-Z), Charlie Sheen, and Kiran Bedi (India's first female police officer). Additionally, new, timely examples appear throughout the text's modules.
- New features content: New and updated content appears throughout the text's Diversity, Research Focus, Application, and Critical Thinking features. For example, this edition offers nine new Critical Thinking articles, with titles that range from "Texting, How Distracting Can It Be?" and "Brain-Boosting Drugs, Myth or Fact?" to "Can Bad Memories be Erased?" and "Can Virtual Reality Be More than Fun and Games?"

- Distinctive learning approach: Plotnik's modular organization, Visual Cues approach, and "chunked" information help students engage with and enjoy learning the fundamentals of psychology while allowing them to work at their own pace. In addition, the modular organization offers instructors great flexibility in planning their courses.
- Integrated custom illustrations: The greatest evidence of the authors' commitment to providing visuals that truly make abstract and difficult concepts more tangible is the text's extensive custom illustrations

program, which comprises more than 250 original works by artist Tim Jacobus.

# CONTENTS

Part I: PSYCHOLOGY'S FOUNDATIONS AND METHODS OF RESEARCH. 1. Discovering Psychology. 2. Psychology and Science. Part II: THE BRAIN, BIOLOGY AND BEHAVIOR. 3. Brain's Building Blocks. 4. Incredible Nervous System. Part III: SENSING AND PERCEIVING. 5. Sensation. 6. Perception. Part IV: CONSCIOUSNESS. 7. Sleep and Dreams. 8. Hypnosis and Drugs. Part V: LEARNING. 9. Classical Conditioning. 10. Operant and Cognitive Approaches. Part VI: MEMORY. 11. Types of Memory. 12. Remembering and Forgetting. Part VII: COGNITION. 13. Intelligence. 14. Thought and Language. Part VIII: MOTIVATION AND EMOTION. 15. Motivation. 16. Emotion. Part IX: The Developing Human. 17. Infancy and Childhood. 18. Adolescence and Adulthood. Part X: PERSONALITY. 19. Psychoanalytic and Humanistic Theories. 20. Social and Cognitive and Trait Theories. Part XI: HEALTH PSYCHOLOGY. 21. Health. Stress and Coping. Part XII: PSYCHOLOGICAL DISORDERS. 22. Assessment and Anxiety Disorders. 23. Mood Disorders and Schizophrenia. 24. THERAPIES. Part XIII: SOCIAL PSYCHOLOGY. 25. Social Cognition and Behavior.

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## **POSITIVE PSYCHOLOGY, 2E** THE SCIENCE OF HAPPINESS AND FLOURISHING

William C. Compton, Middle Tennessee State University; Edward Hoffman, Yeshiva University

This brief paperback presents in-depth coverage of the relatively new area of positive psychology. Topically organized, it looks at how positive psychology relates to stresses and health within such traditional research areas as developmental, clinical, personality, motivational, social, and behavioral psychology. The text is a perfect supplement for Introductory Psychology, Psychology of Adjustment, Health Psychology, or Social Psychology courses. It can also be used as a primary text in upper-level courses, such as the Psychology of Happiness.

# NEW TO THIS EDITION

- The latest research on positive psychology is incorporated throughout the book.
- A new section discusses interventions to enhance happiness and life satisfaction.
- Chapter 8, "Well-Being Across the Lifespan," has been considerably rewritten to include current information on positive aging, updated research on resilience in children and adults, and more.
- A new section on self-disclosure--a topic not often found in positive psychology textbooks--has also been added.
- Chapter 9, "Optimal Well-Being," has been extensively rewritten to reflect different perspectives on optimal well-being or high-level flourishing. The chapter includes expanded sections on wisdom, theories of optimal well-being, and self-actualization; a new section covering personality traits that are important to optimal well-being (such as openness to experience and courage); and information on how to create your own "inner hero."

# FEATURES

- Each chapter concludes with such learning resources as key terms and ideas as well as books, research, and websites to supplement chapter material.
- Organized topically, the book presents a brief introduction to positive psychology, including perspectives on positive emotional states, research and theory on positive traits, coverage of positive institutions, and a look at the future of positive psychology.

## CONTENTS

1. An Introduction to Positive Psychology. 2. Foundations: Emotion, Motivation, and the Nature of Well-Being. 3. Subjective Well-Being. 4. Leisure, Flow, Mindfulness, and Peak Performance. 5. Love and Well-Being. 6. Positive Health. 7. Excellence, Aesthetics, Creativity, and Genius. 8. Well-Being Across the Lifespan. 9. Optimal Well-Being. 10. Religion, Spirituality, and Well-Being. 11. Positive Institutions and Cultural Well-Being. 12. A Look Toward the Future of Positive Psychology.

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CourseMate

eBook <

# PSYCH (WITH COURSEMATE PRINTED ACCESS CARD), 3E

Spencer A. Rathus, New York University, School of Continuing and Professional Studies

Created through a "student-tested, faculty-approved" review process with students and faculty, PSYCH 3 is an engaging and accessible solution that accommodates the diverse lifestyles of today's learners at a valuebased price. PSYCH 3 is an extremely concise, visually appealing text that introduces psychology concepts without any delays or distractions. Designed for today's students in every detail, this unique solution was developed through conversations, focus groups, interviews, surveys, and input from nearly 150 students and faculty members. From its abbreviated, nononsense title to its engaging, effective content, PSYCH 3 ushers in a groundbreaking new genre of introductory psychology texts that's perfect for modern learners.

# **NEW TO THIS EDITION**

- New two-page self-assessments have been added to the end of each chapter, including fill-in-the-blank and multiple-choice questions.
- New feature boxes have been added, including "iPods on Campus: The Sounds of Oblivion," "Do You Have a Problem with Alcohol?", "Motherese," and "When It Comes to Sex, Red May Mean 'Go'."
- New chapter-opening vignettes appear in Chapter 1 (What Is Psychology?), Chapter 11 (Stress, Health, and Adjustment), Chapter 12 (Psychological Disorders), Chapter 13 (Methods of Therapy), and Chapter 14 (Social Psychology). Topics include the March 2011 earthquake and tsunami in Japan (Chapter 11), and how suicide terrorism may be explained by the power of social influence (Chapter 12).
- Chapters have been honed to streamline and clarify the content. In addition, Chapter 3 in the previous

edition (The Voyage Through the Life Span) is now Chapter 9. Consequently, Chapters 4 through 9 in the previous edition now appear as Chapters 3 through 8 (Sensation and Perception; Consciousness; Learning; Memory: Remembrance of Things Past--and Future; Thinking, Language, and Intelligence; and Motivation and Emotion).

• Updated references throughout the text reflect the most recent advances in the field.

# FEATURES

- PSYCH 3 has a refreshed photo program, and references and examples have been updated to be as current as possible.
- PSYCH 3 has a robust online supplement--CourseMate--which features a full suite of learning tools that appeal to different learning styles. There's an interactive eBook as well as interactive teaching and learning tools including quizzes, flashcards, audio downloads, and videos. Instructors can use Engagement Tracker, a first-of-its-kind tool that monitors student engagement in the course.
- An innovative combination of content delivery--both in print and online--provides a core text and a wealth of comprehensive multimedia teaching and learning assets based on input from student focus groups and surveys, and from interviews with nearly 150 faculty and students.
- Shorter, comprehensive chapters in a modern design present content in a more engaging and accessible format without minimizing coverage for your course.
- Chapter-in-Review Cards at the back of the Student Edition provide students a portable study tool containing all of the pertinent information for class preparation.

# CONTENTS

 What Is Psychology? 2. Biology and Psychology. 3. Sensation and Perception. 4. Consciousness. 5. Learning.
Memory: Remembrance of Things Past--and Future.
Thinking, Language, and Intelligence. 8. Motivation and Emotion. 9. The Voyage Through the Life Span.
Personality: Theory and Measurement. 11. Stress, Health, and Adjustment. 12. Psychological Disorders.
Methods of Therapy. 14. Social Psychology. Appendix A: Statistics.

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### **PSYCHOLOGY, 9E** CONCEPTS & CONNECTIONS, BRIEF VERSION, INTERNATIONAL EDITION

Spencer A. Rathus, New York University, School of Continuing and Professional Studies

The theme of this book is applying theories and research to learning and to contemporary life. In every chapter of PSYCHOLOGY: CONCEPTS AND CONNECTIONS, BRIEF VERSION, 9E, International Edition Spencer Rathus CONNECTS psychology to the real world and students' interests, to the field's latest topics and research, to great new multimedia tools, to innovative resources for teaching and learning, and to the proven PQ4R active learning approach. Rathus' warm and engaging writing style explains the fundamentals in ways that students can understand, and then goes a step further to show how those fundamentals relate to students' daily lives. Through Video Connections, Power Visuals, an Author Blog, and interactive pedagogy tied from the text to the book companion web site, this edition provides students with seamless integration of text and technology that will help them study efficiently and effectively.

# **NEW TO THIS EDITION**

- New and updated chapter opening vignettes (for example, how the behavior of dogs reflects the interaction of nature and nurture (Chapter 1—What Is Psychology?; Chapter 10: the "five-factor" personality assessment of dogs), and how an eleventh century Islamic theologian preached tolerance for divergent views (Chapter 10—Personality).
- Thoroughly updated references with an increased focus on the evolutionary perspective and biology, greater integration of the question of nature and nurture, and a new section on gender-typing.
- Greater and very balanced coverage of all phases of

the lifespan.

• Chapter 10 (Personality: Theory and Measurement) contains expanded coverage of the five-factor ("Big Five") model of personality.

- Enhanced "Video Connections" in every chapter encourage active studying and learning. Each box highlights a specific video designed to add depth to the topics students are learning about. Topics include "Facial Analysis" "The Scientific Method in Action" "Piaget's Stages of Development," "Why Is Nicotine So Addictive?" "Reconstructive Memory," and many more. Each Video Connections includes three study tools that help students get the most benefit from the video: Learning Objectives give students a preview of what they will be learning as they watch the video, preparing them for key points they will need to remember. In the Applied Lesson section, students are asked to apply what they've learned to their life experiences and knowledge. Critical Thinking questions encourage students to reflect on what they've learned in the video. Students can email both of these to their instructor.
- Making it easy for students to study on the go, the "RECITE-An Active Summary" end-of-chapter active summaries are now available as downloadable audio files on the Book Companion Website.
- Every Tuesday, author Spencer Rathus updates his Author Blog, chatting online about the most recent news items and controversies in psychology. A prompt at the end of every chapter directs students online.
- "Truth or Fiction" questions found at the beginning of each chapter (as well as online) encourage students to delve into the chapter content by challenging folklore and common sense. In-text "Truth or Fiction Revisited" sections directly address the answers to these questions.
- This edition includes unparalleled correlation between the text and the Book Companion Website, including online versions of the in-text "Self-Assessments" and "Truth or Fiction" questions, and interactive versions of select figures (called PowerVisuals).
- "A Closer Look" boxes showcase hot topics in psychology, ranging from explorations of topics relevant to students' lives, including diversity issues to in-depth discussions of the latest research in psychology. Examples include "Spiderman, Dr.

Octopus, and Brain-Machine Interfaces (BMIs)" "How Did the Animals Know the Tsunami Was Coming?" and "Who Are the Suicide Terrorists? A Case of a Fundamental Attribution Error?"

## CONTENTS

 What Is Psychology? 2. Biology and Psychology. 3. Sensation and Perception. 4. Consciousness. 5. Learning.
Memory: Remembrance of Things Past—and Future.
Thinking, Language, and Intelligence. 8. Motivation and Emotion. 9. The Voyage Through the Life Span. 10. Personality: Theory and Measurement. 11. Stress, Health, and Coping. 12. Psychological Disorders. 13. Methods of Therapy. 14. Social Psychology.

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#### **PSYCHOLOGY, 9E** THEMES AND VARIATIONS, BRIEFER INTERNATIONAL EDITION

Wayne Weiten, University of Nevada, Las Vegas

Shorter than Weiten's big book, PSYCHOLOGY: THEMES AND VARIATIONS, BRIEFER VERSION, 9E, International Edition offers a superb thematic organization together with practical applications and examples that help students see beyond research to big-picture concepts. Often described as a challenging book that is easy to learn from, the book surveys psychology's broad range of content with three aims: to illuminate the process of research and its intrinsic relationship to application (themes), to show both the unity and diversity of the subject (variations), and to invite students to the study of psychology by respecting their ability to master its fundamental concepts. Weiten's themes, including empiricism, theoretical diversity, socio-historical contexts, multi-factorial causation, cultural heritage, heredity and environment, and subjectivity of experience, and variations provide unifying threads across chapters that help students to see the connections among different research areas in psychology. A dynamic, teaching-oriented illustration program further enhances these themes. At the same time, the author presents topics in a hierarchical manner, giving students handles they can use to prioritize concepts within the chapter. Weiten reinforces concepts through exercises within and at the end of every chapter.

# **NEW TO THIS EDITION**

- A new Paradox feature opens each chapter, providing readers with a one-sentence, thought-provoking statement about psychology that is practical rather than philosophical.
- New Reality Checks, three to four in each chapter, dispel common misconceptions about psychology. Based on the book "50 Great Myths of Popular Psychology" (Lilienfeld et al., 2010), each Reality Check appears in the margin near a relevant discussion and includes a Misconception and a countering Reality.
- New chapter-opening vignettes were created for Chapter 3 (the biological bases of behavior), Chapter 10 (human development across the life span), Chapter 12 (social behavior) and Chapter 14 (psychological disorders). New topics include the fearless woman known as "SM," Angelina Jolie, Facebook, and unusual celebrity behavior.
- New Concept Checks that focus on major theorists and researchers in the field appear near the end of each chapter. They challenge students to match major theorists with their key ideas and contributions.
- New previews of relevant PsykTrek<sup>™</sup> content at the end of each chapter give students concrete illustrations of how using PsykTrek can increase their understanding of important concepts and provide enjoyable opportunities for active learning.
- Social behavior, which was the final chapter in the previous edition, now follows the chapter on personality and precedes the chapter on stress, coping, and health. This edition closes with psychological disorders and treatment of psychological disorders, better grouping common topics together.
- Over 900 reference citations have been added to reflect the most recent advances in the field.

- Key Learning Goals serve as advance organizers that focus students' attention on important concepts to be covered. The consecutively-numbered goals at the start of each major section are paired with a Review of Key Learning Goals at the end of each major section to reinforce the concepts.
- Thorough updating of research includes new information on Internet-mediated research, new research on how elevated stress hormones undermine immune response and neurogenesis in the hippocampus, new coverage of the OxyContin epidemic, updated data on the strength of the association between exposure to media violence and aggression, updated findings on intelligence and IQ tests, new discussion of terror management theory, and new research on the relationship between social support and reduced mortality.
- Engage and motivate students outside of class by packaging this text with Aplia<sup>™</sup>, a text-specific online learning tool designed to improve student performance and save you time. Aplia<sup>™</sup> is an online interactive learning solution that improves comprehension and outcomes by increasing student effort and engagement. Aplia provides automatically graded assignments with detailed, immediate explanations on every question.

## CONTENTS

1. The Evolution of Psychology. 2. The Research Enterprise in Psychology. 3. The Biological Bases of Behavior. 4. Sensation and Perception. 5. Variations in Consciousness. 6. Learning. 7. Human Memory. 8. Cognition and Intelligence. 9. Motivation and Emotion. 10. Human Development Across the Life Span. 11. Personality. 12. Social Behavior. 13. Stress, Coping, and Health. 14. Psychological Disorders. 15. Treatment of Psychological Disorders.

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# **PSYCHOLOGY, 5E** A JOURNEY, INTERNATIONAL EDITION

Dennis Coon; John O. Mitterer, Brock University

Learning is an adventure-show your students how it can also be exciting with Dennis Coon's PSYCHOLOGY: A JOURNEY, 5E, International Edition. In a course where professors are frequently confronted by students who haven't actually read their textbooks. PSYCHOLOGY: A JOURNEY, 5E, International Edition offers a proven and trusted solution-and one that can be covered in a single term. Dennis Coon's popular text presents psychology in a way that sparks readers' curiosity, insights, imagination, and interest-getting students "hooked" on psychology and eager to read on. The book manages to cover not only essential topics at the core of psychology but many others at the cutting edge of current knowledge. The first author to integrate the proven SQ4R (Survey, Question, Read, Recite, Reflect, and Review) active learning system into a psychology textbook, Coon helps readers grasp major concepts, develop a broad understanding of psychology's diversity, and see for themselves how psychology relates to the challenges of everyday life. Because readers become actively involved with the material, they develop a basic understanding of psychology that they take with them into their future courses and careers. And with a fully integrated technology package that streamlines teaching and motivates learning, PSYCHOLOGY: A JOURNEY, 5E, International Edition offers the most complete teaching and learning solution you will find.

## **NEW TO THIS EDITION**

- An updated Introduction offers students information on how to effectively read and study, as well as how to prepare and perform well on various types of tests.
- A new appendix, Life After School, discusses career

opportunities in the field of psychology as well as applied psychology specialties.

- New features have been added throughout, including: "Mirror, Mirror in the Brain"; "Trapped!"; "Theory of Mind: I'm a Me!... and You're a You!; "In the Blink of an Eye"; "Are We Less Superstitious Than Pigeons?"; "What's North of My Fork"; "Extra Hot, Decaf, Double-Shot"; and much more. A scorable "Undergraduate Stress Questionnaire" is also now available at the end of Chapter 11 (Health, Stress, and Coping).
- The SQ4R framework is now referred to as "reflective SQ4R" to clearly combine the comprehensionboosting power of critical thinking approaches with the memory-boosting power of the traditional SQ4R method. Study Breaks are also reorganized to better reflect this method.
- New chapter-opening vignettes were created for Chapter 2 (Brain and Behavior), Chapter 4 (Sensation and Perception), Chapter 5 (States of Consciousness), Chapter 9 (Motivation and Emotion), and Chapter 14 (Social Behavior). New topics include coverage on oxytocin; comorbidity; Zimbardo's prison experiment; the use of amphetamine as "study drugs"; cognitive behavior therapy; and much more.
- Chapter 3, "Human Development", is extensively reorganized and streamlined to offer extended coverage on adult development, relative to coverage on child development. Harry Harlow's "cloth mother" studies are also now covered in the "Social Development in Infancy" section.

# **FEATURES**

- Coon's extensive reviewing and fine-tuning of the text resulted in a number of important additions and restructurings. He made judicious upgrades and improvement on the cultural diversity dimension, making the text more multicultural in balance, as opposed to cross-cultural. You will also find enhanced coverage of the brain, with the chapters on the brain, memory, and abnormal psychology reflecting the latest understanding of the brain basis of behavior.
- Coon has carefully restructured the material in the lifespan chapter, making it more balanced in its coverage of childhood, adolescence, and adulthood.
- This book is known for extensive pedagogy. Within each chapter, Coon employs the SQ4R learning system: Survey, Question, Read, Recite, Reflect, and Review.

• Survey: The chapter-opening story grabs students' interest in the material they are about to read, while logical topic headings and attention-grabbing captions help students get a quick sense of what they will be reading about.

## CONTENTS

o. Introduction: The Psychology of Studying—Reflective Learning. 1. Discovering Psychology and Research Methods. 2. Brain and Behavior. 3. Human Development. 4. Sensation and Perception. 5. States of Consciousness. 6. Conditioning and Learning. 7. Memory. 8. Cognition, Language, Creativity, and Intelligence 9. Motivation and Emotion. 10. Personality. 11. Health, Stress, and Coping. 12. Psychological Disorders. 13. Therapies. 14. Social Behavior. Appendix I: Behavioral Statistics. Appendix II: Life After School.

© 2014, 768pp, Paperback, 9781285055961



# **PSYCHOLOGY, 9E** THEMES & VARIATIONS, INTERNATIONAL EDITION

Wayne Weiten, University of Nevada, Las Vegas

Weiten's PSYCHOLOGY: THEMES AND VARIATIONS, 9E, International Edition maintains this book's strengths while addressing market changes with new learning objectives, a complete updating, and a fresh new design. The text continues to provide a unique survey of psychology that meets three goals: to demonstrate the unity and diversity of psychology's subject matter, to illuminate the research process and its link to application, and to make the material challenging and thought-provoking yet easy to learn. Weiten accomplishes the successful balance of scientific rigor and a student-friendly approach through the integration of seven unifying themes, an unparalleled didactic art program, real-life examples, and a streamlined set of
learning aids that help students see beyond research to big-picture concepts. Major topics typically covered in today's courses are included, such as evolutionary psychology, neuropsychology, biological psychology, positive psychology, applied psychology, careers, and multiculturalism and diversity.

#### **NEW TO THIS EDITION**

- A new Paradox feature opens each chapter, providing readers with a one-sentence, thought-provoking statement about psychology that is practical rather than philosophical.
- New Reality Checks, three to four in each chapter, dispel common misconceptions about psychology. Based on the book "50 Great Myths of Popular Psychology" (Lilienfeld et al., 2010), each Reality Check appears in the margin near a relevant discussion and includes a Misconception and a countering Reality.
- New chapter-opening vignettes were created for Chapter 3 (Biology of Behavior), Chapter 11 (Development: A Life Span View), Chapter 13 (Social Psychology) and Chapter 14 (Health Psychology). New topics include the fearless woman known as "SM," Angelina Jolie, Facebook, and unusual celebrity behavior.
- New Concept Checks that focus on major theorists and researchers in the field appear near the end of each chapter. They challenge students to match major theorists with their key ideas and contributions.
- New previews of relevant PsykTrek<sup>™</sup> content at the end of each chapter give students concrete illustrations of how using PsykTrek can increase their understanding of important concepts and provide enjoyable opportunities for active learning.
- Social Psychology, which was the final chapter in the previous edition, now follows the chapter on Personality Theories and precedes the chapter Health Psychology. This edition closes with Abnormal Behavior and Treatment for Abnormal Behavior, better grouping common topics together.
- A new Appendix on Psychology and Sustainability illuminates how environmental issues and problems are really human behavioral issues, and how psychological insights are critical if humans are to achieve a sustainable world. The essay also offers specific steps students can take to become more environmentally responsible.
- Each chapter is approximately 5% shorter than the last edition, focusing content on compelling examples, simplifying some explanations, and making room for fresh visuals and a new design.

#### FEATURES

- Key Learning Goals, approximately 30 per chapter, serve as advance organizers that focus students' attention on important ideas and topics to be covered. The consecutively numbered goals are paired with a Review of Key Points at the end of each section to reinforce key takeaway messages.
- Research includes many topics that have relevance in students' everyday lives, from the Internet's pervasiveness in our society to coverage of the OxyContin epidemic, data on the association between exposure to media violence and aggression, findings on intelligence and IQ tests, and research on the relationship between social support and reduced mortality.

## CONTENTS

 Psychology: An Evolution. 2. Research Methods. 3. Biology of Behavior. 4. Sensory Systems and Perception.
 States of Consciousness. 6. Conditioning and Learning. 7. Key Processes in Memory. 8. Cognition and Language. 9. Human Intelligence. 10. Theories of Motives and Emotions. 11. Development: A Life Span View. 12. Personality Theories. 13. Social Psychology.
 Health Psychology. 15. Abnormal Behavior. 16. Treatment for Abnormal Behavior. Appendix A: Concept Check Answers. Appendix B: Psychology and Statistics. Appendix C: Psychology: Industrial/Organizational. Appendix D: Psychology and Sustainability.

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#### **PSYCHOLOGY, 10E** CONCEPTS AND CONNECTIONS, INTERNATIONAL EDITION

Spencer A. Rathus, New York University, School of Continuing and Professional Studies

Rich in reader-friendly features and up-to-theminute research, Spencer Rathus's Ninth Edition of PSYCHOLOGY: CONCEPTS AND CONNECTIONS, International Edition makes your students' introduction to psychology a meaningful, personal experience. Rathus connects the core concepts of psychology to the events and issues students encounter every day. The book explains classic theories and the latest discoveries in a clear, accessible style intended to reach out to students-without sacrificing Rathus's commitment to showing psychology as the rigorous science that it is. Throughout the text, you'll find an emphasis on diversity and expanded coverage of the evolutionary perspective, plus numerous references to the timeliest research available. And, the text's proven active learning system, PQ4R (Preview, Question, Read, Reflect, Review, and Recite), incorporated into every chapter, seamlessly integrates reading and studying. In addition, Rathus's text features the most integrated multi-platform media package available, the full Web site that features Self-Study Assessments, Video Connections, Mobile Media and interactive versions of features from the text-all tightly connected to the text itself to give students the a powerful, comprehensive introduction to psychology.

## **NEW TO THIS EDITION**

- PCC 10E has two new chapters: (1) A new research methods/statistics chapter has been added (Chapter 2) with a strong critical thinking theme, instead of research methods covered in the first chapter and statistics in an appendix. (2) A second development chapter has been added so PCC 10E has one chapter on child development and one on adolescent/adult development.
- The cognition and intelligence chapters in 9E will be combined into one chapter in 10E. The net change in TOC will be as follows: 9E has 16 chapters and an appendix. 10E will have 17 chapters and no Stats appendix (though we will retain the Answer Key appendix).
- The A Closer Look boxes in 10E are divided up into three different categories: A Closer Look—Real Life, A Closer Look—Diversity, A Closer Look—Research. Each of these boxes will have a unique title and many contain new and updated information.
- Evolutionary content is addressed throughout the text, and new material includes "Evolution and

Evolutionary Psychology: 'Survivor' Is More Than Just a TV Show" (Chapter 3) and discussion of the evolutionary value of taste aversions and the likelihood that we may be 'biological prepared' to develop fears of certain objects and situations, such as fears of snakes and heights.

#### **FEATURES**

- "Truth or Fiction" True/False questions at the start of chapters challenge folklore and common sense beliefs.
- Concept Review" highlight the most important concepts in a chapter in an engaging visual format that encourages students to interact with the material. Examples include The Endocrine System (Chapter 3) and Perspectives on Personality (Chapter 12).
- "A Closer Look" boxes highlight hot, new research and are divided up into three different categories:
- Marginal Glossary, with bolded terms imbedded.
- Video Connections: These are screen shots from video that are available online, plus accompanying text.
- "Life Connections" are applications-based boxes appear at the end of every chapter, and tie psychology to students' lives. Examples include distinguishing between true science and pseudoscience (Chapter 1), what we can do to alleviate pain (Chapter 4), and obesity and the hunger drive (Chapter 9).

## CONTENTS

Table of Contents: 1. What is Psychology. 2. Sorting Truth and Fiction in Psychology: Critical Thinking and Research Methods. 3. Biology and Psychology. 4. Sensation and Perception. 5. Consciousness. 6. Learning. 7. Memory: Remembrance of Things Past—and Future. 8. Cognition, Language, and Intelligence. 9. Motivation and Emotion. 10. The Voyage through the Life Span: Childhood. 11. The Voyage through the Life Span: Childhood. 11. The Voyage through the Life Span: Adolescence and Adulthood. 12. Personality: Theory and Measurement. 13. Gender and Sexuality. 14. Stress, Health, and Adjustment. 15. Psychological Disorders. 16. Methods of Therapy. 17. Social Psychology. Appendix: Answer Keys to Self-Assessments and Active Reviews.

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#### **PSYCHOLOGY** AN INTERNATIONAL DISCIPLINE IN CONTEXT: AUSTRALIAN & NEW ZEALAND EDITION

Douglas A. Bernstein, University of South Florida; Julie Ann Pooley, Edith Cowan University; Lynne Cohen, Edith Cowan University; Bethanie Gouldthorp, Murdoch University

Introductory texts in psychology present an opportunity to discover reasons for human behaviour and address the issues which impact upon their behaviour. This first Australian and New Zealand adaptation of the well respected Psychology 9th edition, by Bernstein et al. continues to strike a balance between classical and contemporary topics with an easy to read, comprehensive, research-oriented approach. The text takes an active learning approach with the use of hallmark pedagogical features such as Linkages, Focus on Research Methods, and Thinking Critically. Features enriching this adaptation include research, issues and examples of psychology relevant to the Australian and New Zealand regional perspective; indigenous research; graduate attributes and psychological literacy sections; other cultural and international considerations, and extended online appendices for searching psychology databases and careers in psychology.

## **NEW TO THIS EDITION**

- The book includes regional examples to highlight many of the psychological principles. The adapting authors worked collaboratively and sought regional representation, including consulting with Indigenous Australian and New Zealand academics, to ensure a breadth of coverage of the material presented.
- Each chapter starts with Applying Psychology questions, graduate attributes and psychological literacy sections to more fully support students in their understanding of the concepts to be covered.
- Integration of cultural, cross-cultural and indigenous psychology issues throughout the text and online

resources.

• Incorporation of regionally relevant terminology, spelling, imagery, research, statistics and metrics to help students relate to the psychology material.

## FEATURES

- Linkages sections and features, combined with the text narrative, highlight the network of relationships among psychology's subfields, helping students see the "big picture" of psychology as an interrelated discipline.
- A chapter-ending Linkages Diagram presents a set of questions that illustrate three of the ways in which material in the chapter is related to other chapters in the book.
- Applying psychology questions at the beginning of chapters give students context for the material to follow.
- Graduate attributes and psychological literacy sections support student understanding of the skills required and how to master them while studying psychology.
- Thinking Critically sections in each chapter make psychological processes more explicit and accessible by providing a five-question framework for analysing evidence before drawing conclusions. Throughout the book, psychological phenomena are described in a way that first reveals the logic of the scientific enterprise, then identifies possible flaws in design or implementation, and finally leaves room for more questions and further research.
- Focus on Research sections examine the ways in which research methods have been applied to help advance understanding of behavior and mental processes. Focus on Research is organised around 5 key questions: (1) What was the researcher's question?
  (2) How did the researcher answer the question? (3) What did the researcher find? (4) What do the results mean? (5) What do we still need to know?

## CONTENTS

1. Introducing psychology 2. Research in psychology 3. Biological aspects of psychology 4. Sensation 5. Perception 6. Learning 7. Memory 8. Cognition and language 9. Consciousness 10. Cognitive abilities: intelligence and intelligence testing 11. Motivation and emotion 12. Human development 13. Health, stress, and coping 14. Personality 15. Psychological disorders 16. Treatment of psychological disorders 17. Social cognition 18. Social influence 19. Neuropsychology (online) Appendix A: Answers to 'In review' questions Appendix B: Careers for psychology graduates Appendix B: Careers for psychology graduates (extended; online) Appendix C: Behavioural genetics (online) Appendix D: Statistics in psychological research (online) Appendix E: Searching psychology databases (online)

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## **PSYCHOLOGY, 13E** MODULES FOR ACTIVE LEARNING

Dennis Coon; John O. Mitterer, Brock University

PSYCHOLOGY: MODULES FOR ACTIVE LEARNING is a best-selling text by renowned author and educator Dennis Coon and coauthor John O. Mitterer. This thirteenth edition continues to combine the highly effective SQ4R (Survey, Question, Read, Recite, Reflect, Review) active learning system, an engaging style, appealing visuals, and detailed coverage of core topics and cutting-edge research in one remarkable, comprehensive text. Fully updated and reorganized. the new edition builds on the proven modular format, extensive special features, and teaching and learning tools integrated throughout the text. While the text provides a broad overview of essential psychology topics ideal for introductory courses, its modular design also readily supports more specialized curricula, allowing instructors to use the self-contained instructional units in any combination and order.

## **NEW TO THIS EDITION**

 Content has been extensively updated with an eye toward making the text even more readable, with many contemporary examples and popular cultural references. Revisions and new references throughout present updated coverage of neuroscience, culture, and gender issues across all modules.

- The new edition focuses on presenting a genuinely modular text for easy reading and assignability, with related modules coordinated by both title and color. The numbered modular format is extensively reorganized to provide true stand-alone modules for instructors and students alike.
- The revised opening module, "How to Study Psychology," outlines the SQ4R active learning system while providing a personally relevant, immediately useful introduction to the study of psychology. Topics include note taking, study strategies, self-regulated learning, procrastination, test taking, and electronic research.
- Sixteen new or revised "Psychology in Action" modules help students learn by applying psychological concepts to their lives. One new module, "Life After School," invites students to think about their futures. The first section, aimed primarily at students not pursuing a career in psychology, urges students to take a skills orientation toward what they have learned from psychology. The next section surveys the rich variety in the field, and briefly reviews I/O psychology, environmental psychology, educational psychology, psychology and the law, sports psychology, and human factors psychology.

## FEATURES

- Four integrative themes throughout the book spotlight the continued growing importance of neuroscience, the centrality of self-knowledge, and the importance of considering both cultural and gender diversity. Tables illustrating how these themes are repeatedly revisited throughout the book can be found in the preface.
- The SQR4 learning system focuses on active processing, reflection, and critical thinking. The system is integrated throughout the text, with features such as prereading survey questions, critical thinking activities, and study guides to support application of the system and to help students more readily master the material.
- The text encourages active student engagement through features such as "Discovering Psychology" exercises that promote self-exploration of key topics and critical thinking questions that invite students to challenge their own "common sense" assumptions as

well as documented research findings.

• The authors relate course material to everyday life with an engaging narrative style and frequent use of familiar, relevant analogies. In addition, "Human Diversity" features explore social, physical, and cultural differences as a vital aspect of human experience and "Psychology in Action" discussions help students personally apply key concepts.

#### CONTENTS

1. How to Study Psychology. 2. Introducing Psychology: Psychology, Critical Thinking, and Science. 3. Introducing Psychology: Psychology Then and Now. 4. Introducing Psychology: The Psychology Experiment. 5. Introducing Psychology: Non-experimental Research Methods. 6. Psychology in Action: Thinking Critically About the Media. 7. Brain and Behavior: Neurons and the Nervous System. 8. Brain and Behavior: Brain Research. 9. Brain and Behavior: Hemispheres and Lobes of the Cortex. 10. Brain and Behavior: Sub-cortex and Endocrine System. 11. Psychology in Action: Handedness. 12. Human Development: Heredity and Environment. 13. Human Development: Emotional and Social Development in Childhood. 14. Human Development: Language and Cognitive Development in Childhood. 15. Human Development: Adolescence and Adulthood. 16. Psychology in Action: Well-Being and Happiness. 17. Sensation and Perception: Sensory Processes. 18. Sensation and Perception: Vision. 19. Sensation and Perception: The Other Senses. 20. Sensation and Perception: Perceptual Processes. 21. Sensation and Perception: Perception and Objectivity. 22. Psychology in Action: Extrasensory Perception. 23. Consciousness: States of Consciousness. 24. Consciousness: Sleep and Dreams. 25. Consciousness: Psychoactive Drugs. 26. Psychology in Action: Exploring and Using Dreams. 27. Conditioning and Learning: Types of Learning. 28. Conditioning and Learning: Classical Conditioning. 29. Conditioning and Learning: Operant Conditioning. 30. Conditioning and Learning: Reinforcement and Punishment. 31. Psychology in Action: Behavioral Self-Management. 32. Memory: Memory Systems. 33. Memory: Measuring Memory. 34. Memory: Forgetting. 35. Memory: Exceptional Memory and Improving Memory. 36. Psychology in Action: Mnemonics. 37. Cognition and Intelligence: Imagery, Concepts, and Language. 38. Cognition and Intelligence: Problem Solving. 39. Cognition and Intelligence: Creative

Thinking and Intuition. 40. Cognition and Intelligence: Intelligence. 41. Psychology in Action: Enhancing Creativity. 42. Motivation and Emotion: Overview of Motives and Emotions. 43. Motivation and Emotion: Motivation in Detail. 44. Motivation and Emotion: Emotion in Detail. 45. Psychology in Action: Emotional Intelligence. 46. Human Sexuality: Sexual Development and Orientation. 47. Human Sexuality: Gender Development, Androgyny, and Gender Variance. 48. Human Sexuality: Sexual Behavior, Response, and Attitudes. 49. Psychology in Action: Sexual Problems. 50. Personality: Overview of Personality. 51. Personality: Trait Theories. 52. Personality: Psychoanalytic and Humanistic Theories. 53. Personality: Behavioral and Social Learning Theories. 54. Psychology in Action: Understanding Shyness. 55. Health, Stress, and Coping: Health Psychology. 56. Health, Stress, and Coping: Stress, Frustration, and Conflict. 57. Health, Stress, and Coping: Defenses, Helplessness, and Depression. 58. Health, Stress, and Coping: Stress and Health. 59. Psychology in Action: Stress Management. 60. Psychological Disorders: Normality and Psychopathology. 61. Psychological Disorders: Psychosis, Delusional Disorders, and Schizophrenia. 62. Psychological Disorders: Mood Disorders. 63. Psychological Disorders: Anxiety-Based Disorders and Personality Disorders. 64. Psychology in Action: Suicide. 65. Therapies: Treating Psychological Distress. 66. Therapies: Humanistic and Cognitive Therapies. 67. Therapies: Behavior Therapies. 68. Therapies: Medical Therapies. 69. Psychology in Action: Self-Management and Seeking Professional Help. 70. Social Psychology: Social Behavior and Cognition. 71. Social Psychology: Social Influence. 72. Social Psychology: Pro-social Behavior. 73. Social Psychology: Antisocial Behavior. 74. Psychology in Action: Multiculturalism. 75. Applied Psychology: Industrial/Organizational Psychology. 76. Applied Psychology: Environmental Psychology. 77. Applied Psychology: The Psychology of Education, Law, and Sports. 78. Psychology in Action: Human Factors Psychology. 79. Behavioral Statistics. 80. Life After School.

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# PSYCHOLOGY, INTERNATIONAL EDITION, 6E

James S. Nairne, Purdue University

Psychology is for a reason—and one insightful book spells out all the "whys." Using a practical problemsolving approach, James S. Nairne's best-selling PSYCHOLOGY. 6E. International Edition focuses on the functions that psychological processes serve before introducing what they are and how they work. This practical, real-world approach gives students the "why" before delving into the details of "what," "how," and "where." Instead of having to memorize abstract topics, students learn the function and purpose of psychology and how it applies to them—now and in the future. Each chapter is organized around a set of topics that focuses the discussion on the relevance of the material, and then demonstrates that we think and act for adaptive reasons. When students view behavior as the product of real-world problem-solving situations, psychology begins to make sense. Students are engaged as they see the connection between everyday situations and their psychological solutions—and relate material to what they already know from their own experiences. Emphasizing critical thinking and active learning, PSYCHOLOGY, 6E, International Edition teaches students how to use psychology to solve problems in their own everyday lives.

#### **NEW TO THIS EDITION**

- "Recall-Monitor-Recall," a new pedagogical feature at the end of each section, is designed to improve comprehension and retention by encouraging students to practice retrieval.
- New "Practical Solutions," which illustrate the realworld relevance and application of psychology in students' lives, have been added on such topics as "Want to Do Well on the Test? Test Yourself!" and "Mirror Neurons: Solving the Other-Mind Problem."
- Coverage on DSM and psychological disorders

throughout the text has been revised to be consistent with the new DSM-5.

• New and expanded topic coverage includes updated discussions on the "Sybil" case, achievement motivation and Maslow's hierarchy of needs, implicit versus explicit prejudice, eating disorders, decision-making heuristics, magnetic seizure therapy, facial expressions and emotion, and many other topics.

## FEATURES

- Study tools include Learning Goals at the beginning of major sections to help students focus on key issues as they read, and Test Yourself review questions that allow students to check their understanding as they progress through the material. In addition, Concept Review boxes appear regularly throughout the text to reinforce important points.
- A real-world emphasis is reflected in abundant applications and examples integrated throughout the text. In addition, each chapter opens with a "What's It For" preview that explains how and why each psychological process is important in readers' lives, and concludes with a "Psychology for a Reason" feature.
- "Practical Solutions" features in each chapter relate psychology-based solutions to real-life problems, helping students apply chapter concepts to their own lives as they sharpen their problem-solving skills.
- An "Active Summary" section at the end of each chapter asks students to write in key words to complete summary statements about important ideas and information presented in the chapter.
- Students have myriad opportunities to develop critical-thinking skills with more than 100 thought-provoking questions included in the margins throughout the text. These questions can also be used to prompt lively classroom discussion and debate.

## CONTENTS

1. An Introduction to Psychology. 2. The Tools of Psychological Research. 3. Biological Processes. 4. Human Development. 5. Sensation and Perception. 6. Consciousness. 7. Learning From Experience. 8. Memory. 9. Language and Thought. 10. Intelligence. 11. Motivation and Emotion. 12. Personality. 13. Social Psychology. 14. Psychological Disorders. 15. Therapy. 16. Stress and Health.

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# PSYCHOLOGY, INTERNATIONAL EDITION, 9E

Douglas A. Bernstein, University of South Florida; Alison Clarke-Stewart, University of California, Irvine; Louis A. Penner, Wayne State University; University of Michigan; Edward J. Roy, University of Illinois at Urbana-Champaign

PSYCHOLOGY, International Edition, by Bernstein et al. continues to strike a balance between classical and contemporary topics with a comprehensive, researchoriented approach. The text takes an active learning approach with the use of hallmark pedagogical features such as Linkages, Focus on Research Methods, and Thinking Critically. Features new to the print program include streamlined content, integration of Positive Psychology throughout the text, and optional four-color "Neuropsychology" and "Industrial/Organizational Psychology" chapters. Leading-edge technology enhancements to the program include static and interactive eBooks; upgraded Flash-enabled Netlabs, Web tutorials, and animations; interactive Concept Maps; Active Learning and Critical Thinking Booklets; and a new DVD entitled Revealing Psychology.

#### **NEW TO THIS EDITION**

- UPDATED key terms now match the key terms of the APA Dictionary and APA Thesaurus.
- NEW "In Review" tables now feature 3-5 review questions to reinforce student learning and comprehension.
- NEW "Talking Points" feature helps students summarize the chapter highlights and takeaways for family and friends without giving a lecture.
- UPDATED photo program beautifully and appropriately illustrates chapter concepts and key topics.
- NEW inside cover now features "How Does Psychology Apply to Other Fields" — a list psychology applications to other fields, with page references.

## FEATURES

- Linkages features, combined with the text narrative, highlight the network of relationships among psychology's subfields, helping students see the "big picture" of psychology as an interrelated discipline. A chapter-ending Linkages Diagram presents a set of questions that illustrate three of the ways in which material in the chapter is related to other chapters in the book.
- Thinking Critically sections in each chapter make psychological processes more explicit and accessible by providing a five-question framework for analyzing evidence before drawing conclusions. Throughout the book, psychological phenomena are described in a way that first reveals the logic of the scientific enterprise, then identifies possible flaws in design or implementation, and finally leaves room for more questions and further research.
- Focus on Research sections examine the ways in which research methods have been applied to help advance understanding of behavior and mental processes. Focus on Research is organized around 5 key questions: (1) What was the researcher's question?
  (2) How did the researcher answer the question? (3) What did the researcher find? (4) What do the results mean? (5) What do we still need to know?
- In Review Charts summarize information in a convenient tabular format. Two to three Charts per chapter, accompanied by three fill-in-the-blank self-testing questions, help students review, integrate, and comprehend large chunks of information. Web-based tutorials are correlated to appropriate In Review Charts.
- Chapter Outlines with Preview Questions include page references to the relevant sections of the chapter, to help students plan for the chapter material to follow.

## CONTENTS

 Psychology. 2. Research Methods in Psychology.
 Psychology: Biological Aspects. 4. Sensation. 5.
 Perception. 6. Learning. 7. Memory. 8. Language and Cognition. 9. Consciousness. 10. Cognitive Abilities.
 11. Emotion and Motivation. 12. Human Development.
 13. Stress, Coping, and Health. 14. Personality. 15.
 Psychological Disorders. 16. Psychological Disorders: Treatment. 17. Social Cognition. 18. Social Influence. 19. Industrial and Organizational

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## **PSYKTREK 3.1, 3E** A MULTIMEDIA INTRODUCTION TO PSYCHOLOGY

Wayne Weiten, University of Nevada, Las Vegas

This student tutorial, available on CD-ROM or online, contains 150 concept checks as well as new tests, critical thinking questions, and learning objectives, and provides an intuitive landscape to any introductory psychology course. Available to accompany all introductory textbooks.

## **NEW TO THIS EDITION**

- PsykTrek Version 3.1 includes three new Interactive Learning Modules: 6d, "Forgetting," 9e, "Attachment," and 12e, "Conformity and Obedience," bringing the total to 65 modules.
- Based on user feedback, Weiten has included new pedagogy such as bulleted Learning Objectives at the beginning of each module, multiple choice tests at the end of each module, Unit-level exams, and one critical thinking exercise per unit.
- For the first time, PsykTrek Version 3.1 is available either on CD-ROM or online.
- The new easier-to-use interface includes simplified navigation, and crisper photos and graphics.

## FEATURES

- PSYK.TREK's 65 Interactive Learning Modules provide students with opportunities to absorb, review, and further explore the main topics in introductory psychology. The modules also offer approximately 150 Concept Checks that encourage students to achieve new levels of understanding. Tests that can be printed or emailed from the CD-ROM, and which flow into the gradebook for the online version, help students master the material and share their results with faculty.
- Ten rich simulations of complex psychological

phenomena help students take an active role in experimentation. These simulations include: Social Judgment, Clinical Diagnosis, the Stroop Test, Hemispheric Specialization, the Poggendorff Illusion, Shaping in Operant Conditioning, Memory Processes I, Memory Processes II, Problem Solving, and Psychological Testing for Creativity.

- The Video Selector component allows students to access 35 video clips featuring both classical and contemporary subjects.
- The multimedia Glossary is filled with over 800 terms common to all introductory psychology courses. Each term includes a detailed definition and many terms have an audio pronunciation, as well.

## CONTENTS

Interactive Learning Modules. Unit 1: HISTORY & METHODS. 1a. Psychology''s timeline. 1b. The experimental method. 1c. Statistics: Central tendency and variability. 1d. Statistics: Correlation. 1e. Searching for research articles in psychology. Unit 2: BIOLOGICAL BASES OF BEHAVIOR. 2a. The neuron and the neural impulse. 2b. Synaptic transmission. 2c. Looking inside the brain: Research methods. 2d. The hindbrain and the midbrain. 2e. The forebrain: Subcortical structures. 2f. The cerebral cortex. 2g. Right brain/Left brain. Unit 3: SENSATION & PERCEPTION. 3a. Light and the eye. 3b. The retina. 3c. Vision and the brain. 3d. Perception of color. 3e. Gestalt psychology. 3f. Depth perception. 3g. Visual illusions. 3h. The sense of hearing. Unit 4: CONSCIOUSNESS. 4a. Biological rhythms. 4b. Sleep. 4c. Abused drugs and their effects. 4d. Drugs and synaptic transmission. Unit 5: LEARNING. 5a. Overview of classical conditioning. 5b. Basic processes in classical conditioning. 5c. Overview of operant conditioning. 5d. Schedules of reinforcement. 5e. Reinforcement and punishment. 5f. Avoidance and escape Learning. Unit 6: MEMORY. 6a. Memory encoding. 6b. Memory storage. 6c. Physiology of memory. 6d. Forgetting. Unit 7: COGNITION & INTELLIGENCE. 7a. Types of psychological tests. 7b. Key concepts in testing. 7c. Understanding IQ scores. 7d. Heredity, environment, and intelligence. 7e. Problem solving. 7f. Decision making. Unit 8: MOTIVATION & EMOTION. 8a. Hunger. 8b. Achievement motivation. 8c. Elements of emotion. 8d. Theories of emotion. Unit 9: HUMAN DEVELOPMENT. 9a. Prenatal development. 9b. Erikson"s theory of personality development. 9c. Piaget"s

theory of cognitive development. 9d. Kohlberg's theory of moral development. 9e. Attachment. Unit 10: PERSONALITY THEORY. 10a. Freudian theory. 10b. Behavioral theory. 10c. Humanistic theory. 10d. Biological theory. Unit 11: ABNORMAL BEHAVIOR & THERAPY. 11a. Anxiety disorders. 11b. Mood disorders. 11c. Schizophrenic disorders. 11d. Insight therapies. 11e. Behavioral and biomedical therapies. 11f. Types of stress. 11g. Responding to stress. Unit 12: SOCIAL PSYCHOLOGY. 12a. Attribution processes. 12b. Theories of love. 12c. Attitude change. 12d. Prejudice. 12e. Conformity and obedience. SIMULATIONS. 1. Experimenting with the Stroop test. 2. Hemispheric specialization. 3. The Poggendorff illusion. 4. Shaping in operant conditioning. 5. Memory processes I. 6. Memory processes II. 7. Problem solving. 8. Psychological testing: Measuring your creativity. 9. Clinical diagnosis. 10. Social judgment.

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# SNIFFY THE VIRTUAL RAT LITE, VERSION 3.0 (WITH CD-ROM), 3E

Tom Alloway, University of Toronto, Mississauga; Greg Wilson; Jeff Graham, University of Toronto, Mississauga

Bring the theories of learning to life using SNIFFY, THE VIRTUAL RAT! Instructors praise Sniffy, a realistic digital rat in an operant chamber (Skinner Box), for his ability to give students hands-on experience in setting up and conducting experiments that demonstrate the phenomena of classical and operant conditioning. Users begin by training Sniffy to press a bar to obtain food. Then, they progress to studies of more complex learning phenomena. Throughout each, a series of "Mind Windows" enables students to visualize how Sniffy's experiences in the chamber produce the psychological changes that their textbooks discuss in connection with learning. Available on a cross-platform CD-ROM, the Lite version of Sniffy includes 23 exercises that cover the essential phenomena of learning psychology- making it equally appropriate for psychology of learning and introductory psychology courses. The CD-ROM comes with a Lab Manual that walks users through the steps necessary to set up classical and operant conditioning experiments that closely resemble the experiments discussed in learning texts. (Screen shots are included for both Macintosh® and Windows users.) The manual also includes instructions on how to print or e-mail results, so that Sniffy can become part of students' homework assignments and term papers.

## **NEW TO THIS EDITION**

- New--Behavior frequency recording. Record the frequency with which Sniffy performs each of his twenty-two behaviors, users can see how training Sniffy to perform his "tricks" affects the frequencies with which he performs his behaviors, allowing for new observations of how maintaining Sniffy's operantly conditioned behaviors on different schedules of reinforcement affects the frequency of behaviors that are never reinforced.
- Monitoring adjunctive behavior. Users can now demonstrate that reinforcing bar pressing on interval schedules of reinforcement produces "adjunctive behaviors," behaviors whose frequency is increased as a side effect of reinforcing another behavior on an interval schedule. When Sniffy's bar pressing is reinforced with food on an interval schedule, he drinks more often even though he is never reinforced for drinking (and he is not water deprived). Such increased drinking is called "schedule-induced polydipsia" and is the form of adjunctive behavior that psychologists have studied most extensively with real rats.
- Increased usability. New user features include a redesigned and improved classical conditioning dialog box, more expandable windows, ease of multiple test case generation, ability to control sound-proofing level, automated "Isolate" mode option, and improved data export. Students' reinforcement actions will also be marked on the cumulative recorder to help cut down on student copying.

## FEATURES

• Reorganized to match the sequence of most learning textbooks, Sniffy Lite now allows teachers to teach

classical before operant conditioning. This makes it easier for teachers to assign laboratory exercises.

- Students can now teach Sniffy to perform tricks, such as grooming his face or sitting up and begging. Students can teach Sniffy to perform the desired behavior more frequently in the presence a light or a tone so that Sniffy performs the trick on cue.
- A new "auto reinforcement" feature aids trick training. Students select the behavior they want reinforced, and a virtual "Lab Assistant" ensures that all occurrences of the target behavior are reinforced.
- The program now incorporates a "movement monitor" that measures Sniffy's general activity and a Movement Ratio that indicates inhibition of movement (freezing) as a measure of classical conditioning. As in previous editions, once a user has trained Sniffy to press the bar, they can employ a Suppression Ratio as a measure of classical conditioning.
- A simulation of the effects of punishment on extinction in operant conditioning is now included. This feature simulates several classic studies described in many learning books.
- Sniffy software generates a digital cumulative record, which will improve students' and professors' ability to export numeric data.
- The manual includes clear, user-friendly printing instructions to enable users to print data and graphs.

## CONTENTS

Preface Installing Sniffy Lite. 1. Introduction to Sniffy. 2. Introduction to Classical Conditioning. 3. Phenomena of Classical Conditioning: Acquisition, Extinction, and Spontaneous Recovery. 4. Introduction to Operant Conditioning. 5. Basic Operant Phenomena: Magazine Training, Shaping, Extinction, Spontaneous Recovery, and Secondary Reinforcement. 6. Schedules of Reinforcement and the Partial-Reinforcement Effect. 7. Shaping Behaviors Other than Bar Pressing.

© 2012, 160pp, Paperback, 9781111726171



## SNIFFY THE VIRTUAL RAT PRO, VERSION 3.0 (WITH CD-ROM), INTERNATIONAL EDITION, 3E

Tom Alloway, University of Toronto, Mississauga; Greg Wilson; Jeff Graham, University of Toronto, Mississauga

Bring the theories of learning to life using SNIFFY, THE VIRTUAL RAT! Instructors praise Sniffy, a realistic digital rat in an operant chamber (Skinner Box), for his ability to give students hands-on experience in setting up and conducting experiments that demonstrate the phenomena of classical and operant conditioning. Users begin by training Sniffy to press a bar to obtain food. Then they progress to more studies of more complex learning phenomena. Throughout each, a series of "Mind Windows" enables students to visualize how Sniffy's experiences in the chamber produce the psychological changes that their textbooks discuss in connection with learning. Available on a cross-platform CD-ROM, the Pro version of Sniffy includes fifty exercises that cover every major phenomena typically covered in a Psychology of Learning course. The CD-ROM comes with a Lab Manual that walks users through the steps necessary to set up classical and operant conditioning experiments that closely resemble the experiments discussed in learning texts. (Screen shots are included for both Macintosh and Windows users.) The manual also includes instructions on how to print or e-mail results so that Sniffy can become part of students' homework assignments and term papers.

#### **NEW TO THIS EDITION**

• New—Behavior frequency recording. Record the frequency with which Sniffy performs each of his twenty-two behaviors. Users can see how training Sniffy to perform his "tricks" affects the frequencies with which he performs his behaviors, allowing for new observations of how maintaining Sniffy's

operantly conditioned behaviors on different schedules of reinforcement affects the frequency of behaviors that are never reinforced.

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#### **FEATURES**

- Reorganized to match the sequence of most learning textbooks, Sniffy Pro now allows teachers to teach classical before operant conditioning. This makes it easier for teachers to assign laboratory exercises.
- Students can now teach Sniffy to perform tricks, such as grooming his face or sitting up and begging. Students can teach Sniffy to perform the desired behavior more frequently in the presence of a light or a tone so that Sniffy performs the trick on cue.
- A new "auto reinforcement" feature aids trick training. Students select the behavior they want reinforced, and a virtual "Lab Assistant" ensures that all occurrences of the target behavior are reinforced.
- The program now incorporates a "Movement Monitor" that measures Sniffy's general activity and a "Movement Ratio" that indicates inhibition of movement (freezing) as a measure of classical conditioning. As in previous editions, once a user has trained Sniffy to press the bar, they can employ a "Suppression Ratio" as a measure of classical conditioning.
- A simulation of the effects of punishment on extinction in operant conditioning is now included.

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- The Sniffy software generates a digital cumulative record, which will improve students' and professors' ability to export numeric data.
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## CONTENTS

Preface: Installing Sniffy Pro. 1. Introduction to Sniffy. 2. Introduction to Classical Conditioning. 3. Basic Phenomena of Classical Conditioning: Acquisition, Extinction, Spontaneous Recovery, and Stimulus Intensity Effects. 4. Compound Conditioning, Blocking, Overshadowing, and Overexpectation. 5. Inhibitory Conditioning. 6. Associative Structures in Classical Conditioning: Sensory Preconditioning and Higher-Order Conditioning. 7. The Nature of the Association in Classical Conditioning. 8. Habituation, Sensitization, Background Conditioning, and the CS and US Pre-Exposure Effects. 9. Introduction to Operant Conditioning. 10. Basic Operant Phenomena: Magazine Training, Shaping, Extinction, Spontaneous Recovery, and Secondary Reinforcement. 11. The Effects of Punishment on Response Elimination. 12. Schedules of Reinforcement. 13. Stimulus Discrimination and Stimulus Generalization. 14. Shaping Behaviors Other Than Bar Pressing. Appendix: How to Manage Your Sniffy Files.

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## THE PSYCHOLOGY MAJORS HANDBOOK, INTERNATIONAL EDITION, 3E

eBook

Tara L. Kuther, Western Connecticut State University

This handbook, by Tara L. Kuther, offers undergraduate students the information they need to make informed decisions about whether to pursue psychology as a major and career, as well as guidance to help them succeed in their psychology course. The first chapter introduces students to the scope of psychology and the subspecialties within the field. Subsequent chapters help students assess their skills, abilities, and interests. Career opportunities at the undergraduate and graduate levels are presented so students can decide whether psychology is an appropriate major for them.

## **NEW TO THIS EDITION**

- The handbook is thoroughly updated to include the most up-to-date information on careers available to those with a bachelor's, master's, or doctoral degree in psychology.
- The Third Edition of THE PSYCHOLOGY MAJOR'S HANDBOOK includes additional quizzes, exercises, and checklists to help readers employ the techniques described in this book and take an active role in their professional development.
- Each chapter in Third Edition now includes at least two exercises and three prompts for journal writing, in-class assignments, or take-home essays.
- In depth discussions of areas such as ethics (Chapter 1), what students learn in college and what an education in psychology adds (Chapter 2), how to become active outside of the classroom through applied activities and participation in organizations (Chapter 3), and the value of considering careers by skills rather than setting (Chapter 7) have been added to increase students' awareness in these important

areas.

• Each chapter has been reorganized and streamlined to better meet the needs of the modern student.

## FEATURES

- This practical guide provides information on everything that a psychology student needs to know in order to graduate, find employment, and/or get into graduate school.
- The author takes an active learning approach, helping students effectively grasp, understand, and retain the material.
- Students receive guidance on writing literature reviews and empirical papers.

## CONTENTS

1. What Is Psychology? 2. Choosing a Major: Is Psychology for You? 3. Take an Active Role in Your Education. 4. Study Tips: Tools for Academic Success. 5. Writing a Literature Review. 6. Writing an Empirical Paper. 7. What Can I Do with a Bachelor's Degree in Psychology? 8. Finding a Job with Your Bachelor's Degree. 9. What Can I Do with a Graduate Degree in Psychology? 10. Applying to Graduate School in Psychology.

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## WHAT IS PSYCHOLOGY?, 3E

Ellen E. Pastorino, Valencia Community College; Susann M. Doyle-Portillo, Gainesville State College

Ellen Pastorino and Susann Doyle-Portillo are dedicated, award-winning psychology professors with an infectious enthusiasm for teaching psychology. Praised in previous editions for fostering students' curiosity, WHAT IS PSYCHOLOGY? Third Edition, extends the authors' successful and engaging approach to teaching the introductory psychology course. Pastorino and Doyle-Portillo have found that when students are curious they are motivated to explore and truly learn how psychological concepts are connected. This text unlocks students' curiosity by capturing their interest and motivating them to make connections between memorable personal stories, applications to their own lives, and psychological concepts that they will use and retain in and out of the classroom.

#### NEW TO THIS EDITION

- To provide seamless diversity coverage, the "Spotlight on Diversity" material found in past editions has been integrated into the text narrative, and augmented by the addition of more diversity research content. A new diversity theme index makes it easy to find these references.
- A new "Technology and Behavior" feature uses current research to showcase how increased exposure to technology impacts individuals' behavior. Examples include cell phone use and brain tumors (Ch.2, biology); iPods, earbuds, and hearing loss (Ch.3, sensation); sleep texting (Ch.4, consciousness); exergaming (Ch.8, motivation); costs and benefits of online social networking (Ch.9, development); and Internet addiction (Ch.14, psychological disorders).
- To test students' retention and their ability to think more deeply about what they have learned, the "Let's Review" sections throughout chapters and the end-ofchapter "Learning Challenge" now contain questions that vary in level of difficulty. These include beginnerlevel items that are factual and knowledge-based, midlevel questions focusing on analysis, and advanced questions that encourage applied and critical thinking. These levels are also used in the Study Guide and Test Bank to provide continuity throughout the book and its resource package.
- New to the instructor's PowerLecture® resource are interactive PowerPoints®--based on instructional design principles that define how humans best process information-- that engage students in class and promote better learning from your lectures.
- Over 1,000 new citations discuss findings by Hardell, et. al. on cell phones and brain cancer (Ch. 2), more detailed information on minority contributions to psychology adding Clark's doll experiments and Inez Prosser's research (Ch. 1), the fusiform face area of the temporal lobe that helps us process faces (Ch. 3), the EU's reaction to corporal punishment (Ch. 5), the

role that the hippocampus plays in the processing of procedural memories (Ch. 6), work on how we store perceptual details in long-term memory (Ch. 7), the action of peptide YY as a hunger suppressant (Ch. 8), further research on emerging adulthood (Ch.9), analysis of gender stereotypes in television advertisements in 20 countries (Ch. 10), and a new section that details research on the five factors that contribute to happiness and well-being (Ch. 12).

## FEATURES

- To pique students' curiosity, each chapter opens with "The Big Picture," a real-life story of a person or people whose experience illustrates chapter concepts. New vignettes in this edition present football player Michael Oher's inspiring story (Ch.1); tennis player Andre Agassi's and musician Charlie Parker's contrasting life outcomes after drug use (Ch.4); Michael Gill Gates' unemployment (Ch.5); Rose Mahoney's solo boat trip down the Nile (Ch.11); and the effects of psychological disorders on the lives of author JK Rowling, musician Nathaniel Ayers, and comedian Howie Mandel (Ch.14).
- WHAT IS PSYCHOLOGY? Third Edition, offers unparalleled coverage of diversity topics throughout every chapter. Presenting examples and research findings that weave the experiences of real people from more than 85 countries and/or cultural groups into the narrative, the authors explore gender differences, racial diversity, cultural diversity, and age differences.
- "What's Happening in Your Brain?" features introduce students to neuroscience in an applied, approachable manner. Brain scan images are paired with real-life scenarios, teaching students that what happens in their experiences is happening in their brains. For example, in Chapter 1, this feature explores the impact of violent video game exposure on brain functioning.
- "Big Picture Review" tables throughout each chapter, and the end-of-chapter "Are You Getting the Big Picture" visual summary, bring together major concepts and theories from the chapter in an accessible, engaging, and graphical format. These tools are especially helpful to students who prefer to learn through visual means.
- "Try This Demonstrations" promote understanding by guiding students in self-discovery and active exploration of concepts.

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#### WHAT IS PSYCHOLOGY?, 2E ESSENTIALS, INTERNATIONAL EDITION

Ellen E. Pastorino, Valencia Community College; Susann M. Doyle-Portillo, Gainesville State College

With a strong applied focus, WHAT IS PSYCHOLOGY? ESSENTIALS, 2E, International Edition captures and holds students' attention from the first page to the last. Ellen Pastorino and Susann Doyle-Portillo, awardwinning psychology professors with an infectious enthusiasm for teaching, have found that students who are curious are motivated to explore and truly learn how psychological concepts are connected. This text incorporates the authors' successful and engaging teaching approach, unlocking students' curiosity with compelling, chapter-opening stories of real people that show students how psychology affects their everyday lives. Embedded critical-thinking questions motivate students to continue making connections between personal stories, applications to their own lives, and psychological concepts they will use outside of the classroom. Diversity is addressed in every chapter through integration of issues of gender, race, culture, ethnicity, and sexuality. A comprehensive media package features videos; the PowerLecture<sup>™</sup> CD with readymade lecture slides; Aplia<sup>™</sup>, a text-specific online learning tool designed to improve student performance and save you time; and an online student tutorial featuring personalized study plans and automatic grading.

#### NEW TO THIS EDITION

- A new research-based box, Psychology Across Generations, compares different generations (millennial, boomer, Gen X, etc.) on a topic relevant to each chapter. Examples include "The Aging Brain" (Chapter 2), generational attitudes on marriage and parenthood (Chapter 9), and changes in attitudes toward mental health services over time (Chapter 14).
- Updated and revised chapter-opening stories from the authors' students continue to convey the practical value of psychology in everyday life. Your students will relate to these stories from real people who have the same kinds of experiences as they do.
- New tables include information on myths about behavior, blood alcohol concentrations and typical effects, and the liver's role in hunger.
- Updated discussion areas include major stressful life events and onset of depression, Brodmann's area 25, depression, and deep brain stimulation treatment, autobiographical memory and its relationship to episodic memory, and on potential positive effect of stressful life experiences for some people, referred to as post-traumatic growth or benefit-finding
- Updated research throughout the text includes new research on analysis of gender stereotypes in television ads in 20 countries, sensation-seeking, pheromone research and sensation seeking.
- This edition contains many new sections, which include content on the self-determination theory (Ch. 8), gender differences in regulation of emotion (Ch. 8), the influence of Piaget (Ch. 9) and research on the five factors that contribute to happiness and well-being (Ch.11).
- Every chapter has been thoroughly updated to present the most current research available.

## FEATURES

- Thoroughly applied approach: Piquing students' curiosity at the beginning of each chapter is a real-life story of a person whose experience illustrates how psychology affects students' lives.
- Strong diversity coverage: Gender and age differences as well as racial and cultural diversity are highlighted and integrated throughout. Examples and research findings describe the experiences of real people from more than 85 countries and/or cultural groups. Topics include culture as a factor in shaping food preferences, ethnic differences in sleep patterns, and prejudice against the obese.
- Features that showcase psychology's relevance: Psychology Applies to Your World helps students see how psychology relates to their personal lives. Your Turn: Active Learning demonstrations promote understanding by guiding students in self-discovery of concepts. Brief Neuroscience Applies to Your Brain features (e.g., on botox injections) provide an approachable, applied introduction to the subject.

## CONTENTS

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## WHAT IS PSYCHOLOGY?, INTERNATIONAL EDITION, 3E

Ellen E. Pastorino, Valencia Community College; Susann M. Doyle-Portillo, Gainesville State College

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# WRITING FOR PSYCHOLOGY, 6E

Robert P. O'Shea, Southern Cross University; Wendy McKenzie, Monash University

This bestselling text is an essential resource for any undergraduate psychology student. For many years it has helped guide students with writing reports and essays by teaching them how to think critically, to write clearly and simply, and to follow the conventions of the publication manual of the American Psychological Association (APA). A must-have manual for anyone that needs to learn how to write professional psychology reports and essays.

## NEW TO THIS EDITION

- Fully updated to reflect the requirements of the current 6th edition of the APA manual
- Keeping in line with current course trends, the reportwriting chapter has now moved to earlier in the text
- Stay abreast of current industry terminology with an all NEW glossary of terms
- Facilitate planning and teaching with instructor resources available online

#### **FEATURES**

- Updated to encompass the latest revisions of the 6th edition of the APA Manual, ensuring your students are writing to the most current style
- Good examples of APA reports and essays, featuring concise and engaging annotations and explanations, that are set out in clear APA format, so your students can easily see how to do it themselves
- A sample flawed report and flawed essay are included in the appendices. These identify errors and frequent points of difficulty, helping students to avoid common mistakes
- Poor example/Better example boxes that lead students through the process of understanding

superior writing. Students can quickly compare examples side by side and easily identify how to improve their writing skills

- A whole chapter devoted to other forms of writing for psychology. Posters, for example, are an increasingly popular format for student research presentations
- Clear, engaging language and explanations of how to and why to write to the APA style. This helps students to easily understand the relevance, value and use of good writing for success in their study and future careers

## CONTENTS

1. Read This First! 2. Writing Reports 3. Writing Essays 4. Finding and Using Reference Material 5. Thinking Critically and Developing Ideas 6. Writing Correctly and With Style 7. Writing for Other Forms of Assessment 8. References App A Statistical Assumptions App B Common measurement abbreviations App C More Plurals App D Flawed Report App E Flawed Essay

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# WRITING FOR PSYCHOLOGY, INTERNATIONAL EDITION, 4E

Mark L. Mitchell, Clarion University of Pennsylvania; Janina M. Jolley, Clarion University of Pennsylvania; Robert P. O'Shea, Southern Cross University

WRITING FOR PSYCHOLOGY, 4E, International Edition offers concise assistance for students writing their research analyses using APA style®. By providing concrete examples of common errors, the authors show rather than merely tell students what to do and what to avoid. This manual will help students adhere to the basics of APA style; refine critical thinking skills, library search skills, revising skills, editing skills, and proofing skills; and avoid plagiarism. Checklists precede a summary at the end of every chapter, giving students the chance to make sure they have been thorough in their reports.

## **NEW TO THIS EDITION**

- This edition has been revised to remain consistent with the most recent edition of the Publication Manual of the American Psychological Association.
- The Fourth Edition has been revised to remain consistent with the Journal Article Reporting Standards (JARS).

## **FEATURES**

- The authors provide strategies for organizing papers (and sample outlines) to help students write a wellorganized paper, advice on every aspect of writing the paper, and headings that allow students to quickly find the advice they need.
- A Companion Website allows students access to additional resources.
- Chapter 1 thoroughly explains how to outline, and emphasizes that students' approach should be that of an expert witness who makes a solid, professional, unbiased case for a position. This chapter also includes practical tips about how to finish the first draft and revise it.
- Checklists for students, which have been praised by reviewers, precede the summary at the end of every chapter, giving students the chance to make sure they have been thorough in their reports.
- Sample papers and checklists in both Chapter 2 ("Writing Term Papers") and Chapter 3 ("Writing Research Reports and Proposals") help students learn from examples and evaluate their own papers.
- Appendix A lists the key differences between APA copy style (the format of an unpublished manuscript submitted to an editor for review) and APA final-form style (the format of a published article). By highlighting the final-form formatting rules, the Appendix allows students to use a published article as a model for their paper.

## CONTENTS

1. What Every Student Should Know About Writing Psychology Papers. 2. Writing Term Papers. 3. Writing Research Reports and Proposals. 4. Finding, Reading, Citing, and Referencing Sources. 5. Making Your Case: A Guide to Skeptical Reading and Logical Writing. 6. Writing the Wrongs: How to Avoid Gruesome Grammar, Putrid Punctuation, and Saggy Style. 7. Preparing the Final Draft. Appendix A: APA Copy Style Versus APA Final-Form Style. Appendix B: Problem Plurals. Index.

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## WRITING PAPERS IN PSYCHOLOGY, 9E

Ralph L. Rosnow, Temple University; Mimi Rosnow

This ninth edition of WRITING PAPERS IN PSYCHOLOGY provides frameworks, tips, guidelines, and sample illustrations for college students who are writing research reports or literature reviews that are expected to conform to style recommendations of the American Psychological Association. It also is designed to cultivate organizing, literature retrieval, critical reasoning, and communication skills under deadlines. For more than a decade, this brief, inexpensive, and easy-to-use manual has helped thousands of students in psychology and related fields with the task of writing term papers and reports.

## NEW TO THIS EDITION

- Exhibits in Chapter 3 streamlined.
- Looking over Maya's shoulder has been extended and used in new ways.
- APA style of citing and referencing moved to an earlier chapter.
- Ethical implications added to Chapter 6.
- Sections are numbered for easier referral.
- Various exhibits have been dropped, added, or revised.

## **FEATURES**

• Chapter 1 contains a flowchart that walks the student through the phases of writing research reports or literature reviews that are expected to conform to style recommendations in the fifth edition of the PUBLICATION MANUAL OF THE AMERICAN PSYCHOLOGICAL ASSOCIATION as well as the proposal and, if required, a poster and a concise report of the research for distribution.

- There is an exhibit illustrating how clustering can be used to begin to focus the first draft of a review paper.
- An illustration of how a student might use PsycINFO.
- Within each chapter, the sections are numbered to make it easier to refer to them.

## CONTENTS

PREFACE FOR INSTRUCTORS. 1. Getting Started. 2. Finding and Retrieving Reference Materials. 3. Developing a Proposal. 4. Planning the Research Report. 5. Organizing the Review Paper. 6. Communicating Statistical Information. 7. Writing the First Draft. 8. Producing the Final Manuscript. 9. Preparing Posters and Concise Reports. APPENDIX A: Jane Doe's Research Report. APPENDIX B: John Smith's Review Paper. INDEX.

#### © 2012, 208pp, Paperback, 9781111726133



#### WRITING WITH STYLE, 6E APA STYLE MADE EASY

Lenore T. Szuchman, Barry University

This accessible and invaluable workbook-style reference guide will help your students smoothly make the transition from writing for composition classes to writing for psychology classes. In WRITING WITH STYLE, Sixth Edition, author Lenore T. Szuchman quickly and succinctly provides the basics of style presented by the Sixth Edition of the APA's PUBLICATION MANUAL. Dr. Szuchman's years of experience teaching writingintensive courses give her an inside track on the trouble spots students often encounter when writing papers and dealing with APA style. With this book, she helps your students avoid common errors and use the APA style with confidence.

## **NEW TO THIS EDITION**

- Interactive exercises that were interspersed throughout the text in the previous edition now appear in an "Exercises" section. This consolidation, combined with a format that allows the section to be detached from the text, simplifies grading.
- A sample manuscript in the appendix reports a fictional study about superheroes, color preference, and moral orientation. It contains examples of many of the APA rules specified in the text, providing students with a convenient "go-to" source to complete the exercises.

#### **FEATURES**

- All chapters reference the Sixth Edition of the APA Publication Manual.
- Many exercises contain a suggested article source that is likely to be available online through most college and university libraries. Exercises reference a variety of journal types, especially some that students might not otherwise come across (e.g., Psychology, Public Policy, and Law; Psychological Trauma: Theory, Research, Practice, and Policy; Psychology and Aging; Psychology of Aesthetics, Creativity, and the Arts; Families, Systems, and Health; Cultural Diversity and Ethnic Minority Psychology).
- Handy lists of rules are available on the inside covers.
- The text's unique workbook format offers students both a quick reference to APA style and a place for them to practice what they've learned.
- Interactive exercises allow students to work with actual articles and, in the process, begin to see commonalities that ease them into emulating the required style and language suggested in the Publication Manual of the APA.
- The author pinpoints the typical kinds of errors that students make, followed by suggested alternatives.
- Chapter 5, "Preparing the Results Section," includes guidance on reporting effect size, confidence intervals, and manipulation checks.
- Electronic referencing rules are included in Chapter 8, "Preparing the References Section."

## CONTENTS

1. Introduction: The Laypeople and You. 2. Some Generalizations About How Psychologists Write. 3.

Preparing the Introduction Section and the Literature Review Paper. 4. Preparing the Method Section. 5. Preparing the Results Section. 6. Preparing the Discussion Section. 7. Preparing the Abstract. 8. Preparing the References Section. 9. Preparing a Title Page and Formatting Your Manuscript. 10. Grooming Tips for Psychology Papers. 11. Preparing a Presentation. Exercises. Appendix 1. Wrapping It Up. Appendix 2. Sample Manuscript.

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# LANGUAGE DEVELOPMENT, INTERNATIONAL EDITION, 5E

Erika Hoff, Florida Atlantic University

Erika Hoff's LANGUAGE DEVELOPMENT, 5E, International Edition communicates both the content and the excitement of this quickly evolving field. By presenting a balanced treatment that examines all sides of the issues, Hoff helps readers understand different theoretical points of view-and the research processes that have lead theorists to their findings. After an overview and history of the field, Hoff thoroughly covers the biological bases of language development and the core topics of phonological, lexical, and syntactic development. She also provides in-depth discussions of the communicative foundations of language, the development of communicative competence, language development in special populations, childhood bilingualism, and language development in the school years.

## **NEW TO THIS EDITION**

• This edition has been updated to reflect current

research and data findings, including recent data on newly emerging sign languages (as evidence of the language creation capacity of the brain).

- Chapter 1, "Introduction to the Study of Language Development," now introduces the topic of how the multiple components (or strands) of language are interrelated in development. The broader question of the interrelatedness and mutual bootstrapping of different aspects of language in development is now introduced as an overarching topic.
- The development and increased use of new methods for studying language development is presented in Chapter 1 and elaborated upon in subsequent chapters.
- A new chapter, "Foundations of Language Development: Contributions of Children's Skills and Experiences," reflects the growing literature on both the role of early nonlinguistic skills on later language development and on the effects of variability in experience on language development.
- Chapter 8, "Childhood Bilingualism," has been extensively updated to include new research on speech perception in bilingual infants, trajectories of early bilingual development, and the transition to literacy in bilingual children.

## **FEATURES**

- This market leading text has set the standard. Known for her superior accuracy, scholarship, and readability, Hoff introduces readers to the study of language development in a conversational way, making the material accessible to students with a variety of backgrounds.
- The text revisits the major theoretical perspectives at the end of each chapter to bring readers back to the important questions that pervade all aspects of language development, to remind students of the theoretical underpinnings of the field, and to encourage them to go beyond the data to issues of interpretation.
- Hoff summarizes and discusses findings with illustrative studies so students do not lose sight of the big picture, and so they have a realistic context within which to consider and apply the concepts presented.
- The author provides substantive treatment of literacy in the chapters on childhood bilingualism and the chapter on school-aged language, as well as discussion of cross-linguistic work throughout the text.

## CONTENTS

Foundations of Language Development: Contributions of Children's Skills and Experiences. 1. Introduction to the Study of Language Development. 2. Biological Bases of Language Development. 3. Communicative Development: Foundations and Functions of Language. 4. Phonological Development: Learning the Sounds of Language. 5. Lexical Development: Learning Words. 6. The Development of Syntax and Morphology: Learning the Structure of Language. 7. Language, Culture, and Cognition in Development. 8. Childhood Bilingualism. 9. Language in the School Years. 10. Language Development in Special Populations.

#### © 2014, 480pp, Paperback, 9781133958352



## PSYCHOLOGY OF LANGUAGE, INTERNATIONAL EDITION, 5E

David W. Carroll, University of Wisconsin, Superior

In David Carroll's text, a topic that can sometimes seem bewildering to students is presented in a clear, interesting, and engaging style. Using a cognitive approach, Carroll brings the current developments and controversies in psycholinguistics to students in an engaging style and sets them in historical context. Each chapter is enhanced with unique pedagogy that was designed to stimulate critical thinking, assess comprehension and provide opportunities for application. This fifth edition of Psychology of Language fills the need for an up-to-date and clearly written treatment of the field in a manner that resonates with today's students.

## **NEW TO THIS EDITION**

• Chapter 3, Psychological Mechanisms, has been completely rewritten to reflect contemporary research in working memory and episodic memory,

and their relevance for language processing.

- Chapter 4, Perception of Language, now includes a comparison of the dual-route and connectionist models of reading.
- Chapters 6, Sentence Comprehension and Memory, and 8, Production of Speech and Language now have new sections on the role of working memory in language comprehension and production, respectively.
- Chapter 8, Production of Speech and Language has been substantially revised to incorporate newer research on covert monitoring, the lexical bias effect, and the "tip of the finger" effect in ASL.
- The treatment of bilingualism in Chapter 11, Later Language Acquisition, has been updated to reflect the most current research on this subject.
- Chapter 12, Processes of Language Acquisition, now includes a discussion of twin and adoption studies.
- Chapters 13, Biological Foundations of Language and 14, Language, Culture, and Cognition have updated discussions of fMRI studies of language processing and the effects of color on cognition, respectively.

## CONTENTS

PART I General Issues. 1 Introduction: Themes of Psycholinguistics. 2 Linguistic Principles. 3 Psychological Mechanisms. PART II Language Comprehension. 4 Perception of Language. 5 The Internal Lexicon. 6 Sentence Comprehension and Memory. 7 Discourse Comprehension and Memory. PART III Language Production and Conversational Interaction. 8 Production of Speech and Language. 9 Conversational Interaction. PART IV Language Acquisition. 10 Early Language Acquisition. 11 Later Language Acquisition. 12 Processes of Language Acquisition. PART V Language in Perspective. 13 Biological Foundations of Language. 14 Language, Culture, and Cognition. GLOSSARY. REFERENCES.

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# LEARNING AND MEMORY



## INTRODUCTION TO LEARNING AND BEHAVIOR, INTERNATIONAL EDITION, 4E

Russell A. Powell, MacEwan University ; P. Lynne Honey, MacEwan University ; Diane G. Symbaluk, MacEwan University

Offering a variety of innovative teaching tools, INTRODUCTION TO LEARNING AND BEHAVIOR, 4E, International Edition equips students with a clear introduction to the basic principles of learning and behavior. Designed to apply learning theory and principles to the presentation of learning, it vividly illustrates how learning principles work in both animals and people. Throughout the book, the authors clearly demonstrate how the study of learning helps solve practical problems, such as improving study skills, improving relationships, raising children, and effectively stopping smoking. It reflects the latest research from the field and includes an all-new chapter on "Comparative Cognition". Helping students maximize their understanding and retention of key concepts, the authors include numerous opportunities for review and self-testing. In addition, the widely popular SNIFFY THE VIRTUAL RAT LITE CD-ROM, which simulates a wide range of learning phenomena, is available with the text.

## **NEW TO THIS EDITION**

- An all-new Chapter 13, "Comparative Cognition", covers such topics as numerical ability, categorization, relational decision-making, and tool-use and tool-making across a range of species.
- The Fourth Edition adjusts the order of some chapters to ensure the best progression of topics: Chapter 11 now covers "Observational Learning, Language,

and Rule-Governed Behavior" and Chapter 12 is now "Biological Dispositions in Learning", which can more easily flow into the comparative cognition material in Chapter 13.

- A new "And Furthermore" feature in Chapter 5, "Classical Conditioning: Underlying Processes and Practical Applications", discusses evidence that contradicts the recent claim that the true identity of Watson's Little Albert has been discovered.
- Chapter 8, "Extinction and Stimulus Control", includes an "And Furthermore" discussion of the ability of dogs and Giant African Pouched Rats to detect landmines and discriminate the presence of cancer and/or tuberculosis in human patients.
- Reflecting current practice, the Fourth Edition informs students that SR+ and SR- are regarded by many as acceptable symbols for positive and negative reinforcers, respectively.

## **FEATURES**

- INTRODUCTION TO LEARNING AND BEHAVIOR, 4E, International Edition devotes more material on the contributions of evolutionary theory to behavior and learning. Chapter 1 contains an entire section on Darwin's theory of evolution as a contributing factor toward the rise of behaviorism, along with an extended discussion of the principle of natural selection. Chapter 5 offers an expanded discussion of the compensatory-response model of conditioning, especially as it applies to drug tolerance and addiction, with a more detailed and accurate presentation of the underlying process.
- Pedagogical features such as chapter outlines, opening vignettes, and quotations help organize the material while truly engaging students.
- Extensive review and self-testing features help students maximize their study time and course success. Within each chapter, Quick Quizzes include fill-in-the-blank questions to help students process and retain the information. End-of-chapter review materials include summaries, 15-20 study questions covering the basic concepts, and concept reviews that list all the key terms and definitions in the chapter.
- "And Furthermore" boxes offer interesting and thought-provoking topics that expand upon material presented in the preceding section (for example, "Was Sigmund Freud a Behavior Analyst?"). These boxes feature unique topics not often covered by texts on

learning.

 Inspired by real and fictional people, "Advice to the Lovelorn" inserts help connect students' real-life concerns to learning and conditioning research. Examples include a Skinnerian perspective on infatuation vs. love and a melioration explanation of why more isn't necessarily better in a relationship.

## CONTENTS

1. Introduction. 2. Research Methods. 3. Elicited Behaviors and Classical Conditioning. 4. Classical Conditioning: Basic Phenomena and Various Complexities. 5. Classical Conditioning: Underlying Processes and Practical Applications. 6. Operant Conditioning: Introduction. 7. Schedules and Theories of Reinforcement. 8. Extinction and Stimulus Control. 9. Escape, Avoidance, and Punishment. 10. Choice, Matching, and Self-Control. 11. Observational Learning and Rule-Governed Behavior. 12. Biological Dispositions in Learning. 13. Comparative Cognition. Glossary. References. Index.

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# LEARNING AND BEHAVIOR, INTERNATIONAL EDITION, 7E

Paul Chance, Salisbury State University

LEARNING AND BEHAVIOR, 7E, International Edition looks at learning as an evolutionary mechanism. Based on the theme that learning is a biological mechanism that aids survival, the book embraces a scientific approach to behavior, but is written in clear and engaging language. Chance's book is also filled with high-interest queries and examples that support student's learning and understanding. Students love this book—and actually read it.

## **NEW TO THIS EDITION**

- This edition incorporates increased coverage of research by evolutionary biologists, primatologists, ethologists, rehabilitation psychologists, developmental psychologists, and cognitive psychologists, as well as research completed outside of the United States.
- The author places greater emphasis on the role of context in forgetting, and on the idea that forgetting may be largely a matter of stimulus control (a view taken by increasing numbers of psychologists).
- Content is updated throughout the text, including more than 100 new references dated 2011 or later. New topics, among others, include evaluative conditioning, asocial observational learning, computer-based VRET, progressive schedules, and constraint-induced movement therapy.
- Each chapter now ends with a brief section titled "A Final Word," prompting students to think about and discuss the implications of what they just read.
- New illustrations, including photographs and sketches, illuminate the material and provide visual appeal.
- Brief marginal notes that students are more likely to read, and consequently learn, have replaced footnotes.
- Updated recommended reading lists include items of high interest to students, such as Hal Markowitz's ENRICHING ANIMAL LIVES, Susan Schneider's THE SCIENCE OF CONSEQUENCES, and articles in The New Yorker and other popular periodicals.

## FEATURES

- Chance makes the points that learning is a biological mechanism (evolved modifiability) by which individuals cope with change, that changes in behavior are the products of biological and environmental events, and that the natural science approach is the best way to study behavior.
- Discussion on the Rescorla-Wagner model is among the clearest available today.
- The text emphasizes the "nature via (not versus) nurture" view and the co-dependency of ontogeny and phylogeny.

## CONTENTS

1. Introduction: Learning to Change. 2. The Study of Learning and Behavior. 3. Pavlovian Conditioning.

4. Pavlovian Applications. 5. Operant Learning: Reinforcement. 6. Reinforcement: Beyond Habit. 7. Schedules of Reinforcement. 8. Operant Learning: Punishment. 9. Operant Applications. 10. Observational Learning. 11. Generalization, Discrimination, and Stimulus Control. 12. Forgetting. 13. The Limits of Learning.

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# SNIFFY THE VIRTUAL RAT LITE, VERSION 3.0 (WITH CD-ROM), 3E

Tom Alloway, University of Toronto, Mississauga; Greg Wilson; Jeff Graham, University of Toronto, Mississauga

Bring the theories of learning to life using SNIFFY, THE VIRTUAL RAT! Instructors praise Sniffy, a realistic digital rat in an operant chamber (Skinner Box), for his ability to give students hands-on experience in setting up and conducting experiments that demonstrate the phenomena of classical and operant conditioning. Users begin by training Sniffy to press a bar to obtain food. Then, they progress to studies of more complex learning phenomena. Throughout each, a series of "Mind Windows" enables students to visualize how Sniffy's experiences in the chamber produce the psychological changes that their textbooks discuss in connection with learning. Available on a cross-platform CD-ROM, the Lite version of Sniffy includes 23 exercises that cover the essential phenomena of learning psychology- making it equally appropriate for psychology of learning and introductory psychology courses. The CD-ROM comes with a Lab Manual that walks users through the steps necessary to set up classical and operant conditioning experiments that closely resemble the experiments discussed in learning texts. (Screen shots are included for both Macintosh® and Windows users.) The manual also includes instructions on how to print or e-mail

results, so that Sniffy can become part of students' homework assignments and term papers.

## **NEW TO THIS EDITION**

- New--Behavior frequency recording. Record the frequency with which Sniffy performs each of his twenty-two behaviors, users can see how training Sniffy to perform his "tricks" affects the frequencies with which he performs his behaviors, allowing for new observations of how maintaining Sniffy's operantly conditioned behaviors on different schedules of reinforcement affects the frequency of behaviors that are never reinforced.
- Monitoring adjunctive behavior. Users can now demonstrate that reinforcing bar pressing on interval schedules of reinforcement produces "adjunctive behaviors," behaviors whose frequency is increased as a side effect of reinforcing another behavior on an interval schedule. When Sniffy's bar pressing is reinforced with food on an interval schedule, he drinks more often even though he is never reinforced for drinking (and he is not water deprived). Such increased drinking is called "schedule-induced polydipsia" and is the form of adjunctive behavior that psychologists have studied most extensively with real rats.
- Increased usability. New user features include a redesigned and improved classical conditioning dialog box, more expandable windows, ease of multiple test case generation, ability to control sound-proofing level, automated "Isolate" mode option, and improved data export. Students' reinforcement actions will also be marked on the cumulative recorder to help cut down on student copying.

## FEATURES

- Reorganized to match the sequence of most learning textbooks, Sniffy Lite now allows teachers to teach classical before operant conditioning. This makes it easier for teachers to assign laboratory exercises.
- Students can now teach Sniffy to perform tricks, such as grooming his face or sitting up and begging. Students can teach Sniffy to perform the desired behavior more frequently in the presence a light or a tone so that Sniffy performs the trick on cue.
- A new "auto reinforcement" feature aids trick training. Students select the behavior they want reinforced, and a virtual "Lab Assistant" ensures that all occurrences of the target behavior are reinforced.

- The program now incorporates a "movement monitor" that measures Sniffy's general activity and a Movement Ratio that indicates inhibition of movement (freezing) as a measure of classical conditioning. As in previous editions, once a user has trained Sniffy to press the bar, they can employ a Suppression Ratio as a measure of classical conditioning.
- A simulation of the effects of punishment on extinction in operant conditioning is now included. This feature simulates several classic studies described in many learning books.
- Sniffy software generates a digital cumulative record, which will improve students' and professors' ability to export numeric data.
- The manual includes clear, user-friendly printing instructions to enable users to print data and graphs.

## CONTENTS

Preface Installing Sniffy Lite. 1. Introduction to Sniffy. 2. Introduction to Classical Conditioning. 3. Phenomena of Classical Conditioning: Acquisition, Extinction, and Spontaneous Recovery. 4. Introduction to Operant Conditioning. 5. Basic Operant Phenomena: Magazine Training, Shaping, Extinction, Spontaneous Recovery, and Secondary Reinforcement. 6. Schedules of Reinforcement and the Partial-Reinforcement Effect. 7. Shaping Behaviors Other than Bar Pressing.

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## SNIFFY THE VIRTUAL RAT PRO, VERSION 3.0 (WITH CD-ROM), INTERNATIONAL EDITION, 3E

Tom Alloway, University of Toronto, Mississauga; Greg Wilson; Jeff Graham, University of Toronto, Mississauga

Bring the theories of learning to life using SNIFFY, THE VIRTUAL RAT! Instructors praise Sniffy, a realistic

digital rat in an operant chamber (Skinner Box), for his ability to give students hands-on experience in setting up and conducting experiments that demonstrate the phenomena of classical and operant conditioning. Users begin by training Sniffy to press a bar to obtain food. Then they progress to more studies of more complex learning phenomena. Throughout each, a series of "Mind Windows" enables students to visualize how Sniffy's experiences in the chamber produce the psychological changes that their textbooks discuss in connection with learning. Available on a cross-platform CD-ROM, the Pro version of Sniffy includes fifty exercises that cover every major phenomena typically covered in a Psychology of Learning course. The CD-ROM comes with a Lab Manual that walks users through the steps necessary to set up classical and operant conditioning experiments that closely resemble the experiments discussed in learning texts. (Screen shots are included for both Macintosh and Windows users.) The manual also includes instructions on how to print or e-mail results so that Sniffy can become part of students' homework assignments and term papers.

## **NEW TO THIS EDITION**

- New—Behavior frequency recording. Record the frequency with which Sniffy performs each of his twenty-two behaviors. Users can see how training Sniffy to perform his "tricks" affects the frequencies with which he performs his behaviors, allowing for new observations of how maintaining Sniffy's operantly conditioned behaviors on different schedules of reinforcement affects the frequency of behaviors that are never reinforced.
- Monitoring adjunctive behavior. Users can now demonstrate that reinforcing bar pressing on interval schedules of reinforcement produces "adjunctive behaviors," behaviors whose frequency is increased as a side effect of reinforcing another behavior on an interval schedule. When Sniffy's bar pressing is reinforced with food on an interval schedule, he drinks more often even though he is never reinforced for drinking (and he is not water deprived). Such increased drinking is called "schedule-induced polydipsia," and it is the form of adjunctive behavior that psychologists have studied most extensively with real rats.
- Increased usability. New user features include a redesigned and improved classical conditioning dialog box, more expandable windows, ease of multiple test

case generation, ability to control sound-proofing level, automated "Isolate" mode option, and improved data export. Students' reinforcement actions will also be marked on the cumulative recorder to help cut down on student copying.

## FEATURES

- Reorganized to match the sequence of most learning textbooks, Sniffy Pro now allows teachers to teach classical before operant conditioning. This makes it easier for teachers to assign laboratory exercises.
- Students can now teach Sniffy to perform tricks, such as grooming his face or sitting up and begging. Students can teach Sniffy to perform the desired behavior more frequently in the presence of a light or a tone so that Sniffy performs the trick on cue.
- A new "auto reinforcement" feature aids trick training. Students select the behavior they want reinforced, and a virtual "Lab Assistant" ensures that all occurrences of the target behavior are reinforced.
- The program now incorporates a "Movement Monitor" that measures Sniffy's general activity and a "Movement Ratio" that indicates inhibition of movement (freezing) as a measure of classical conditioning. As in previous editions, once a user has trained Sniffy to press the bar, they can employ a "Suppression Ratio" as a measure of classical conditioning.
- A simulation of the effects of punishment on extinction in operant conditioning is now included. This feature simulates several classic studies described in many learning books.
- The Sniffy software generates a digital cumulative record, which will improve students' and professors' ability to export numeric data.
- The manual includes clear, user-friendly printing instructions to enable users to print data and graphs.

## CONTENTS

Preface: Installing Sniffy Pro. 1. Introduction to Sniffy. 2. Introduction to Classical Conditioning. 3. Basic Phenomena of Classical Conditioning: Acquisition, Extinction, Spontaneous Recovery, and Stimulus Intensity Effects. 4. Compound Conditioning, Blocking, Overshadowing, and Overexpectation. 5. Inhibitory Conditioning. 6. Associative Structures in Classical Conditioning: Sensory Preconditioning and Higher-Order Conditioning. 7. The Nature of the Association in Classical Conditioning. 8. Habituation, Sensitization, Background Conditioning, and the CS and US Pre-Exposure Effects. 9. Introduction to Operant Conditioning. 10. Basic Operant Phenomena: Magazine Training, Shaping, Extinction, Spontaneous Recovery, and Secondary Reinforcement. 11. The Effects of Punishment on Response Elimination. 12. Schedules of Reinforcement. 13. Stimulus Discrimination and Stimulus Generalization. 14. Shaping Behaviors Other Than Bar Pressing. Appendix: How to Manage Your Sniffy Files.

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# THE PRINCIPLES OF LEARNING AND BEHAVIOR, 7E

Michael Domjan, University of Texas, Austin

Known for its currency and clear writing style, THE PRINCIPLES OF LEARNING AND BEHAVIOR provides a comprehensive and systematic introduction to elementary forms of learning that have been the focus of research for much of the twentieth century. The book closely reflects the field of research it represents in terms of topics covered, theories discussed, and experimental paradigms described. Thoroughly updated with recent research and a new neuroscience box in each chapter, the seventh edition covers such topics as habituation, classical conditioning, instrumental conditioning, stimulus control, and aversive control as well as their applications to the study of cognition and to the alleviation of behavior problems. Biological constraints on learning are integrated throughout the text, as are applications boxes that relate animal research to human learning and behavior.

## NEW TO THIS EDITION

• A neuroscience box has been added to each chapter. These new boxes have been organized by Professor James Grau (Professor of Psychology and Faculty of Neuroscience at Texas A&M University) to tell a coherent and progressively unfolding story throughout the book of the neuroscience of learning. Topics include eyeblink conditioning and the search for the engram (Ch. 3), learned helplessness (Ch. 5), hippocampal function and long-term potentiation (Ch. 8), genes and learning (Ch. 11), and the neurobiology of time (Ch. 12). This material can easily be omitted if preferred.

- In addition to updated information about the neuroscience of learning and memory, new research on aspects of basic learning phenomena dictated numerous changes in this edition. For instance, there's new information on habit formation and automatic processing, epigenetic influences on behavior, pathological fear and post-traumatic stress disorder, voucher-based programs for the treatment of substance abuse, self-control, ways to enhance extinction, memory mechanisms, and various special topics in comparative cognition.
- Chapter 3, "Classical Conditioning: Foundations," includes new emphasis on Pavlovian conditioning as a modification of the response to the unconditioned stimulus. This unique discussion represents one of the cutting edge new perspectives on Pavlovian conditioning.
- Chapter 4, "Classical Conditioning: Mechanisms," contains an updated section on latent inhibition that emphasizes its link to schizophrenia as well as to the discussion of higher-order conditioning and sensory preconditioning. A revised section on the Rescorla-Wagner model more clearly explains its relevance to error-correction mechanisms in robotics.
- Chapter 5, "Instrumental Conditioning: Foundations," provides a new example of behavior in a T-maze, illustrating how the T-maze can be used to study whether rat pups can learn where their mother is located. The chapter also includes new example of the conditioning of variable responding (using human participants rather than lab rats) and an updated boxed feature on the detrimental effects of reward.
- Chapter 6, "Schedules of Reinforcement and Choice Behavior," includes a revised section on self-control with new human examples and figures.
- Chapter 7, "Instrumental Conditioning: Motivational Mechanisms," is updated with discussions of the

associative structure of instrumental conditioning, including new references to both behavioral and neuroscience studies. It also includes expanded and updated discussion of response allocation, behavioral economics, and S–O and R–O associations in drug addiction.

- Chapter 8, "Stimulus Control of Behavior," has a new section on stimulus equivalence that clarifies the material, including new references and a newly designed diagram of common response training.
- Chapter 9, "Extinction of Conditioned Behavior," includes an expanded section on enhancing extinction, reflecting the great deal of interest in this topic, especially from a translational research standpoint.
- Chapter 10, "Aversive Control: Avoidance and Punishment," features an expanded and updated section on predatory imminence, including human behavioral and neurobiological research. There's also a new section on the expectancy theory of avoidance, in light of recent human research emphasizing this theory.

## CONTENTS

1. Background and Rationale for the Study of Learning and Behavior. 2. Elicited Behavior, Habituation, and Sensitization. 3. Classical Conditioning: Foundations. 4. Classical Conditioning: Mechanisms. 5. Instrumental Conditioning: Foundations. 6. Schedules of Reinforcement and Choice Behavior. 7. Instrumental Conditioning: Motivational Mechanisms. 8. Stimulus Control of Behavior. 9. Extinction of Conditioned Behavior. 10. Aversive Control: Avoidance and Punishment. 11. Comparative Cognition II: Memory Mechanisms. 12. Comparative Cognition II: Special Topics.

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#### eBook <

## THE PRINCIPLES OF LEARNING AND BEHAVIOR, INTERNATIONAL EDITION, 6E

Michael Domjan, University of Texas, Austin

This active learning edition includes a new, built-in workbook that provides examples and exercises to help students practice and remember what they read in the text. In addition, students read graphs and make their own interpretations of what the information yields about behavior. Each exercise begins with a short lesson, and then has short assignments that range from 1 minute to 30 minutes worth of work—some are short answer, some are projects, and some are more involved. The workbook also incorporates students exercises for SNIFFY THE VIRTUAL RAT, VERSION 2.0. Known for its currency and clear writing style, PRINCIPLES OF LEARNING AND BEHAVIOR, International Edition provides a comprehensive and systematic introduction to elementary forms of learning that have been the focus of research for much of the twentieth century. The book covers habituation, classical conditioning, instrumental conditioning, stimulus control, aversive control, and their applications to the study of cognition and to the alleviation of behavior problems. Biological constraints on learning are integrated throughout the text, as are applications boxes that relate animal research to human learning and behavior. The book closely reflects the field of research it represents in terms of topics covered, theories discussed, and experimental paradigms described.

## **NEW TO THIS EDITION**

• Chapter 1, The section on the relation of behavior theory and cognition, relation of behavior theory and conscious control was expanded. The section on machine learning and automated systems was expanded, as well as, a discussion of the relation between neuroscience and behavioral studies of learning. A new section on animal learning models and drug development was added.

- Chapter 2, Developed a new rationale for including elicited behavior in the book in relation to the nature/ nurture controversy and Steven Pinker's 2002 book on the subject. The section on sign stimuli for incubation behavior was replaced with sign stimuli in human defensive behavior and in human social attractiveness. New examples of sensitization involving sexual arousal and fear potentiated startle.
- Chapter 3, The section on conditioned fear was updated, with greater emphasis on freezing as a measure of fear. Sexual conditioning was used rather than conditioning with food to illustrate sign tracking. The section on taste aversion learning was changed to characterize more generally the learning of taste preferences and aversions, with an emphasis on human examples. Human examples of conditioned inhibition were added.
- Chapter 4, The paragraph on "biological strength" was omitted and moved directly into describing highorder conditioning, counterconditioning, and sensory preconditioning. Updated the section on latent inhibition, US preexposure (with recent work by G. Hall), and selective associations in fear conditioning (with new human examples).The sections on highorder conditioning and sensory preconditioning were updated start with concrete human examples rather than abstract experimental procedures.
- Chapter 5, New human examples of operant responses were provided and distinguished them from instrumental responses. The discussion of shaping behavior shifted from laboratory studies to a discussion of human examples. A new box on DRO provided as therapy for self-injurious behavior. New data relating contrast effects was introduced to hedonic shifts that occur with drug addiction.
- Chapter 6, The discussion between ratio and interval schedules was updated and discussed the implications of these effects for pay scales and employee management.
- The section on differential reinforcement of high and low rates was deleted. New human applications were introduced (matching law) to teenage sexual activity, drug use, and response alternatives in sports.
- Chapter 7, The discussion of S-R mechanisms were

updated to include habit learning in drug addiction and the new Wood & Neal (2007) theory of habitual behavior in people. A new neurobox was included on the role of dopamine in addiction/reward and on addiction/hedonic hot spots. Balleine and Dickinson's concept of incentive learning in discussing reinforcer devaluation effects was updated.

- Chapter 8, A new example of generalization of training effects, involving peer training of gun-safety behaviors in children. Added a discussion of how discrimination-training techniques can be used to determine whether horses and bears can see color. More recent examples of stimulus discrimination training were added. The extensive discussion (and Fig 8.10) of the Honig et al (1963) pigeon study was replaced with a new experiment on cocaine self administration (Kearns et al., 2005).
- Chapter 9, Figure 9.2 was replaced with one that more clearly demonstrated features of spontaneous recovery. Omitted figure 9.3, and associated text, for sake of simplicity. A new section on procedures for enhancing extinction was added, with special emphasis on translational research and implications for behavior therapy.

## CONTENTS

 Introduction. 2. Elicited Behavior, Habituation, and Sensitization. 3. Classical Conditioning: Foundations.
 Classical Conditioning: Mechanisms. 5. Instrumental Conditioning: Foundations. 6. Schedules of Reinforcement and Choice Behavior. 7. Instrumental Conditioning: Motivational Mechanisms. 8. Stimulus Control of Behavior. 9. Extinction of Conditioned Behavior. 10. Averse Control: Avoidance and Punishment.
 Comparative Cognition I: Memory Mechanisms. 12. Comparative Cognition II: Special Topics. References.

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#### THEORIES OF HUMAN LEARNING, 6E WHAT THE PROFESSOR SAID, INTERNATIONAL EDITION

Guy R. Lefrancois, University of Alberta

Both a serious academic text and a delightful story, this book offers a clear, readable look at a full range of learning theories from behavioral to cognitive. It also covers memory, motivation, connectionism (neural net models), and social learning and concludes with a comprehensive synthesis. Its most apparent strength is its easily accessible style, but its greatest value lies in the clarity of its concepts and its emphasis on practical applications. THEORIES OF HUMAN LEARNING, International Edition is narrated by a Professor. But this Professor isn't just anyone. In fact, those familiar with previous editions may conclude that he is related to Kongor and Kro, two extraterrestrials who so successfully guided students through the first two editions—or to the Old Man or, later, the Old Woman who led readers through the next editions. Wise as he is, the Professor does the job even more effectively than his predecessors in this sixth edition of THEORIES OF HUMAN LEARNING: WHAT THE PROFESSOR SAID.

#### **NEW TO THIS EDITION**

- This sixth edition is a survey and interpretation of some of the important theories and findings in the psychology of learning. It includes a detailed examination of the main behavioristic and cognitive theories, and an appraisal of each together with a discussion of its most important practical applications. It also presents a significant updating of current brainbased research and of symbolic and connectionist models (neural network models). As well, it looks at the most recent and useful models of memory, motivation, and social/cognitive learning.
- Thorough updating: 378 of the 910 references are new

to this edition.

- 79 additions to the glossary, many of which reflect concepts new to this edition.
- Change of title, maintaining 3rd person device, using a character referred to as the Professor (rather than the Old Woman or the Old Man).
- New sections Common Misconceptions, Appraisal of Symbolic Models, Folk Beliefs, Evolutionary Psychology, Brain-Based Education, What is Purposive Behaviorism?, Evolution of the Brain, Learning Individual Differences and Structuralism and Functionalism.
- New examples of animals learning via imitation by imitation.
- New illustration of latent inhibition in a medical setting and clarified definition of latent inhibition.
- Expanded coverage of brain structures and functions.
- New studies on environmental enrichment with humans.
- Expanded sections on neurotransmitters.

## CONTENTS

PART I: SCIENCE AND THEORY. 1. Human Learning. PART II: MOSTLY BEHAVIORISTIC THEORIES. 2. Early Behaviorism: Pavlov, Watson, and Guthrie. 3. The Effects of Behavior: Thorndike and Hull. 4. Operant Conditioning: Skinner's Radical Behaviorism. 5. Evolutionary Psychology: Learning, Biology, and the Brain. PART III: THE BEGINNINGS OF MODERN COGNITIVISM. 6. A Transition to Modern Cognitivism: Hebb, Tolman, and the Gestaltists. PART IV: MOSTLY COGNITIVE THEORIES. 7. Three Cognitive Theories: Bruner, Piaget, and Vygotsky. 8. Symbolic Models of the Mind and Neural Networks. 9. Learning and Remembering. 10. Motivation. 11. Social Learning: Bandura's Social Cognitive Theory. PART V: SUMMARY. 12. Summary, Synthesis, and Integration. Epilogue. Glossary. References. Name Index.

© 2012, 464pp, Paperback, 9781111830144

# **MOTIVATION/EMOTION**



# EMOTION, INTERNATIONAL EDITION, 2E

James W. Kalat, North Carolina State University; Michelle N. Shiota, University of California, Berkeley

Drs. James W. Kalat and Michelle N. Shiota wrote EMOTION, International Edition in response to a growing need for a broad-based text on the topic. Now in its Second Edition, this text includes the most recent research to reflect new thinking about the area of emotion, and surveys both theoretical and practical topics ranging from neuroscience to development and culture. It also includes a strong emphasis on research methods and measurement. Blending unprecedented scholarship with a friendly and accessible writing style, this text resonates with students by making the study of emotion both interesting and relevant.

## **NEW TO THIS EDITION**

- A NEW chapter on the evolutionary approach to emotion.
- NEW chapter on autonomic nervous system and hormonal aspects of emotion.
- NEW chapter on central nervous system aspects of emotion.
- NEW chapter on emotion and Personality.
- NEW chapter on emotion in Clinical Psychology.
- NEW chapter on emotion in Clinical Psychology.
- Expanded and updated pop culture references and real-world examples resonate with students by relating material to their environments and experiences.

#### **FEATURES**

• This text provides in-depth coverage of neuroscience as it relates to the study of emotion, clearly showing the connection between the brain and the emotional

state of an individual.

- The authors encourage students to consider and discuss culture and its effect on emotion, helping them to understand the subject matter by linking it to their surroundings.
- Each chapter concludes with suggestions for classdiscussion topics and small-scale research projects.

## CONTENTS

Preface. 1. Introduction: The Nature of Emotion. 2. Evolution of Emotion. 3. Culture and Emotion. 4. Emotion and the Body: Autonomic Nervous System and Hormones. 5. Emotion and the Brain: The Central Nervous System. 6. Emotion Regulation. 7. Fear and Anxiety. 8. Anger, Disgust, and Contempt. 9. Love. 10. Happiness and The Positive Emotions. 11. The Self-Conscious Emotions. 12. Development of Emotion. 13. Emotion and Personality. 14. Effects of Emotion on Cognition. 15. Emotion in Clinical Psychology. Epilogue.

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# HUMAN MOTIVATION, INTERNATIONAL EDITION (WITH INFOTRAC), 6E

Robert E. Franken, University of Calgary

This Sixth Edition provides a thorough introduction to the basic facts and major theories of human motivation. Throughout the book, the author addresses the types of questions that often arise, such as "Why are some people more organized than others?" and "Why do people dream?" In his exploration of dayto-day human motivation, Franken provides a topical organization that shows students how biology, learning, and cognition interact with individual differences to produce human behavior.

## **NEW TO THIS EDITION**

• This Sixth Edition is thoroughly updated, with chapters

1 -4 reflecting new citations on related research. Chapter 4 discusses recent findings pertaining to males' greater interest in variety.

- Chapter 5 now offers increased coverage on the evolutionary origins of the prefrontal cortext and the role it plays in ADHD.
- Chapter 6 includes updated content and a new discussion of prefrontal cortex during sleep, as well as coverage of the Compensatory Model of effects following sleep reduction.
- Chapter 7 now discusses the evolutionary origins of the dopaminergic system and how drug addiction is a failure of self-regulation.
- Chapter 8 now contains information on the origins of terrorism so students can relate human motivation to the current world atmosphere.

## CONTENTS

1. Themes in the Study of Motivation. 2. Components of Motivation. 3. Hunger and Eating. 4. Passion, Love, and Sexual Behavior. 5. Arousal, Attention, and Peak Performance. 6. Wakefulness, Alertness, Sleep, and Dreams. 7. Drug Use and Drug Addiction. 8. Aggression, Coercive Action, and Anger. 9. Emotions, Stress, and Health. 10. Goal-Incongruent (Negative) Emotions. 11. Goal-Congruent (Positive) Emotions. 12. From Curiosity to Creativity. 13. The Need for Control and Competence. 14. The Self-Concept and Self-Esteem.

© 2007, 480pp, Paperback, 9780495171713



#### **MOTIVATION, 6E** THEORY, RESEARCH, AND APPLICATION, INTERNATIONAL EDITION

Herbert L. Petri, Towson University; John M. Govern, Towson University

With its signature focus on evolutionary psychology, MOTIVATION: THEORY, RESEARCH AND

APPLICATION, 6E, International Edition reflects the latest developments from the field in its thorough coverage of the biological, behavioral, and cognitive explanations for human motivation. The book clearly presents the advantages and drawbacks to each of these explanations, allowing students to draw their own conclusions. Relevant and timely, the text helps readers understand the processes that activate their behavior by drawing examples from topics that interest students, including sleep, stress, eating disorders, helping behavior, emotion, and more. Extremely student friendly, the text includes numerous study aids to maximize learner success, while vivid graphic illustrations offer additional insight into key concepts. In addition, its unique thematic approach gives instructors ultimate flexibility.

## NEW TO THIS EDITION

- Integrating the latest research from the field, the Sixth Edition of MOTIVATION: THEORY, RESEARCH AND APPLICATION, International Edition has been extensively revised, restructured, and updated to reflect new developments in psychology.
- Combining the first two chapters of the previous edition, the new introductory chapter on "Conceptualizing and Measuring Motivation" places the topic of methodology into the first chapter and concludes with coverage of evolution, setting the stage for the rest of the book.

## FEATURES

- MOTIVATION: THEORY, RESEARCH AND APPLICATION, International Edition's thematic approach focuses on evolutionary psychology, enabling instructors to rearrange topics to best fit their course needs.
- Chapter 3, "Psychological Mechanisms of Arousal", covers current research on sleep and stress as well as such new topics as health psychology and psychoneuroimmunology, with particular emphasis on its role in the conditioning of the immune system. Psychosocial factors related to depression and the immune system are also thoroughly examined.
- Presenting the latest research on hunger, thirst, sex, and aggressive motives, Chapter 4, "Physiological Mechanisms of Regulation" also explores recent topics like sensory specific satiety, a new section on basic metabolism, and recent research on the fat cell

produced hormone (Leptin).

- Chapter 9, "Cognitive Motivation: Expectancy-Value Approaches", includes research on measuring the achievement motive, and goals and achievement motivation (i.e., achieving for the future).
- Information on attribution and achievement, and attribution and learned helplessness, appears in Chapter 11, "Cognitive Motivation: Competence and Control". Examples include a section on Bandura's agenic theory, revised and expanded coverage of Deci & Ryan's self-determination theory, and a discussion of the call for a new "positive" psychology.
- Helping students understand the interaction of physiological and cognitive components in the generation of emotion, Chapter 12 includes important coverage of how the brain integrates these components into a specific emotional response.
- The Sixth Edition highlights recent advances in understanding how the brain integrates the components of an emotional response.
- The authors discuss motives as complex behaviors influenced by a variety of factors. For example, sexual behavior is best understood as having genetic, arousal, regulatory, incentive, and learned components.

## CONTENTS

1. Conceptualizing and Measuring Motivation. 2. Genetic Contributions to Motivated Behavior. 3. Physiological Mechanisms of Arousal. 4. Physiological Mechanisms of Regulation. 5. Learned Motives: Classical, Instrumental, and Observational Learning. 6. Incentive Motivation. 7. Hedonism and Sensory Stimulation. 8. Cognitive Motivation: Expectancy-Value Approaches. 9. Cognitive Motivation: Social Motivation and Consistency. 10. Cognitive Motivation: Attribution Approaches. 11. Cognitive Motivation: Competence and Control. 12. The Emotions as Motivators. 13. Conclusions.

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# NEUROPSYCHOLOGY



# BIOLOGICAL PSYCHOLOGY, INTERNATIONAL EDITION, 11E

James W. Kalat, North Carolina State University

Dr. James W. Kalat's BIOLOGICAL PSYCHOLOGY, 11E, International Edition is the most widely used text in the course area, and for good reason: an extremely high level of scholarship, clear and occasionally humorous writing style, and precise examples. Throughout all eleven editions, Kalat's goal has been to make biological psychology accessible to psychology students, not just to biology majors and pre-meds. Another goal has been to convey the excitement of the search for biological explanations of behavior, and Kalat delivers. Updated with new topics, examples, and recent research findings and supported by new online bio-labs, part of the strongest media package yet this text speaks to today's students and instructors.

#### **NEW TO THIS EDITION**

- The Eleventh Edition has been carefully updated throughout with new topics, new examples, and hundreds of new references.
- New or revised coverage includes topics such as severe anxiety disorders, seasonal variation of eating habits, the importance of genetics in learning language, diagnosis of schizophrenia, antidepressant drug therapy, new brain cell formation following brain damage, addiction, and the biochemical basis of the action potential.
- Studies that students will find to be of particular interest include one that explains why women have more touch sensitivity than men, and another finding in a new section on social pain that Tylenol can relieve hurt feelings.

• An all-new interior design with numerous new and revised figures makes the text more appealing and student-friendly than ever.

## **FEATURES**

- Kalat's text incorporates the latest research in biological psychology, including significant coverage on neuroscience and neuropsychology.
- Colorful, vivid illustrations in a consistent style throughout the text connect physiological components to concise biological psychology explanations, helping students understand challenging concepts.
- Applications and Extensions bring practical meaning and better understanding to important topics. Topics include people with four cone types, "goose bumps" and "fight or flight," suppressed vision during eye movements, and an exploration of the sensation of tickle and the somatosensory receptors.
- Try It Yourself exercises illustrate phenomena discussed in the text. By allowing students to experience certain research findings directly, these enjoyable, instructive exercises make it easier to comprehend and remember concepts.
- Stop and Check self-quizzes at the end of every major section give students the opportunity to review and digest the material they have just read. Answers presented upside down immediately follow each question or set of questions.
- A strong ancillary package now includes a robust online bio-lab component.

#### CONTENTS

 The Biological Approach to Psychology. 2. Neurons and Action Potentials. 3. Communication at Synapses.
 Brain Anatomy. 5. Brain Development and Plasticity.
 The Visual System. 7. Hearing, the Body Senses, and the Chemical Senses. 8. Control of Movement. 9. Sleeping and Waking. 10. Temperature Control, Thirst, and Hunger. 11. Sexual Behaviors. 12. Biology of Emotion.
 Learning and Memory. 14. Lateralization, Language, and Consciousness. 15. Abnormal Behavior.

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eBook <

## COGNITIVE NEUROSCIENCE, INTERNATIONAL EDITION, 3E

Marie T. Banich, University of Colorado at Boulder; Rebecca J. Compton, Haverford College

This text balances experimental and clinical perspectives with a survey of a variety of mental functions. In a conversational style, the authors provide clear, accessible explanations of difficult concepts, making use of analogies and case studies to illustrate them. A consistent structure throughout each chapter defines a mental function and the role of each part or parts of the brain in that function, followed by a discussion of what neuropsychological syndromes say about the cognitive and neural organization of the mental function.

## **NEW TO THIS EDITION**

- While the approach of the first two editions have been retained, this third edition has nevertheless been extensively revamped. The main new additions are as follows.
- The introduction of a 4-color art program. In this edition, an enhanced and improved 4-color art program has been introduced to further promote students' understanding of the material. Important figures from earlier editions have been redrawn, and many new figures have been added. Some figures highlight regions of the brain so the reader can quickly see "where" and "what" in the brain are important. Other figures present data from representative studies in the field, so that students can gain experience in viewing and interpreting data; still others depict important experimental paradigms so that students can quickly grasp how a key study was conducted.
- Addition of two new chapters. Two chapters have been added to the text to reflect growing areas of research over the last decade. Chapter 6 is a new chapter

covering early perceptual processing that takes place along pathways between sensory receptors, such as the retina, and primary sensory cortex. This chapter lays the groundwork for how the brain represents the sensory-perceptual world, knowledge that students can build upon in subsequent chapters that address object recognition and spatial cognition. Ch. 14 is a new chapter on psychopathology, which examines the application of cognitive neuroscience principles to the understanding of major mental illnesses such as schizophrenia and depression.

- Ancilliary materials to aid in learning.Book Companion Site at www.cengage.com/psychology/BanichThis website provides instructors and students with a wealth of free information and resources, including tutorial quizzes, flashcards, and glossary.PowerPoint Lecture OutlinesMicrosoft® PowerPoint® slides let you incorporate images from the book right into your lectures.
- Extensive updating of the material to incorporate the acceleration of knowledge in the field.

## CONTENTS

PART I: FUNDAMENTALS. 1. Intro to the Nervous System. 2. How Neurons Communicate. 3. Methods. 4. Lateralization of Function. PART II: NEURAL BASES OF MENTAL FUNCTIONS. 5. Motor Control. 6. Early Perceptual Processing. 7. Object Recognition. 8. Spatial Processing. 9. Language. 10. Memory. 11. Attention. 12. Executive Function. 13. Emotion & Social Processing. PART III: BROAD-BASED PHENOMENA. 14. Psychopathology. 15. Plasticity and Development. 16. Generalized Cognitive Disorders.

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## PRINCIPLES OF NEUROPSYCHOLOGY, INTERNATIONAL EDITION, 2E

*Eric A. Zillmer, Drexel University; Mary V. Spiers, Drexel University; William Culbertson, University of Pennsylvania & Private Practice* 

Focusing on applied and clinical examples, the Second Edition of PRINCIPLIES OF NEUROPSYCHOLOGY is an exciting and dynamic approach to neuropsychology that should inspire both students and teachers. This progressive and accessible text teaches brain function in a clear and interesting manner by providing the most recent studies and research available in this ever-developing field. Applying the underlying thesis that all interactions in daily life, whether adaptive or maladaptive, can be explained neuropsychologically, the authors emphasize five specific ideas: human neuropsychology-both experimental and clinical, integration of theory and research, coverage of the relationship between neuroscience and behavioral function, real-life examples, and the presentation of didactic aids. Integrating these themes with the most up-to-date research provides all readers-whether or not they have had previous exposure to the field-with the most current and accessible text available.

## NEW TO THIS EDITION

- Chapter 4 titled "Cells of Thought" includes the expanded knowledge of the role of glial cells in order for students to understand their involvement in thought and behavior.
- Chapter 7 titled "Somatosensory, Chemical and Motor Systems" includes new sections on testing motor functions and disorder of complex motor processing to give students a more balanced coverage on sensory and motor systems.
- Chapter 8 offers expanded coverage of two cognitive domains, vision and language, allowing more emphasis on the significance of vision and language processing within the brain. This coverage was previously included in chapter 4.
- Chapter 14 has been significantly revised and

expanded to cover new research in cognitive issues in normal aging, giving the reader the most up-todate research.

• In Chapter 16, the section on epilepsy has been updated and focuses on neuropsychological assessment and behavioral treatments for epilepsy with 9 new references added so the reader can see the most recent behavioral treatments.

## FEATURES

- physiology with a focus on clinical applications and case studies without neglecting theory, research, or experimental data. They also discuss evolution and animal research as well as emphasizing human applications.
- The text strives to integrate the field of human clinical neuropsychology with what is known about the normal brain.
- A special feature at the beginning of the text, "Structure-Function Relationships" provides a useful summary of how each structure of the brain functions. This feature can easily be referenced from any point in the text.
- "Keep in Mind" questions at the beginning of each chapter prepare students for the material that follows and help them focus on key topics as they read.
- "Neuropsychology in Action boxes," contributed by prominent neuropsychologists, such as Jane Holmes Bernstein and Thomas L. Bennett, appear throughout the text to provide special insight into the actual clinical application and practice of neuropsychology.

## CONTENTS

1. A History of Neuropsychology. 2. Methods of Investigating the Brain. 3. Neuropsychological Assessment and Diagnosis. PART TWO. THE FUNCTIONING BRAIN. 4. Cells of Thought. 5. Functional Neuroanatomy. 6. Cerebral Specialization.

7. Somatosensory, Chemical and Motor Systems. 8. Vision and Language. 9. Memory, Attention and Executive Functioning. PART THREE. DISORDERS OF THE BRAIN. 10. Developmental Disorders of Childhood. 11. Learning and Neuropsychiatric Disorders of Childhood. 12. Cerebrovascular Disorders. 13. Tumors and Traumatic Brain Injury. 14. Normal Aging and Dementia: Alzheimer"s Dementia. 15. Subcortical and Mixed Dementia. 16. Disorders of Consciousness. 17. Recovery, Rehabilitation, and Intervention.

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# PERSONALITY





## INTRODUCTION TO PERSONALITY, INTERNATIONAL EDITION, 8E

Jerry M. Burger, Santa Clara University

lerry Burger's INTRODUCTION TO PERSONALITY, International Edition is the respected, recognized bestseller in the market, providing a solid mid-level book that fuses the best of theory-based and research-based instruction to give students a powerful introduction to personality. Burger pairs "theory, applications, and assessment" chapters with chapters that describe the research programs aligned with every major theoretical approach. Biographical sketches of theorists and accounts of the stories behind influential research programs help students understand how classic and contemporary findings relate to each other, and reinforce the idea that theory and research perpetuate one another. To round out the text, in-text selfassessments and a Study Guide (available separately) get students to interact with the material.

## NEW TO THIS EDITION

- More than 250 references have been added to this edition, including an expanded discussion of theory and research on the behavioral activation system (BAS) and behavioral inhibition system (BIS) and a new section on unmitigated communion as part of the discussion of individual differences in genderrole behavior.
- The author has added a personality scale for students to assess their own level of unmitigated communion in Chapter 14. That same chapter includes a new section on the effects of playing violent video games, a topic of particular relevance for many college students.
- The author has added a new research topic to Chapter 16—cognitions and aggression, presented the general

aggression model and discussed the research on reactive aggression in elementary school and middle school boys.

## FEATURES

- Burger's integrated approach pairs Theory chapters with companion chapters on relevant research for each theoretical perspective. The structure of the book is designed to demonstrate how the classic theories drive research and that the relevant research findings often shape the development and acceptance of new theories.
- The book is an excellent overview of all major theories of personality as well as current research topics.
- "Assessing Your Own Personality" exercises let students actively experience personality tests and learn how assessment works. Students will find numerous personality tests to take and score themselves, thereby gaining hands-on experience with chapter content.
- Application sections in the theory chapters show how the theory can be applied to such everyday problems as job satisfaction or therapy.
- "In the News" boxes engage students with current, relevant examples that show how concepts in the text apply to daily life.

## CONTENTS

1. What Is Personality? 2. Personality Research Methods. 3. The Psychoanalytic Approach: Freudian Theory, Application and Assessment. 4. The Freudian Approach: Relevant Research. 5. The Psychoanalytic Approach: Neo-Freudian Theory, Application and Assessment. 6. The Neo-Freudian Theories: Relevant Research. 7. The Trait Approach: Theory, Application, and Assessment. 8. The Trait Approach: Relevant Research. 9. The Biological Approach: Theory, Application, and Assessment. 10. The Biological Approach: Relevant Research. 11. The Humanistic Approach: Theory, Application, and Assessment. 12. The Humanistic Approach: Relevant Research. 13. The Behavioral/Social Learning Approach: Theory, Application, and Assessment. 14. The Behavioral/Social Learning Approach: Relevant Research. 15. The Cognitive Approach: Theory, Application and Assessment. 16. The Cognitive Approach: Relevant Research.

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# **PERSONALITY, 9E**

Jerry M. Burger, Santa Clara University

The respected and recognized best seller in the market, Jerry Burger's PERSONALITY is a solid mid-level book that fuses the best of theory-based and researchbased instruction to give students an illuminating introduction to the subject. Burger pairs "theory, application, and assessment" chapters with chapters that describe the research programs aligned with every major theoretical approach. Biographical sketches of theorists and accounts of the stories behind influential research programs help students understand how classic and contemporary findings relate to each other, and reinforce the idea that theory and research perpetuate one another. In-book self-assessments promote students' interaction with the material.

#### NEW TO THIS EDITION

- More than 300 references have been added to this edition. Expanded topics that have generated an increasing amount of research in recent years include the behavioral activation and behavioral inhibition systems (Chapter 9), unmitigated agency (Chapter 14), and programs to reduce aggression in children (Chapter 16).
- Chapter 7, "The Trait Approach: Theory, Application, and Assessment," includes an expanded discussion of recent attempts to replace the Big Five model.
- A new Appendix called "Your Personality" gives students a big picture view by providing an easy way to record and combine all of the results of the "Assessing Your Own Personality" features throughout the book. It also offers information on interpreting the scores.
- New and updated topics in the "In the News" boxes include loneliness as a public health issue (Chapter 12) and changes in the kinds of toys marketed to girls and boys (Chapter 14).
- All of the figures have been updated with a fresh new look.

#### FEATURES

- An integrated approach pairs "theory, application, and assessment" chapters with companion chapters on relevant research for each theoretical perspective. The structure of the book is designed to demonstrate how the classic theories drive research and that the relevant research findings often shape the development and acceptance of new theories.
- The text offers an excellent overview of all major theories of personality as well as current research topics.
- "Assessing Your Own Personality" exercises let students actively experience personality tests and learn how assessment works. Students will find numerous personality tests to take and score themselves, thereby gaining hands-on experience with chapter content. For instance, a personality scale in Chapter 14, "The Behavioral/Social Learning Approach: Relevant Research," allows students to assess their own level of unmitigated communion.
- Application sections in the theory chapters show how each theory can be applied to such everyday problems as job satisfaction or therapy.
- "In the News" boxes engage students with current, relevant examples that show how concepts in the text apply to daily life.

#### CONTENTS

1. What Is Personality? 2. Personality Research Methods. 3. The Psychoanalytic Approach: Freudian Theory, Application, and Assessment. 4. The Freudian Approach: Relevant Research. 5. The Psychoanalytic Approach: Neo-Freudian Theory, Application, and Assessment. 6. The Neo-Freudian Theories: Relevant Research. 7. The Trait Approach: Theory, Application, and Assessment. 8. The Trait Approach: Relevant Research. 9. The Biological Approach: Theory, Application, and Assessment. 10. The Biological Approach: Relevant Research. 11. The Humanistic Approach: Theory, Application, and Assessment. 12. The Humanistic Approach: Relevant Research. 13. The Behavioral/Social Learning Approach: Theory, Application, and Assessment. 14. The Behavioral/ Social Learning Approach: Relevant Research. 15. The Cognitive Approach: Theory, Application, and Assessment. 16. The Cognitive Approach: Relevant Research. Appendix: Your Personality. Glossary.

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# PERSONALITY THEORIES WORKBOOK, 5E

eBook

Donna Ashcraft, Clarion University of Pennsylvania

The case studies in PERSONALITY THEORIES WORKBOOK, 5e, help students learn and apply personality theories to real-life examples of typical-rather than abnormal--behavior. While most personality texts present just the major concepts of personality theories, Donna Ashcraft's unique workbook ensures that students thoroughly understand examples and enables students to put theories into practice. The text's wide range of case studies is accompanied by questions that guide students through an analysis of the case, prompting them to consider how a particular theorist would view it. A variety of questions helps students apply each theory to real-world examples, while resources such as theory comparison questions ensure that students understand the differences between each theory. Succinct, affordable, and accessible, PERSONALITY THEORIES WORKBOOK, 5e, combines an excellent assortment of cases with critical-thinking questions and greater application of theories to students' personal lives. The result is solid student understanding.

#### **NEW TO THIS EDITION**

- The exciting fifth edition includes new and updated cases and examples and numerous new questions, as well as new theorists with case studies.
- Two all-new case studies have been added focusing on Attachment Theory, and specifically the work of John Bowlby and Mary Ainsworth
- NEW "Contributions" boxes help student understand the importantance of learning each of the theories and what each theorist contributed to the field
- Even more application and theory comparison questions have been added to spark lively classroom discussions and ensure that students have a solid

understanding of the differences between theories.

#### FEATURES

- Professor Donna Ashcraft developed this unique case studies workbook as a solution to a key teaching problem: helping students thoroughly understand each theory. The result is a text that improves students' ability to compare and contrast theories and arrive at their own conclusions about the strengths and limitations of each theory.
- The table of contents of PERSONALITY THEORIES WORKBOOK, 5e, includes a wide range of personality theorists commonly covered in the course, regardless of the book in use, making its coverage expansive and in-depth.
- The text's excellent range of cases illustrates diversity and supports instructors' goals of helping students thoroughly understand as well as apply the theories.
- Critical-thinking questions and relevant exercises enable students to apply each theory to real-world examples. The text is an ideal resource for instructors who use the traditional theory-by-theory organization as well as those who want to help students who are struggling to understand and distinguish the theories from each other.

#### CONTENTS

Section 1: LEARNING AND APPLYING THE THEORIES. Sigmund Freud. Case Study 1. Case Study 2. Carl Jung. Case Study 3. Case Study 4. Erik Erikson. Case Study 5. Case Study 6. Alfred Adler. Case Study 7. Case Study 8. Karen Horney. Case Study 9. Case Study 10. Erich Fromm. Case Study 11. Case Study 12. Harry Stack Sullivan. Case Study 13. Case Study 14. Abraham Maslow. Case Study 15. Case Study 16. Carl Rogers. Case Study 17. Case Study 18. Rollo May. Case Study 19. Case Study 20. George Kelly. Case Study 21. Case Study 22. Burrhus Frederic Skinner. Case Study 23. Case Study 24. Albert Bandura. Case Study 25. Case Study 26. Julian Rotter. Case Study 27. Case Study 28. Gordon Allport. Case Study 29 Case Study 30. Raymond Cattell. Case Study 31. Case Study 32. Robert McCrae and Paul Costa. Case Study 33. Case Study 34. Evolutionary Psychology. Case Study 35. Case Study 36. Section 2: ADDITIONAL THEORY COMPARISON: MULTIPLE EXPLANATIONS FOR THE SAME BEHAVIOR. Theory Comparison. Charts 121. Case Study 37. Case Study 38. Case Study 39. Case Study 40. Case Study 41.

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# PERSONALITY THEORIES, INTERNATIONAL EDITION, 9E

Barbara Engler, Union County College

The Ninth Edition of PERSONALITY THEORIES, International Edition continues to provide sound and thorough coverage enhanced with solid pedagogy, a critical-thinking focus, and integration of multicultural and gender-related issues. Each chapter focuses on one theory or group of theories and includes brief biographies that shed light on how the theories were formed. Engler also provides criteria for evaluating each theory and cites current relevant research. A final chapter on Zen Buddhism covers a major non-Western theory of personality and serves to distinguish this program in the field.

#### **NEW TO THIS EDITION**

- Updated! All content is updated to reflect the status of current research on each theorist. Coverage includes new research on the Big Five, siblings' birth order and IQ, as well as terrorism and terror management theory.
- This edition pays considerable attention to the neurobiological basis of personality (a major emerging interest in personality theorizing) and the effects of computer and social media.
- The popular "Thinking Critically" boxes present such new topics as "Identifying Defense Mechanisms," "Neurotic Needs, Modes, and Orientations," "Serial Testimony," and others.

#### **FEATURES**

- "Personal Experiences" features relate psychology concepts to everyday life experience.
- "Thinking Critically" boxes throughout the text present compelling activities that encourage students to analyze or apply key issues to the theories

discussed.

- "To Learn More" features direct students to the Companion Website, where they will find a discussion of each topic as well as links for further research. The web modules posted at the website cover topics such as the status of psychoanalysis today, recent existential theories, and the use of medication to treat depression.
- "Philosophical Assumption" boxes guide students in analyzing theorists' philosophical views, and enable them to place each theory along several philosophical continuums.
- "Philosophy, Science, and Art" sections at the end of each chapter help students examine how a theory is represented in these disciplines.
- A unique final chapter on Zen Buddhism adds significant cross-cultural understanding of personality theory.
- A "Timeline of Theorists" on the inside front cover provides a contextual reference for theorists' lives in relation to historical events.

#### CONTENTS

1. Introduction: Evaluating Personality Theories. Part I: THE PSYCHOANALYTIC APPROACH. 2. Psychoanalysis. Part II: THE NEOPSYCHOANALYTIC APPROACH. 3. Analytical Psychology. 4. Interpsychic Theories. 5. Psychoanalytic Social Psychology. Part III: MORE **RECENT TRENDS IN PSYCHOANALYTIC THEORY. 6.** Ego Analytic Psychology. 7. Human Relations. Part IV: **BEHAVIOR AND LEARNING THEORIES. 8. Experimental** Analysis of Behavior. 9. Social Learning Theories. Part V: DISPOSITIONAL AND BIOLOGICAL THEORIES. 10. Traits and Personology. 11. Factor Analytic, Genetic, and Evolutionary Theories 12. Biological Traits. Part VI: HUMANISTIC AND EXISTENTIAL THEORIES. 13. Humanism. 14. Existential Psychoanalysis. Part VII: COGNITIVE THEORIES. 15. Personal Constructs. 16. Cognitive-Behavioral Theories. Part VIII: A NON-WESTERN APPROACH. 17. Zen Buddhism. CONCLUSION: Personality Theory in Perspective. GLOSSARY, REFERENCES, INDEX, PHOTO CREDITS,

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eBook <

# THEORIES OF PERSONALITY, INTERNATIONAL EDITION, 10E

Richard M. Ryckman, University of Maine

Thoroughly updated to include the latest research available, THEORIES OF PERSONALITY, 10E, International Edition takes a unique "theory by theory" approach that carefully guides students through major theories on their way to a comprehensive understanding of personality. Richard Ryckman's student-friendly writing style offers a straightforward presentation of major theories, helping readers more easily distinguish between them. The text begins by providing a framework that defines personality and emphasizes the science of personality-including the interrelation between research and theory. Next it introduces each major theoretical position with an objective overview of the theorist's basic concepts and principles. It concludes by noting the ways in which the different theories stimulate additional research efforts and by presenting five current research trends resulting from the work of these earlier theorists. The result is a text that merges the best of classic and contemporary research to equip students with a solid working knowledge of personality.

#### **NEW TO THIS EDITION**

- Completely revised and updated, every chapter reflects the most current personality research available.
- Chapter 3 "Jung's Analytical Psychology" offers an expanded treatment of the theory of psychological types, including a new presentation of differences in the typology profiles of gifted and non-gifted adolescents.
- Chapter 5 "Horney's Social and Cultural Psychoanalysis" expands the theory and research on the central role played by neurotic competitiveness, i.e., hyper-

competitiveness and competition avoidance, in personality development and functioning. It also provides updated treatment of the concept of personal development competition, a psychologically healthy form of competitive attitude.

- Chapter 6 "Erikson's Psychoanalytic Ego Psychology" extends the concept of ego identity statuses to include theory and research on ethnic identity. It emphasizes the struggle by racial/ethnic minorities to reject negative stereotypes of them by the dominant white majority and to take pride in their own racialethnic identity.
- Chapter 8 "Allport's Trait Theory" provides increased coverage of the newest developments on the role of religion in the development of the mature human personality.
- Chapter 10 "Eysenck's Biological Typology" introduces the latest research illustrating that divergent and convergent thinking are both necessary for creativity.
- Chapter 16 "Rotter's Expectancy Reinforcement Value Model" offers increased coverage of the newest research on the central role played by locus of control differences in human development and functioning.
- Materials on behavioral genetics and evolutionary theory are updated and increased in Chapter 18. The section on multiculturalism emphasizes the need by clinicians to be more sensitive to the racial/ethnic and religious backgrounds of their clients in order to be more effective in their treatment of them. Increased coverage of the Big Five traits is presented, while theorizing and research in positive psychology is updated and expanded. Additional coverage explores how our understanding of people's major personality characteristics are illuminated through an analysis of their differential usage of the Internet.

# FEATURES

- Chapter 1 "Personality and the Scientific Outlook" uses Claude Steele's self-affirmation theory and research based on it to illustrate the key terms in deductive theories and the experimental method used to test hypotheses derived from them.
- Chapter 14 "May's Existential-Analytic Position" offers an extended discussion of the disintegration of values in modern society.

#### CONTENTS

PART I: AN INTRODUCTION TO THE DISCIPLINE.

1. Personality and the Scientific Outlook. PART II: PSYCHOANALYTIC AND NEOANALYTIC PERSPECTIVES. 2. Freud's Psychoanalytic Perspectives. 3. Jung's Analytical Psychology. 4. Adler's Individual Psychology. 5. Horney's Social and Cultural Psychoanalysis. 6. Erikson's Psychoanalytic Ego Psychology. 7. Kohut's Self Psychology. PART III: TRAIT PERSPECTIVES. 8. Allport's Trait Theory. 9. Cattell's Structure-Based Systems Theory. 10. Eysenck's Biological Typology. PART IV: COGNITIVE PERSPECTIVES. 11. Kelly's Theory of Personal Constructs. PART V: HUMANISTIC/EXISTENTIAL PERSPECTIVES. 12. Maslow's Self-Actualization Position. 13. Roger's Person-Centered Theory. 14. May's Existential-Analytic Position. PART VI: SOCIAL-BEHAVIORISTIC PERSPECTIVES. 15. Skinner's Operant Analysis. 16. Rotter's Expectancy Reinforcement Value Model. 17. Bandura's Social Cognitive Theory. PART VII: THE ROLE OF THE GRAND THEORIES IN CONTEMPORARY PERSONALITY PSYCHOLOGY. 18. Theory and Research in Contemporary Personality Psychology.

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# THEORIES OF PERSONALITY, INTERNATIONAL EDITION, 10E

Duane P. Schultz, University of South Florida; Sydney Ellen Schultz

Filled with updated research and findings, Schultz and Schultz's THEORIES OF PERSONALITY, 10E, International Edition gives students a clear and cogent introduction to this dynamic field. Organized by theory, this popular text discusses major theorists who represent psychoanalytic, neopsychoanalytic, lifespan, trait, humanistic, cognitive, behavioral, and sociallearning approaches, while demonstrating the influence of events in theorists' personal and professional lives on the development of these theories. The book also explores the ways in which race, gender, and cultural issues play a part in the study of personality and in personality assessment, and include numerous examples, tables, and figures that further enhance students' understanding of the content. The final chapter integrates topics explored in previous chapters and suggests conclusions that can be drawn from the many theorists' work.

#### **NEW TO THIS EDITION**

- Thoroughly updated with more than 350 new references to maintain the emphasis on current issues.
- New "Highlights" boxes are present bullet point lists to help the student organize and compare the results of research studies.
- New material covers the effects of child-rearing practices, gender, ethnicity, and culture on the issues of personality development, test performance, and the broader conceptions of human nature.
- A new section has been added to Chapter 1 to consider how social networking sites such as Facebook shape and reflect our personalities.

- Research findings have been summarized throughout the text in "Highlights" boxes; this feature presents bullet point lists to help the student organize and compare the results of research studies.
- The text contains biographical material for the theorists, to suggest, where warranted, how the development of their theory may have been influenced by events in their personal and professional lives.
- Material on the effects of gender, ethnicity, and culture on the issues of personality development, test performance, and the broader conceptions of human nature appears in this edition. It also highlights considerable cross-cultural research and a diversity of samples of research participants from European, African, and Asian nations.
- The chapters have all been extensively revised to include the most recent studies and findings that reflect the field of personality research today.
- The authors' engaging style makes it easy for students to analyze and compare theories.
- Biographical material on theorists helps students understand the relationship between life experiences and personality theories.

#### CONTENTS

1. Studying Personality: Assessment, Research, and Theory. 2. Sigmund Freud: Psychoanalysis. 3. Carl Jung: Analytical Psychology. 4. Alfred Adler: Individual Psychology. 5. Karen Horney: Neurotic Needs and Trends. 6. Erik Erikson: Identity Theory. 7. Gordon Allport: Motivation and Personality. 8. Raymond Cattell, Hans Eysenck, and Other Trait Theories. 9. Abraham Maslow: Needs-Hierarchy Theory. 10. Carl Rogers: Self-Actualization Theory. 11. George Kelly: Personal Construct Theory. 12. B. F. Skinner: Reinforcement Theory. 13. Albert Bandura: Modeling Theory. 14. Locus of Control, Sensation Seeking, Learned Helplessness, Optimism/Pessimism, Positive Psychology, Happiness and Success. 15. Personality in Perspective. Glossary. References. Author Index. Subject Index.

**PSYCHOLOGY** 

© 2013, 504pp, Paperback, 9781111835231



HUMAN JUDGMENT THE EYE OF THE BEHOLDER

Donald Laming, Cambridge University

The manner in which people choose, decide, judge and make up their minds shapes the society in which we live. This innovative text uses established psychophysical theory to inform an understanding of a wide variety of real-world applications, including the Euro, gambling, the Guildford Four, the Spanish Inquisition and Joan Collins versus Random House.

#### FEATURES

• Using familiar media stories this book shows us how established psychophysical theory can be used to help understand a variety of real-world events

- Outlines the basic principles that influence the way that people make decisions, and illustrates the application of these principles to the wider society in which we live
- Introduces the idea of 'relativity', that all judgements are comparisons of one thing with another
- Examines the psychological basis of such applications as advertising, art appreciation and religion
- Considers how judgements can be biased in a variety of situations including eye-witness identification, the marking of examinations and gambling
- The theory is supported by reference to experimental studies throughout the book and the psychological principles are illustrated with examples as diverse as: the American Declaration of Independence, Salvador Dali, Egon Ronay on matching wine to food, luck, the 100-hours war, and more

#### CONTENTS

1. The Eye of the Beholder. 2. Relativity. 3. Points of View. 4. The Way We See The World. 5. The Quality of Human Judgment. 6. Guessing in the Dark. 7. The Marketplace. 8. The Appraisal of Literature and Art. 9. What is a 'Work of Art? 10. Belief in God. 11. Bias. 12. The Social Workers' Dilemma. 13. Examinations. 14. Eyewitness Identification. 15. The Power of Argument. 16. Luck. 17. Predicting the Future.

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# PERSONALITY THEORIES WORKBOOK, 5E

Donna Ashcraft, Clarion University of Pennsylvania

The case studies in PERSONALITY THEORIES WORKBOOK, 5e, help students learn and apply personality theories to real-life examples of typical-rather than abnormal--behavior. While most personality

texts present just the major concepts of personality theories, Donna Ashcraft's unique workbook ensures that students thoroughly understand examples and enables students to put theories into practice. The text's wide range of case studies is accompanied by questions that guide students through an analysis of the case, prompting them to consider how a particular theorist would view it. A variety of questions helps students apply each theory to real-world examples, while resources such as theory comparison questions ensure that students understand the differences between each theory. Succinct, affordable, and accessible, PERSONALITY THEORIES WORKBOOK, 5e, combines an excellent assortment of cases with critical-thinking questions and greater application of theories to students' personal lives. The result is solid student understanding.

#### **NEW TO THIS EDITION**

- The exciting fifth edition includes new and updated cases and examples and numerous new questions, as well as new theorists with case studies.
- Two all-new case studies have been added focusing on Attachment Theory, and specifically the work of John Bowlby and Mary Ainsworth
- NEW "Contributions" boxes help student understand the importantance of learning each of the theories and what each theorist contributed to the field
- Even more application and theory comparison questions have been added to spark lively classroom discussions and ensure that students have a solid understanding of the differences between theories.

#### **FEATURES**

- Professor Donna Ashcraft developed this unique case studies workbook as a solution to a key teaching problem: helping students thoroughly understand each theory. The result is a text that improves students' ability to compare and contrast theories and arrive at their own conclusions about the strengths and limitations of each theory.
- The table of contents of PERSONALITY THEORIES WORKBOOK, 5e, includes a wide range of personality theorists commonly covered in the course, regardless of the book in use, making its coverage expansive and in-depth.
- The text's excellent range of cases illustrates diversity and supports instructors' goals of helping students

thoroughly understand as well as apply the theories.

• Critical-thinking questions and relevant exercises enable students to apply each theory to real-world examples. The text is an ideal resource for instructors who use the traditional theory-by-theory organization as well as those who want to help students who are struggling to understand and distinguish the theories from each other.

#### CONTENTS

Section 1: LEARNING AND APPLYING THE THEORIES. Sigmund Freud. Case Study 1. Case Study 2. Carl Jung. Case Study 3. Case Study 4. Erik Erikson. Case Study 5. Case Study 6. Alfred Adler. Case Study 7. Case Study 8. Karen Horney. Case Study 9. Case Study 10. Erich Fromm. Case Study 11. Case Study 12. Harry Stack Sullivan. Case Study 13. Case Study 14. Abraham Maslow. Case Study 15. Case Study 16. Carl Rogers. Case Study 17. Case Study 18. Rollo May. Case Study 19. Case Study 20. George Kelly. Case Study 21. Case Study 22. Burrhus Frederic Skinner. Case Study 23. Case Study 24. Albert Bandura. Case Study 25. Case Study 26. Julian Rotter. Case Study 27. Case Study 28. Gordon Allport. Case Study 29 Case Study 30. Raymond Cattell. Case Study 31. Case Study 32. Robert McCrae and Paul Costa. Case Study 33. Case Study 34. Evolutionary Psychology. Case Study 35. Case Study 36. Section 2: ADDITIONAL THEORY COMPARISON: MULTIPLE EXPLANATIONS FOR THE SAME BEHAVIOR. Theory Comparison. Charts 121. Case Study 37. Case Study 38. Case Study 39. Case Study 40. Case Study 41.

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# PERSONALITY THEORIES WORKBOOK, 6E

Donna Ashcraft, Clarion University of Pennsylvania

The case studies in PERSONALITY THEORIES WORKBOOK, Sixth Edition, help students learn and apply personality theories to real-life examples of typical--rather than solely abnormal--behavior. While most personality texts present just the major concepts of personality theories, this unique workbook ensures that students thoroughly understand examples, and enables students to put theories into practice. The wide range of case studies is accompanied by application questions that guide students through an analysis of each case, prompting them to consider how a particular theorist would view it. In addition, theory comparison questions ensure that students understand the differences between each theory. Succinct, affordable, and accessible. PERSONALITY THEORIES WORKBOOK combines an excellent assortment of cases with criticalthinking questions and greater application of theories to students' personal lives. The result is solid student understanding.

#### **NEW TO THIS EDITION**

 A new section on limited domain theories includes case studies that demonstrate learned helplessness and learned optimism, coronary prone (Type A and Type B) behavior, and social anxiety. Accompanying these cases are associated application and theory comparison questions that allow students to learn the concepts as well as see the similarities and differences between these more specific ideas and general concepts in major theories.

#### FEATURES

• Professor Donna Ashcraft developed this unique case studies workbook as a solution to a key teaching

problem: helping students thoroughly understand each theory. An excellent range of cases--49 in all-illustrates diversity and improves students' ability to compare and contrast theories as well as arrive at their own conclusions about the strengths and limitations of each theory.

- The workbook includes a wide range of personality theorists commonly covered in the course, making its coverage expansive, in-depth, and complementary to any personality textbook.
- Critical-thinking questions and relevant exercises (i.e., Application Questions and Theory Comparison Questions) enable students to understand and apply each theory to real-world examples, and ensure that students have a solid understanding of the differences between theories. "Helpful Hints" offer guidance for students having trouble answering some of the application questions.
- The text is an ideal resource for instructors who use the traditional theory-by-theory organization as well as for those who want to help students who are struggling to understand and distinguish the theories from each other.
- "Contributions" boxes help students understand the importance of learning each of the theories and what each theorist contributed to the field.

#### CONTENTS

Section 1: LEARNING AND APPLYING THE THEORIES. (Note: Cases for each theorist are accompanied by Application Questions, Theory Comparison Questions, and Helpful Hints.) Sigmund Freud: Contributions. Case Studies 1-2. Carl Jung: Contributions. Case Studies 3-4. Erik Erikson: Contributions. Case Studies 5-6. Alfred Alder: Contributions. Case Studies 7-8. Karen Horney: Contributions. Case Studies 9–10. Erich Fromm: Contributions. Case Studies 11–12. Harry Stack Sullivan: Contributions. Case Studies 13-14. John Bowlby and Mary Ainsworth: Contributions. Case Studies 15-16. Abraham Maslow: Contributions. Case Studies 17-18. Carl Rogers: Contributions. Case Studies 19-20. Rollo May: Contributions. Case Studies 21–22. George Kelly: Contributions. Case Studies 23-24. Burrhus Frederic Skinner: Contributions. Case Studies 25-26. Albert Bandura: Contributions. Case Studies 27-28. Julian Rotter: Contributions. Case Studies 29-30. Gordon Allport: Contributions. Case Studies 31-32. Raymond Cattell: Contributions. Case Studies 33-34. Robert

McCrae and Paul Costa: Contributions, Case Studies 35-36. Evolutionary Psychology: Contributions. Case Studies 37-38. Section 2: LEARNING AND APPLYING LIMITED DOMAIN THEORIES. (Each case is accompanied by Application Questions and Theory Comparison Questions.) Martin Seligman--Learned Helplessness and Learned Optimism: Case Studies 39-40. Meyer Friedman and Ray Roseman--The Coronary Prone Personality (Type A and Type B Behavior): Case Studies 41-42. Social Anxiety: Case Studies 43-44. Section 3: ADDITIONAL THEORY COMPARISON: MULTIPLE EXPLANATIONS FOR THE SAME BEHAVIOR. (Each case is accompanied by Application Questions.) Theory Comparison. The Structure of Personality. Stages of Development. Personality Types and Traits. Adjustment. Defense Mechanisms. Needs. The Self. Actualization. Case Studies 45-49.

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#### **POSITIVE PSYCHOLOGY IN CHINA** ABSTRACTS OF THE FIRST CHINA INTERNATIONAL CONFERENCE ON POSITIVE PSYCHOLOGY

Kaipeng Peng, University of California Berkeley; Shaojian Chen ; Lizhe Sun

Positive psychology is a relatively new branch of psychology that seeks to nurture positive elements of mental health rather than simply focuses on treating specific mental health issues. Positive Psychology in China is a compilation of abstracts of conference papers contributed by international scholars and professionals during the First China International Conference on Positive Psychology held in Beijing in 2010. This book aims to fill the gap in the study of psychology of the Chinese psyche. This is especially crucial when, despite the country's robust economic growth, recent high-profile events have shined the spotlight on the psychological well-being of Chinese citizens. By drawing on the work of international academics, Positive Psychology in China seeks to examine the Chinese psyche, particularly one's desire to pursue happiness. Students of psychology and scholars who are interested in positive psychology, human happiness, as well as Chinese cultures will find this a useful reference. Also available in the Gale Virtual Reference Library (eBook). eBook pricing varies according to the size of your institution. Please contact us for details. eBook ISBN-13: 9789814424936

# FEATURES

- A compilation of abstracts that showcases the presentations made by international scholars during the First China International Conference on Positive Psychology held in 2010
- Examines the diversified elements that constitute the study of positive psychology, including evolutionary theory, studies on human behavior, contemporary neuroscience, and cross-cultural research
- Discusses affective, behavioral, and cognitive patterns associated with the science of happiness

#### CONTENTS

Preface. Session A1: Organizational Behavior and Employee's Happiness (1). Session A2: Organizational Behavior and Employee's Happiness (2). Session A3: Sports, Fitness, and Positive Psychology. Session A4: Cultural Communication and Positive Psychology. Session A5: Public Policy, Economics, Decision- Making, and Happiness. Session A6: Emotional Cognition and Positive Psychology. Session A7: Mental Health and Positive Psychology (1). Session A8: Mental Health and Positive Psychology (2). Session B1: Psychotherapy and Positive Psychology (1). Session B2: Psychotherapy and Positive Psychology (2). Session B3: Positive Psychology and Mental Health of College Students (1). Session B4: Positive Psychology and Mental Health of College Students (2). Session B5: Educational Innovation and Positive Psychology. Session B6: Dialogue and Discussion. Session B7: Positive Psychology and Mental Health of Children and Adolescents (1). Session B8: Positive Psychology and Mental Health of Children and Adolescents (2). Author Index. Index.

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#### POSITIVE PSYCHOLOGY IN CHINA: ABSTRACTS OF THE FIRST CHINA INTERNATIONAL CONFERENCE ON POSITIVE PSYCHOLOGY (EBOOK) ABSTRACTS OF THE FIRST CHINA INTERNATIONAL CONFERENCE ON POSITIVE PSYCHOLOGY

Kaipeng Peng, University of California Berkeley; Shaojian Chen ; Lizhe Sun

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#### **PSYCHODYNAMIC PSYCHOLOGY** CLASSICAL THEORY AND CONTEMPORARY RESEARCH

Matt Jarvis, Totton College and Totton Sports Academy

Of all the many approaches to psychology, the psychodynamic comes closest to what the layperson expects from psychology. It tackles issues central to human experience including how our relationship with our parents affects our adult relationships, why men and women are different and why we dream. The psychodynamic approach is also however the most misunderstood and misrepresented in psychology, and 'Freud-bashing' has become a popular academic sport. The aim of Psychodynamic Psychology is to cut through the dogma and to provide a clear and balanced review of the major psychodynamic theories and their practical applications.

#### **FEATURES**

- Includes hundreds of empirical studies of psychodynamic ideas from the last 10 years
- Incorporates insights from empirical psychology, psychiatry, neuroscience and contemporary psychoanalysis
- Discussion points and critical discussions encourage reflective and thoughtful study
- Includes hundreds of empirical studies of psychodynamic ideas from the last ten years, featuring research summaries of key studies, with accompanying discussion
- Includes regular critical discussion boxes summarising key debates to promote and encourage critical thinking

#### CONTENTS

1. Psychodynamic Psychology. 2. Freudian Theory 1: The Unconscious Mind. 3. Freudian Theory 2: Psychosexuality. 4. Adlers Individual Psychology. 5. Jungs Analytical Psychology. 6. Object Relations and Attachment Theory. 7. Lifespan Development. 8. Psychodynamic Therapies 1: Process. 9. Psychodynamic Therapies 2: Outcome

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#### **PSYCHOLOGY** AN INTERNATIONAL DISCIPLINE IN CONTEXT: AUSTRALIAN & NEW ZEALAND EDITION

Douglas A. Bernstein, University of South Florida; Julie Ann Pooley, Edith Cowan University; Lynne Cohen, Edith Cowan University; Bethanie Gouldthorp, Murdoch University

Introductory texts in psychology present an opportunity to discover reasons for human behaviour and address the issues which impact upon their behaviour. This first Australian and New Zealand adaptation of the well respected Psychology 9th edition, by Bernstein et al. continues to strike a balance between classical and contemporary topics with an easy to read, comprehensive, research-oriented approach. The text takes an active learning approach with the use of hallmark pedagogical features such as Linkages, Focus on Research Methods, and Thinking Critically. Features enriching this adaptation include research, issues and examples of psychology relevant to the Australian and New Zealand regional perspective; indigenous research; graduate attributes and psychological literacy sections; other cultural and international considerations, and extended online appendices for searching psychology databases and careers in psychology.

#### **NEW TO THIS EDITION**

- The book includes regional examples to highlight many of the psychological principles. The adapting authors worked collaboratively and sought regional representation, including consulting with Indigenous Australian and New Zealand academics, to ensure a breadth of coverage of the material presented.
- Each chapter starts with Applying Psychology questions, graduate attributes and psychological literacy sections to more fully support students in their understanding of the concepts to be covered.
- Integration of cultural, cross-cultural and indigenous psychology issues throughout the text and online

resources.

• Incorporation of regionally relevant terminology, spelling, imagery, research, statistics and metrics to help students relate to the psychology material.

#### FEATURES

- Linkages sections and features, combined with the text narrative, highlight the network of relationships among psychology's subfields, helping students see the "big picture" of psychology as an interrelated discipline.
- A chapter-ending Linkages Diagram presents a set of questions that illustrate three of the ways in which material in the chapter is related to other chapters in the book.
- Applying psychology questions at the beginning of chapters give students context for the material to follow.
- Graduate attributes and psychological literacy sections support student understanding of the skills required and how to master them while studying psychology.
- Thinking Critically sections in each chapter make psychological processes more explicit and accessible by providing a five-question framework for analysing evidence before drawing conclusions. Throughout the book, psychological phenomena are described in a way that first reveals the logic of the scientific enterprise, then identifies possible flaws in design or implementation, and finally leaves room for more questions and further research.
- Focus on Research sections examine the ways in which research methods have been applied to help advance understanding of behavior and mental processes. Focus on Research is organised around 5 key questions: (1) What was the researcher's question?
  (2) How did the researcher answer the question? (3) What did the researcher find? (4) What do the results mean? (5) What do we still need to know?

#### CONTENTS

1. Introducing psychology 2. Research in psychology 3. Biological aspects of psychology 4. Sensation 5. Perception 6. Learning 7. Memory 8. Cognition and language 9. Consciousness 10. Cognitive abilities: intelligence and intelligence testing 11. Motivation and emotion 12. Human development 13. Health, stress, and coping 14. Personality 15. Psychological disorders 16. Treatment of psychological disorders 17. Social cognition 18. Social influence 19. Neuropsychology (online) Appendix A: Answers to 'In review' questions Appendix B: Careers for psychology graduates Appendix B: Careers for psychology graduates (extended; online) Appendix C: Behavioural genetics (online) Appendix D: Statistics in psychological research (online) Appendix E: Searching psychology databases (online)

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#### THE PSYCHOLOGY OF WORK AND ORGANIZATIONS, 2E (WITH COURSEMATE AND EBOOK ACCESS CARD)

Steve Woods, Aston Business School, Aston University; Mike West, Aston Business School, Aston University

This second edition of Woods and West's The Psychology of Work and Organizations provides a complete introduction to how psychology and the world of work interact. Completely updated to reflect all the recent changes in the turbulent world of work, the new edition also contains coverage on a number of key new topics including: strategic human resource management, developmental perspectives on individual differences at work, advanced theories on organizational behaviour, and competency modelling.

- Additional 'Key Themes' feature offers enhanced coverage on the contemporary challenges currently facing business.
- New "Apply it" feature guides students and employees to use the content of the chapter and put it into action in the real world of work.
- Completely updated reference base.
- Fresh, easy to navigate text design.
- Enhanced digital support resources offering

Instructor's Manual, PowerPoint slides, case studies, and a variety of self-test questions.

#### CONTENTS

1. Integrative Chapter: Foundations of Work Psychology Part 1 Foundations of Work and Organizational Psychology 2. Research Methods in Work Psychology 3. Individual Differences 4. Attitudes and Behaviour at Work 5. Motivation at Work Part 2 Professional Practice of work and Organizational Psychology 6. Recruitment and Selection 7. Training, Learning and Development 8. Performance Measurement and Management 9. Careers and Careers Management 10. Stress, Safety and Health at Work Part 3 Organizations 11. Organizations: Strategy and Structure 12. Leadership in Organizations 13. Teams and Teamwork 14. Organizational Culture, Climate, and Change 15. The Psychology of Work and Organizations (Integrative Chapter)

#### © 2014, 576pp, Paperback, 9781408072455



# **THEMES IN CHINESE PSYCHOLOGY, 2E**

Catherine Tien-Lun Sun, Hong Kong Shue Yan University

Books written in English on the psychology of Chinese people are scarce and Themes in Chinese Psychology (Second Edition) tries to fill the void in the market. It aims to put forward the various affective, behavioral, and cognitive patterns that have been identified as being closely associated with the Chinese psyche. While the themes in the book do not purport to constitute an exhaustive list, they have been chosen for their general interest. Students of psychology and readers who are keen to understand the Chinese mind will find this publication a useful textbook and an excellent sourcebook. The second edition includes a new chapter on Chinese learning, updated references, and an index.

#### FEATURES

- First academic text exploring the Chinese psychology
- Researches affective, behavioral, and cognitive patterns associated with the Chinese psyche
- Examines the influences of traditional Chinese philosophies—Confucianism, Taoism, and Buddhism— on the Chinese mentality
- Examines the influences of traditional Chinese philosophies—Confucianism, Taoism, and Buddhism— on the Chinese mentality
- New to this edition: a chapter on Chinese learning; updated references; and an index

#### CONTENTS

Preface. Preface to the First Edition. Confucianism and Chinese Psychology. Taoism and Chinese Psychology. Buddhism and Chinese Psychology. The Social Psychological Characteristics of Chinese Society. Filial Piety: Social and Psychological Implications. Yuan and its Psychological Implications for Relationship Management. Face Management and Patterns of Communication. Female Gender Roles and Gender Egalitarianism in China. Chinese Emotions. Chinese Learning. Psychopathology and Psychological Wellness in China. Chinese Values, Beliefs, and Causal Attribution as Depicted in Classical Chinese Fiction. Key terms. References. Index.

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# **PSYCHOLOGY OF WOMEN**





#### HALF THE HUMAN EXPERIENCE, 8E THE PSYCHOLOGY OF WOMEN, INTERNATIONAL EDITION

Janet Shibley Hyde, University of Wisconsin, Madison; Nicole Else-Quest

With clear, comprehensive, and cutting-edge coverage, HALF THE HUMAN EXPERIENCE, 8E, International Edition delivers an authoritative analysis of classical and up-to-the-minute research from a feminist psychology viewpoint. It thoroughly examines the balance of cultural and biological similarities (and differences) between the genders, noting how these characteristics may affect issues of equality as well as how men and women behave toward one another. Reflecting the latest developments from the field, the text puts research into context and clearly explains the relationship between gender and emotion-helping to demystify the scientific process and study of feminist psychology. It includes expansive ethnicity coverage, hands-on applications, and case studies that give students further experience with key issues. This proven text equips students with a strong foundation for understanding the influences of gender, race, and ethnicity on psychology and society, as well as strategies for thinking critically about pop culture versus academic feminism as it relates to psychology.

#### **NEW TO THIS EDITION**

- Completely current, HALF THE HUMAN EXPERIENCE, 8E, International Edition is thoroughly updated with new Census Data.
- Reflecting the latest developments in the field, the Eighth Edition includes new research on the domain-specific self-esteem or self-confidence, cisgender, cis women, and cis men, lesbian couples, and the

effectiveness of treatment for incarcerated rapists.

- Up-to-the-minute coverage delivers new research on attitudes toward feminism, implicit or automatic gender stereotypes and the IAT, a new section on race-based observer bias, children and adolescents' developing perceptions of gender discrimination, and gender salience in the classroom. In addition, the concepts of neural plasticity and neurosexism are introduced.
- A new Focus box in Chapter 4 "Women of Color" introduces Derald Wing Sue's concept of racial microaggressions and extends it to gender microaggressions and sexual orientation microaggressions.
- Chapter 15 "Women and Mental Health Issues" features the APA's new Guidelines for Psychological Practice with Girls and Women included.
- Updated discussion areas explore whether this is the post-feminist era, why people stereotype, race and sex discrimination in education, and epigenetics.

#### **FEATURES**

- Unique in the field, an innovative chapter devoted to "gender and emotion" incorporates the cutting-edge research now available on these important issues. This insightful chapter covers gender stereotypes about emotions, ethnic differences in emotion stereotypes, gender differences in emotional experience and expression, and the ways in which gendered emotional expression is socialized.
- Expanded ethnicity coverage builds on one of the text's key strengths and ensures the most comprehensive multicultural coverage available. The thorough Chapter 4 "Women of Color"—an entire chapter—is devoted to describing the cultures of the four major U.S. ethnic groups. Ethnicity coverage also is integrated throughout all other chapters of the text.
- Taking a developmental approach, the "Gender and Depression" section in Chapter 15 incorporates the very latest theories and data.
- Chapter-opening quotations engage students' interest with compelling and thought-provoking statements that relate to the chapter content.

#### CONTENTS

1. Introduction. 2. Theoretical Perspectives. 3. Gender Stereotypes and Gender Differences. 4. Women of Color. 5. Language. 6. Emotion. 7. From Infancy to Old Age: Development across the Lifespan. 8. Abilities, Achievement, and Motivation. 9. Women and Work. 10. Biological Influences on Women's Behavior. 11. Psychology and Women's Health Issues. 12. Female Sexuality. 13. Lesbian and Bisexual Women. 14. The Victimization of Women. 15. Women and Mental Health Issues. 16. Psychology of Men. 17. Retrospect and Prospect.

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# THE PSYCHOLOGY OF WOMEN, INTERNATIONAL EDITION, 7E

Margaret W. Matlin, State University of New York, Geneseo

This highly respected text offers students an enjoyable, extraordinarily well-written introduction to the psychology of women with an up-to-date examination of the field and comprehensive coverage of topics. Appropriate for students from a wide variety of backgrounds, Margaret Matlin's THE PSYCHOLOGY OF WOMEN, International Edition, accurately depicts women's experiences through direct quotations and an emphasis on empirical research. Known for its balance of scholarship, readability, and inclusion of various kinds of women, the text reflects a genuine interest in and understanding of the readers for whom it was written. This edition is updated to incorporate the most current research, and continues to examine numerous topics that are central to many women's lives but omitted from competing textbooks, including complete chapters on childhood, adolescence, love relationships, motherhood, health psychology, and psychological disorders. Matlin also provides enhanced coverage of such important topics as social class, ethnic diversity, pregnancy, and women's retirement as she continues to lead the way for the psychology of women course.

#### **NEW TO THIS EDITION**

- Research updates in this carefully revised edition include recent findings related to the discussion of racism, census information on women of color in the United States and Canada, the invisibility of women in art, gender discrimination, attitudes towards women's pleasantness, stereotyped representations in the media, children's television programs and books, infants' knowledge about gender, selective abortion, female infanticide, and parental influence on gender typing.
- New studies added to this edition present information on body image, cultural attitudes and taboos toward menstruation, a gender comparison on memory, and older women and sexuality.
- The Seventh Edition includes such new information as the indication that researchers understand more about the prenatal development of males than females, children's rejection of nontraditional behavior, and teachers' behavior with respect to ethics and social biases.
- New examples include an example of racial bias, which has been added to the discussion of black woman, heterosexism, and access discrimination.
- New anecdotes illustrate that some stereotypes are partly true but not completely true, gender comparisons in mathematics ability, and core ideas about love relationships.

- Four themes are traced throughout the book: 1) psychological gender differences are typically small and inconsistent; 2) people react differently to men and women; 3) women are less visible than men in many important areas; and 4) women vary widely from one another.
- Proven, consistent pedagogical features include outlines that provide students with an overall structure at the beginning of each chapter, and truefalse statements near the beginning of each chapter that encourage student interest and foreshadow key issues to be discussed. Key terms, in boldface type, are defined when introduced and listed at the end of the chapter to facilitate review. End-of-chapter review questions encourage students to clarify and synthesize concepts, and recommended readings suggest extra resources for students who want to explore chapter topics in greater detail.

- Known for being remarkably up to date, with most citations from sources published in 1998 and later, the book enables students to examine course topics using the most current perspectives.
- The text's organization combines a lifespan approach and a topical approach with a writing style that is clear and interesting, engaging readers with many examples and quotations in which women describe their own experiences.
- Informal demonstrations encourage active involvement and clarify the procedures for crucial research studies.

#### CONTENTS

1. Introduction. 2. Gender Stereotypes and Other Gender Biases. 3. Infancy and Childhood. 4. Adolescence. 5. Cognitive Abilities and Achievement Motivation. 6. Gender Comparisons in Social and Personality Characteristics. 7. Women and Work. 8. Love Relationships. 9. Sexuality. 10. Pregnancy, Childbirth, and Motherhood. 11. Women and Physical Health. 12. Women and Psychological Disorders. 13. Violence Against Women. 14. Women and Older Adults. 15. Moving Onward.

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## A CONCISE GUIDE TO STATISTICAL ANALYSES USING EXCEL, SPSS, AND THE TI-84 CALCULATOR

Sherri L. Jackson, Jacksonville University

A CONCISE GUIDE TO STATISTICAL ANALYSES USING EXCEL®, SPSS®, AND THE T1-84 CALCULATOR, First

Edition, is precisely what its title conveys--a brief, simple-to-understand introduction to analyzing data using Excel®, SPSS®, and the TI-84 calculator. The text progresses from descriptive statistics and how to create various types of graphs (i.e., bar graphs, histograms, and frequency polygons) to coverage of both parametric and nonparametric inferential statistics. The book also covers single sample z and t tests, two-group t tests, one- and two-way ANOVAs, Wilcoxon tests, chi-square tests, and correlation and regression analyses.

#### FEATURES

- The unique manual concisely covers Excel®, SPSS®, and the TI-84 calculator, making it a complete and convenient resource--and the only book available that covers all three tools.
- The book provides basic, simple coverage of a limited number of statistical analyses as well as guidance on how to conduct each type of analysis using the three tools.
- Each chapter is divided into brief modules, each with various exercises, to provide optimum teaching flexibility.
- The author explains how to use Excel® 2007 and 2010 as well as SPSS® versions 18 (PASW) and 19.
- Sherri L. Jackson writes in a straightforward, precise manner and at a level that allows undergraduate students to easily follow the instructions as well as grasp and retain the material.

#### CONTENTS

1. Getting Started. 2. Descriptive Statistics. 3. Single-Group Designs. 4. Two-Group Designs. 5. Designs With More Than Two Groups. 6. Designs With More Than One Independent Variable. 7. Relational Designs. 8. Nonparametric Statistics.

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#### eBook ·

## A SIMPLE GUIDE TO IBM SPSS®: FOR VERSION 20.0, INTERNATIONAL EDITION, 12E

Lee A. Kirkpatrick, College of William and Mary

Completely up to date, the no-nonsense A SIMPLE GUIDE TO IBM SPSS: FOR VERSION 20.0, 12E, International Edition equips students with everything they need to know about the newest version of SPSS® for Windows® so they can effectively use the program in their statistics class. The guide's straightforward style frees students to concentrate on learning basic statistical concepts, while still developing familiarity with SPSS®. Its student-friendly, step-by-step instruction quickly gets students up to speed. In no time, they will confidently start using SPSS® to do homework problems and conduct statistical analyses for research projects.

#### **NEW TO THIS EDITION**

- Offering the most current coverage available, A SIMPLE GUIDE TO IBM SPSS: FOR VERSION 20.0, 12E, International Edition reflects the changes in the new version of the software.
- Completely up to date, the twelfth edition includes new screenshots throughout the text.

#### **FEATURES**

- Extremely student friendly, A SIMPLE GUIDE TO IBM SPSS: FOR VERSION 20.0, 12E, International Edition equips students with plenty of hands-on experience putting what they've learned into practice. A sample problem is provided for each type of analysis, giving students step-by-step instruction. The sample problems are similar to the problems provided at the end of a typical workbook chapter.
- Ensuring students gain a thorough understanding, the book offers detailed instructions for conducting each

type of analysis in two ways: The "Syntax Method" (using SPSS® command language) and the "Point and Click Method" (using pull-down menus and dialog boxes)—giving you complete flexibility in how you prefer to teach.

• Offering additional insight, output is accompanied by simple explanations to help users understand their results.

### CONTENTS

Part I: HOW TO USE SPSS FOR WINDOWS. 1. Introduction to SPSS for Windows. 2. Entering Data and Naming Variables. 3. Specifying Analyses Using the Pointand-Click Method. 4. Specifying Analyses Using the Syntax Method. 5. Viewing and Manipulating Output. Part II: PROCEDURES. 6. Frequency Distributions and Descriptive Statistics. 7. One-Sample t-Test. 8. Independent-Samples t-Test. 9. Dependent-Samples (Matched-Pairs, Paired Samples). 10. One-Way Between-Groups (Independent Groups). 11. Two-Way Between-Groups (Independent Groups). 12. One-Way Within-Subjects (Repeated Measures) ANOVA. 13. Two-Way Mixed (Between-Within) ANOVA. 14. Correlations. 15. Simple Regression. 16. Multiple Regression. 17. Chi-Square Test of Independence. Appendix A: Saving and Retrieving Files. Appendix B: Data Transformations.

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# **BASIC STATISTICS, 10E** TALES OF DISTRIBUTIONS, INTERNATIONAL EDITION

Chris Spatz, Hendrix College

Chris Spatz's text teaches statistical reasoning and problem solving through a wealth of examples from the social and behavioral sciences, education, nursing/ allied health, and business fields, as well as examples from everyday life.. Praised for his clear explanations, Spatz shows students how to start with a data set, identify the questions it poses, determine and carry out statistical procedures, and using plain English, tell the story the data reveal.

#### **NEW TO THIS EDITION**

- Increased emphasis on exploration as an important goal of statistical analysis and on empirical explanations of theoretical concepts – concepts such as sampling distributions, random samples, and the denominator of the formula for the standard deviation.
- All of the problems and examples based on contemporary data (height, family income, tennis rankings, and etc.) are updated.
- The titles of the three descriptive statistics chapters now include the phrase, "Exploring Data" to reflect emphasis on exploration.
- Notation for the problems now makes it easier to find the answers in the appendix

#### **FEATURES**

- Problems are interspersed throughout the chapter to provide spaced rather than massed practice, which promotes better student retention.
- The problems in the text come from a variety of disciplines and everyday life. Detailed answers to the problems are included in the book.
- There are many new or revised graphs, providing students with stronger ways to visualize the concepts.
- The three ANOVA chapters are reorganized to reflect the way many instructors teach their course. Factorial ANOVA now comes after one-factor repeated measures ANOVA.
- Nine examples in the text are accompanied by SPSS print out, reflecting its increasing use in psychology and related fields, and making the text even more practical for students.
- A comprehensive chapter, "Choosing Tests and Writing Interpretations," helps students review all they have learned, regardless of the number of chapters covered in their course.

#### CONTENTS

 Introduction. 2. Exploring Data: Frequency Distributions and Graphs. 3. Exploring Data: Central Tendency. 4. Exploring Data: Variability. 5. Other Descriptive Statistics. 6. Correlation and Regression.
 Theoretical Distributions Including the Normal Distribution. 8. Samples, Sampling Distributions, and Confidence Intervals. 9. Hypothesis Testing and Effect Size: One-Sample Designs. 10. Hypothesis Testing, Effect Size, and and Confidence Intervals: Two-Sample Designs. 11. Analysis of Variance: One-Way Classification. 12. Analysis of Variance: One-Factor Repeated Measures. 13. Analysis of Variance: Factorial Design. 14. Chi Square Tests. 15. More nonparametric Tests 16. Choosing Tests and Writing Interpretations. Appendix A: Arithmetic and Algebra Review. Appendix B: Grouped Frequency Distributions and Central Tendency. Appendix C: Tables. Appendix D: Glossary of Words. Appendix E: Glossary of Symbols. Appendix F: Glossary of Formulas. Appendix G: Answers to Problems. References Index Inside Back Cover: Decision Tree for Statistics.

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# BASIC STATISTICS FOR THE BEHAVIORAL SCIENCES, INTERNATIONAL EDITION, 7E

Gary W. Heiman, Buffalo State College

Packed with real-world illustrations and the latest data available, BASIC STATISTICS FOR THE BEHAVIORAL SCIENCES, 7E, International Edition demystifies and fully explains statistics in a lively, studentfriendly format. The author's clear, patiently crafted explanations with an occasional touch of humor, teach students not only how to compute an answer but also why they should perform the procedure or what their answer reveals about the data. Offering a conceptual-intuitive approach, this popular book presents statistics within an understandable research context, deals directly and positively with student weaknesses in mathematics, and introduces new terms and concepts in an integrated way. It also offers tools to help reduce math anxiety, special review sections to ensure understanding, new end-of-chapter questions, insight into how researchers use statistics in real-world practice, and much more. The result is a text students can learn from as well as enjoy.

#### **NEW TO THIS EDITION**

- Thoroughly revised and reviewed, the Seventh Edition of the popular BASIC STATISTICS FOR THE BEHAVIORAL SCIENCES, 7E, International Edition is completely up to date and reflects the latest data and research available.
- A new "But Thinking About Numbers is Hard" section in Chapter 1 helps reduce math anxiety.
- Chapter 8 "Linear Regression" features a new Halfway Review section that provides additional coverage of descriptive statistics to ensure students are fully prepared to begin inferential procedures.
- A new Second-Half Review follows Chapter 15 "Chi Square and Other Nonparametric Procedures" and focuses on selecting the appropriate inferential procedures and their subroutines for a particular design as well as interpreting the answers.
- Several chapters have been re-organized to present all conceptual information before beginning coverage of computing formulas.
- Thoroughly revised Chapter Summaries now better reflect conceptual emphasis.
- Giving students plenty of hands-on application of chapter concepts, Dr. Heiman also revised, updated, and added end-of-chapter questions, including problems reporting research results that students must interpret.
- Chapter 2 "Statistics and the Research Process" features a new "Identifying an Experiment's Components" section that reviews how to spot the independent and dependent variables in a design.
- An all-new Appendix A: "Nonparametric Procedures for Ranked Data" contains formulas for the Mann-Whitney, Wilcoxin, Kruskall-Wallis, and Friedman tests.
- Appendix B "Using SPSS" contains updated instructions and screen captures for version 20.

#### CONTENTS

1. Introduction to Statistics. 2. Statistics and the Research Process. 3. Frequency Distributions and Percentiles. 4. Measures of Central Tendency: The Mean, Median, and Mode. 5. Measures of Variability: Range, Variance, and Standard Deviation. 6. z-Scores and the Normal Curve. 7. The Correlation Coefficient. 8. Linear Regression. 9. Using Probability to Make Decisions about Data. 10. Introduction to Hypothesis Testing. 11. Performing the One-Sample t-Test and Testing Correlation Coefficients. 12. The Two-Sample t-Test. 13. The One-Way Analysis of Variance. 14. The Two-Way Analysis of Variance. 15. Chi Square and Other Nonparametric Procedures. Appendix A: Nonparametric Procedures for Ranked Data. Appendix B: Using SPSS. Appendix C: Tables.

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# BEHAVIORAL SCIENCES STAT (WITH COURSEMATE PRINTED ACCESS CARD), 2E

Gary W. Heiman, Buffalo State College

Created through a "student-tested, faculty-approved" review process with students and faculty, STAT FOR THE **BEHAVIORAL SCIENCES is an engaging and accessible** solution to accommodate the diverse lifestyles of today's learners at a value-based price. Each chapter begins with a list of previously discussed concepts that students should review. Throughout each chapter, important points are emphasized by a "REMEMBER" summary reminder set off from the text. Summary tables and sections appear regularly and help organize and integrate the separate steps discussed in previous sections. Key terms are bold and in color. Graphs and diagrams are explained in captions and fully integrated into the discussion. Using What You Know sections at the end of each chapter ask students to apply their new knowledge to actual problems. A perforated review card is provided in the IE, which includes a chapter outline, learning outcomes, teaching tips, additional examples, key terms, and key formulas.

#### **NEW TO THIS EDITION**

- The content of all chapters was reviewed by outside reviewers and revised for improved clarity and completeness. Examples were up-dated and many running glossary items were revised.
- The art-work was completely revised to be more relevant and less disruptive to the flow of the text. Formulas and "Remember" statements are now highlighted and consistently labeled for easy reference.
- A new chapter-opening element was created called Going Forward, which previews the core concepts students will encounter and need to learn in the chapter. This new feature paired with the existing Looking Back element will provide more continuity and cohesion between chapters.
- Several in-chapter Quick Practice sections were added to each chapter which provide additional examples and a brief self-test to insure student understanding before proceeding to the next topic.
- The end of chapter Study Problems were completely re-done, now with 25 multipart conceptual and computing problems per chapter, including some that require students to review and integrate material from past chapters. The answers to odd-numbered problems are still provided in Appendix C.
- All discussion of SPSS was revised and updated, although the text is complete if instructors choose not to include SPSS in their course.
- The removable Review Cards for each chapter were completely re-done to provide: (1) A point-by-point Chapter Summary with review of Key Terms; (2) Tables and lists for reviewing Procedures and Formulas, including a list of the Chapter Formulas; (3) A final Putting It All Together fill-in review that ties the chapter together and allows students to detect any weaknesses; and (4) Step-by-step SPSS Instructions for performing the procedures discussed in the chapter. By being removable, the Review Cards are reference cards that facilitate performing the end of chapter study problems and SPSS analyses, as well as forming a complete review package for exams.
- An additional removable review card contains a decision tree for selecting statistical procedures and a Summary of Formulas. The latter allows for closed-book exams without requiring students to memorize formulas.

- Chapter 1: Introduction to Statistics and Research: Added introductory material regarding the uses of statistics and why students must learn statistics. Added section on using the features of the text and developing strategies to successfully learn statistics. Added section on the role of SPSS and computers in statistics. Expanded discussion of how unrepresentative samples occur. Expanded the introduction to variables, and added qualitative and quantitative variables as key terms. Expanded coverage of independent and dependent variables, with new section and table for identifying each in an experiment.
- Chapter 2: Creating and Using Frequency Distributions: Added section on grouped distributions which is augmented by a detailed description in Appendix A. Added graphing of relative frequency distributions. Expanded discussion of using area under the curve to compute relative frequency. Added discussion of cumulative frequency as a key term in section on percentile. Expanded discussion of percentile. Added deciles and quartiles.

#### CONTENTS

Preface. 1. Introduction to Statistics and Research. 2. Creating and Using Frequency Distributions. 3. Summarizing Scores with Measures of Central Tendency. 4. Summarizing Score with Measures of Variability. 5. Describing Data with z-Scores and the Normal Standard Curve. 6. Using Probability to Make Decisions about Data. 7. Overview of Statistical Hypothesis Testing: The z-Test. 8. Hypothesis Testing Using the One-Sample t-Test. 9. Hypothesis Testing Using the Two-Sample t-Test. 10. Describing Relationships Using Correlation and Regression. 11. Hypothesis Testing Using the One-Way Analysis of Variance. 12. Understanding the Two-Way Analysis of Variance. Chi Square and Nonparametric Procedures. Appendix A: Additional Statistics. Appendix B: Statistical Tables. Appendix C: Answers to Odd-Numbered Questions.

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# BEHAVIORAL SCIENCES STAT (WITH REVIEW CARDS AND PSYCHOLOGY COURSEMATE WITH EBOOK PRINTED ACCESS CARD)

Gary W. Heiman, Buffalo State College

Created through a "student-tested, faculty-approved" review process with students and faculty, STAT FOR THE BEHAVIORAL SCIENCES is an engaging and accessible solution to accommodate the diverse lifestyles of today's learners at a value-based price. Each chapter begins with a list of previously discussed concepts that students should review. Throughout each chapter, important points are emphasized by a "REMEMBER" summary reminder set off from the text. Summary tables and sections appear regularly and help organize and integrate the separate steps discussed in previous sections. Key terms are bold and in color. Graphs and diagrams are explained in captions and fully integrated into the discussion. Using What You Know sections at the end of each chapter ask students to apply their new knowledge to actual problems. A perforated review card is provided in the IE, which includes a chapter outline, learning outcomes, teaching tips, additional examples, key terms, and key formulas.

#### FEATURES

- An innovative combination of content delivery both in print and online provides a core text and a wealth of comprehensive multimedia teaching and learning assets based on input from student focus groups and surveys, and from interviews with nearly 50 faculty and students.
- Shorter, comprehensive chapters in a modern design present content in a more engaging and accessible format without minimizing coverage for your course.
- Chapter In Review Cards at the back of the Student Editions provide students a portable study tool

containing all of the pertinent information for class preparation.

- Instructor Prep Cards at the back of the Instructor's Edition make preparation simple with detachable cards for each chapter, offering a quick map of chapter content, a list of corresponding PowerPoint and video resources, additional examples, and suggested assignments and discussion questions to help you organize chapter content efficiently.
- A full suite of unique learning tools that appeal to different learning styles is available to students with the purchase of a new book. Quizzes and more are only a click away.
- All of the content and resources you expect with a supplements package that is second-to-none including an electronic testbanks, PowerPoints, and an instructor manual.
- First 4 color statistics book to market.

### CONTENTS

Preface. 1. Introduction to Statistics and Research. 2. Creating and Using Frequency Distributions. 3. Summarizing Scores with Measures of Central Tendency. 4. Summarizing Score with Measures of Variability. 5. Describing Data with z-Scores and the Normal Standard Curve. 6. Using Probability to Make Decisions about Data. 7. Overview of Statistical Hypothesis Testing: The z-Test. 8. Hypothesis Testing Using the One-Sample t-Test. 9. Hypothesis Testing Using the Two-Sample t-Test. 10. Describing Relationships Using Correlation and Regression. 11. Hypothesis Testing Using the One-Way Analysis of Variance. 12. Understanding the Two-Way Analysis of Variance. Chi Square and Nonparametric Procedures. Appendix A: Additional Statistics. Appendix B: Statistical Tables. Appendix C: Answers to Odd-Numbered Questions.

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#### eBook <

#### CONDUCTING RESEARCH IN PSYCHOLOGY, 4E MEASURING THE WEIGHT OF SMOKE, INTERNATIONAL EDITION

Brett W. Pelham, National Science Foundation; Hart Blanton, SUNY, Albany

Featuring humor and interesting examples that students can understand and relate to, Brett W. Pelham and Hart Blanton's informative and comprehensive research methods text is one that your students will actually enjoy reading. This brief book includes hands-on activities that involve learning by doing, methodology exercises that encourage students to use their intuition to understand research methods, and methodology problems that teach students to apply basic research principles to novel problems.

#### **NEW TO THIS EDITION**

- A new chapter, "Putting It All Together: Maximizing Validity with Multi-Method (and Highly Creative) Research" (Chapter 12), emphasizes the increasing reliance on multi-method approaches to research.
- Updated examples of contemporary research are presented throughout the text.
- A new Appendix, "XXX-Box: The Effect of Sexualized Video Games on Players' Rape Supportive Responses," has been added.

#### **FEATURES**

- With an emphasis on survey research, the text explores both experimental and non-experimental methods, effectively demonstrating authentic research techniques in action.
- Two Appendices of methodology exercises and handson activities teach students to use their intuition to understand research methods and to learn by doing. For example, the Repeated Measures Design exercise in Appendix 2 shows students the benefits

and drawbacks of having subjects participate in several conditions of a study as built-in controls. Other activities focusing on such topics as random assignment, statistical interactions, and regression to the mean help students develop insight into common methodological problems and solutions.

- An Appendix on describing the results of statistical analysis and a chapter on writing effective research reports ensure that students understand current APA style.
- Topics covered include experimenter ethics, the nature of confounds, noise and artifacts, correlation methodology, and the logic of discovery.
- CONDUCTING RESEARCH IN PSYCHOLOGY: MEASURING THE WEIGHT OF SMOKE, 4E, International Edition includes a wealth of humorous stories and anecdotes that illustrate basic research principles. For example, Chapter 1, "How Do We Know?" includes a story about measuring the weight of smoke, which immediately captures students' interest.
- Discussions of classic studies and current research practices are evenly balanced in the text.
- Authors Pelham and Blanton offer practical tips for writing clear, concise, and coherent research papers that effectively demonstrate the logic of the research design.

#### CONTENTS

1. How Do We Know? 2. How Do We Find Out? The Logic, Art, and Ethics of Scientific Discovery. 3. Moving from Fact to Truth: Validity, Reliability, and Measurement. 4. Moving from Notions to Numbers: Psychological Measurement. 5. How Do We Misinterpret? Common Threats to Validity. 6. Nonexperimental Research Designs. 7. Experience Carefully Planned: Experimental Research Designs. 8. Experience Carefully Exploited: Quasi-Experimental Research Designs. 9. Choosing the Right Research Design. 10. A Brief Course in Statistics. 11. Telling the World About It. 12. Putting It All Together: Maximizing Validity with Multi-Method (and Highly Creative) Research. 13. Putting Your Knowledge to Work: 20 Methodology Problems. Appendix 1. Hands-On Activities. Appendix 2. Methodology Exercises. Appendix 3. How to Describe the Results of Statistical Analyses. Appendix 4. XXX-Box: The Effect of Sexualized Video Games on Players' Rape Supportive Responses.

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# **DOING PSYCHOLOGY EXPERIMENTS, 7E**

David W. Martin, North Carolina State University

David W. Martin's unique blend of informality, humor, clear instruction, and solid scholarship make this concise text a popular choice for research methods courses in psychology. DOING PSYCHOLOGY EXPERIMENTS guides students through the experimentation process in a step-by-step manner, teaching them how to design, execute, interpret, and report on simple psychology experiments. Martin emphasizes the decision-making aspects of research, as well as the logic behind research procedures. He also devotes two separate chapters to many of the ethical questions that confront new experimenters - making this text a complete introduction to the psychology laboratory.

#### **NEW TO THIS EDITION**

- Thoroughly updated research references have been added throughout.
- Chapter 3 now contains a short discussion of the difference between theories that answer proximate question versus ultimate questions.
- Chapter 4 has an expanded discussion of using the term "participants" rather than "subjects" to include some dissenting points of view. The section on animal ethics has been updated.
- In Chapter 5 the author expanded the discussion of plagiarism, discussed plagiarizing from the internet, and added some specific examples of violations, and now includes the latest version of the APA Ethical Principles of Psychologists and Code of Conduct as it relates to research.
- The section in Chapter 6, on doing electronic searches including additional information on PsycINFO and PsycARTICLES, has been updated.
- The discussion of the logic of inferential statistics in Chapter 12, now includes more information about

null hypothesis testing, Type I and Type II errors, and determining the power of statistical tests, in addition there is also a brief discussion of three-way interactions.

- The section in Chapter 13, on giving conference presentations, has been updated because nearly all presentations are now computer-based.
- In response to reviewer suggestions, the author now includes the proper way to format statistical outcomes within the text of a manuscript, so these are included after each of the worked examples in Appendix A.

# FEATURES

- Martin shows students how to perform electronic searches and he outlines the advantages and pitfalls of using the Internet as an information source.
- Includes extensive coverage of survey techniques, including surveys by means of interviews, phone, mail, and the Internet.

#### CONTENTS

1. How to Make Orderly Observations. 2. How to Do Experiments. 3. How to Get An Experimental Idea. 4. How to Be Fair with Participants. 5. How to be Fair with Science. 6. How to Find Out What Has Been Done. 7. How to Decide Which Variables to Manipulate and Measure. 8. How to Decide on a Between-Subjects Versus Within-Subject Design. 9. How to Plan Single-Variable, Multiple-Variable, and Converging Series Experiments. 10. How to Design Research that is not Experimental 11. How to Tell When You Are Ready to Begin. 12. How to Interpret Experimental Results. 13. How to Report Experimental Results. Appendix A: How to Do Basic Statistics. Appendix B: Statistical Tables. Appendix C: Table of Random Numbers.

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# NEW EDITION!

# ESSENTIALS OF STATISTICS FOR THE BEHAVIORAL SCIENCES, INTERNATIONAL EDITION, 8E

Frederick J Gravetter, State University of New York, Brockport; Larry B. Wallnau, State University of New York, Brockport

A brief version of Gravetter and Wallnau's proven bestseller. ESSENTIALS OF STATISTICS FOR THE BEHAVIORAL SCIENCES, 8E, International Edition delivers straightforward instruction, unrivaled accuracy, built-in learning aids, and a wealth of real-world examples and illustrations. The authors take time to explain statistical procedures so that students can go beyond memorizing formulas and begin gaining a conceptual understanding of statistics. By skillfully integrating applications that reinforce concepts, they also ensure that even students with a weak background in mathematics can fully understand statistics. Illustrating how having an understanding of statistical procedures will help students comprehend published findings, the text leads readers to become savvy consumers of information. In addition, a complete supplements package supports instructors with class preparation and testing, helping maximize course success.

# NEW TO THIS EDITION

- Completely current, the new ESSENTIALS OF STATISTICS FOR THE BEHAVIORAL SCIENCES, 8E, International Edition features thoroughly updated research examples, all-new real-world examples, and extensively revised end-of-chapter problems.
- The previous edition's Chapter 12 "Estimation" has been eliminated, with much of its content now incorporated throughout "Part III: Using T Statistics for Inferences About Population Means and Mean Differences".
- An all-new Appendix E outlines the process of

selecting the correct statistical procedures to use with different sets of data.

- Chapter 6 "Probability" now contains a new figure that helps demonstrate the process of using the unit normal table to find proportions for negative z-scores.
- A new section in Chapter 9 "Introduction to the t Statistic" introduces confidence intervals in the context of describing effect size, describes how confidence intervals are reported in the literature, and discusses factors affecting the width of a confidence interval.
- A new section in Chapter 11 "The t Test for Two Related Samples" presents confidence intervals as an alternative for describing effect size as well as discusses the relationship between a confidence interval and a hypothesis test.

# FEATURES

- Extremely student friendly, ESSENTIALS OF STATISTICS FOR THE BEHAVIORAL SCIENCES, 8E, International Edition is organized into five sections to emphasize the similarities among groups of statistical methods. Each section contains two to four chapters, begins with an introduction, and concludes with a review—including review exercises.
- Simplified demonstration problems at the end of each chapter focus on the content of the chapter and minimize tedious computations.
- The authors maintain a conversational style that thoroughly explains statistical concepts and procedures rather than simply presenting them.
- Real-world, in-text examples from across the social and behavioral sciences make this proven book very accessible for all students and vividly demonstrate how behavioral statistics apply to everyday life.

# CONTENTS

PART I: INTRODUCTION AND DESCRIPTIVE STATISTICS. 1. Introduction to Statistics. 2. Frequency Distributions. 3. Measures of Central Tendency. 4. Measures of Variability. PART II: FOUNDATIONS OF INFERENTIAL STATISTICS. 5. z-Scores: Location of Scores and Standardized Distributions. 6. Probability. 7. Probability and Samples: The Distribution of Sample Means. 8. Introduction to Hypothesis Testing. PART III: USING t STATISTICS FOR INFERENCES ABOUT POPULATION MEANS AND MEAN DIFFERENCES. 9. Introduction to the t Statistic. 10. The t Test for Two Independent Samples. 11. The t Test for Two Related Samples. PART IV: ANALYSIS OF VARIANCE: TESTS FOR DIFFERENCES AMONG TWO OR MORE POPULATION MEANS. 12. Introduction to Analysis of Variance. 13. Repeated-Measures and Two-Factor Analysis of Variance. PART V: CORRELATIONS AND NONPARAMETRIC TESTS. 14. Correlation and Regression. 15. The Chi-Square Statistic: Tests for Goodness of Fit and Independence.

#### © 2014, 648pp, Paperback, 9781285051246



# **EXPERIMENTAL PSYCHOLOGY, 10E**

Barry H. Kantowitz, University of Michigan; Henry L. Roediger, III, Washington University in St. Louis; David G. Elmes, Washington and Lee University

Kantowitz, Roediger, and Elmes, all prominent researchers, take an example-based approach to the fundamentals of research methodology. The text is organized by topic--such as research in human factors, learning, thinking, and problem solving--and the authors discuss and clarify research methods in the context of actual research conducted in these specific areas. This unique feature helps students connect the concepts of sound methodology with their practical applications. Carefully selected real-world examples allow students to see for themselves the issues and problems that can occur in conducting research. More importantly, students develop a sense of how to anticipate and adjust for problems in their own research.

# NEW TO THIS EDITION

- New coverage and more recent references have been added in every chapter, and some chapters have been rewritten to reflect recent findings and topics. New examples and updated figures are also included.
- New and expanded topics include: how to tell if you are a fox or a hedgehog and which cognitive

style results in more accurate predictions (Ch. 1); interobserver reliability, updated results on the relationship between violent media/games and aggressive behavior (Ch. 2); researcher degrees of freedom and its implications for analyzing data (Ch. 3 and Ch. 8); animal welfare, scientific fraud, APA Standards 8.10 and 8.11 (Ch. 4); so-called benevolent deception in virtual environments (Ch. 14), cockpit animation in the coverage on pilot workload, and driver distraction (Ch. 15).

- Chapter 5, "How to Read and Write Research Papers," has been rewritten to align with the new edition of the APA Publication Manual, and now includes a new sample journal article and a new sample manuscript.
- Based on reviewer comments, the length of Chapter 6, "Psychophysics," has been reduced.
- Chapter 9, "Conditioning and Learning," has been entirely rewritten to put more emphasis on learning while maintaining material on the importance of conditioning, creating a balance between early examples of conditioning and contemporary research on human learning.

- This text is organized by topics, rather than methods. As the only undergraduate experimental psychology text on the market organized by content/research area, it helps students connect the concepts of sound methodology with their practical applications.
- The foundational chapters in Part I introduce readers to theory construction, observational and experimental research techniques, ethical issues, and reading and writing research reports.
- Each of the chapters in Part II is devoted to a specific content area (for example, psychophysics, perception, and conditioning and learning). In these chapters, the authors discuss and clarify research methods in the context of actual research conducted in these specific content areas. These "Experimental Topics and Research Illustrations" constitute the main part of each Part II chapter. For example, in Chapter 10, the authors discuss the difficulty of ceiling and floor effects in the context of the actual memory experiment where this difficulty occurred.
- "From Problem to Experiment: The Nuts and Bolts" features present the rationale behind experimental design decisions--how many subjects should be used, why variable x is selected instead of variable y, and so

on--when hypotheses are taken from a general form to the specifics of an experiment.

• "Psychology in Action" features suggest safe and simple experimental demonstrations that require little or no equipment and that can be used in or out of class--giving students a perfect chance to apply what they've studied. For example, Chapter 7 includes a demonstration of the Stroop effect, and Chapter 14 illustrates the effects of noise on two kinds of memory.

#### CONTENTS

Part I: FUNDAMENTALS OF RESEARCH. 1. Explanation in Scientific Psychology. 2. Research Techniques: Observations and Correlation. 3. Research Techniques: Experiments. 4. Ethics in Psychological Research. 5. How to Read and Write Research Papers. Part II: PRINCIPLES AND PRACTICES OF EXPERIMENTAL PSYCHOLOGY. 6. Psychophysics. 7. Perception. 8. Attention and Reaction Time. 9. Conditioning and Learning. 10. Remembering and Forgetting. 11. Thinking and Problem Solving. 12. Individual Differences and Development. 13. Social Psychology. 14. Environmental Psychology. 15. Human Factors.

© 2015, 592pp, Hardback, 9781111357993



### EXPERIMENTAL PSYCHOLOGY, INTERNATIONAL EDITION, 9E

Barry H. Kantowitz, University of Michigan; Henry L. Roediger, III, Washington University in St. Louis; David G. Elmes, Washington and Lee University

Kantowitz, Roediger, and Elmes, all prominent researchers, take an example-based approach to the fundamentals of research methodology. Their text is organized by topic--such as research in human factors, learning, thinking, and problem solving--a unique feature that helps students connect the concepts of sound methodology with their practical applications. Because the authors employ dozens of carefully selected real-world examples, students can see for themselves the issues and problems that can occur in conducting research. More importantly, they can develop a sense of how to anticipate and adjust for problems in their own research.

#### NEW TO THIS EDITION

- A thorough update on a classic text, this edition reflects the latest APA style guidelines.
- The authors have updated the studies and research throughout the book, adding current references and more interesting examples on topics like interaction effects in cognitive control, visual acuity, and the use of models to explain mental workload.
- This edition includes more integrated genetics and cognitive neuroscience coverage.

- This text is organized by topics, rather than methods. The only undergraduate experimental psychology text on the market organized by content/research area, this book helps students connect the concepts of sound methodology with their practical applications.
- The foundational chapters in Part I introduce readers to theory construction, observational and experimental research techniques, ethical issues, and reading and writing research reports. Each of the 10 chapters in Part II is devoted to a specific content area (for example, psychophysics, perception, and conditioning and learning). In these chapters, the authors discuss and clarify research methods in the context of actual research methods conducted in these specific content areas.
- "Experimental Topics and Research Illustrations" features constitute the main part of the chapter. Here, two or three methodology issues are presented in the context of an actual research problem. For example, in Chapter 10, the authors discuss the difficulty of ceiling and floor effects in the context of the actual memory experiment where this difficulty occurred.
- "From Problem to Experiment: The Nuts and Bolts" features present the rationale behind experimental design decisions--how many subjects should be used, why variable x is selected instead of variable y, and so on--when hypotheses are taken from a general form to the specifics of an experiment.

• "Psychology in Action" features suggest safe and simple experimental demonstrations that require little or no equipment and that can be used in or out of class--giving students a perfect chance to apply what they've studied. For example, Chapter 7 includes a demonstration of the Stroop effect, and Chapter 14 presents methods to measure one's "personal territory" or "space bubble."

#### CONTENTS

Part One: FUNDAMENTALS OF RESEARCH. 1. Explanation in Scientific Psychology. 2. Research Techniques: Observation and Correlation. 3. Research Techniques: Experiments. 4. Ethics in Psychological Research. 5. How to Read and Write Research Reports. Part Two: PRINCIPLES AND PRACTICES OF EXPERIMENTAL PSYCHOLOGY. 6. Psychophysics. 7. Perception. 8. Attention and Reaction Time. 9. Conditioning and Learning. 10. Remembering and Forgetting. 11. Thinking and Problem Solving. 12. Individual Differences and Development. 13. Social Psychology. 14. Environmental Psychology. 15. Human Factors. Appendix A: Experimental Psychology: A Historical Sketch. Appendix B: Statistical Reasoning: An Introduction. Appendix C: Statistical Tables.

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# EXPERIMENTAL PSYCHOLOGY, INTERNATIONAL EDITION, 7E

Anne Myers; Christine Hansen, Oakland University

Focusing on experimental methods, authors Anne Myers and Christine Hansen lead students step by step through the entire research process, from generating testable hypotheses to writing the research report. The major sections of the book parallel the major sections of a research report (Introduction, Method, Results, and Discussion), giving students the skills they'll need to design and conduct an experiment, analyze and interpret the research findings, and report those findings. Although the main focus is on experimentation, alternative approaches are discussed as important complements.

#### **NEW TO THIS EDITION**

- Chapter 1 now includes information about the history of experimental psychology and expanded explanations of experimentation and control.
- Chapter 3, "Alternatives to Experimentation: Nonexperimental Designs," features a revised discussion of internal validity and new coverage of ethnography.
- Chapter 4, "Alternatives to Experimentation: Surveys and Interviews," includes expanded coverage of interviewing, increased coverage of ethics and Internet surveys, and a new discussion of sampling as a concern for all research (as opposed to being a concern of only surveys).
- Chapter 7, "The Basics of Experimentation," includes an augmented definition of variable.
- Chapter 8, "Solving Problems: Controlling Extraneous Variables," presents expanded coverage on placebo.
- Chapter 10, "Between-Subjects Factorial Designs," integrates material on shorthand notation (formerly in a box) into the primary narrative.
- Chapter 12, "Within-Subjects Designs: Small N," includes expanded coverage on variability and statistics.
- Chapter 13, "Why We Need Statistics," now includes material on prep (an APS journal requirement) in the section on going beyond hypothesis testing.
- Chapter 14, "Analyzing Results," now discusses the importance of selecting the statistical technique for a study before collecting data—so that the research design is appropriate for the question to be answered.

#### CONTENTS

PART I: INTRODUCTION. 1. Experimental Psychology and the Scientific Method. 2. Research Ethics. 3. Alternatives to Experimentation: Nonexperimental Designs. 4. Alternatives to Experimentation: Surveys and Interviews. 5. Alternatives to Experimentation: Correlational and Quasi-Experimental Designs. 6. Formulating the Hypothesis. PART II: METHOD. 7. The Basics of Experimentation. 8. Solving Problems: Controlling Extraneous Variables. 9. Basic Between-Subjects Designs. 10. Between-Subjects Factorial Designs. 11. Within-Subjects Designs. 12. Within-Subjects Designs: Small N. PART III: RESULTS: COPING WITH DATA. 13. Why We Need Statistics. 14. Analyzing Results. PART IV: DISCUSSION. 15. Drawing Conclusions: The Search for the Elusive Bottom Line. 16. Writing the Research Report. Appendix A: Computational Formulas. Appendix B: Statistical Tables. Appendix C: A Journal Article in Manuscript Form. Appendix D: Answers to Selected Study Question and All Critical Thinking Questions. Glossary. References. Index.

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# FUNDAMENTAL STATISTICS FOR THE BEHAVIORAL SCIENCES, INTERNATIONAL EDITION, 8E

David C. Howell, University of Vermont

FUNDAMENTAL STATISTICS FOR THE BEHAVIORAL SCIENCES, International Edition focuses on providing the context of statistics in behavioral research, while emphasizing the importance of looking at data before jumping into a test. This practical approach provides students with an understanding of the logic behind the statistics, so they understand why and how certain methods are used-rather than simply carry out techniques by rote. Students move beyond number crunching to discover the meaning of statistical results and appreciate how the statistical test to be employed relates to the research questions posed by an experiment. An abundance of real data and research studies provide a real-life perspective and help students understand concepts as they learn about the analysis of data.

#### **NEW TO THIS EDITION**

- This edition incorporates changes that reflect the state of the field today. In addition, the author carefully revised the narrative with an eye toward clarifying concepts to be as understandable as possible for students reading about them for the first time.
- Each chapter begins with a list of important concepts to be discussed, helping to focus students' attention as they read.
- An important feature of this book is the continued increase in emphasis on measures of effect size. While this emphasis in is line with trends in the field, it is also important because it causes students--and researchers--to think carefully about what a result means.
- This edition includes a chapter on meta-analysis, which the author likens to an extension of the behavioral science's emphasis on effect sizes along with statistical significance.

#### **FEATURES**

- Each chapter begins with a listing of terms to be used in the chapter that were introduced earlier. The author includes terms that students have the hardest time understanding, and which consequently warrant repeating. Especially in the early chapters, terms are redefined not only when first introduced, but also when used a second, third, or even a fourth time.
- The book's clear writing, clear definition of terms, and use of worked out examples help students understand some of the more difficult concepts in statistics.
- The text is full of applications, with real data used in all examples. This places a real life perspective on the material and allows for deeper student understanding. The applications are listed on the inside front covers.
- Based on the author's belief that formulas are most helpful in helping students learn concepts, formulas used in the book are definitional rather than for purposes of calculation.
- Hundreds of exercises, most of which are based on data from published research, promote student interest and provide the context of statistics in behavioral research.

#### CONTENTS

- 1. Introduction. 2. Basic Concepts. 3. Displaying Data.
- 4. Measures of Central Tendency. 5. Measures of

Variability. 6. The Normal Distribution. 7. Basic Concepts of Probability. 8. Sampling Distributions and Hypothesis Testing. 9. Correlation. 10. Regression. 11. Multiple Regression. 12. Hypothesis Tests Applied to Means: One Sample. 13. Hypothesis Tests Applied to Means: Two Related Samples. 14. Hypothesis Tests Applied to Means: Two Independent Samples. 15. Power. 16. One-Way Analysis of Variance. 17. Factorial Analysis of Variance. 18. Repeated-Measures Analysis of Variance. 19. Chi-Square. 20. Nonparametric and Distribution-Free Statistical Tests. 21. Meta-Analysis. Appendix A: Arithmetic Review. Appendix B: Symbols and Notation. Appendix C: Basic Statistical Formulae. Appendix D: Data Set. Appendix E: Statistical Tables. Glossary. References. Answers to Exercises. Index.

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# METHODS TOWARD A SCIENCE OF BEHAVIOR AND EXPERIENCE, INTERNATIONAL EDITION, 10E

William J. Ray, Pennsylvania State University, University Park

Professor Ray's unique philosophy of science approach focuses on introducing students to the basics of science and the spirit that motivates many scientists, and helping students make the transition from outside observer of science to active participant. In meeting those goals, he has written a highly readable book that gives students a greater understanding of the techniques of science as well as the experience of doing science.

#### **NEW TO THIS EDITION**

 In terms of content, every chapter in this edition has been revised. Because many individuals are concerned about information that is being passed off as scientific when it is not, the author continues to add information on pseudoscience.

- New research examples from the psychological literature, as well numerical changes are evaluated.
- Access included to Wadsworth's Research Methods Workshops.
- Examples and research studies have been updated, and clarifications have been added to help students in their learning.

#### **FEATURES**

- In response to a number of faculty the ethics chapter was moved and expanded and is now Chapter 4. However, the ethics chapter as it is now written can be assigned by a faculty member to any place in the course.
- A section on pseudoscience and superstition is included. The theme of differentiating science as performed by researchers with established research designs and published in peer-reviewed journals is differentiated from pseudoscience as one might find in advertising or on the Web without any evaluation. This theme has been continued throughout the text.
- This edition provides continued emphasis on philosophy of science and the nature of psychological research.

#### CONTENTS

BRIEF CONTENTS 1. What is Science? 2. Introduction to the Methods of Science. 3. Developing the Hypothesis. 4. Ethics. 5. Description of Behavior Through Numerical Representation. 6. Inferential Statistics: Making Statistical Decisions. 7. Testing the Hypothesis: A Conceptual Introduction. 8. Control: The Keystone of the Experimental Method. 9. Applying the Logic of Experimentation: Between-Subjects Designs. 10. Extending the Logic of Experimentation: Within-Subjects and Matched-Subjects Approaches. 11. The Ecology of the Experiment: The Scientist and Research Participant In Relation To Their Environments. 12. Quasi-Experimental, Correlational, and Naturalistic Observational Designs. 13. Single-Subject Designs. 14. Questionnaires, Survey Research, and Sampling. 15. Sharing the Results. 16. Beyond Method. APPENDIX A: Guidelines for Nonbiased Language in Apa Journals. APPENDIX B: Printed Article. APPENDIX C: Article Manuscript. APPENDIX D: Tables.

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# MIND ON BEHAVIORAL STATISTICS

Utts/Heckard

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# READINGS IN SOCIAL RESEARCH METHODS, 3E

Diane Kholos Wysocki, University of Nebraska-Kearney

This reader is designed to accompany any main text in research methods or be used as a stand-alone reader. It has been closely patterned on the range of topics covered in Earl Babbie's best selling texts, THE PRACTICE OF SOCIAL RESEARCH, 11/e and BASICS OF SOCIAL RESEARCH, 4/e. The reader focuses on the core methodologies of the social research methods course and provides illustrations of those methods. The articles describe real world applications and research and show students how research is conducted and reported.

# NEW TO THIS EDITION

- The author has streamlined this edition.
- A new feature "suggested films" is included in each chapter. Films can we watched by students on their own time, or shown in class.
- A new appendix called "Writing and Reading a Research Paper" includes a new sample paper

written by the author, called "Construction of Masculinity: A Look into the Lives of Heterosexual Male Transvestites".

- New and expanded coverage on ethics including: American Sociological Association's Code of Ethics, and several new articles.
- A new article: Taking Names: The Ethics of Indirect Recruitment in Research on Sexual Networks by Lewis H. Margolis.
- A new article: An epidemiological survey on the presence of toxic chemicals in soaps and cosmetics used by adolescent female students from a Nigerian University by Obuekwe; Ifeyinwa Flossy; Ochei Uche Mabel; M. Pharm.
- A new article: A Study of differences in business ethical values in mainland China, the U.S. and Jamaica by Lillian Y. Fok; Sandra J. Hartman; Kern Kwong.
- A new article: The Eurowinter project: the use of market/social research methods in an international scientific study by Colin McDonald.
- Prepaid monetary incentives and data quality in faceto-face interviews are included: data from the 1996 survey of income an program participation incentive experiment by Michael Davern; Todd H. Rockwood; Randy Sherrod; Stephen Campbell.
- Comparisons between Thai adolescent voices and Thai adolescent health literature by Vipavee Thongpriwan; Beverly J. McElmurry.

# CONTENTS

Table of Contents, PART I AN INTRODUCTION TO INQUIRY. Ch. 1: Here We Go! Get Ready to Find out Why You Should Learn About Research Methods. 1. From the Sociological Imagination, C. Wright Mills. 2. The Reality of Everyday Life, Peter Berger and Thomas Luckmann. Ch. 2: Research and Theory: They Go Hand in Hand. 3. School Tracking and Student Violence, Lissa I. Yogan. 4. Murder Followed by Suicide in Australia, 1973-1992: A Research Note, Jo Barnes. Ch. 3: Ethics: You Must Have Ethics in Life and Especially In Research. 5. Taking Names: The Ethics of Indirect Recruitment in Research on Sexual Networks, Lewis H. Margolis. 6. The Ethics of Conducting Social-Science Research on the Internet, James C. Hamilton. 7. Code of Ethics, American Sociological Association. PART II THE STRUCTURING OF INQUIRY. Ch. 4: Research Design: Now it's Time to Plan. 8. Public Assistance Receipt Among Immigrants and Natives: How the Unit of Analysis Affects Research Findings, Jennifer Van Hook, Jennifer E. Glick, and

Frank D. Bean. 9. Consequences of Participating in a Longitudinal Study of Marriage, Joseph Veroff, Shirley Hatchett, and Elizabeth Douvan. Ch. 5: Conceptualization and Operationalization: We Have to Explain What We are Studving, 10. An epidemiological survey on the presence of toxic chemicals in soaps and cosmetics used by adolescent female students from a Nigerian University, Obuekwe; Ifeyinwa Flossy; Ochei Uche Mabel; M. Pharm. 11. Conceptualization of Terrorism, Jack P. Gibbs. Ch. 6: Indexes and Scales: Now we get to measure it all! 12. A study of differences in business ethical values in Mainland China, the U.S. and Jamaica, Lillian Y. Fok; Sandra J. Hartman; Kern Kwong. 13. The Reverse Social Distance Scale. Motoko Y. Lee, Stephen G. Sapp, and Melvin C. Ray. Ch. 7: Sampling Made Easy. 14. Sex in America, Robert T. Michael, John H. Gagnon, Edward O. Laumann, and Gina Kolata. 15. The Eurowinter project: the use of market/social research methods in an international scientific study, Colin McDonald. PART III MODES OF OBSERVATIONS. Ch. 8: Experimental and Survey Research: Putting it all Together. 16. Prepaid monetary incentives and data quality in face-to-face interviews: data from the 1996 survey of income and program participation incentive experiment, Michael Davern; Todd H. Rockwood; Randy Sherrod; Stephen Campbell. 17. Sex in America-The Sex Survey, Robert T. Michael, John H. Gagnon, Edward O. Laumann, and Gina Kolata. 18. The Internet and Opinion Measurement: Surveying Marginalized Populations, Nadine S. Koch and Jolly A. Emrey. Ch. 9: Field Research and Unobtrusive Measures: Fun in the Field. 19. Comparisons between Thai adolescent voices and Thai adolescent health literature, Vipavee Thongpriwan; Beverly J. McElmurry. 20. Amateur Stripping and Gaming Encounters: Fun in Games or Gaming as Fun?, Julie Ann Harms Cannon, Thomas C. Calhoun, and Rhonda Fisher. 21. Thinking Through the Heart, Ann Goetting. Ch. 10: Existing Data and Evaluation Research: Let's find out what works. 22. What Sociologists Do and Where They Do It-The NSF Survey on Sociologist's Work Activities and Workplaces, Robert J. Dotzler and Ross Koppel. 23. Professors Who Make the Grade (Factors That Affect Students" Grades. of Professors), Vicky L. Seiler and Michael J. Seiler. Appendix: Writing and Reading a Research Paper. 24. Construction of Masculinity: A Look into the Lives of Heterosexual Male Transvestites, Diane Kholos Wysocki. Glossary.

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# RESEARCH DESIGN EXPLAINED, INTERNATIONAL EDITION, 8E

Mark L. Mitchell, Clarion University of Pennsylvania; Janina M. Jolley, Clarion University of Pennsylvania

eBook

RESEARCH DESIGN EXPLAINED, 8E, International Edition helps students appreciate the excitement of science research and its relevance to psychology by explaining concepts clearly and using real-life analogies and examples. Focusing on important, fundamental concepts and demonstrating the logic behind research design, authors Mitchell and Jolley help students go beyond simply memorizing terms to develop a true understanding of research design.

#### **NEW TO THIS EDITION**

- Chapter 15, "Putting It All Together: Writing Research Proposals and Reports," has been thoroughly revised to include clear, up-to-date guidance on how to write research proposals and reports.
- Revised content on the APA report and proposal checklist has been added to Appendix A, "Research Report and Proposal Checklist."
- The sample paper in Appendix B, "Sample APA-Style Paper," as well as other sections throughout the text have been revised to remain consistent with the newest Publication Manual of the American Psychological Association. As a result, students have examples and checklists that will help them write papers that adhere to current APA style.

- The text is fine-tuned throughout with clearer explanations, examples and practical tips, and updates regarding technological changes.
- Each chapter is a self-contained module, allowing professors flexibility in creating a syllabus. Because each chapter covers ethics, construct validity, external

validity, and internal validity, it is easy to skip chapters or cover them in different orders.

- The text is consistent with the most recent APA style, the most recent APA ethical code, and the most recent reports from APA's Task Force on Statistical Inference. Appendix F contains information on statistics.
- Every chapter opens with a detailed outline, followed by a brief overview. End-of -chapter material includes a numbered summary, list of key terms with page references, exercises, and web resources. Answers to the in-text exercises are located in the Instructor's Manual.
- Chapters and appendixes focus on why certain goals are important and how to achieve those goals. For example, Chapter 1 focuses on the need for both students and psychologists to think scientifically, Chapter 5 shows how to establish that a measure is valid, Chapter 9 is a lesson on how not to be fooled by false cause-effect statements, and Chapter 12 is a lesson in perhaps the most important concept in psychology: interactions.
- "Putting it All Together: Writing Research Proposals and Reports" shows students how to write research proposals and reports.

#### CONTENTS

1. Science, Psychology, and You. 2. Validity and Ethics: Can We Know, Should We Know, and Can We Afford Not to Know? 3. Generating and Refining Research Hypotheses. 4. Reading, Reviewing, and Replicating Research. 5. Measuring and Manipulating Variables: Reliability and Validity. 6. Beyond Reliability and Validity: The Best Measure for Your Study. 7. Introduction to Descriptive Methods and Correlational Research. 8. Survey Research. 9. Internal Validity. 10. The Simple Experiment. 11. Expanding the Simple Experiment: The Multiple-Group Experiment. 12. Expanding the Experiment: Factorial Designs. 13. Matched Pairs, Within-Subjects, and Mixed Designs. 14. Single-n Designs and Quasi-Experiments. 15. Putting It All Together: Writing Research Proposals and Reports. Appendix A: Research Report and Proposal Checklist. Appendix B: Sample APA-Style Paper. Appendix C: A Checklist for Evaluating a Study's Validity. Appendix D: Practical Tips for Conducting an Ethical and Valid Study. Appendix E: Introduction to Statistics. Appendix F: Statistics and Random Numbers Table.

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#### **RESEARCH METHODS, 2E** A MODULAR APPROACH, INTERNATIONAL EDITION

eBook <

Sherri L. Jackson, Jacksonville University

Sherri Jackson's RESEARCH METHODS: A MODULAR APPROACH, International Edition combines a lively writing style with a novel approach to offer a refreshing alternative for the research methods course. Topics are treated in relatively compact units that, though logically sequenced, can be used in any order. The critical thinking theme that threads through the book engages the reader and asks them to continually evaluate evidence. This brief yet comprehensive book covers all the basic principles of research methods in a format that affords maximum flexibility in teaching and while encouraging active learning.

#### NEW TO THIS EDITION

- APA manuscript style guidelines have been updated to bring them in line with the newest edition of the APA style guide.
- Learning objectives have been added to each module, the coverage of the qualitative methods and the survey methods has been expanded.
- There is an additional appendix which shows students how to use Excel, SPSS, or the TI84 calculator to compute the statistics that are covered in the text.
- The survey methods has been expanded and updated, and the text had been reorganized from seven sections to ten chapters.

- Topics are treated in relatively compact units that follow a logical sequence for the course, however, they are written so that they can also be used in any order.
- Critical thinking approach is embedded in every module. This theme encourages the type of thinking that is necessary for effective research. There are

critical thinking checks throughout each module continually ask students to evaluate evidence.

- A running marginal glossary of terms ensures that students understand the material as they read it.
- Review tables pull material together in a table format, making it easier for students to review material and to prepare for exams. These appear within every module.
- End-of-module material that includes, Summary, Review of Key Terms, Module Exercises, Critical Thinking Check Answers and web resources, supports active learning and increased comprehension of the material.

#### CONTENTS

1. THINKING LIKE A SCIENTIST. Module 1. Science and Psychology. Module 2. An Introduction to Research Methods. 2. GETTING STARTED. Module 3. Research Ideas. Module 4. Ethical Research. 3. VARIABLES. Module 5. Defining, Measuring, and Manipulating Variables. Module 6. Reliability and Validity. 4. DESCRIPTIVE METHODS. Module 7. Observation and Other Descriptive Methods. Module 8. Survey Methods. 5. PREDICTIVE (RELATIONAL) METHODS. Module 9. Conducting Correlational Research. Module 10. Quasi-Experimental Designs. Module 11. Conducting Single-Case Research. 6. EXPLANATORY METHODS. Module 12. Between-Participants Experimental Designs. Module 13. Correlated-Groups and Development Designs. Module 14. Advanced Experimental Designs, 7. DESCRIPTIVE STATISTICS, Module 15. Data Organization, Central Tendency, and Variance. Module 16. Transformation Scores and Correlation Coefficients. 8. INFERENTIAL STATISTICS I. Module 17. Hypothesis Testing. Module 18. t Test for Independent Groups. 9. INFERENTIAL STATISTICS II Module 19. t Test for Correlated Groups. Module 20. Analysis of Variance (ANOVA). 10. APA Communications Guidelines. Module 21. Communicating Research Findings. Module 22. APA Sample Manuscript Appendix A. Answers to Odd-Numbered Exercises. Appendix B. Statistical Tables. Appendix C. Excel, SPSS, and TI84 Exercises. Appendix D. Computational Formulas for ANOVA. References. Glossary. Index.

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#### **RESEARCH METHODS, 3E** A MODULAR APPROACH

Sherri L. Jackson, Jacksonville University

Sherri Jackson's RESEARCH METHODS: A MODULAR APPROACH combines a lively writing style with a novel approach to offer a refreshing alternative for the research methods course. Topics are treated in relatively compact units that, though logically sequenced, can be used in any order. The critical thinking theme that threads through the book engages the reader and asks them to continually evaluate evidence. This brief yet comprehensive book covers all the basic principles of research methods in a format that affords maximum flexibility in teaching and while encouraging active learning.

#### **NEW TO THIS EDITION**

- Photos have been added to the book, with chapter opening images and selected Images within chapters.
- More contemporary research examples have been added to several chapters.
- The Excel, SPSS, and TI-84 appendix that first appeared in the second edition has been updated to represent the most recent versions of these tools.

- Topics are treated in relatively compact units that follow a logical sequence for the course, however, they are written so that they can also be used in any order.
- Critical thinking approach is embedded in every module. This theme encourages the type of thinking that is necessary for effective research. There are critical thinking checks throughout each module continually ask students to evaluate evidence.
- A running marginal glossary of terms ensures that students understand the material as they read it.
- Review tables pull material together in a table format,

making it easier for students to review material and to prepare for exams. These appear within every module.

- End-of-module material that includes, Summary, Review of Key Terms, Module Exercises, Critical Thinking Check Answers and web resources, supports active learning and increased comprehension of the material.
- The approach is direct and inviting, the prose clear and user friendly. Explanations are simple and concise yet accurate. A popular tone, with reference to public figures and events, pervades the writing, inviting and engaging the reader. No attentive reader will have difficulty with this text.

#### CONTENTS

1. THINKING LIKE A SCIENTIST. Module 1. Science and Psychology. Module 2. An Introduction to Research Methods. 2. GETTING STARTED. Module 3. Research ideas. Module 4. Ethical Research. 3. VARIABLES. Module 5. Defining, Measuring, and Manipulation Variables. Module 6. Reliability and Validity. 4. DESCRIPTIVE METHODS. Module 7. Observational and Qualitative Methods. Module 8. Survey Methods. 5. PREDICTIVE (RELATIONAL) METHODS. Module 9. Conducting Correlational Research. Module 10. Quasi-Experimental Designs. Module 11. Conducting Single-Case Research. 6. EXPLANATORY METHODS. Module 12. Between-Participants Experimental Designs. Module 13. Correlated –Groups and Developmental Designs. Module 14. Advanced Experimental Designs. 7. UNDERSTANDING RESULTS: DESCRIBING DATA. Module 15. Data Organization, Central Tendency, and Variance, Module 16, Transformation Scores and Correlation Coefficients. 8. UNDERSTANDING RESULTS: MAKING INFERENCES I. Module 17. Hypothesis Testing. Module 18. The r Test for Independent Groups. 9. UNDERSTANDING RESULTS: MAKING INFERENCES II. Module 19. r Test for Correlated Groups (Samples). Module 20. Analysis of Variance (ANOVA). 10. APA COMMUNICATION GUIDELINES. Module 21. Communicating Research Findings. Module 22. APA Sample Manuscript. Appendix A. Answers to Odd-Numbered Exercises. Appendix B. Statiustical Tables. Appendix C. Excel, SPSS, and TI-84 Exercises. Appendix D. Computational Formulas for ANOVA's.



eBook <

# RESEARCH METHODS AND STATISTICS, 4E

# A CRITICAL THINKING APPROACH, INTERNATIONAL EDITION

Sherri L. Jackson, Jacksonville University

RESEARCH METHODS AND STATISTICS: A CRITICAL THINKING APPROACH, International Edition, successfully illustrates the integration between statistics and research methods by demonstrating the ways to use statistics in analyzing data collected during research. Jackson's combined text adopts an inviting narrative style that speaks directly to students and draws them into the material, helping them overcome the initial apprehension they may feel at having to learn both subject areas at once. She incorporates a student-friendly critical-thinking approach and presents examples and exercises to which students can relate. Jackson focuses on the logic of the process and the methodology aspect of research.

#### **NEW TO THIS EDITION**

- Expanded coverage of Qualitative Methods in Chapter 4.
- Updated coverage of Survey Methods to include changes in response rates and type of surveys used based on lifestyle changes over the past decade (Chapter 4).
- New chapter on Basic Probability (Chapter 7).
- Updated chapters on APA style based on the 6th edition of the Publication Manual of the American Psychological Association (Chapter 14 & 15).
- New Appendix that includes Excel, SPSS, and TI84 exercises for most statistics covered in the text (Appendix D.)

#### FEATURES

• The chapter on nonparametric statistics was removed,

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and all nonparametric statistics have been integrated into earlier chapters in which comparable parametric statistics are discussed. This involves additions to Chapters 7, 9, and 10.

- Appendix D, which presented a sample APA manuscript, has become Chapter 14; and it immediately follows the chapter on APA communication guidelines.
- The study guide has been integrated into the text at the end of each chapter so that students now have access to the study guide without having to pay extra for it. The study guide at the end of each chapter includes a chapter summary, learning objectives, fill-in self-test questions, multiple-choice self-test questions, statistical problems in chapters where appropriate, and a review of key terms.
- An additional measure of effect size (r2) for the t test was added to Chapter 9, increasing the continuity between measures of effect size for the t test and for ANOVAs.
- Confidence intervals for the t test were added, bringing continuity between t tests and z tests.

### CONTENTS

Brief Contents 1. Thinking Like a Scientist. 2. Getting Started: Ideas, Resources, and Ethics. 3. Defining, Measuring, and Manipulating Variables. 4. Descriptive Methods. 5. Data Organization and Descriptive Statistics. 6. Correlational Methods and Statistics. 7. Probability and Hypothesis Testing. 8. Introduction to Inferential Statistics. 9. The Logic of Experimental Design. 10. Inferential Statistics: Two-Group Designs. 11. Experimental Designs with More Than Two Levels of an Independent Variable. 12. Complex Experimental Designs. 13. Quasi-Experimental and Single-Case Designs. 14. APA Communication Guidelines. 15. APA Sample Manuscript. Appendix A: Statistical Tables. Appendix B: Computational Formulas for ANOVAs. Appendix C: Answers to Odd-Numbered Chapter Exercises and All Review Exercises. Appendix D: Excel, SPSS, and TI84 Exercises. References. Glossary. Index.

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# eBook <

# RESEARCH METHODS FOR THE BEHAVIORAL SCIENCES, 4E

Charles Stangor, University of Maryland, College Park

Appropriate for social science students, this text offers comprehensive coverage of both experimental and non-experimental methods. The author provides succinct explanations for a full range of methods, including descriptive, correlational, experimental, and quasi-experimental research designs. Practical tips and applications integrated throughout the text allow students to make real-world connections that encourage them to master the material.

#### **NEW TO THIS EDITION**

- In addition to a number of updates, the fourth edition of Research Methods for the Behavioral Sciences has added a new feature, Current Research in the Behavioral Sciences, to provide students with examples of new research studies. These studies can be used as discussion points to help students learn about current trends in behavioral research, and may also be used as background readings for students who are looking for project ideas.
- Chapter 1: Current Research in the Behavioral Sciences: Preferences For Brands That Contain The Letters Of Our Own Name.
- Chapter 4: Current Research in The Behavioral Sciences: The Hillyer-Jones Kinematics Scale Of Locomotion In Rats With Spinal Injuries.
- Chapter 5: Current Research in the Behavioral Sciences: Using Multiple Measured Variables To Assess The Conceptual Variable Of Panic Symptoms.
- Chapter 6: Current Research in the Behavioral Sciences: Assessing Americans' Attitudes Toward Healthcare.
- Chapter 7: Current Research in the Behavioral Sciences: Detecting Psychopathy From Thin Slices

of Behavior.

- Chapter 9: Current Research in the Behavioral Sciences: Moral Conviction, Religiosity, and Trust in Authority.
- Chapter 10: Current Research in the Behavioral Sciences: Does Social Exclusion "Hurt?"
- Chapter 11: Current Research in the Behavioral Sciences: Post-decisional Dissonance Reduction in Canadian and Japanese Samples.
- Chapter 12: Current Research in the Behavioral Sciences: Testing the "Romantic Red" hypothesis.

#### CONTENTS

PART I: GETTING STARTED. 1. Introduction to Research. Behavioral Research. Everyday Science Versus Empirical Research. Relying on Our Intuition. Discovering the Limitations of Using Intuition. The Scientific Method. Values Versus Facts in Scientific Research, Basic and Applied Research. The Importance of Studying Research Methods. Evaluating Research Reports. Conducting Research. Thinking Critically About Research. Research Designs: Three Approaches to Studying Behavior. Descriptive Research: Assessing the Current State of Affairs. Correlational Research: Seeking Relationships Among Variables. Experimental Research: Understanding the Causes of Behavior. The Selection of an Appropriate Method, Current Research in The Behavioral Sciences: Preferences For Brands That Contain The Letters Of Our Own Name. 2. Developing the Research Hypothesis. Getting Ideas. Solving Important Real-World Problems. Using Observation and Intuition. Using Existing Research. Doing a Literature Search. Locating Sources of Information. Conducting the Search. Formalizing Ideas into Research Hypotheses. Laws. Theories. The Research Hypothesis. 3. Ethics in Research. What Is Ethical Research? Protecting Research Participants from Physical and Psychological Harm. Types of Threats. The Potential for Lasting Impact. Providing Freedom of Choice. Conducting Research Outside the Laboratory. Securing Informed Consent. Weighing Informed Consent Versus the Research Goals. Maintaining Awareness of Power Differentials. Avoiding Abuses of Power. Respecting Participants' Privacy. Honestly Describing the Nature and Use of the Research. When Deception Is Necessary. Simulation Studies: An Alternative to Deception. The Consequences of Deception. Debriefing. Using Animals as Research Participants. Ensuring that Research Is Ethical. The

Institutional Review Board. The Researcher's Own Ethics. Correctly and Honestly Reporting Research Results. PART II: MEASURING AND DESCRIBING. 4. Measures. Fundamentals of Measurement. Operational Definition. Converging Operations. Conceptual and Measured Variables. Nominal and Quantitative Variables. Measurement Scales. Self-Report Measures. Free-Format Self-Report Measures. Fixed-Format Self-Report Measures. Reactivity as a Limitation in Self-Report Measures. Behavioral Measures. Nonreactive Measures. Psychophysiological Measures. Choosing a Measure. Current Research in The Behavioral Sciences: The Hillyer-Jones Kinematics Scale Of Locomotion In Rats With Spinal Injuries. 5. Reliability and Validity. Random and Systematic Error. Reliability. Test-Retest Reliability. Reliability as Internal Consistency. Interrater Reliability. Construct Validity. Face Validity. Content Validity. Convergent and Discriminant Validity. Criterion Validity. Improving the Reliability and Validity of Measured Variables. Comparing Reliability and Validity. Current Research in The Behavioral Sciences: Using Multiple Measured Variables To Assess The Conceptual Variable Of Panic Symptoms. 6. Surveys and Sampling. Surveys. Interviews. Questionnaires. Use of Existing Survey Data. Sampling and Generalization. Definition of the Population. Probability Sampling. Sampling Bias and Nonprobability Sampling. Summarizing the Sample Data. Frequency Distributions. Descriptive Statistics. Sample Size and the Margin of Error. Current Research in The Behavioral Sciences: Assessing Americans' Attitudes Toward Healthcare. 7. Naturalistic Methods. Naturalistic Research, Observational Research, The Unacknowledged Participant. The Acknowledged Participant. Acknowledged and Unacknowledged Observers. Case Studies. Systematic Coding Methods. Deciding What to Observe. Deciding How to Record Observations. Choosing Sampling Strategies. Archival Research, Current Research in the Behavioral Sciences: Detecting Psychopathy From Thin Slices of Behavior. PART III: TESTING RESEARCH HYPOTHESES. 8. Hypothesis Testing and Inferential Statistics. Probability and Inferential Statistics. Sampling Distributions and Hypothesis Testing. The Null Hypothesis. Testing for Statistical Significance. Reduction of Inferential Errors. Type 1 Errors. Type 2 Errors. Statistical Power. The Tradeoff Between Type 1 and Type 2 Errors. Statistical Significance and the Effect Size. Practical Uses of the
Effect Size Statistic. 9. Correlational Research Designs. Associations Among Quantitative Variables. Linear Relationships. Nonlinear Relationships. Statistical Assessment of Relationships. The Pearson Correlation Coefficient. The Chi-Square Statistic. Multiple Regression. Correlation and Causality. Interpreting Correlations. Using Correlational Data to Test Causal Models. When Correlational Designs Are Appropriate. Current Research in The Behavioral Sciences: Moral Conviction, Religiosity, and Trust in Authority. 10. Experimental Research: One-Way Designs. Demonstration of Causality. Association. Temporal Priority. Control of Common-Causal Variables. One-Way Experimental Designs. The Experimental Manipulation. Selection of the Dependent Variable. Variety and Number of Levels. Analysis of Variance. Hypothesis Testing in Experimental Designs. Between-Groups and Within-Groups Variance Estimates. The ANOVA Summary Table. Repeated-Measures Designs. Advantages of Repeated-Measures Designs. Disadvantages of Repeated-Measures Designs. When to Use a Repeated-Measures Design. Presentation of Experiment Results. When Experiments Are Appropriate. Current Research In The Behavioral Sciences: Does Social Exclusion "Hurt?" PART IV: DESIGNING AND **INTERPRETING RESEARCH. 11. Experimental Research:** Factorial Designs. Factorial Experimental Designs. The Two-Way Design. Main Effects. Interactions and Simple Effects. The ANOVA Summary Table. Understanding Interactions. Patterns of Observed Means. Interpretation of Main Effects When Interactions Are Present. More Factorial Designs. The Three-Way Design. Factorial Designs Using Repeated Measures. Comparison of the Condition Means in Experimental Designs. Pairwise Comparisons. Complex Comparisons. Current Research in the Behavioral Sciences: Post-decisional Dissonance Reduction in Canadian and Japanese Samples. 12. Experimental Control and Internal Validity. Threats to the Validity of Research. Experimental Control. Extraneous Variables. Confounding Variables. Control of Extraneous Variables. Limited-Population Designs. Before-After Designs. Matched-Group Designs. Standardization of Conditions. Creation of Valid Manipulations. Impact and Experimental Realism. Manipulation Checks. Confound Checks. How to Turn Confounding Variables into Factors. Pilot Testing. Threats to Internal Validity. Placebo Effects. Demand Characteristics. Experimenter Bias. Random Assignment Artifacts. Current Research in the Behavioral Sciences: Testing the "Romantic Red" Hypothesis. 13. External Validity. Understanding External Validity. Generalization. Generalization Across Participants. Generalization Across Settings. Replications. Exact Replications. Conceptual Replications. Constructive Replications. Participant Replications. Summarizing and Integrating Research Results. Research Programs. Review Papers. Meta-Analysis. Interpretation of Research Literatures. Current Research in The Behavioral Sciences: A Meta-Analysis Of The Effectiveness Of Contemporary Treatment Approaches For Withdrawal From Tranquilizer Addictions. 14. Quasi-Experimental Research Designs. Program Evaluation Research. Quasi-Experimental Designs. Single-Group Design. Comparison-Group Design. Single-Group Before-After Design. Comparison-Group Before-After Design. Regression to the Mean as a Threat to Internal Validity. Time-Series Designs. Participant-Variable Designs. Demographic Variables. Personality Variables. Interpretational Difficulties. Single-Participant Designs. Current Research in the Behavioral Sciences: Damage to the Hippocampus Abolishes the Cortisol Response to Psychosocial Stress in Humans. APPENDIX A: REPORTING RESEARCH **RESULTS.** Communication of Scientific Knowledge. Face-to-Face Contact. Publication in Scientific Journals. The Research Report. Headings in APA Format. Title Page. Abstract. Introduction. Method. Results. Discussion. References. Footnotes and Author Notes. Tables and Figures. Tips on Writing the Research Report. Sample Research Report. APPENDIX B: DATA PREPARATION AND UNIVARIATE STATISTICS. Preparing Data for Analysis. Collecting the Data. Analyzing the Data. Entering the Data into the Computer. Checking and Cleaning the Data. Dealing with Missing Data. Deleting and Retaining Data. Transforming the Data. Conducting Statistical Analysis. Descriptive Statistics, Parameters, and Inferential Statistics. Statistical Notation. Computing Descriptive Statistics. Frequency Distributions. Measures of Central Tendency. Measures of Dispersion. Computer Output. Standard Scores. The Standard Normal Distribution. Working with Inferential Statistics. Unbiased Estimators. The Central Limit Theorem. The Standard Error. Confidence Intervals. APPENDIX C: BIVARIATE STATISTICS. The Pearson Correlation Coefficient. Calculating r. Obtaining the

p-value. Contingency Tables. The Chi-Square Test for Independence. Kappa. Bivariate Regression. The Regression Equation. The Regression Line. Partitioning of the Sum of Squares. One-Way Analysis of Variance. Computation of a One-Way Between-Participants ANOVA. APPENDIX D: MULTIVARIATE STATISTICS. Multiple Regression. Regression Coefficients. The Multiple Correlation Coefficient (R). Hierarchical and Stepwise Analyses. Multiple Regression and ANOVA. Loglinear Analysis. Means Comparisons. A Priori Contrast Analysis. Post Hoc Means Comparisons. Multivariate Statistics. Coefficient Alpha. Exploratory Factor Analysis. Canonical Correlation and MANOVA. Structural Equation Analysis. How to Choose the Appropriate Statistical Test. APPENDIX E: STATISTICAL TABLES. Statistical Table A: Random Numbers. Selecting a Random Sample. Selecting Orders for Random Assignment Conditions. Statistical Table B: Distribution of z in the Standard Normal Distribution. Statistical Table C: Critical Values of t. Statistical Table D: Critical Values of r. Statistical Table E: Critical Values of Chi Square. Statistical Table F: Critical Values of F. Statistical Table G: Statistical Power. APPENDIX F: USING COMPUTERS TO COLLECT DATA. Glossary. References. Index.

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# RESEARCH METHODS FOR THE BEHAVIORAL SCIENCES, 5E

Charles Stangor, University of Maryland, College Park

Appropriate for social science students, this text offers comprehensive coverage of both experimental and nonexperimental research methods. The author provides succinct explanations for a full range of methods, including descriptive, correlational, experimental, and quasi-experimental research designs. Practical tips and applications integrated throughout the text allow students to make real-world connections and understand the material.

#### **NEW TO THIS EDITION**

- Each chapter has a new end-of-chapter feature, "Thinking Critically About Research," which includes questions to provoke classroom discussions and encourage students to apply what they have just learned.
- References and sources have been updated throughout the book.
- All reports and examples have been updated to reflect the latest APA style.

#### FEATURES

- "Current Research in the Behavioral Sciences" features provide students with examples of new research studies. These studies can be used as discussion points to help students learn about current trends in behavioral research, and may also be used as background readings for students who are looking for project ideas. Topics include Using Multiple Measured
- Variables to Assess the Conceptual Variable of Panic Symptoms (Ch. 4) and Assessing Americans' Attitudes Toward Health Care (Ch. 6).
- Full coverage of APA-style research reports is included in a separate appendix (A). A fully annotated sample manuscript is also included.
- End-of-chapter material includes a summary, key terms, review and discussion questions, new Thinking Critically About Research items, and research project ideas.

# CONTENTS

Part I: GETTING STARTED. 1. Introduction to Research. 2. Developing the Research Hypothesis. 3. Ethics in Research. Part II: MEASURING AND DESCRIBING. 4. Measures. 5. Reliability and Validity. 6. Surveys and Sampling. 7. Naturalistic Methods. Part III: TESTING RESEARCH HYPOTHESES. 8. Hypothesis Testing and Inferential Statistics. 9. Correlational Research Designs. 10. Experimental Research: One-Way Designs. Part IV: DESIGNING AND INTERPRETING RESEARCH. 11. Experimental Research: Factorial Designs. 12. Experimental Control and Internal Validity. 13. External Validity. 14. Quasi-Experimental Research Designs. Appendix A: Reporting Research Results. Appendix B: Data Preparation and Univariate Statistics. Appendix C: Bivariate Statistics. Appendix D: Multivariate Statistics. Appendix E: Statistical Tables. Appendix F: Using Computers to Collect Data Glossary. References. Index.





# RESEARCH METHODS FOR THE BEHAVIORAL SCIENCES, INTERNATIONAL EDITION, 4E

Frederick J Gravetter, State University of New York, Brockport; Lori-Ann B. Forzano, State University of New York College, Brockport

Bestselling statistics author, Fredrick J. Gravetter, and co-author Lori-Ann B. Forzano have written a text for research methods that helps students see how interesting and exciting experimental and non-experimental research can be. Inviting and conversational. RESEARCH METHODS FOR THE BEHAVIORAL SCIENCES, International Edition, leads students through the research process from start to finish. The text opens with tips and strategies for generating research ideas, moves to selecting measures and participants, and then offers an examination of research strategy and design. This step-by-step approach emphasizes the decisions researchers must make at each stage of the process. The authors avoid a "cookbook" approach to the facts by linking terminology with applied concepts; their "lecture in a book" style makes the text accessible to students by emphasizing discussion and explanation of topics. Each chapter ends with a set of student exercises and activities. Examples and content throughout the book reflect the most current APA guidelines.

#### **NEW TO THIS EDITION**

• A sample manuscript in Chapter 16 demonstrates the

elements of an APA-style manuscript. The chapter also includes a section on conference presentations (papers and posters) and a new checklist summarizing APA format style.

- NEW to this Edition: Appendix C Updated examples for the new version of SPSS, which is PASW Statistics 17. Also, added notes explaining how information from each hypothesis test output can be used to compute measures of effect size.
- NEW to this Edition: Appendix D Presents a completely new example of a research report demonstrating the new APA-style guidelines.
- NEW to this Edition: Real research examples to replace some hypothetical examples in 3rd edition.
- NEW learning checks and end-of-chapter exercises and activities
- NEW section on Science vs. Pseudoscience.
- Examples throughout the text now reflect the most current APA guidelines.
- Added information describing how validity and reliability can be established with consistent positive and negative relationships.
- Expanded information on plagiarism.

#### FEATURES

• The authors use an informal, conversational writing style that emphasizes discussion and explanation of topics, rather than a simple "cookbook" presentation of facts.

#### CONTENTS

1. Methods for Acquiring Knowledge. 2. Finding Research Ideas. 3. Research Ethics. 4. Measuring Variables. 5. Sampling Techniques. 6. Approaches to Research: Internal and External Validity. 7. Descriptive Research. 8. The Correlational Research Strategy. 9. True Experiments. 10. The Between-Subjects Experimental Design. 11. The Within-Subjects Experimental Design. 12. The Nonexperimental and Quasi-Experimental Research Strategies. 13. Factorial Designs. 14. Statistical Analyses. 15. Single-Subject Research Designs. 16. An Introduction to APA-Style Research Reports.

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# RESEARCH METHODS IN PSYCHOLOGY, INTERNATIONAL EDITION, 9E

eBook ·

David G. Elmes, Washington and Lee University; Barry H. Kantowitz, University of Michigan, Ann Arbor; Henry L. Roediger, III, Washington University in St. Louis

Using contemporary examples from primary sources, **RESEARCH METHODS IN PSYCHOLOGY, International** Edition, encourages students to become engaged in the basics of scientific investigation through an example-based approach. This text displays the authors' commitment to ensuring that the student has a thorough understanding of the research process from the very beginning. Highly readable, it avoids the heavy statistical tone that some introductory students find difficult to understand. Rather, it is conceptually driven to offer students a big picture view of the experimental approach to research. Empirical examples and applications are consistently used throughout to foster critical-thinking skills. In many chapters, a unifying empirical example at the beginning of the chapter is cited throughout the chapter to help clarify terms or design problems. By presenting concepts with concrete examples, the text aids students in applying related ideas to their areas of research interest.

#### **NEW TO THIS EDITION**

- The title of Chapter 1, "Overview of Psychological Research," reflects the chapter's intent to provide a broad picture of what is involved in a research project. In addition to many new references and updated Web resources, there is an increased emphasis on how understanding the research process benefits the student.
- Chapter 2, "Explanation in Scientific Psychology," includes new work on the philosophy of science. New topics include abduction as an approach to deriving theories and the notion of a satisfactory theory.
- A new article on happiness is used to guide novice readers through the reading process of a research

article in chapter 3, "Exploring the Literature of Psychology."

- Chapter 4 is now "Conducting Ethical Research." This chapter features new aspects of research on animals, and it also has and expanded discussion on the role of Institutional Review Boards on determining ethical practice.
- Chapter 5, "Observations in Psychological Research," includes an update of work in ethology, as well as a discussion of the role of environmental chemicals on child development.
- "Relational Research," Chapter 6, still focuses on contingency and correlational research, but now includes more discussion of regression in the context of the predictors of using weapons in cases of domestic violence.
- "Validity and Reliability in Psychological Research," Chapter 8, now includes a discussion of a meta-analysis concerned with whether group psychotherapy works for older adult clients.
- Chapter 14, "Presenting Research Results," is completely updated to follow the latest APA style manual. A new article concerned with positive selfstatements illustrates the latest style.

# FEATURES

- Revisions in this edition are in response to comments from students, professors, and reviewers, as well as the authors' own changing ideas in teaching the research methods course.
- The authors have increased their coverage of qualitative research in response to the growing prevalence of this type of research.

# CONTENTS

Part I: BASICS OF SCIENTIFIC PSYCHOLOGY. 1. Basics of Scientific Psychology. 2. Explanation in Scientific Psychology. 3. Exploring the Literature of Psychology. 4. Conducting Ethical Research. Part II: BASIC RESEARCH METHODS. 5. Observations in Psychology. 6. Relational Research. 7. Basics of Experimentation. 8. Validity and Reliability in Psychological Research. Part III: ADVANCED RESEARCH TOPICS. 9. Experimental Design. 10. Complex Design. 11. Small-n Design. 12. Quasi Experiments. Part IV: THE PRACTICE OF SCIENTIFIC PSYCHOLOGY. 13. Interpreting the Results of Research. 14. Presenting Research Results.

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eBook <

# RESEARCH METHODS LABORATORY MANUAL FOR PSYCHOLOGY, INTERNATIONAL EDITION (WITH INFOTRAC®), 3E

William Langston, Middle Tennessee State University

William Langston brings the research methods lab right to the student! Now in its Second Edition, his RESEARCH METHODS LABORATORY MANUAL FOR PSYCHOLOGY, International Edition sustains its wellearned reputation as an innovative, one-of-a-kind solution for research methods classes. Experiments found within the text and on the CD-ROM cover such topics as the Stroop Effect, gender pronouns, and mood and perception-allowing students to experience research methods hands-on while focusing them on the asking and answering of interesting questions, rather than on the actual tracking down of materials. This lab manual will enrich the learning and interest of any lab class.

# NEW TO THIS EDITION

- Updated throughout to reflect the new edition of the APA Publication Manual.
- This edition includes a new section on conducting Internet surveys.
- Langston offers an expanded discussion of reliability and validity.
- The text now includes section on the history of IRBs, as well as more links to ethics guidelines.
- Appendix A features updated references to the new APA Ethics Guidelines and new consent forms.

# FEATURES

- "Ethics Notes" remind students of the ethical rules and highlight situations where those rules may affect how research is conducted.
- "Methodology Notes" highlight features of target

articles and the methodological issues associated with the projects.

- The Appendixes walk students succinctly through each step of conducting their own research project: getting approval for projects from institutional review boards, setting up the data for analysis, writing results sections, and presenting research. Often, these topics present major roadblocks for research projects.
- With the variety of designs presented, students can rehearse their knowledge of many analyses covered in introductory statistics (from chi-square to factorial ANOVA).
- For the experiments conducted using software, the data files can be imported into any statistics package.

#### CONTENTS

Part One: NATURALISTIC OBSERVATION, SURVEY, AND CORRELATION RESEARCH. 1. Naturalistic Observation. 2. Survey Research. 3. Correlation Research. Part Two: EXPERIMENTAL DESIGNS. 4. Two Group Experiments. 5. One-Way Designs I. 6. One-Way Designs II. 7. Factorial Designs I. 8. Factorial Designs II. 9. Field Experiments. Part Three: ADVANCED EXPERIMENTAL METHODOLOGY. 10. Strong Inference. 11. Combining Correlation Research and Experiments. Appendix A: Getting Approval from Institutional Review Boards. Appendix B: Using the Analysis Software. Appendix C: Writing Results Sections. Appendix D: Presenting Your Work. Appendix E: Installing the Software.

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# RESEARCH METHODS, INTERNATIONAL EDITION, 9E

Theresa L. White, Le Moyne College and SUNY Upstate Medical University; Donald H. McBurney, University of Pittsburgh

Now in its 9th Edition, RESEARCH METHODS,

International Edition provides psychology students with a scientific approach to understanding their field of study and the world in general. The text's logical, step-by-step coverage is the result of decades of author experience. It includes all of the stages of the research process, from selecting the project and searching for literature, to choosing a protocol and getting published. Utilizing a wide variety of problems from psychological literature, RESEARCH METHODS, International Edition also illustrates the many creative ways that psychology professionals design and conduct effective research.

#### **NEW TO THIS EDITION**

- The 9th edition has been updated to match the 2010 revision of the American Psychological Association's ETHICAL PRINCIPLES OF PSYCHOLOGISTS AND CODE OF CONDUCT and GUIDELINES FOR ETHICAL CONDUCT IN THE CARE AND USE OF NONHUMAN ANIMALS IN RESEARCH.
- Chapter 4 (Writing in Psychology) has been revised extensively, so as to comply with the sixth edition of the PUBLICATION MANUAL OF THE AMERICAN PSYCHOLOGICAL ASSOCIATION. This update allows students to communicate effectively in the manner of professional psychologists.
- A new section has been added on data examination.
- Chapter 14 is now Data Exploration I: Graphic and Descriptive Techniques, and Chapter 15 is now Data Exploration II: Inferential Statistics. This change reflects the typical research process in which graphic examination of the data normally precedes the statistical evaluation of the data.
- Many new examples and existing concepts have been clarified.
- Updated examples include the latest technology, which gives students an idea of the cutting-edge research that is being conducted.

#### FEATURES

- The research process is covered from start to finish with the text's meticulous attention to detail and a comprehensive discussion of each and every stage.
- Each chapter begins with a brief preview to set the stage for the more detailed material that follows.
- An ongoing margin glossary helps students grasp new terms and memorize key concepts.
- "A Case in Point" case studies illustrate issues covered in the text and ask students to reach their own

conclusions about them.

#### CONTENTS

1. Psychology and Science. 2. Developing a Research Question. 3. Ethics in Research. 4. Writing in Psychology. 5. Variables. 6. Validity. 7. Control. 8. Nonexperimental Research, Part 1: Observational, Archival, and Case Study Research. 9. Nonexperimental Research, Part 2: Survey Research. 10. True Experiments, Part 1: Single-Factor Designs. 11. True Experiments, Part 2: Factorial Designs. 12. Single-Subject Experiments. 13. Quasi Experiments. 14. Data Exploration, Part 1: Graphic and Descriptive Techniques. 15. Data Exploration, Part 2: Inferential Statistics. Epilogue: Biases and Limitations of Experimental Psychology, Appendix A: Random-Number Table. Appendix B: Population Data Set. Appendix C: Suggested Answers to Reading Between the Lines. Appendix D: Key for Identifying Appropriate Graphs and Statistics. References. Indexes.

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#### SPSS 20, 2E A PRACTICAL GUIDE

Peter Allen, Curtin University of Technology; Kellie Bennett, University of Western Australia

This practical and highly visual text introduces students to a range of commonly used statistical procedures typically included in the curricula of undergraduate applied statistics and research methodology units. The text takes a hands-on approach to the subject matter, working through each procedure in an illustrated, step-by-step fashion. As well as a focus on "doing", the authors also emphasise interpretation and reporting throughout using many examples with annotated SPSS output and explanations of how specific research findings can be communicated clearly and concisely.

### **NEW TO THIS EDITION**

- Now includes coverage of SPSS version 20
- Comprehensively updated to the latest version of SPSS Statistics (v 20.0), including new SPSS screen shots throughout
- Data and Syntax files are provided ONLINE and relate to the examples in the text. These have been updated to the latest version of SPSS Statistics (v 20.0)
- Coverage of mixed model ANOVA in Chapter 9

#### **FEATURES**

- Step-by-step instructions and updated Screen shots clearly and visually explain each procedure to help students more easily understand how to use SPSS Statistics version 20.0
- Annotated screen shots help you to more easily navigate through the SPSS Statistics software as you use it
- A Decision tree printed inside the front cover quickly guides you to appropriate procedures for your circumstances
- APA style results sections demonstrate exactly how research findings can be clearly communicated in reports, assignments and poster presentations.
- Tips in the margin highlight key considerations about the analysis or give hints that help you make the best use of the software
- Checklists at the end of each analysis chapter remind you of key concerns and steps to complete

#### CONTENTS

1. Getting started with SPSS Statistics 2. Working with data 3. Summarising and displaying data 4. One sample t test 5. Independent samples t test 6. Paired samples t test 7. One-way between groups ANOVA 8. Factorial ANOVA 9. One-way repeated measures ANOVA 10. One-way analysis of covariance (ANCOVA) 11. Multivariate analysis of variance (MANOVA) 12. Correlation 13. Multiple regression 14. Factor analysis 15. Reliability analysis 16. Non-parametric procedures 17. Working with syntax

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eBook <

# STATISTICAL METHODS FOR PSYCHOLOGY, INTERNATIONAL EDITION, 8E

David C. Howell, University of Vermont

STATISTICAL METHODS FOR PSYCHOLOGY, 8E, International Edition surveys the statistical techniques commonly used in the behavioral and social sciences, particularly psychology and education. To help students gain a better understanding of the specific statistical hypothesis tests that are covered throughout the text, author David Howell emphasizes conceptual understanding. This Eighth Edition continues to focus students on two key themes that are the cornerstones of this book's success: the importance of looking at the data before beginning a hypothesis test, and the importance of knowing the relationship between the statistical test in use and the theoretical questions being asked by the experiment. New and expanded topics-reflecting the evolving realm of statistical methods-include effect size, meta-analysis, and treatment of missing data.

- This extensively revised edition has been refocused in certain areas to cover topics that have become more important in the evolving realm of statistical methods. For instance, the author includes more material on effect size and the magnitude of effect, providing a thorough introduction. To make room for important new material while still keeping the text at a manageable length, coverage of some older topics has been moved to the author's website, where it is available for download in its entirety.
- A chapter on meta-analysis and single subject designs, addressing the fact that meta-analyses underlie the new emphasis in the behavioral sciences on "evidencebased medicine," has replaced Chapter 17 on log-linear

models.

- Because the introduction of linear mixed models and methods of data imputation have significantly changed the treatment of missing data, expanded coverage of mixed models allows for better treatment of missing data and relaxes unreasonable assumptions about compound symmetry.
- Pared coverage of the wide range of multiple comparison techniques has been replaced by a discussion of Benjamini and Hochberg's False Discovery Rate.
- Other topics receiving expanded and/or updated treatment include the concept of resampling to illustrate what the more traditional approaches are attempting to do on the basis of underlying assumptions, and coverage of Cochran-Mantel-Haenszel analysis of contingency tables.
- The use of graphical displays has been expanded even further in this edition to help students better understand their data and evaluate the reasonableness of their assumptions.
- In addition to including material no longer contained in the text, the author's website presents a large number of programs and selections of "R" code, serving as a starting point for those interested in using the "R" computing environment and allowing for demonstrations of points made in the text.

#### FEATURES

- This text integrates two underlying themes. The first is the importance of looking at the data before formulating a hypothesis, and the second is the importance of the relationship between the statistical test to be employed and the theoretical questions being posed by the experiment.
- Howell explains the material at an intuitive level to give students a sense of how tests work and how they interrelate. He illustrates concepts with real-life examples from published literature.
- Each chapter begins with objectives, detailed content outlines, and a brief introduction.

#### CONTENTS

 Basic Concepts. 2. Describing and Exploring Data. 3. The Normal Distribution. 4. Sampling Distributions and Hypothesis Testing. 5. Basic Concepts of Probability.
Categorical Data and Chi-Square. 7. Hypothesis Tests Applied to Means. 8. Power. 9. Correlation and Regression. 10. Alternative Correlational Techniques. 11. Simple Analysis of Variance. 12. Multiple Comparisons Among Treatment Means. 13. Factorial Analysis of Variance. 14. Repeated-Measures Designs. 15. Multiple Regression. 16. Analyses Of Variance and Covariance as General Linear Models. 17. Meta-Analysis and Single-Case Designs. 18. Resampling and Nonparametric Approaches to Data.

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# **STATISTICS, 5E** AN INTRODUCTION, INTERNATIONAL EDITION

Roger E. Kirk, Baylor University

Master Teacher and writer Roger E. Kirk brings two clear goals to the Fifth Edition of STATISTICS: AN INTRODUCTION: to provide a sound introduction to descriptive and inferential statistics and to help students read and understand statistical presentations in their field. Kirk provides guidelines to help students decide when to use various procedures, and how to understand the logic of the procedures. This revision includes a complete update, focusing specifically on increased coverage of effect size and power.

- Based on reviewer feedback, Kirk has significantly updated this edition, focusing specifically on increased coverage of effect size and power.
- Greater emphasis is given to visual approaches to aid in understanding data such as box plots and graphs of confidence intervals.
- Numerous examples interspersed throughout the text show the way statistical results are presented in scientific publications.
- Discussion of probability and selected advanced topics has been simplified as suggested by reviewers.

 Understanding the growing importance and impact that technology has on the way professors teach statistics and the way students learn statistics, Kirk has included new integration of the Wadsworth Online Statistics Workshops. These FREE workshops can be found at http://psychology.wadsworth.com/ workshops.

#### FEATURES

- Each chapter begins with a brief introduction, Looking Ahead, What Is This Chapter About? which offers students a preview of the material being covered in that chapter and it includes a list of learning objectives.
- Key Terms are highlighted in the main text narrative to draw students attention to important concepts.
- "Check Your Understanding" exercises appear after every few sections throughout each chapter, to help students review and ensure that they understand the materials just covered. Appendix C includes the answers to these exercises.
- Every chapter ends with "Review Exercises" that indicate which concepts and procedures are most important. These exercises present interesting reallife examples from recent journal articles with the way statistics are used. They also provide students with practice applying what they have learned.
- Kirk covers descriptive and inferential statistics in depth. Other key topics covered include confidence intervals, visual approaches to understanding data such as box plots and confidence interval graphs, and procedures for detecting outliers.

# CONTENTS

1. Introduction to Statistics. 2. Frequency Distributions and Graphs. 3. Measures of Central Tendency. 4. Measures of Dispersion, Skewness, and Kurtosis. 5. Correlation. 6. Regression. 7. Probability. 8. Random Variables and Probability Distributions. 9. Normal Distribution and Sampling Distributions. 10. Statistical Inference: One Sample. 11. Statistical Inference: Other One-Sample Test Statistics. 12. Statistical Inference: Two Samples. 13. Statistical Inference: Other Two-Sample Test Statistics. 14. Introduction of the Analysis of Variance. 15. Other Analysis of Variance Designs. 16. Statistical Inference for Frequency Data. 17. Statistical Inference for Ranked Data. Appendix A: Review of Basic Mathematics. Appendix B: Glossary of Symbols. Appendix C: Answers to "Check Your Understanding" Exercises. Appendix D: Tables. Appendix E: Student Database. References. Index.

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# STATISTICS FOR THE BEHAVIORAL SCIENCES, INTERNATIONAL EDITION, 5E

James Jaccard, State University of New York, Albany; Michael A. Becker, Pennsylvania State University, Harrisburg

Now your students can become intelligent consumers of scientific research, without being overwhelmed by the statistics! Jaccard and Becker's Statistics for the Behavioral Sciences, International Edition, teaches students the basic skills for analyzing data and helps them become intelligent consumers of scientific information. Praised for its real-life applications, this student-friendly text tells readers when to use a particular statistic, why they should use it, and how the statistic should be computed and interpreted. Because many students, given a set of data, cannot determine where to begin in answering relevant research questions, the authors explicate the issues involved in selecting a statistical test. Each statistical technique is introduced by giving instances where the test is most typically applied followed by an interesting research example (each example is taken from psychology literature).

- The authors have increased emphasis and discussion on "effect size" estimation and confidence intervals in research in the social sciences (found in Chapters 8, 10, 11, 12, 13, 14, and 17).
- Each chapter that describes a parametric inferential statistic (chapters 1, 3, 9, 12, 14, and 17) now includes a section on confidence intervals.

- This edition offers more in-depth discussion on issues surrounding null hypothesis testing (chapters 8, 12, 13, 14, 15, 16, 17).
- "Examples from the Literature" features provide additional coverage of recent statistical emphases found in the scientific journals.

#### **FEATURES**

- "Applications to the Analysis of a Social Problem" sections present vivid accounts of how data are analyzed in the real world.
- "Method of Presentation" sections provide examples of how statistical analysis are typically presented in real research reports.
- "Exercises to Apply Concepts," found at the end of each chapter, let students work through exercises that use interesting, literature-based examples.
- Multiple-choice questions appear at the end of each chapter, in addition extensive short-answer and computational problems.
- In-chapter and end-of-chapter exercises and solutions have been "double checked" for accuracy.

#### CONTENTS

Part I: STATISTICAL PRELIMINARIES. 1. Introduction and Mathematical Preliminaries. 2. Frequency and Probability Distributions. 3. Measures of Central Tendency and Variability. 4. Percentiles, Percentile Ranks, Standard Scores, and the Normal Distribution. 5. Pearson Correlation and Regression: Descriptive Aspects. 6. Probability. 7. Estimation and Sampling Distributions. 8. Hypothesis Testing: Inferences About a Single Mean. Part II: THE ANALYSIS OF BIVARIATE RELATIONSHIPS. 9. Research Design and Statistical Preliminaries for Analyzing Bivariate Relationships. 10. Independent Groups t Test. 11. Correlated Groups t Test. 12. One-Way Between-Subjects Analysis of Variance. 13. One-Way Repeated Measures Analysis of Variance. 14. Pearson Correlation and Regression: Inferential Aspects. 15. Chi-Square Test. 16. Nonparametric Statistics. Part III: ADDITIONAL TOPICS. 17. Two-Way Between-Subjects Analysis of Variance. 18. Overview and Extension: Selecting the Appropriate Statistical Test for Analyzing Bivariate Relationships and Procedures for More Complex Designs.

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# STATISTICS FOR THE BEHAVIORAL SCIENCES, INTERNATIONAL EDITION, 9E

Frederick J Gravetter, State University of New York, Brockport; Larry B. Wallnau, State University of New York, Brockport

This field-leading introduction to statistics for the behavioral and social sciences text continues to offer straightforward instruction, accuracy, built-in learning aids, and real-world examples. The goals of STATISTICS FOR THE BEHAVIORAL SCIENCES, 9E. International Edition are to teach the methods of statistics and convey the basic principles of objectivity and logic that are essential for science- and valuable in everyday life. Authors Frederick Gravetter and Larry Wallnau help students understand statistical procedures through a conceptual context that explains why the procedures were developed and when they should be used. Students have numerous opportunities to practice statistical techniques through learning checks, examples, step-by-step demonstrations, and problems. Aplia<sup>™</sup>, an assignable, gradeable online homework solution, joins an already-robust set of available book resources that includes WebTutor<sup>™</sup>, an Instructor's Manual/Test Bank, and more.

- The authors continue to refine and improve each edition, and this revision is no exception. Throughout the book, research examples have been updated, real world examples have been added, and the end-of-chapter problems have been extensively revised.
- For the first time, the text is integrated with Aplia<sup>™</sup>, an interactive online homework solution that improves learning by increasing student effort and engagement. Aplia's statistics solution provides regularly scheduled assignments, automatically graded homework with detailed, immediate feedback on every question, and innovative teaching materials. The Aplia assignments

include text problems and supplemental questions that match the language, style, and structure of the text, allowing your students to apply what they learn in the text directly to their homework.

- Based on reviewers' suggestions, this edition includes more samples of SPSS® output—which students find to be helpful—instead of only descriptions of the output.
- The previous edition's Chapter 12, "Estimation," has been deleted. Content from this chapter that covered confidence intervals has been added to Chapters 9, 10, and 11.
- The previous edition's Chapter 20, covering hypothesis tests for ordinal data, has been substantially shortened and now appears in an Appendix.
- A new final chapter outlines the process of selecting the correct statistical procedures to use with different sets of data.

#### FEATURES

- The book is now separated into five sections to emphasize the similarities among groups of statistical methods. Each section contains two to four chapters, and begins with an introduction and concludes with a review, including review exercises.
- The book's conceptual context helps make learning statistics as simple as possible for students who may be intimidated by the subject. Statistical formulas are presented in both standard mathematical notation and in everyday language, with explanations of how and why formulas are used.
- This edition's excellent problems, which walk students step-by-step through procedures in a variety of ways, reflect the straightforward writing for which Gravetter and Wallnau are renowned. Each chapter ends with 25 to 30 problems.
- In-text learning aids give students many opportunities to master the material with practice working through problems. Numerous Learning Checks (with answers) challenge students to test their comprehension as they read. A Focus on Problem Solving section in each chapter offers practical tips on deciding which formulas to use and cautions for avoiding common errors.

# CONTENTS

Part I: INTRODUCTION AND DESCRIPTIVE STATISTICS. 1. Introduction to Statistics. 2. Frequency Distributions. 3. Central Tendency. 4. Variability. Part II: FOUNDATIONS OF INFERENTIAL STATISTICS. 5. z-Scores: Location of Scores and Standardized Distributions. 6. Probability. 7. Probability and Samples: The Distribution of Sample Means. 8. Introduction to Hypothesis Testing. Part **III: USING t STATISTICS FOR INFERENCES ABOUT** POPULATION MEANS AND MEAN DIFFERENCES, 9. Introduction to the t Statistic. 10. The t Test for Two Independent Samples. 11. The t Test for Two Related Samples. Part IV: ANALYSIS OF VARIANCE: TESTS FOR DIFFERENCES AMONG TWO OR MORE POPULATION MEANS. 12. Introduction to Analysis of Variance. 13. Repeated-Measures Analysis of Variance. 14. Two-Factor Analysis of Variance (Independent Measures). Part V: CORRELATIONS AND NON-PARAMETRIC TESTS. 15. Correlation. 16. Introduction to Regression. 17. The Chi-Square Statistic: Tests for Goodness of Fit and Independence. 18. The Binomial Test. 19. Choosing the **Right Statistics.** 

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# STATISTICS PLAIN AND SIMPLE, INTERNATIONAL EDITION, 3E

Sally Caldwell, Texas State University, San Marcos

Sherri Jackson's straightforward, conversational introduction to statistics presents just what its title promises—a plain-and-simple overview of statistics that is clear, concise, and sparing in its use of jargon. Ideal for behavioral sciences majors who need to grasp basic concepts quickly, STATISTICS PLAIN AND SIMPLE, 3E, International Edition is designed to build students' confidence in understanding, calculating, and interpreting statistics. It instills a strong awareness of the interaction between statistical methods and research methods. It also provides a solid working knowledge of basic statistical cautions in research design, a strong understanding of the concept of significance, and the critical thinking skills necessary to apply these ideas. This paperback book's modular format (22 modules across 10 chapters) presents the material in brief segments that make even difficult concepts manageable. Jackson shows why each new statistical technique is necessary before explaining it, and skillfully uses narrative to connect one module to the next. Pedagogical features complement Jackson's narrative, serving to further build students' confidence with statistical ideas.

#### **NEW TO THIS EDITION**

- This edition includes TI-84 examples that show students how to use their calculators to solve a problem they have previously worked by hand.
- Expanded coverage of data analysis using Microsoft® Excel® and SPSS® is integrated into each chapter.
- Increased coverage of nonparametric statistics includes an expanded discussion of Chi-square and the addition of material on the Kruskal Wallis test.
- Increased coverage of effect size includes r as a measure of effect size for ANOVA.

#### FEATURES

- Several modules include coverage of statistical power and effect size. Students learn how to increase power when using statistical tests and how to determine the effect size for t tests and ANOVAs.
- "In Review" tables occur frequently within each module, reinforcing students' learning and facilitating review. For example, the "Hypothesis Testing Table" summarizes the concepts of null hypothesis, alternative hypothesis (or research hypothesis), two-tailed (or non-directional) tests, one-tailed (or directional) tests, Type I Error, Type II error, and statistical significance. The "In Review" table for "The t Test" provides a description and an example of the estimated standard error (or the mean), the t test, the one-tailed t test and the two-tailed t test.
- "Critical Thinking Checks" (after every "In Review" table) help students solidify their grasp of the core concepts presented and ensure that they understand before moving on.
- Glossary terms and definitions appear in the margins throughout the text to help students easily identify key terms for review.

- TI-83 exercises (and new TI-84 examples) show students how to use their calculators to solve a problem they have previously worked by hand.
- The end of each module includes a "Summary Review Table," "Critical Thinking Check" items (with answers), a review of key terms, and "Module Exercises." At the end of each chapter, a detailed self-test lets students check their understanding of the concepts, helping to prepare them for exams.

#### CONTENTS

1. GETTING STARTED, Science and Statistics, Variables and Measurement. 2. DESCRIPTIVE STATISTICS I. Organizing Data. Measures of Central Tendency. 3. **DESCRIPTIVE STATISTICS II.** Measures of Variation. Standard Scores (z-scores). 4. PROBABILITY AND HYPOTHESIS TESTING. Probability. Hypothesis Testing and Inferential Statistics. 5. THE Z AND T TESTS. The Single-Sample z Test. The Single-Sample t Test. 6. TWO-GROUP T TESTS. The t Test for Independent Groups (Samples). The t Test for Correlated Groups (Samples). 7. INTRODUCTION TO ANALYSIS OF VARIANCE (ANOVA). Comparing More than Two Groups. One-Way Randomized Analysis of Variance (ANOVA). 8. REPEATED MEASURES AND TWO-FACTOR ANOVAS. One-Way Repeated Measures ANOVA. Using Designs with More Than One Independent Variable. Two-Way Randomized ANOVA. 9. CORRELATIONAL PROCEDURES. Correlational Research. Correlation Coefficients. Advanced Correlational Techniques: Regression Analysis. 10. NONPARAMETRIC PROCEDURES. Chi-Square Tests. Tests for Ordinal Data. Appendix A. Statistical Tables. Appendix B. Answers to Module and Chapter Summary Exercises. Appendix C. Getting Started with Excel, SPSS, and the TI-84 Calculator. Appendix D. Computational Supplement. Glossary. References. Index.

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eBook •

# STATISTICS UNPLUGGED, INTERNATIONAL EDITION, 4E

Sally Caldwell, Texas State University, San Marcos

As a statistics, research methods, and social sciences teacher, Professor Sally Caldwell knows what it takes for students to understand and connect with the subject matter. As an author, she knows how to translate her teaching insights into explanations that get through to students. STATISTICS UNPLUGGED, 4E, International Edition retains the goal that has guided it since the First Edition: to help students overcome their apprehension of statistics. Caldwell does this by emphasizing the logic behind statistical analysis, and by helping students gain an intuitive understanding of statistics rather than focusing solely on formulas and equations. Student feedback about the book repeatedly points out its student-friendly language and how the writing style makes the material understandable. Brief and affordable, STATISTICS UNPLUGGED, 4E, International Edition succinctly alleviates students' fears about formulas, and helps them to understand the relevance of statistics to their lives. And, for the first time, the book is available with Psychology CourseMate, which offers an easy way to complement the text with study and practice materials, including an interactive eBook.

#### **NEW TO THIS EDITION**

- To enhance students' understanding of some of the more important statistical concepts, STATISTICS UNPLUGGED, 4E, International Edition includes expanded discussions of Z scores, variance, and standard deviation.
- For the first time, the book is available with Psychology CourseMate, which offers an easy way to complement the text with study and practice materials, including an interactive eBook.

#### **FEATURES**

- Each chapter begins with an introduction and a preview of major sections to be covered.
- Appearing periodically in every chapter, a "Learning Check" provides students with a key question (along with the answer) to help ensure that they understand the material just covered.
- The author's conversational writing style and practical approach helps students overcome their apprehension of statistics, and see the relevance of statistics to their own lives.
- Reader-friendly examples have been deliberately selected to allow students to focus on what is really going on with the numbers instead of being overwhelmed by the numbers themselves.

#### CONTENTS

INTRODUCTION: METHODS, MATERIAL, AND MOMENTS TO REMEMBER. 1. THE What and How of Statistics. 2. Describing Data and Distributions. 3. The Shape of Distributions. 4. The Normal Curve. 5. Four Fundamental Concepts, 6. Confidence Intervals. 7. Hypothesis Testing with a Single Sample Mean. 8. Hypothesis Testing with Two Samples (Mean Difference and Difference of Means). 9. Beyond the Null Hypothesis. 10. Analysis of Variance. 11. The Chi-Square Test. 12. Correlation and Regression. Appendix A: Table of Areas Under the Normal Curve (Distribution of Z). Appendix B: Family of t Distributions (Two-Tailed Test). Appendix C: Family of t Distributions (One-Tailed Test). Appendix D: Distribution of F (.05 Level of Significance). Appendix E: Distribution of F (.o1 Level of Significance). Appendix F: Distribution of Q (.05 Level of Significance). Appendix G: Distribution of Q (.o1 Level of Significance). Appendix H: Critical Values for Chi-Square (x2). Appendix I: Critical Values of r (Correlation Coefficient). Appendix J: Data Sets and Computer-Based Data Analysis. Answers to Chapter Problems.

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CourseMate

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# UNDERSTANDING STATISTICS IN THE BEHAVIORAL SCIENCES, INTERNATIONAL EDITION, 10E

Robert R. Pagano, University of Pittsburg

Based on over 30 years of successful teaching experience in this course, Robert Pagano's introductory text takes an intuitive, concepts-based approach to descriptive and inferential statistics. He uses the sign test to introduce inferential statistics, empirically derived sampling distributions, many visual aids, and lots of interesting examples to promote reader understanding. One of the hallmarks of this text is the positive feedback from users-even those not mathematically inclined praise the text for its clarity, detailed presentation, and use of humor to help make concepts accessible and memorable. Thorough explanations precede the introduction of every formula, and the exercises that immediately follow include a step-by-step model that lets readers compare their work against fully solved examples. This combination makes the text perfect for anyone building their foundation of knowledge for analyzing statistics in psychology or other social and behavioral sciences.

# NEW TO THIS EDITION

- Psychology Students; Therapists; Counselors.
- Each chapter has at least 2 additional end-of-chapter problems requiring students to use SPSS. With the inclusion of significantly more SPSS content, students can learn how to use the tool without recourse to additional material and are able to practice on problems specifics to the textbook material.
- The end-of-chapter questions have been implemented into Aplia for instructors who prefer to use the text end-of-chapter questions within Aplia.
- The Aplia product for UNDERSTANDING STATISTICS IN THE BEHAVIORAL SCIENCES, 10E International

Edition includes tutorials like those on enhanced WebAssign in 9E, presenting problems similar to the textbook illustrative and end-of-chapter problems.

• The Newman-Keuls post-hoc test is replaced by the Scheffe test and various symbols used in 9E are replaced with more conventional choices.

# FEATURES

- Unlike most texts, Pagano introduces inferential statistics using the sign test. This intuitive and easily understood inference test facilitates understanding of the basic concepts underlying inferential statistics.
- Thorough explanations are integrated with equations when discussing inference tests. Pagano uses empirically derived sampling distributions to promote understanding of each inference test.
- A summary chapter ties all of inference testing together, and gives students practice in determining the correct inference test to use across a wide variety of experiments. A unique decision-tree diagram is presented to help determine the correct test.
- Pagano provides a full chapter on power (Chapter 11). This complete chapter, used in conjunction with the sign test, promotes better understanding of this complex topic.
- Varied and interesting illustrative examples appear in abundance throughout the text and are immediately followed by at least two fully solved practice problems giving students immediate practice in solving problems with a step-by-step model against which to compare his/her work.

# CONTENTS

Part I: OVERVIEW. 1. Statistics and Scientific Method. Part II: DESCRIPTIVE STATISTICS. 2. Basic Mathematical and Measurement Concepts. 3. Frequency Distributions. 4. Measures of Central Tendency and Variability. 5. The Normal Curve and Standard Scores. 6. Correlation. 7. Linear Regression. Part III: INFERENTIAL STATISITCS. 8. Random Sampling and Probability. 9. Binomial Distribution. 10. Introduction to Hypothesis Testing Using the Sign Test. 11. Power. 12. Sampling Distributions, Sampling Distribution of the Mean, the Normal Deviate (z) Test. 13. Student's t-Test for Single Samples. 14. Student's t-Test for Correlated and Independent Groups. 15. Introduction to the Analysis of Variance. 16. Introduction to Two-Way Analysis of Variance. 17. Chi-Square and Other Nonparametric Tests. 18. Review of Inferential Statistics. Appendix A: Review of Prerequisite Mathematics. Appendix B: Equations. Appendix C: Answers to End-of-Chapter Questions and Problems. Appendix D: Tables. Appendix E: Introduction to SPSS®.

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# WRITING FOR PSYCHOLOGY, INTERNATIONAL EDITION, 4E

Mark L. Mitchell, Clarion University of Pennsylvania; Janina M. Jolley, Clarion University of Pennsylvania; Robert P. O'Shea, Southern Cross University

WRITING FOR PSYCHOLOGY, 4E, International Edition offers concise assistance for students writing their research analyses using APA style<sup>®</sup>. By providing concrete examples of common errors, the authors show rather than merely tell students what to do and what to avoid. This manual will help students adhere to the basics of APA style; refine critical thinking skills, library search skills, revising skills, editing skills, and proofing skills; and avoid plagiarism. Checklists precede a summary at the end of every chapter, giving students the chance to make sure they have been thorough in their reports.

#### **NEW TO THIS EDITION**

- This edition has been revised to remain consistent with the most recent edition of the Publication Manual of the American Psychological Association.
- The Fourth Edition has been revised to remain consistent with the Journal Article Reporting Standards (JARS).

#### **FEATURES**

• The authors provide strategies for organizing papers (and sample outlines) to help students write a wellorganized paper, advice on every aspect of writing the paper, and headings that allow students to quickly find the advice they need.

- A Companion Website allows students access to additional resources.
- Chapter 1 thoroughly explains how to outline, and emphasizes that students' approach should be that of an expert witness who makes a solid, professional, unbiased case for a position. This chapter also includes practical tips about how to finish the first draft and revise it.
- Checklists for students, which have been praised by reviewers, precede the summary at the end of every chapter, giving students the chance to make sure they have been thorough in their reports.
- Sample papers and checklists in both Chapter 2 ("Writing Term Papers") and Chapter 3 ("Writing Research Reports and Proposals") help students learn from examples and evaluate their own papers.
- Appendix A lists the key differences between APA copy style (the format of an unpublished manuscript submitted to an editor for review) and APA final-form style (the format of a published article). By highlighting the final-form formatting rules, the Appendix allows students to use a published article as a model for their paper.

#### CONTENTS

1. What Every Student Should Know About Writing Psychology Papers. 2. Writing Term Papers. 3. Writing Research Reports and Proposals. 4. Finding, Reading, Citing, and Referencing Sources. 5. Making Your Case: A Guide to Skeptical Reading and Logical Writing. 6. Writing the Wrongs: How to Avoid Gruesome Grammar, Putrid Punctuation, and Saggy Style. 7. Preparing the Final Draft. Appendix A: APA Copy Style Versus APA Final-Form Style. Appendix B: Problem Plurals. Index.

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#### eBook <

# WRITING PAPERS IN PSYCHOLOGY, 9E

Ralph L. Rosnow, Temple University; Mimi Rosnow

This ninth edition of WRITING PAPERS IN PSYCHOLOGY provides frameworks, tips, guidelines, and sample illustrations for college students who are writing research reports or literature reviews that are expected to conform to style recommendations of the American Psychological Association. It also is designed to cultivate organizing, literature retrieval, critical reasoning, and communication skills under deadlines. For more than a decade, this brief, inexpensive, and easy-to-use manual has helped thousands of students in psychology and related fields with the task of writing term papers and reports.

# NEW TO THIS EDITION

- Exhibits in Chapter 3 streamlined.
- Looking over Maya's shoulder has been extended and used in new ways.
- APA style of citing and referencing moved to an earlier chapter.
- Ethical implications added to Chapter 6.
- Sections are numbered for easier referral.
- Various exhibits have been dropped, added, or revised.

#### FEATURES

- Chapter 1 contains a flowchart that walks the student through the phases of writing research reports or literature reviews that are expected to conform to style recommendations in the fifth edition of the PUBLICATION MANUAL OF THE AMERICAN PSYCHOLOGICAL ASSOCIATION as well as the proposal and, if required, a poster and a concise report of the research for distribution.
- There is an exhibit illustrating how clustering can be used to begin to focus the first draft of a review paper.
- An illustration of how a student might use PsycINFO.

• Within each chapter, the sections are numbered to make it easier to refer to them.

#### CONTENTS

PREFACE FOR INSTRUCTORS. 1. Getting Started. 2. Finding and Retrieving Reference Materials. 3. Developing a Proposal. 4. Planning the Research Report. 5. Organizing the Review Paper. 6. Communicating Statistical Information. 7. Writing the First Draft. 8. Producing the Final Manuscript. 9. Preparing Posters and Concise Reports. APPENDIX A: Jane Doe's Research Report. APPENDIX B: John Smith's Review Paper. INDEX.

#### © 2012, 208pp, Paperback, 9781111726133



#### WRITING WITH STYLE, 6E APA STYLE MADE EASY

Lenore T. Szuchman, Barry University

This accessible and invaluable workbook-style reference guide will help your students smoothly make the transition from writing for composition classes to writing for psychology classes. In WRITING WITH STYLE, Sixth Edition, author Lenore T. Szuchman quickly and succinctly provides the basics of style presented by the Sixth Edition of the APA's PUBLICATION MANUAL. Dr. Szuchman's years of experience teaching writingintensive courses give her an inside track on the trouble spots students often encounter when writing papers and dealing with APA style. With this book, she helps your students avoid common errors and use the APA style with confidence.

# NEW TO THIS EDITION

• Interactive exercises that were interspersed throughout the text in the previous edition now appear in an "Exercises" section. This consolidation, combined with a format that allows the section to be

detached from the text, simplifies grading.

• A sample manuscript in the appendix reports a fictional study about superheroes, color preference, and moral orientation. It contains examples of many of the APA rules specified in the text, providing students with a convenient "go-to" source to complete the exercises.

#### **FEATURES**

- All chapters reference the Sixth Edition of the APA Publication Manual.
- Many exercises contain a suggested article source that is likely to be available online through most college and university libraries. Exercises reference a variety of journal types, especially some that students might not otherwise come across (e.g., Psychology, Public Policy, and Law; Psychological Trauma: Theory, Research, Practice, and Policy; Psychology and Aging; Psychology of Aesthetics, Creativity, and the Arts; Families, Systems, and Health; Cultural Diversity and Ethnic Minority Psychology).
- Handy lists of rules are available on the inside covers.
- The text's unique workbook format offers students both a quick reference to APA style and a place for them to practice what they've learned.
- Interactive exercises allow students to work with actual articles and, in the process, begin to see commonalities that ease them into emulating the required style and language suggested in the Publication Manual of the APA.
- The author pinpoints the typical kinds of errors that students make, followed by suggested alternatives.
- Chapter 5, "Preparing the Results Section," includes guidance on reporting effect size, confidence intervals, and manipulation checks.
- Electronic referencing rules are included in Chapter 8, "Preparing the References Section."

#### CONTENTS

 Introduction: The Laypeople and You. 2. Some Generalizations About How Psychologists Write. 3. Preparing the Introduction Section and the Literature Review Paper. 4. Preparing the Method Section.
Preparing the Results Section. 6. Preparing the Discussion Section. 7. Preparing the Abstract. 8. Preparing the References Section. 9. Preparing a Title Page and Formatting Your Manuscript. 10. Grooming Tips for Psychology Papers. 11. Preparing a Presentation. Exercises. Appendix 1. Wrapping It Up. Appendix 2. Sample Manuscript.

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# SENSATION AND PERCEPTION



# SENSATION AND PERCEPTION, INTERNATIONAL EDITION (PSYCHOLOGY COURSEMATE WITH VIRTUAL LABS AND EBOOK PRINTED ACCESS CARD, INTL. EDITION), 9E

E. Bruce Goldstein, University of Pittsburgh and University of Arizona

E. Bruce Goldstein's SENSATION AND PERCEPTION, 9E, International Edition has helped a myriad of students understand the ties between how we sense the world and how the body interprets these senses. A key strength of this text has always been the ability to illustrate concepts through examples and visuals. Dr. Goldstein walks students through an intriguing journey of the senses with both clarity and thoroughness, combining his extensive classroom experience and the most innovative research to create a visual, colorful text.

- This edition has been thoroughly updated to reflect the latest research findings. Topics include "brain readings" using fMRI voxel activation patterns to predict what a person is looking at, brain damage and wayfinding, the effect of seasonal wavelength distributions on color perception of scenes, and brain activity in blind people during echolocation.
- New "Something To Consider" sections have been added throughout the text to illuminate topics such as the powerful nature of early events in the visual

system, the action-based account of perception, and event perception.

- A new feature, "Developmental Dimension," covers infant visual acuity, attention and perceptual completion, infant speech perception, and other topics related to development.
- New! This edition's CourseMate (the book's website) includes updated and new Sensation and Perceptions Virtual Lab media exercises that offer a wide array of animations and examples designed to stimulate understanding of difficult concepts.

#### FEATURES

- Demonstrations provide intriguing perceptual experiences that illustrate principles discussed in the text. The demonstrations are simple enough so that students can easily comprehend them and are integrated into the flow of the text so that they become part of the ongoing story.
- "Something to Consider," the last section of every chapter, discusses a particularly interesting new finding, wraps up an intriguing topic discussed in the chapter, or highlights a practical application of a chapter topic.
- "Test Yourself " questions in the middle and at the end of each chapter allow students to test their understanding of the material just read. Chapterending "Think About It" questions take students beyond the chapter material and ask them to apply what they have learned.
- "If You Want To Know More" sections at the end of each chapter indicate interesting research findings not covered in the chapter, and include references that enable students to go beyond the text.

#### CONTENTS

1. Introduction to Perception. 2. The Physiological Beginnings of Perception. 3. Neural Processing and Coding. 4. Cortical Organization. 5. Perceiving Objects and Scenes. 6. Visual Attention. 7. Taking Action. 8. Perceiving Motion. 9. Perceiving Color. 10. Perceiving Depth and Size. 11. Sound and the Perception of Pitch. 12. Auditory Localization, the Auditory Scene, and Music. 13. Speech Perception. 14. The Cutaneous Senses. 15. The Chemical Senses.

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# SOCIAL PSYCHOLOGY

NEW

eBook <



# AN INTRODUCTION TO DRUGS AND THE NEUROSCIENCE OF BEHAVIOR, INTERNATIONAL EDITION

Adam Prus, Northern Michigan University

This up-to-date new text provides an introductory overview of the nervous system actions and behavioral effects of the major classes of psychoactive drugs. Appropriate for undergraduate students who have an introductory level background in psychology or other areas within the social sciences, An Introduction to Drugs and the Neuroscience of Behavior, International Edition illustrates concepts and highlights research techniques. The book's most important feature is its pedagogical elements, which are not found in other psychopharmacology texts, but are particularly important for making this specialized topic approachable for undergraduates. Charts and diagrams illustrate basic concepts and processes important for understanding the actions and effects of psychoactive drugs. Chapters include frequent "Stop and Check" questions that allow students to check their understanding of the material. Timely reminders of previous material appear in the margins, helping students more effectively learn concepts that are dependent upon key points covered in earlier chapters. Finally, each chapter ends with a "From Actions to Effects" section that ties together material presented in the chapter, helping students see the big picture as well as the important connections among concepts and topics.

#### FEATURES

• This approachable first edition provides an introductory overview of psychopharmacology. Up-to-date coverage includes such timely topics as biological markers of mental disorders, new recreational substances (e.g. bath salts and energy drinks), designer drugs, new therapeutic drugs and trends in therapeutic drug usage, and animal research

issues.

- Each chapter begins with a story, case study, or demonstration that draws students into the material and introduces a topic that is integrated throughout the chapter. For instance, Chapter 2 on the nervous system summarizes the case of Phineas Gage, whose behavior changed after he survived a tamping iron shot through his skull; brain injury is revisited in the chapter. Chapter 3 on neurotransmission begins with a vignette about a woman with early stage Alzheimer's Disease; more on the disease and its treatment appears later.
- Each chapter includes one or more boxes that highlight important experimental models or neuroscience techniques. For example, Chapter 5, "Recreational Drugs," features a box on self-administration procedures. This boxed material provides a convenient reference for students when experimental data from a procedure is presented elsewhere in the text.
- Brief "Review!" marginal notes provide helpful reminders of previous chapter material that is relevant to the topic under discussion.
- Factual and conceptual "Stop and Check Questions" throughout each chapter focus students' attention on the preceding section's main points or issues. This frequent feedback technique helps students master the concepts and terminology of what is often challenging, nuanced material, instead of being passive readers.
- "From Actions to Effects" sections focus on one topic by linking the actions of a drug or process in the body to specific behavioral effects. This section appears at the end of each chapter, helping to reinforce students' understanding of chapter content.
- Pharmacogenetic content allows students to learn about genetically determined variations in the responses to drugs in individuals or laboratory organisms.
- The text emphasizes the sources of drugs, including their historical development and how drugs are discovered and developed.

# CONTENTS

 Introduction to Psychopharmacology. 2. Nervous System. 3. Neurotransmission. 4. Properties of Drugs.
Drugs of Abuse. 6. Psychostimulants. 7. Nicotine and caffeine. 8. Alcohol. 9. GHB and inhalants. 10. Opioids.
Cannabinoids. 12. Psychedelic drugs. 13. Treatments for depression and bipolar Disorder. 14. Treatments for anxiety disorders. 15. Antipsychotic drugs.



# NEW EDITION!

eBook

# CENGAGE ADVANTAGE BOOKS: HEALTH PSYCHOLOGY, 8E

AN INTRODUCTION TO BEHAVIOR AND HEALTH

Linda Brannon, McNeese State University; Jess Feist; John Updegraff

For over 20 years, HEALTH PSYCHOLOGY: AN INTRODUCTION TO BEHAVIOR AND HEALTH has remained a leader in the field of health psychology for its scholarship, strong and current research base, and balanced coverage of the cognitive, behavioral, and biological approaches to health psychology. Appreciated by instructors--and accessible and appealing to a wide-range of students, including nonmajors--this classic text features a concise writing style, ample pedagogy, and numerous visuals. This edition is updated to reflect the latest developments in the field, and includes many new real-world examples selected for their interest and relevance to today's students. In addition, John Updegraff of Kent State University joins the author team for the Eighth Edition.

# NEW TO THIS EDITION

- Thoroughly updated with recent research findings, this edition includes over 600 new references.
- In this edition, a fresh new voice has been added to the writing team: John Updegraff. John earned his Ph.D. in from one of the top health psychology programs in the United States. He is an influential researcher in health psychology, an acclaimed psychology instructor, and an expert in the areas of health behavior and stress. John brings his passion, knowledge and (occasional) humor to this revision, so the textbook remains current, accurate, and a delightful read for instructors and students.
- "Would You Believe...?" boxes highlight new topics such as Sheldon Cohen's groundbreaking research, ethical issues surrounding the use of placebos in practice and research, and the links between emotional and physical pain.

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- Intriguing new "Real World Profiles" on Steve Jobs, President Barack Obama, Kirstie Alley, Charlie Sheen, and Tara Costa engage student interest and illustrate how course topics relate to the lives of real people.
- New "Suggested Readings" have been added throughout the text to shed additional light on major topics in a chapter.
- New discussions cover issues such as CONSORT guidelines for reporting of clinical trials, the role of stress in weakened response to vaccination, acceptance and commitment therapy for treating pain, the 2010 Patient Protection and Affordable Care Act, and the role of HPV in cervical and oral cancer.

#### FEATURES

- The text features offers strong coverage on diversity in health psychology, including international health research; the impact of issues such as ethnicity, age, and gender on health and research; and exploration of the increasing variety of approaches to health care.
- Numerous feature boxes discuss interesting contemporary topics such as the use of technology to enhance adherence, stress-relief through biting, health risks of watching televised sports, chocolate's impact on heart disease, benefits of a cognitively challenging job, and how sleep can affect weight.
- Several "Real World Profiles" engage student interest and show how course topics and chapter concepts can be relevant to real-world situations and students' everyday lives.
- A health quiz offers students the chance to test their health knowledge as it relates to their own lives.

#### CONTENTS

Part I: FOUNDATIONS OF HEALTH PSYCHOLOGY. 1. Introducing Health Psychology. 2. Conducting Health Research. 3. Seeking and Receiving Health Care. 4. Adhering to Healthy Behavior. Part II: STRESS, PAIN, AND COPING. 5. Defining, Measuring, and Managing Stress. 6. Understanding Stress, Immunity and Disease. 7. Understanding and Managing Pain. 8. Considering Alternative Approaches. Part III: BEHAVIOR AND CHRONIC DISEASE. 9. Behavioral Factors in Cardiovascular Disease. 10. Behavioral Factors in Cardiovascular Disease. 10. Behavioral Factors in Cancer. 11. Living With Chronic Illness. Part IV: BEHAVIORAL HEALTH. 12. Smoking Tobacco. 13. Using Alcohol and Other Drugs. 14. Eating and Weight. 15. Exercising. Part V: LOOKING TOWARD THE FUTURE. 16. Future Challenges. Glossary.

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# CULTURE AND PSYCHOLOGY, INTERNATIONAL EDITION, 5E

David Matsumoto, San Francisco State University; Linda Juang, San Francisco State University

eBook

CULTURE AND PSYCHOLOGY, 5E, International Edition illustrates why and how psychologists should account for cultural factors in their efforts to explain and understand behavior. The authors' cross-cultural framework gives students the tools necessary for evaluating psychology from a cultural perspective, while the inclusion of the most current research highlights the relationship between culture and psychology. In addition, the text encourages students to question traditionally held beliefs and theories as and their relevance to different cultural groups today.

#### **NEW TO THIS EDITION**

- Updated content incorporates recent developments, includes more recent research published within the last few years, and highlights new theoretical and methodological innovations.
- Significant structural changes have been made to most chapters to improve the flow of the text.
- References have been updated in all chapters.

#### FEATURES

- Cross-cultural framework examines the importance of culture in explaining human behavior.
- A strong psychology research base.
- The latest research in cross-cultural and multicultural issues with expanded coverage of development, abnormal psychology, mental health, enculturation, and psychotherapy.
- Distinctive chapters on culture, language, communication, enculturation, and culture and developmental processes.
- Comprehensive end-of-chapter summaries/

conclusions and end-of-book glossary.

### CONTENTS

1. What is Culture?. 2. Research Methods. 3. Developmental Processes & Culture. 4. Cognition & Culture. 5. Cognition & Culture. 6. Gender & Culture. 7. Health & Culture. 8. Emotion & Culture. 9. Language and Communication in Culture. 10. Personality & Culture. 11. Abnormal Psychology & Culture. 12. Treatment of Abnormal Behavior & Culture. 13. Social Behavior Part I. 14. Social Behavior Part II. 15. Organizations & Culture.

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# DRUG USE AND ABUSE, 7E

Stephen A. Maisto, Syracuse University; Mark Galizio, University of North Carolina at Wilmington ; Gerard J. Connors

DRUG USE AND ABUSE takes an interdisciplinary approach in its coverage of current drug issues. It weaves psychological, historical, cultural, social, biological, and medical perspectives -- emphasizing the idea that a drug's effects depend not only on its properties, but also on the biological and psychological characteristics of its user. This theme is highlighted throughout, and is prominent in discussions of the individual classes of drugs, as well as in the chapters on pharmacology and psychopharmacology.

### **NEW TO THIS EDITION**

• Each chapter of the seventh edition has been updated to represent findings from the latest research, as well as to reflect social and legal changes related to drugs. The authors present the latest survey data available at this writing on patterns of drug use in the United States and in other countries worldwide. The seventh edition also aligns, where relevant, with the recently published Fifth Edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5).

- New and expanded content: Updating throughout on how research in neuroscience and biopsych has provided more info on the use of specific drugs and the controversy that has come from the FDA on their approval. Expanded coverage of the widespread use of steroids in athletes and the general population. Addresses the topic of the declined use of some illegal drugs while the illegal use of prescription drugs is on the rise.
- The Drugs and Culture Boxes and Contemporary Issues Boxes have been updated.
- Increased references to the Website and more interactive material on the Website.
- Chapter 1 contains a new section entitled "DSM-V".
- Chapter 6 will have a new subsection on "Bath salts".
- Chapter 14 will have a new subsection on "Kratom".

#### FEATURES

- The authors examine the macrocosmic drug-related issues of historical and social relevance, as well as the microcosmic effects of substance use on a single neuron in the human body.
- The authors explore the latest data on drug use patterns and social trends, such as the recent increase in heroin addiction.
- Diagnostic Pretests at the beginning of each chapter challenge students to test their knowledge of drugs while drawing their attention to important concepts of facts that follow in the chapter. Pretest answers and explanations at the end of each chapter provide an important review of the main concepts.

#### CONTENTS

- 1. Drug Use and Abuse. 2. Drug Use: Yesterday and Today.
- 3. Drugs and the Nervous System. 4. Pharmacology.
- 5. Psychopharmacology and New Drug Development.
- 6. Cocaine, Amphetamines, and Related Stimulants.

7. Nicotine. 8. Caffeine. 9. Alcohol. 10. Opiates. 11. Marijuana. 12. Hallucinogens. 13. Psychotherapeutic Medications. 14. Other Prescription and Over-The-Counter Drugs. 15. Treatment of Substance-Use Disorders. 16. Prevention of Substance Abuse. Glossary. References. Index.

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eBook <

# DRUG USE AND ABUSE, INTERNATIONAL EDITION, 6E

Stephen A. Maisto, Syracuse University; Mark Galizio, University of North Carolina at Wilmington; Gerard J. Connors

DRUG USE AND ABUSE, International Edition takes an interdisciplinary approach in its coverage of current drug issues. It weaves psychological, historical, cultural, social, biological, and medical perspectives — emphasizing the idea that a drug's effects depend not only on its properties, but also on the biological and psychological characteristics of its user. This theme is highlighted throughout, and is prominent in discussions of the individual classes of drugs, as well as in the chapters on pharmacology and psychopharmacology.

### **NEW TO THIS EDITION**

- Each chapter of the sixth edition has been updated to represent findings from the latest research, as well as to reflect social and legal changes related to drugs such as updated coverage of the contribution of caffeine to athletic performance, information on the epidemiology of cocaine and meth use, the movement to legalize marijuana for medical uses and 2009 legislation in the United States that gives the FDA the authority to regulate tobacco products, latest prevention efforts such as the Montana Meth Project, and more discussions of products billed as "safer" alternatives to the traditional cigarette, such as the electronic cigarette and smokeless tobacco products.
- Chapter 3 contains a new section on brain changes following chronic drug use to see the biological effects that drugs have on the nervous system.
- Chapter 16, on prevention, now presents the Description of the Amerthyst Initiative, along with presentation of the arguments put forth in support of and against lowering the legal drinking age.

### FEATURES

- The authors examine the macrocosmic drug-related issues of historical and social relevance, as well as the microcosmic effects of substance use on a single neuron in the human body.
- The authors explore the latest data on drug use patterns and social trends, such as the recent increase in heroin addition.
- Diagnostic Pretests at the beginning of each chapter challenge students to test their knowledge of drugs while drawing their attention to important concepts of facts that follow in the chapter. Pretest answers and explanations at the end of each chapter provide an important review of the main concepts.
- A marginal glossary helps students identify and define key terms within the text. Marginal quotes help bring abstract concepts to life through personal accounts and comments about drug use and its ramifications.
- Drugs and Culture boxes examine the use of drugs in various societies and the consequences thereof.

#### CONTENTS

1. Drug Use and Abuse: General Issues. 2. Drug Use: Yesterday and Today. 3. Drugs and the Nervous System. 4. Pharmacology. 5. Psychopharmacology and New Drug Development. 6. Cocaine, Amphetamines, and Related Stimulants. 7. Nicotine. 8. Caffeine. 9. Alcohol. 10. Opiates. 11. Marijuana. 12. Hallucinogens. 13. Psychotherapeutic Medications. 14. Other Prescription and Over-the-Counter Drugs. 15. Treatment of Substance-Use Disorders. 16. Prevention of Substance Abuse.

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eBook <

# EMOTION, INTERNATIONAL EDITION, 2E

James W. Kalat, North Carolina State University; Michelle N. Shiota, University of California, Berkeley

Drs. James W. Kalat and Michelle N. Shiota wrote EMOTION, International Edition in response to a growing need for a broad-based text on the topic. Now in its Second Edition, this text includes the most recent research to reflect new thinking about the area of emotion, and surveys both theoretical and practical topics ranging from neuroscience to development and culture. It also includes a strong emphasis on research methods and measurement. Blending unprecedented scholarship with a friendly and accessible writing style, this text resonates with students by making the study of emotion both interesting and relevant.

#### **NEW TO THIS EDITION**

- A NEW chapter on the evolutionary approach to emotion.
- NEW chapter on autonomic nervous system and hormonal aspects of emotion.
- NEW chapter on central nervous system aspects of emotion.
- NEW chapter on emotion and Personality.
- NEW chapter on emotion in Clinical Psychology.
- NEW chapter on emotion in Clinical Psychology.
- Expanded and updated pop culture references and real-world examples resonate with students by relating material to their environments and experiences.

#### FEATURES

• This text provides in-depth coverage of neuroscience as it relates to the study of emotion, clearly showing the connection between the brain and the emotional state of an individual.

- The authors encourage students to consider and discuss culture and its effect on emotion, helping them to understand the subject matter by linking it to their surroundings.
- Each chapter concludes with suggestions for classdiscussion topics and small-scale research projects.

#### CONTENTS

Preface. 1. Introduction: The Nature of Emotion. 2. Evolution of Emotion. 3. Culture and Emotion. 4. Emotion and the Body: Autonomic Nervous System and Hormones. 5. Emotion and the Brain: The Central Nervous System. 6. Emotion Regulation. 7. Fear and Anxiety. 8. Anger, Disgust, and Contempt. 9. Love. 10. Happiness and The Positive Emotions. 11. The Self-Conscious Emotions. 12. Development of Emotion. 13. Emotion and Personality. 14. Effects of Emotion on Cognition. 15. Emotion in Clinical Psychology. Epilogue.

© 2012, 480pp, Paperback, 9781111346133



# FORENSIC PSYCHOLOGY, INTERNATIONAL EDITION, 3E

Solomon M. Fulero, Sinclair Community College; Lawrence S. Wrightsman, University of Kansas

Written by two of the leading authorities in the field, FORENSIC PSYCHOLOGY, 3e International Edition introduces students to the practice of forensic psychology by showing how psychologists aid the legal system by serving as expert witnesses, criminal profilers, and trial consultants for jury selection and child custody hearings. Wrightsman and Fulero present the roles and responsibilities of forensic psychologists, and address both the opportunities and temptations inherent in those roles. Through this lens, the authors explore the ethical issues facing practicing forensic psychologists, such as promising clients too much, the possibility of becoming advocates rather than objective scientists, and the pitfalls associated with substituting one's values for data. The authors provide students with an accurate and candid picture of the field, and the range of careers in forensic psychology.

### **NEW TO THIS EDITION**

- Current references have been added that reflect changes in the field of forensic psychology.
- Many new cases, boxes, and features reflect up-todate examples of the points discussed.

#### **FEATURES**

- Wrightsman and Folero introduce students to the practice of forensic psychology, presenting the roles and responsibilities of forensic psychologists, as well as the challenges of their role working in the legal system.
- FORENSIC PSYCHOLOGY explores the ethical responsibilities of the field and shows readers how psychologists aid the legal system by serving as expert witnesses, criminal profilers, trial consultants on jury selection and child custody hearings, and more.

#### CONTENTS

1. Forensic Psychology: Promises and Problems. 2. Forensic Psychologists: Roles and Responsibilities. 3. Psychology and Law Enforcement: Selection, Training, and Evaluation. 4. Techniques of Criminal Investigation: Profiling, Psychological Autopsies, Hypnosis, and Lie Detection. 5. Insanity and Competency. 6. From Dangerousness to Risk Assessment: Violence, Sexual Offending, Domestic Violence, Child Abuse, and Suicide. 7. "Syndrome" Evidence: Battered Woman Syndrome and Rape Trauma Syndrome. 8. Child Sexual Abuse. 9. Child Custody and Related Decisions. 10. Improving Eyewitness Identification Procedures. 11. Interrogations and Confessions. 12. Trial Consultation: Jury Selection, Case Preparation, and Pretrial Publicity. 13. Discrimination. 14. Sexual Harassment. 15. Death Penalty Trials and Appeals. 16. Influencing Public Policy. References. Name Index. Subject Index.

© 2009, 496pp, Paperback, 9780495506515



# NEW EDITION!

GROUP DYNAMICS, INTERNATIONAL EDITION, 6E

eBook <

Donelson R. Forsyth, University of Richmond

Offering the most comprehensive treatment of groups available, GROUP DYNAMICS, 6E, International Edition combines an emphasis on research, empirical studies supporting theoretical understanding of groups, and extended case studies to illustrate the application of concepts to actual groups. This best-selling book builds each chapter around a real-life case, drawing on examples from a range of disciplines including psychology, law, education, sociology, and political science. Tightly weaving concepts and familiar ideas together, the text takes students beyond simple exposure to basic principles and research findings to a deeper understanding of each topic.

- Reflecting the latest trends and developments from the field, each chapter has been thoroughly revised and updated based on continuing changes in the study of groups as well as feedback from both instructors and students who have used the book.
- Innovative new "Focus" boxes spotlight affiliation, influence, performance, communication, and other processes in groups, examining how members interact using computer-mediated communication systems and the complex dynamics of groups in a global context.
- With the addition of new material and updating of traditional topics, the sixth edition provides a revised sequencing and organization that increases the coherence and comprehensiveness of text material—making the text more student friendly than ever.

# FEATURES

- Examining all aspects of groups, GROUP DYNAMICS, 6E, International Edition devotes entire chapters to such topics as the individual and the group, group formation, group development and socialization, structure, influence, leadership, performance, and intergroup relations.
- Current, comprehensive coverage includes evolutionary psychology, social identity theory, individualism-collectivism, introversion/extraversion, primary and secondary groups, and the belongingness hypothesis.
- A unique two-column format makes the text accessible and easy to read.
- Extended case studies illustrate chapter concepts in the context of real-life groups. All 15 cases involve actual groups—not hypothetical ones—and describe documented events that occurred within the groups.
- Conceptual analyses of groups are reviewed in depth, along with empirical studies that highlight important principles.
- Forsyth explores topics that are interesting to both theoretically minded basic research scientists and applications-oriented group experts.
- Helping students maximize their study time, the first page of each chapter offers a concise overview of the chapter's content and an outline of major headings. Each chapter is broken up into three or four major sections that can be read at a single sitting and uses headings and subheadings liberally to help readers recognize the chapter's organization.

#### CONTENTS

 An Introduction to Group Dynamics. 2. Studying Groups. 3. The Individual and the Group. 4. Formation.
5. Cohesion and Development. 6. Structure. 7. Influence.
8. Power. 9. Leadership. 10. Performance. 11. Decision Making. 12. Teams. 13. Conflict. 14. Intergroup Relations.
15. Groups in Context. 16. Groups and Change. 17. Crowds and Collective Behavior.

© 2014, 704pp, Paperback, 9781285051444



#### **NEW EDITION!**



eBook <

Regan A.R. Gurung, University of Wisconsin, Green Bay

Using a conversational style that conveys the excitement, research base, and real-world applications of the field, Regan A. R. Gurung introduces students to health psychology with an integrated cultural perspective. Gurung focuses on key determinants of behavior-such as family, ethnicity, and religion-which are not always highlighted in health psychology books. The text is packed with the most up-to-date citations available, presenting topics taken straight from headline news as well as classic issues in the field. A range of vivid examples from different cultural groups provides students with a comprehensive description of basic theories and an overview of cutting-edge research in health psychology. Special sections that showcase clinical applications, coverage of personality and social psychological theories, and chapters devoted to variations in cultural beliefs, human development, and different diseases combine to give readers the best of many worlds.

- This edition provides more coverage on the work of clinical health psychologists, thereby highlighting real life examples that demonstrate the application of health psychology in students' lives.
- New discussions cover major controversies in the field and political issues that influence health psychology, including legislation related to professional labels and titles (e.g., "medical psychologist") and updates on revisions and guidelines (e.g., DSM V).
- To ensure accuracy and currency, all chapters have been updated with contemporary examples and research. New material includes expanded coverage of health disparities, more coverage on research

conducted by interdisciplinary teams, broader discussion of new models of health behavior change, and information on national interventions to decrease childhood obesity. Coverage of culture has been finetuned to focus more heavily on cultural diversity in the United States (while still giving attention to global developments).

• For students interested in a career in the field, this edition includes greater detail on competencies necessary to be a health psychologist, as developed by Division 38.

#### **FEATURES**

- Over 1,000 research articles are cited, assuring that students read authoritative, up-to-date information. Additionally, discussions are supported by as many relevant citations as possible to provide students with a robust scientific introduction to the field.
- Critical-thinking questions ask students to "SEA"--Synthesize, Evaluate, and Apply--the material.
- By highlighting real-world cases, the "Focus on Clinical Applications" boxes bring theories alive for students and enable them to relate the content to their lives.
- Gurung uses actual research instruments, such as measures of stress and coping, and a variety of health checks.
- Each chapter ends with a concise summary to help students review the major points, plus a list of the key terms, people, and concepts and ten multiple-choice questions to allow students to check their grasp of the material. Answers are at the back of the book. In addition, annotated web resources encourage students to do research on their own.
- Essential References sections for each chapter present pertinent articles, both classic and contemporary, that support the topic at hand.

#### CONTENTS

1. Health Psychology: Setting the Stage. 2. Cultural Approaches to Health. 3. Essential Physiology. 4. Stress across Cultures. 5. Coping and Social Support. 6. Models of Behavior Change. 7. Health Behaviors: Eating, Physical Activity, Smoking, and Drinking. 8. Factors Surrounding Illness. 9. Pain. 10. Chronic Illness, Terminal Illness, and Death. 11. Psychoneuroimmunology and HIV. 12. Culture and Cancer. 13. Culture and Cardiovascular Disease. 14. The Future of Health Psychology.

© 2014, 592pp, Paperback, 9781285062150



# NEW EDITION!

HEALTH PSYCHOLOGY, 8E AN INTRODUCTION TO BEHAVIOR AND HEALTH, INTERNATIONAL EDITION

Linda Brannon, McNeese State University; Jess Feist; John Updegraff

eBook <

For over 20 years, HEALTH PSYCHOLOGY: AN INTRODUCTION TO BEHAVIOR AND HEALTH, International Edition has remained a leader in the field of health psychology for its scholarship, strong and current research base, and balanced coverage of the cognitive, behavioral, and biological approaches to health psychology. Appreciated by instructors—and accessible and appealing to a wide-range of students, including non-majors-this classic text features a concise writing style, ample pedagogy, and numerous visuals. This edition is updated to reflect the latest developments in the field, and includes many new realworld examples selected for their interest and relevance to today's students. In addition, John Updegraff of Kent State University joins the author team for the Eighth Edition.

- Thoroughly updated with recent research findings, this edition includes over 600 new references.
- In this edition, a fresh new voice has been added to the writing team: John Updegraff. John earned his Ph.D. in from one of the top health psychology programs in the United States. He is an influential researcher in health psychology, an acclaimed psychology instructor, and an expert in the areas of health behavior and stress. John brings his passion, knowledge and (occasional) humor to this revision, so the textbook remains current, accurate, and a delightful read for instructors and students.
- "Would You Believe...?" boxes highlight new topics such as Sheldon Cohen's groundbreaking research, ethical issues surrounding the use of placebos

in practice and research, and the links between emotional and physical pain.

- Intriguing new "Real World Profiles" on Steve Jobs, President Barack Obama, Kirstie Alley, Charlie Sheen, and Tara Costa engage student interest and illustrate how course topics relate to the lives of real people.
- New "Suggested Readings" have been added throughout the text to shed additional light on major topics in a chapter.
- New discussions cover issues such as CONSORT guidelines for reporting of clinical trials, the role of stress in weakened response to vaccination, acceptance and commitment therapy for treating pain, the 2010 Patient Protection and Affordable Care Act, and the role of HPV in cervical and oral cancer.

#### **FEATURES**

- The text features offers strong coverage on diversity in health psychology, including international health research; the impact of issues such as ethnicity, age, and gender on health and research; and exploration of the increasing variety of approaches to health care.
- Numerous feature boxes discuss interesting contemporary topics such as the use of technology to enhance adherence, stress-relief through biting, health risks of watching televised sports, chocolate's impact on heart disease, benefits of a cognitively challenging job, and how sleep can affect weight.
- Several "Real World Profiles" engage student interest and show how course topics and chapter concepts can be relevant to real-world situations and students' everyday lives.
- A health quiz offers students the chance to test their health knowledge as it relates to their own lives.

#### CONTENTS

Part I: FOUNDATIONS OF HEALTH PSYCHOLOGY. 1. Introducing Health Psychology. 2. Conducting Health Research. 3. Seeking and Receiving Health Care. 4. Adhering to Healthy Behavior. Part II: STRESS, PAIN, AND COPING. 5. Defining, Measuring, and Managing Stress. 6. Understanding Stress, Immunity and Disease. 7. Understanding and Managing Pain. 8. Considering Alternative Approaches. Part III: BEHAVIOR AND CHRONIC DISEASE. 9. Behavioral Factors in Cardiovascular Disease. 10. Behavioral Factors in Cancer. 11. Living With Chronic Illness. Part IV: BEHAVIORAL HEALTH. 12. Smoking Tobacco. 13. Using Alcohol and Other Drugs. 14. Eating and Weight. 15. Exercising. Part V: LOOKING TOWARD THE FUTURE. 16. Future Challenges. Glossary.





### INDIGENOUS IDENTITY IN CONTEMPORARY PSYCHOLOGY DILEMMAS, DEVELOPMENTS, DIRECTIONS

Darren Garvey, Curtin University

What is psychology's place in relation to Indigenous Australian people? How do we ensure Indigenous Australians have a voice within psychology? How do I interact competently with Indigenous Australians? Thought-provoking, interactive and practical, Indigenous Identity in Contemporary Psychology: Dilemmas, Developments, Directions explores a range of issues surrounding the establishment, development and maintenance of connections between psychology and Indigenous Australians. This accessible and original resource uses the author's personal voice to illustrate the changing nature of the relationship between psychology and Indigenous Australians. It describes how psychology and psychologists can play an important and useful role in assisting Indigenous people and their communities, with a focus on achieving social justice and promoting dialogue. An exciting new text, Indigenous Identity in Contemporary Psychology encourages readers to reflect honestly and deeply on their own attitudes. Moreover, this text offers practical advice for psychologists interacting with Indigenous people and provides models of engagement for facilitating culturally competent involvement.

#### **FEATURES**

• Contains many 'Insights' - essays and anecdotal reflections from highly-regarded indigenous and

non-indigenous practitioners and academics in psychology, mental health and other health fields.

- Includes numerous activities that provide opportunities for discussion and personal reflection on the material.
- Provides a list of resources for further information on Indigenous people and psychology.

#### CONTENTS

Introduction: location, location, location Seasons greetings From the car park to the classroom Features of the book: what it is and what it is not Excavating the lesson from the experience: a call to reflect Facilitating fearless conversations Summary 1 'Way to go! or 'why bother?: examining reactions to Indigenous studies Are barriers to working with Indigenous people real or imagined? A perspective on choosing to bother Insight 1 From cultural appropriateness to cultural competence: operationalising good practice Summary 2 Place, connection, relationship: at the core of social and emotional wellbeing Common ground? Our country In the beginning... 'Strange spirits and 'masters of the situation History lessons (1): what have we learned about Indigenous people? Current characteristics 4 Summary 3 Positioning ourselves The deadly package 'Identity as revealed through artistic expression Insight 2 Insight 3 Insight 4 Summary 4 Positioning psychology and psychologists Of suits and seagulls History lessons (2): what have we learned about psychology and psychologists? Insight 5 Insight 6 Summary 5 From conversation to the clinic (A)typical day at the office Kim Brooklyn interview, part 1 Kim Brooklyn interview, part 2 The cultural consultant model Kim Brooklyn interview, part 3 Kim Brooklyn interview, part 4 Working with Torres Strait Islander people: consultation and negotiation strategies Insight 7 Kim Brooklyn interview, part 5 Kim Brooklyn interview, part 6 Summary 6 Current initiatives, future directions Risky business But first, for those who came in late... Insight 8 Coming full circle Insight 9 Insight 10 Insight 11 Insight 12 Where to from here? A personal response Terminology Resources Bibliography Index

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eBook <

#### **POSITIVE PSYCHOLOGY, 2E** THE SCIENCE OF HAPPINESS AND FLOURISHING

William C. Compton, Middle Tennessee State University; Edward Hoffman, Yeshiva University

This brief paperback presents in-depth coverage of the relatively new area of positive psychology. Topically organized, it looks at how positive psychology relates to stresses and health within such traditional research areas as developmental, clinical, personality, motivational, social, and behavioral psychology. The text is a perfect supplement for Introductory Psychology, Psychology of Adjustment, Health Psychology, or Social Psychology courses. It can also be used as a primary text in upper-level courses, such as the Psychology of Happiness.

- The latest research on positive psychology is incorporated throughout the book.
- A new section discusses interventions to enhance happiness and life satisfaction.
- Chapter 8, "Well-Being Across the Lifespan," has been considerably rewritten to include current information on positive aging, updated research on resilience in children and adults, and more.
- A new section on self-disclosure--a topic not often found in positive psychology textbooks--has also been added.
- Chapter 9, "Optimal Well-Being," has been extensively rewritten to reflect different perspectives on optimal well-being or high-level flourishing. The chapter includes expanded sections on wisdom, theories of optimal well-being, and self-actualization; a new section covering personality traits that are important to optimal well-being (such as openness to experience and courage); and information on how to create your own "inner hero."

# FEATURES

- Each chapter concludes with such learning resources as key terms and ideas as well as books, research, and websites to supplement chapter material.
- Organized topically, the book presents a brief introduction to positive psychology, including perspectives on positive emotional states, research and theory on positive traits, coverage of positive institutions, and a look at the future of positive psychology.

#### CONTENTS

1. An Introduction to Positive Psychology. 2. Foundations: Emotion, Motivation, and the Nature of Well-Being. 3. Subjective Well-Being. 4. Leisure, Flow, Mindfulness, and Peak Performance. 5. Love and Well-Being. 6. Positive Health. 7. Excellence, Aesthetics, Creativity, and Genius. 8. Well-Being Across the Lifespan. 9. Optimal Well-Being. 10. Religion, Spirituality, and Well-Being. 11. Positive Institutions and Cultural Well-Being. 12. A Look Toward the Future of Positive Psychology.

#### © 2013, 400pp, Paperback, 9781111834128



### SOCIAL PSYCHOLOGY AND HUMAN NATURE, BRIEF INTERNATIONAL EDITION, 3E

Roy F. Baumeister, Florida State University; Brad Bushman, University of Michigan

SOCIAL PSYCHOLOGY AND HUMAN NATURE, 3E, Brief International Edition offers a remarkably fresh and compelling exploration of the fascinating field of social psychology. Respected researchers, teachers, and authors Roy Baumeister and Brad Bushman give students integrated and accessible insight into the ways that nature, the social environment, and culture interact to influence social behavior. While giving essential insight to the power of situations, the text's contemporary approach also emphasizes the role of human nature—viewing people as highly complex, exquisitely designed, and variously inclined cultural animals who respond to myriad situations. With strong visual appeal, an engaging writing style, and the best of classic and current research, SOCIAL PSYCHOLOGY AND HUMAN NATURE, 3E, Brief International Edition helps students make sense of the sometimes baffling but always interesting—diversity of human behavior.

- Every chapter in this edition is updated with the latest research findings
- To make the text more readable to students, the research referencing style has moved from using the American Psychological Association style to using the endnote reference style used in the top scientific journals (e.g., Science, Nature, Proceedings of the National Academy of Science).
- To stimulate critical thinking, the popular "Tradeoffs" boxes examine such new topics as the tradeoff between potential harm to research participants and potential gains to society, research ethics, conscious and unconscious thought, the costs versus gains of personal gun ownership.
- New discussions explore how people use social networking Internet sites such as Facebook as a new medium for self-presentation, how nature and culture shape each other, how much value people put on selfesteem, the Occupy movement, the Theory of Planned Behavior, and other topics.
- The Application Modules at the end of the comprehensive edition have been revised and updated to include new research about advertising on social media, U.S. government efforts to increase healthy eating by using simpler ads, factors that influence work group productivity, territoriality in low and high context cultures, and eyewitness testimony.
- Six to eight learning objectives have been added to every chapter and module to guide students' reading and help them focus on key concepts.
- "Quiz Yourself" questions have been revised to facilitate greater conceptual (versus rote memorization) student understanding of core concepts.

#### FEATURES

- Each of the very popular self-quizzes includes one relatively challenging item, thereby providing more variety so that students of all ability levels can find questions that are useful and appropriate for checking their progress.
- Graphs and images engage students and enhance learning and understanding, such as a multicountry scatterplot graph in the Aggression chapter illustrating decreased violence levels worldwide in the 20th century.
- "Money Matters" boxes illuminate social psychology concepts by applying them to familiar concerns from everyday life. These entertaining, pragmatically useful extensions of each chapter's basic research themes include such topics as: How did some football teams pay a price for racial prejudice? Would You Sell Your Soul For \$1? and Money, Men, and Mating.

#### CONTENTS

1. The Mission and the Method. 2. Culture and Nature. 3. The Self. 4. Behavior Control: The Self in Action. 5. Social Cognition. 6. Emotion and Affect. 7. Attitudes, Beliefs, and Consistency. 8. Social Influence and Persuasion. 9. Prosocial Behavior: Doing What's Best for Others. 10. Aggression and Antisocial Behavior. 11. Attraction and Exclusion. 12. Close Relationships: Passion, Intimacy, and Sexuality. 13. Prejudice and Intergroup Relations. 14. Groups.

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#### SOCIAL PSYCHOLOGY AND HUMAN NATURE, COMPREHENSIVE INTERNATIONAL EDITION, 3E

Roy F. Baumeister, Florida State University; Brad Bushman, University of Michigan

SOCIAL PSYCHOLOGY AND HUMAN NATURE, International Edition, offers a remarkably fresh and

compelling exploration of the fascinating field of social psychology. Respected researchers, teachers, and authors Roy Baumeister and Brad Bushman give students integrated and accessible insight into the ways that nature, the social environment, and culture interact to influence social behavior. While giving essential insight to the power of situations, the text's contemporary approach also emphasizes the role of human nature-viewing people as highly complex, exquisitely designed, and variously inclined cultural animals who respond to myriad situations. With strong visual appeal, an engaging writing style, and the best of classic and current research, SOCIAL PSYCHOLOGY AND HUMAN NATURE, International Edition helps students make sense of the sometimes baffling-but always interesting-diversity of human behavior.

- Every chapter in this edition is updated with the latest research findings.
- To make the text more readable to students, the research referencing style has moved from using the American Psychological Association style to using the endnote reference style used in the top scientific journals (e.g., Science, Nature, Proceedings of the National Academy of Science).
- To stimulate critical thinking, the popular "Tradeoffs" boxes examine such new topics as the tradeoff between potential harm to research participants and potential gains to society, research ethics, conscious and unconscious thought, the costs versus gains of personal gun ownership.
- New discussions explore how people use social networking Internet sites such as Facebook as a new medium for self-presentation, how nature and culture shape each other, how much value people put on self-esteem, the Occupy movement, the Theory of Planned Behavior, and other topics.
- The Application Modules at the end of the comprehensive edition have been revised and updated to include new research about advertising on social media, U.S. government efforts to increase healthy eating by using simpler ads, factors that influence work group productivity, territoriality in low and high context cultures, and eyewitness testimony.
- Six to eight learning objectives have been added to every chapter and module to guide students' reading and help them focus on key concepts.

• "Quiz Yourself" questions have been revised to facilitate greater conceptual (versus rote meomorization) student understanding of core concepts.

#### FEATURES

- Each of the very popular self-quizzes includes one relatively challenging item, thereby providing more variety so that students of all ability levels can find questions that are useful and appropriate for checking their progress.
- Graphs and images engage students and enhance learning and understanding, such as a multicountry scatterplot graph in the Aggression chapter illustrating decreased violence levels worldwide in the 20th century.
- "Money Matters" boxes illuminate social psychology concepts by applying them to familiar concerns from everyday life. These entertaining, pragmatically useful extensions of each chapter's basic research themes include such topics as: How did some football teams pay a price for racial prejudice? Would You Sell Your Soul For \$1? and Money, Men, and Mating.

#### CONTENTS

 The Mission and the Method. 2. Culture and Nature. 3.
The Self. 4. Behavior Control: The Self in Action. 5. Social Cognition. 6. Emotion and Affect. 7. Attitudes, Beliefs, and Consistency. 8. Social Influence and Persuasion. 9.
Prosocial Behavior: Doing What's Best for Others. 10.
Aggression and Antisocial Behavior. 11. Attraction and Exclusion. 12. Close Relationships: Passion, Intimacy, and Sexuality. 13. Prejudice and Intergroup Relations.
14. Groups. Application Modules. A. Applying Social Psychology to Consumer Behavior. B. Applying Social Psychology to Health. C. Applying Social Psychology to the Workplace. D. Applying Social Psychology to Law. E. Applying Social Psychology to the Environment.

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# SOCIAL PSYCHOLOGY, INTERNATIONAL EDITION, 9E

Saul Kassin, Williams College; Steven Fein, Williams College; Hazel Rose Markus, Stanford University

Distinguished by its current-events emphasis, the aim to bring the outside world into the field of social psychology, strong diversity coverage, and engaging connections drawn between social psychology and students' everyday lives, SOCIAL PSYCHOLOGY, International Edition, remains one of the most scholarly and well-written texts in its field. Integrating classic and contemporary research, the text also includes comprehensive coverage of social cognition and evolutionary psychology, and features authoritative material on social psychology and the law. Coverage of culture and diversity is integrated into every chapter by Hazel Rose Markus, a leader and respected researcher in the study of cultural psychology.

- Cutting-edge and current research is highlighted throughout the text. This edition includes new sections on trends in social psychology; behavioral economics, embodied cognition, and other interdisciplinary approaches; the evolution of self-deception; "wishful seeing"; attitude embodiment effects; and the evolutionary psychology of conspicuous consumption.
- Increased emphasis is placed on developments within five important domains: social neuroscience, embodied cognition, evolutionary theory, implicit processes, and cultural perspectives.
- Extensive new coverage on areas relevant to students' lives includes the new controversies concerning values and science (e.g. discussion of recent cases of academic fraud), emerging science on how to increase happiness, gender differences in expressions of love, and exerting self-control.

- The inclusion of more multicultural research is evidenced in new discussions of cultural differences in mirror self-recognition, applied research on improving the academic success of African American students, and a new section entitled "Trust, Belonging, and Reducing Stereotype Threat." Sections on reducing stereotypes, prejudice, and discrimination; implicit racism; cultural differences in social support; and sexism are significantly updated.
- The text contains stories from the news and popular culture that relate to social psychology. Topics include the killing of Travyon Martin, casting in The Hunger Games movie, racist taunting at a variety of sports events around the world, and the scandal at Penn State University as an illustration of group dynamics.
- New and updated coverage of technology and its applications to social psychology includes digital social influences in the Arab Spring, online dating, prosocial media effects, and research on the effects of media violence on executive functioning and selfcontrol.

### FEATURES

- "Putting Common Sense to the Test" challenges students' commonly held notions by asking them to predict answers to deceptively simple true/false questions that open each chapter. The related text discussion for each question is annotated in the margin, and full answers are provided at the end of the chapter.
- A current events emphasis incorporates realworld examples and timely events, underscoring social psychology's widespread relevance and helping students see their world through a social psychologist's eyes.
- Marginal quotes provide thought-provoking facts, findings, poll results, quotes, and more to pique students' interest and stimulate their critical thinking.

#### CONTENTS

1. What Is Social Psychology? 2. Doing Social Psychology Research. 3. The Social Self. 4. Perceiving Persons. 5. Stereotypes, Prejudice, and Discrimination. 6. Attitudes. 7. Conformity. 8. Group Processes. 9. Attraction and Close Relationships. 10. Helping Others. 11. Aggression. 12. Law. 13. Business. 14. Health.

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# SOLUTIONS IN SPORT PSYCHOLOGY

Ian M. Cockerill, School of Sport and Exercise Sciences, The University of Birmingha

This innovative text, authored by a well-qualified team, offers an applied introduction to the growing subject of sports psychology. It addresses the key challenges facing lecturers and students in the area by comprehensively covering a diverse range of topics, reflecting relevant research, and applying theory to practice. Assuming no prior knowledge of the subject, this accessible book covers the fundamentals of sport psychology and demonstrates how theory can be applied in practice. Each chapter opens with a description of a specific case that is dealt with as the chapter proceeds. The reader is then taken through the background theory, and relevant research and literature, before being presented with a proposed 'solution' to this opening problem.

#### FEATURES

- Provides theory-based coverage of 'real' practical issues in sports psychology
- Provides theory-based coverage of 'real' practical issues in sports psychology
- Features cases from a wide variety of sports including tennis, rugby league and soccer
- Features cases from a wide variety of sports including tennis, rugby league and soccer

#### CONTENTS

Foreword: Bobby Gould Introduction PART I: Sport Psychology in Practice "The team just hasn"t gelled" John Kremer & Deidre Scully (Department of Psychology, The Queen"s University, Belfast) Incompatibility in the coach - athlete relationship Sophia Jowett (School of Health, Staffordshire University) & Ian Cockerill (School of Sport & Exercise Sciences, University of Birmingham) Mental toughness : the concept and its measurement Peter Clough, Keith Earle & David Sewell (Department of Psychology, University of Hull) PART II: Goals, Motivation and Commitment Enhancing the quantity and quality of motivation: the promotion of task involvement in a junior football team Joan Duda & Anne Marte Pensgaard (School of Sport & Exercise Sciences, University of Birmingham) The application of achievement-goal theory in youth sport Chris Harwood & Stuart Biddle (Department of Physical Education, Sport Science & Recreation Management, Loughborough University) In pursuit of the perfect performance Ian Cockerill (School of Sport & Exercise Sciences, University of Birmingham) PART III: Cognitions and Confidence Sport participants" reflections on past events: the role of social cognition Sandy Wolfson (Division of Psychology, University of Northumbria) Confidence and the pre-shot routine in golf: a case study David Shaw (Department of Psychology, University of Central Lancashire) Functional-equivalence solutions for problems with motor imagery Paul Holmes (Department of Exercise & Sport Science, Manchester Metropolitan University) & David Collins (Scottish Centre for Physical Education, Sport & Leisure Studies, University of Edinburgh)

Case studies in confidence for elite slalom canoeists Hugh Mantle (School of Education & Social Sciences, Liverpool John Moores University) PART IV: Injury, Counselling and Social Support The psychological rehabilitation of a severely-injured rugby player Richard Cox (Scottish Centre for Physical Education, Sport & Leisure Studies, University of Edinburgh) Football as an alternative medium for facilitating therapeutic intervention with a discrete group of refugees Rachel Tribe (Department of Psychology, University of East London) Coping with retirement from professional sport David Lavallee (Scottish School of Sports Studies, University of Strathclyde), Jim Golby (School of Social Sciences, University of Teesside) & Ruth Lavallee (School of Leisure & Sports Studies, Leeds Metropolitan University)

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#### **STRESS, HEALTH AND WELL-BEING** THRIVING IN THE 21ST CENTURY, INTERNATIONAL EDITION

Rick Harrington, University of Houston, Victoria

STRESS, HEALTH, AND WELL-BEING: THRIVING IN THE 21st CENTURY, International Edition offers a thorough investigation of the science that underlies one of the most pervasive forces in modern life. Incorporating empirical research, positive psychology, and coping strategies in a cohesive package, the text is a useful tool for helping students understand and approach stress effectively.

#### FEATURES

- The book's pedagogical structure presents foundational material first, followed by more applied information.
- The book balances its coverage of the negative aspects of stress with some positives, including: the adaptive value of stress, benefits from traumatic encounters, and challenge as a force that leads to greater wellbeing.
- Chapter-opening vignettes present scenarios that students can relate to, and introduce upcoming topics prior to discussions of theory and research.
- Key terms and concepts are set in bold-faced font throughout the text, allowing students to immediately recognize their importance. Terms are also listed at the end of chapters.
- A running glossary defines key terms and concepts in sidebars; these terms populate a complete glossary located at the back of the book.
- Insight exercises, designed to raise students' awareness of concepts at a personal level, are dispersed throughout the text.
- Stress management exercises engage students and facilitate experiential learning and application of the

concepts.

• Each chapter concludes with chapter summaries, concept reviews, and critical thinking questions that facilitate deeper understanding of concepts.

#### CONTENTS

Part 1: STRESS, HEALTH, AND POSITIVE PSYCHOLOGY. 1. Stress and Health. 2. Positive Psychology. Part 2: THE BIOLOGY OF STRESS AND ILLNESS. 3. Stress and the Nervous System. 4. Stress, Illness, and the Immune System. 5. The Impact of Stress on Health Conditions. Part 3: STRESS, PERSONALITY, AND EMOTIONS. 6. Personality and Stress. 7. Anxiety, Anger, and Depression. Part 4: INTERPERSONAL AND JOB STRESS. 9. Job Stress. Part 5: EMOTIONAL AND BEHAVIORAL SELF-REGULATION. 10. Cognitive and Behavioral Approaches. 11. Physical Activity and Exercise. 12. Nutrition. Part 6: MIND-BODY STRATEGIES. 13. Self-Regulation and Relaxation Strategies. 14. Meditation, Yoga, and Biofeedback. Part 7: GUIDELINES FOR STRESS MANAGEMENT AND WELL-BEING ENHANCEMENT. 15. Guidelines for Stress Management and Well-Being Enhancement.

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#### THE PSYCHOLOGY OF PREJUDICE AND DISCRIMINATION, INTERNATIONAL EDITION, 2E

Bernard E. Whitley, Ball State University; Mary E. Kite, Ball State University

This is the first comprehensive textbook on prejudice with a strong psychological research base. Whitley and Kite cover a broad range of topics—from race and ethnicity to gender, sexual orientation, and ageism. By integrating theory and research with students' own experiences, the authors increase students' awareness of influences that shape prejudices. While evaluating research results and their personal, subjective beliefs, students develop an appreciation of scientific evidence regarding stereotypes, prejudice, and discrimination.

# NEW TO THIS EDITION

- The 2nd edition contains two new chapters—one on emotions and motivation and the other on prejudice based on age, ability, and appearance—to represent the research and theoretical literatures on prejudice and discrimination, both of which have advanced dramatically.
- The authors incorporate new research on all the topics covered in the book, adding about 10 new references per chapter to ensure that information on all topics is current and accurate.
- Whitley and Kite devote an entire chapter to gender and sexual orientation to give these topics the importance and coverage needed within the text.
- This edition presents added coverage of looksism, disability, classism, and cross-cultural/international issues as well as added coverage of mass hate and genocide.

# FEATURES

- This text features a strong psychological research base not found in other texts; it also provides balanced coverage of theory and applications, as evidenced in boxes offering real-life examples of theoretical principles.
- Several unique chapters include "How Psychologists Study Prejudice and Discrimination" (Ch. 2), "Development of Prejudice in Children" (Ch. 8), The Social Context of Prejudice" (Ch. 9), and "From Prejudice to Discrimination" (Ch. 10).
- THE PSYCHOLOGY OF PREJUDICE AND DISCRIMINATION covers a broad range of topics including race and ethnicity, gender, sexual orientation, and ageism.

# CONTENTS

 Introducing the Concepts of Stereotyping, Prejudice, and Discrimination. 2. How Psychologists Study Prejudice and Discrimination. 3. Social Categorization and Stereotypes. 4. Stereotype Activation and Application.
Emotions and Motivation. 6. Old-Fashioned and Contemporary Forms of Prejudice. 7. Individual Differences and Prejudice. 8. The Development of Prejudice in Children. 9. The Social Context of Prejudice. 10. From Prejudice to Discrimination. 11. The Experience of Discrimination. 12. Gender and Sexual Orientation. 13. Age, Ability, and Appearance. 14. Reducing Prejudice and Discrimination.

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# WRIGHTSMAN'S PSYCHOLOGY AND THE LEGAL SYSTEM, INTERNATIONAL EDITION, 8E

Edie Greene, University of Colorado; Kirk Heilbrun, Drexel University

The author team for WRIGHTSMAN'S PSYCHOLOGY AND THE LEGAL SYSTEM, 8E, International Edition combines complementary expertise, active research, writing careers, and real world experience (as consultants working within the legal system) to produce a comprehensive text that is unparalleled in scholarship and writing style. This authorship, along with a solid research base and comprehensive coverage, make the text popular with instructors and students alike. The book illustrates the importance of psychology's concepts and methods to an understanding of the legal system—and the system's impact on individuals' everyday live—through the use of real cases and questions that engage students in critical thinking and discussion.

#### **NEW TO THIS EDITION**

- The authors have added "Critical Thought" questions to "The Case of" boxes to engage students in thinking more deeply about the material.
- The writing has been honed and simplified throughout to improve readability and students' understanding of the material.
- This edition places more emphasis on alternatives to traditional case disposition, including diversion,

restorative justice processes, problem-solving courts, and an entirely new chapter (Chapter 9) on community-based alternatives to traditional prosecution. It also contains expanded coverage of risk assessment, reforms in eyewitness identification procedures, and offender rehabilitation, and updated literature coverage.

• Current references to such newsworthy cases as Jared Loughner, Casey Anthony, Conrad Murray, George Zimmerman, DNA exonerees, the Penn State sexual abuse scandal, and minors' free speech rights engage students' attention and showcase the book's realworld relevance.

#### **FEATURES**

- Up-to-date, relevant research keeps the book current and authoritative.
- Appendices with the Constitutional amendments, the Ethical Principles of Psychologists and Code of Conduct, and the Specialty Guidelines for Forensic Psychologists provide students with a wellrounded look at the psychology of law as well as the consolidation of all the information they need in one text.
- A chapter on the psychology of corrections (Chapter 15, "Adult and Juvenile Corrections") focuses on post-adjudication issues. It contains separate sections for juveniles and adults, descriptions of interventions in the community that are of particular contemporary interest, and traditional institutional interventions. This chapter also discusses the role of psychologists in jails and prisons and includes a section on psychological consequences of long-term incarceration.
- The popular "The Case of" feature highlights real cases from recent headlines, making important legal concepts relevant and interesting to today's students.
- The team of co-authors, including a cognitive psychologist and a clinical psychologist, both of whom have years of experience with the legal system, ensures a well-developed and balanced approach.
- This text remains the best seller in this market for its comprehensive coverage, well developed writing style, use of interesting case studies that illustrate core principles, and unwavering attention to relevant legal dilemmas.

#### CONTENTS

1. Psychology and the Law: Choices and Roles. 2. The Legal System: Issues, Structure, and Players. 3. Psychology of Crime. 4. Psychology of Police. 5. Eyewitnesses to Crimes and Accidents. 6. Victims of Crime, Violence, and Adversity. 7. Evaluating Criminal Suspects. 8. Traditional Prosecutions. 9. Alternatives to Traditional Prosecutions. 10. Assessment in Criminal and Juvenile Cases. 11. Assessment in Civil Cases. 12. Preparing for Trials. 13. Jurors and Juries. 14. Punishment and Sentencing. 15. Adult and Juvenile Corrections.

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# **TESTING AND MEASUREMENT**

# ESSENTIALS OF TESTING AND ASSESSMENT, INTERNATIONAL EDITION, 2E

Edward S. Neukrug, Old Dominion University; R. Charles Fawcett, University of Virginia

Comprehensive and easy to read, Neukrug and Fawcett's ESSENTIALS OF TESTING AND ASSESSMENT: A PRACTICAL GUIDE, International Edition introduces learners to the concepts and applications of assessment and testing. Case vignettes, samples of real tests, and additional activities and exercises increase understanding and reduce student anxiety.

#### **NEW TO THIS EDITION**

 Updated information in this edition includes discussion of neuropsychological assessment in Chapter 7 (Intellectual and Cognitive Functioning: Intelligence and Neuropsychological Assessment); a section on Forensic Evaluation in appears in the section of Chapter 2 that discusses professional issues; and updated coverage of the ACA and APA Ethics Codes wherever applicable.

- Neukrug and Fawcett have added a new section on Item Response Theory (IRT), revised case examples and applications, and more coverage on computer usage.
- This edition offers new coverage of National Assessment of Educational Progress (Chapter 6) and Performance Assessment (Chapter 10) along with updated coverage of 16 PF, NEO PI-R and NEO-FFI, the PAI, and the SASSI.
- The text's examination of Standard Error of the Estimate, False Positives and False Negatives, and Non-Verbal Intelligence Testing has also been updated.

### FEATURES

- Engage students with thought-provoking cases, vignettes, and real-life exercises, providing opportunities for hands-on practice.
- Guide students step-by-step through the increasingly complex process of gathering information about clients and suggest specific ways of writing effective test reports.
- Text illustrations, figures, and examples of test reports and interview outlines help students apply the concepts presented in the chapters.
- Down-to-earth, easy-to-understand writing clearly explains the use of test statistics and how to apply them to the assessment process.
- Neukrug and Fawcett devote individual chapters to commonly used assessment techniques in educational ability, intelligence testing, career and occupational assessment and clinical assessment with each chapter highlighting the role of the helper in assessment procedures and stressing the importance of sensitivity when assessing any person.

# CONTENTS

Part I: HISTORY AND CURRENT PROFESSIONAL ISSUES. 1. History of Testing and Assessment. 2. Ethical, Legal and Professional Issues in Assessment. Part II: TEST WORTHINESS AND TEST STATISTICS. 3. Test Worthiness: Validity, Reliability, Practicality and Cross-Cultural Fairness. 4. Statistical Concepts: Making Meaning out of Raw Scores. 5. Statistical Concepts: Creating New Scores to Interpret Test Data. Part III: COMMONLY-USED ASSESSMENT TECHNIQUES 6.
Assessment of Educational Ability: Survey Battery, Diagnostic, Readiness and Cognitive Ability Tests. 7. Intellectual and Cognitive Functioning: Intelligence Testing and Neuropsychological Assessment. 8. Career and Occupational Assessment: Interest Inventories, Multiple Aptitude and Special Aptitude Tests. 9. Clinical Assessment: Objective and Projective Personality Tests. 10. Informal Assessment: Observation, Rating Scales, Classification Methods, Environmental Assessment, Records and Personal Documents and Performance-Based Assessment. Part IV: DIAGNOSIS AND WRITING THE ASSESSMENT REPORT. 11. Diagnosis in the Assessment Process 12. The Assessment Report Process: The Interview, Assessment Techniques, Environmental Assessment, and the Report.

### © 2010, 336pp, Paperback, 9781439037935



### **PSYCHOLOGICAL ASSESSMENT AND THEORY, 8E** CREATING AND USING PSYCHOLOGICAL TESTS, INTERNATIONAL EDITION

Robert M. Kaplan, University of California, San Diego; Dennis P. Saccuzzo, San Diego State University

PSYCHOLOGICAL ASSESSMENT AND THEORY: CREATING AND USING PSYCHOLOGICAL TESTS, 8E, International Edition explains the fundamentals of psychological testing, their important applications, and the controversies that emerge from those applications in clinical, education, industrial, and legal settings. Robert M. Kaplan and Dennis P. Saccuzzo's engaging and thorough text demonstrates how psychological tests are constructed and used, both in a professional setting and in everyday lives. Part I focuses on the core concepts that affect the evaluation of all tests. Part II discusses the major types of psychological tests, while Part III looks at present-day issues affecting testing such as bias, laws, and ethics. Chapters are independent enough to allow instructors to structure their class to achieve course objectives. A multitude of test profiles and sample items illustrate how psychological testing is used and reported. Real-life case studies demonstrate the uses and misuses of psychological testing, helping to maximize student interest, while "Technical Example" boxes assist students in grasping complex statistical concepts.

### **NEW TO THIS EDITION**

- The Eighth Edition goes further than any previous edition in spelling out the applications of psychological testing in a wide variety of applied fields.
- The authors discuss computer-adaptive testing and item response theory, addressing how the age of computers has completely revolutionized psychological testing.
- Discussions of testing topics organized around the application areas: Chapter 11 considers psychological testing in education and special education; Chapter 12 looks at the use of standardized tests in education, civil service, and the military; and Chapters 13 and 14 consider the use of psychological tests in clinical and counseling settings.

### FEATURES

- In addition to offering a clear overview of psychological testing and measurement basics, the text presents psychological testing applications in a variety of applied fields.
- The authors provide a current analysis of the most widely used psychological tests in schools, professional training programs, businesses, industry, civil service, the military, and clinical settings, helping students understand how these tests can make a difference in their careers.
- Chapters on issues in psychological testing feature new developments in present-day social justice, law, and ethics.
- Chapters are independent from each other, allowing professors to structure their class to their own course objectives.
- The text features test profiles and sample items to help students see how psychological testing is used and reported, in addition to offering real-life case studies that demonstrate the uses and misuses of testing in today's society.

• Informal discussions and real-life examples maximize student interest and make the material personally relevant.

### CONTENTS

 Introduction. 2. Norms and Basic Statistics for Testing.
Correlation and Regression. 4. Reliability. 5. Validity.
Test Bias. 7. Writing and Evaluating Test Items. 8. Interviewing Techniques. 9. Theories of Intelligence and the Binet Scales. 10. The Wechsler Intelligence Scales: WAIS-IV, WISC-IV, and WPPSI-III. 11. Other Individual Tests of Ability in Education and Special Education.
Standardized Tests in Education, Civil Service, and the Military. 13. Applications in Clinical and Counseling Settings. 14. Projective Personality Tests. 15. Computers and Basic Psychological Science in Testing. 16. Testing in Counseling Psychology. 17. Testing in Health Psychology and Health Care. 18. Testing in Industrial and Business Settings. 19. Ethics and the Future of Psychological Testing.

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### Α

A Concise Guide to Statistical Analyses Using Excel, SPSS, and the TI-84 Calculator, p.158

A Simple Guide to IBM SPSS®: For Version 20.0, International Edition, 12e, p.159

ADJUST (with CourseMate Printed Access Card), p.14

*Aamodt*, Applying Psychology to Work, International Edition, 7e, p.77

Abnormal Child Psychology, International Edition, 5e, p.2

Abnormal Psychology and Life, p.5

Abnormal Psychology and Life, 2e, p.6

Abnormal Psychology, 6e, p.3

Abnormal Psychology, 7e, p.4

Adult Development and Aging, 7e, p.38

Adult Development and Aging, International Edition, 6e, p.39 Aging, the Individual, and Society, 9e, p.39

Allen/Bennett, Spss 20, 2e, p.184

*Alloway/Wilson/Graham*, Sniffy the Virtual Rat Lite, Version 3.0 (with CD-ROM), 3e, p.115/p.130

- **Alloway/Wilson/Graham**, Sniffy the Virtual Rat Pro, Version 3.0 (with CD-ROM), International Edition, 3e, p.116/p.131
- An Introduction to Drugs and the Neuroscience of Behavior, International Edition, p.196

An Introduction to Psychology, International Edition, 4e, p.79 Applying Psychology to Work, International Edition, 7e, p.77 **Ashcraft**, Personality Theories Workbook, 5e, p.144/p.148 **Ashcraft**, Personality Theories Workbook, 6e, p.150 Assessing Teaching and Learning in Psychology, p.81

### В

**Banich/Compton**, Cognitive Neuroscience, International Edition, 3e, p.140

Barlow/Durand, Abnormal Psychology, 6e, p.3

**Barlow/Durand**, Abnormal Psychology, 7e, p.4 Basic Statistics for the Behavioral Sciences, International

Edition, 7e, p.160

Basic Statistics, 10e, p.159

Baumeister/Bushman, Social Psychology and Human Nature, Brief International Edition, 3e, p.207

Baumeister/Bushman, Social Psychology and Human Nature, Comprehensive International Edition, 3e, p.208

Behavior Modification, 5e, p.20

Behavioral Sciences STAT (with CourseMate Printed Access Card), 2e, p.161

Behavioral Sciences Stat (with Review Cards And Psychology Coursemate With Ebook Printed Access Card)p.xx

Bergin/Bergin, Child and Adolescent Development in Your Classroom, International Edition, p.44

**Bernstein**, Essentials of Psychology, International Edition, 6e, p.89

**Bernstein**, Essentials of Psychology, Reprint International Edition, 5e, p.91

Bernstein/Clarke-Stewart/Penner/Roy, Psychology, International Edition, 9e, p.113

Bernstein/Pooley/Cohen/Gouldthorp, Psychology: An international discipline in context: Australian & New Zealand Edition, p.109/p.153

Biological Psychology, International Edition, 11e, p.18/p.139 Bjorklund, Child and Adolescent Development, p.41 Bjorklund, Children's Thinking, International Edition, 5e, p.48 Brannon/Feist/Updegraff, Cengage Advantage Books: Health Brannon/Feist/Updegraff, Health Psychology, 8e, p.204 Brown/Barlow, Casebook in Abnormal Psychology, International Edition, 4e, p.7/p.21

**Bukatko**, Child and Adolescent Development, p.42

**Bukatko/Daehler**, Child Development, 6e, p.45

**Burger**, Introduction to Personality, International Edition, 8e, p.142

Burger, Personality, 9e, p.143

### С

CDEV (with Review Cards and CourseMate Printed Access Card), p.40  $\,$ 

Cacioppo/Freberg, Discovering Psychology, p.83/p.84

**Caldwell**, Statistics Plain and Simple, International Edition, 3e, p.189

**Caldwell**, Statistics Unplugged, International Edition, 4e, p.191 Careers in Psychology, 4e, p.82

**Carroll**, Discovery Series: Human Sexuality (with CourseMate Printed Access Card), p.73

**Carroll**, Psychology of Language, International Edition, 5e, p.127

Carroll, Sexuality Now, 4e, p.76

Casebook in Abnormal Psychology, International Edition, 4e, p.7/p.21

Casebook in Child Behavior Disorders, International Edition, 5e, p.8

Cavanaugh/Blanchard-Fields, Adult Development and Aging, 7e, p.38

**Cavanaugh/Blanchard-Fields**, Adult Development and Aging, International Edition, 6e, p.39

Cengage Advantage Books: Health Psychology, 8e, p.197

**Chance**, Learning and Behavior, International Edition, 7e, p.129 Child Development, 6e, p.45

Child and Adolescent Development, p.41/p.42

Child and Adolescent Development in Your Classroom, International Edition, p.44

Childhood and Adolescence, 5e, p.47

Childhood, 5e, p.46

Children's Thinking, International Edition, 5e, p.48

Cockerill, Solutions in Sport Psychology, p.210

CogLab on a CD, Version 2.0, International Edition, 4e, p.31 Cognition & CogLab 2.0 Online Access Code, p.32

Cognition, 9e, p.31/p.49

Cognitive Neuroscience, International Edition, 3e, p.140 Cognitive Psychology (with CogLab 2.0 and Manual)

International Edition, 3e, p.34

Cognitive Psychology, 6e, p.33 Community Psychology, 3e, p.36

Compton/Hoffman, Positive Psychology, 2e, p.101/p.206 Concepts to Completion, p.83

Conducting Research in Psychology, 4e, p.164

Contemporary Behavior Therapy, International Edition, 5e, p.22

**Coon/Mitterer**, Gateways to Psychology, 13e, p.95

**Coon/Mitterer**, Introduction to Psychology, 12e, p.96

**Coon/Mitterer**, Psychology, 13e, p.110

Coon/Mitterer, Psychology, 5e, p.109

**Corey**, Theory and Practice of Group Counseling, International Edition, 8e, p.30

**Cormier/Nurius/Osborn**, Interviewing and Change Strategies for Helpers, International Edition, 6e, p.25

Corr/Nabe/Corr, Death and Dying, Life and Living,

International Edition, 7e, p.50

**Croker**, The Development of Cognition (with CourseMate and eBook Access Card), p.35/p.68

**Crooks/Baur**, Our Sexuality, International Edition, 12e, p.75 Culture and Psychology, International Edition, 5e, p.198

D

- **Day**, Theory and Design in Counseling and Psychotherapy, 2e, p.28
- Death and Dying, Life and Living, International Edition, 7e, p.50 Development, p.51
- Development Through Life, 12e, p.52
- Developmental Psychology, 9e, p.53
- Discovering Biological Psychology, International Edition, 2e, p.19
- Discovering Psychology, p.83/p.84
- Discovery Series: Human Sexuality (with CourseMate Printed Access Card), p.73
- Discovery Series: Introduction to Lifespan (with Psychology CourseMate with eBook Printed Access Card), p.54
- Discovery Series: Introduction to Psychology (with Psychology CourseMate with eBook Printed Access Card), p.85

Disorders of Childhood, 2e, p.9

- Doing Psychology Experiments, 7e, p.165
- Domjan, The Principles of Learning and Behavior, 7e, p.132
- **Domjan**, The Principles of Learning and Behavior, International Edition, 6e, p.134
- Drug Use and Abuse, 7e, p.199
- Drug Use and Abuse, International Edition, 6e, p.200

Duchesne/McMaugh/Bochner/Krause, Educational

Psychology for Learning and Teaching, 4e, p.69 **Dunn**, Assessing Teaching and Learning in Psychology, p.81

Durand/Barlow, Essentials of Abnormal Psychology, International Edition (with Psychology CourseMate with

eBook Printed Access Card), 6e, p.10

F

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Emotion, International Edition, 2e, p.136/p.201

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- **Heiman**, Behavioral Sciences Stat (with Review Cards And Psychology Coursemate With Ebook Printed Access Card) p.xx
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Human Sexuality, p.74

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*Kail/Cavanaugh*, Essentials of Human Development, p.56 *Kail/Cavanaugh*, Human Development, 6e, p.58 *Kaipeng/Shaojian/Lizhe*, Positive Psychology in China,

p.151/p.152

Kaipeng/Shaojian/Lizhe, Positive Psychology in China : Abstracts of the First China International Conference on Positive Psychology (eBook), p.160

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### Laming, Human Judgment, p.148

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Motivation, 6e, p.137

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Nevid, Essentials of Psychology, 3e, p.86
Nevid, Essentials of Psychology, 4e, p.88
Newman/Newman, Development Through Life, 12e, p.52
Newman/Newman, Lifespan Development, 11e, p.63

0

O'Shea/McKenzie, Writing for Psychology, 6e, p.123

Our Sexuality, International Edition, 12e, p.75

D

PSYCH (with CourseMate Printed Access Card), 3e, p.102 Pagano, Understanding Statistics in the Behavioral Sciences, International Edition, 10e, p.192 Parritz/Troy, Disorders of Childhood, 2e, p.9 Pastorino/Doyle-Portillo, What is Psychology?, 2e, p.120 Pastorino/Doyle-Portillo, What is Psychology?, 3e, p.118 Pastorino/Doyle-Portillo, What is Psychology?, International Edition, 3e, p.121 Pelham/Blanton, Conducting Research in Psychology, 4e, p.164 Peng, Positive Psychology in China, p.151 Peng, Positive Psychology in China : Abstracts of the First China International Conference on Positive Psychology (eBook), p.152 Personality Theories Workbook, 5e, p.144/p.148 Personality Theories Workbook, 6e, p.150 Personality Theories, International Edition, 9e, p.145 Personality, 9e, p.143 Petri/Govern, Motivation, 6e, p.137 Plotnik/Kouyoumdjian, Discovery Series: Introduction to Psychology (with Psychology CourseMate with eBook Printed Access Card), p.85 Plotnik/Kouyoumdjian, Introduction to Psychology, International Edition, 10e, p.100 Pojman, Life and Death, 2e, p.61 Positive Psychology in China, p.151 Positive Psychology in China: Abstracts of the First China International Conference on Positive Psychology (eBook), p.152 Positive Psychology, 2e, p.101/p.206 Powell/Honey/Symbaluk, Introduction to Learning and Behavior, International Edition, 4e, p.128 Principles of Neuropsychology, International Edition, 2e, p.141 Prus, An Introduction to Drugs and the Neuroscience of Behavior, International Edition, p.196 Psychodynamic Psychology, p.152 Psychological Assessment and Theory, 8e, p.215 Psychology: An international discipline in context: Australian & New Zealand Edition, p.109/p.153 Psychology Applied to Modern Life, 11e, p.16 Psychology and Contemporary Life, 10e, p.15 Psychology for Educators, p.70 Psychology of Language, International Edition, 5e, p.127 Psychology, 10e, p.107 Psychology, 13e, p.110 Psychology, 5e, p.109 Psychology, 9e, p.103/p.104/p.106 Psychology, International Edition, 6e, p.112 Psychology, International Edition, 9e, p.113 PsykTrek 3.1, 3e, p.114

### R

Rathus, CDEV (with Review Cards and CourseMate Printed Access Card), p.40

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p.185

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Т

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The Development of Cognition (with CourseMate and eBook Access Card), p.35/p.68

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U

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Utts/Heckard, Mind on Behavioral Statistics, p.172

### V

Vialle/Lysaght/Verenikina, Psychology for Educators, p.70

### W

Watson/Tharp, Self-Directed Behavior, 10e, p.17 Weiten, Psychology, 9e, p.103/p.104/p.106 Weiten, PsykTrek 3.1, 3e, p.114 Weiten/Dunn/Hammer, Psychology Applied to Modern Life, 11e, p.16 Weiten/Hammer/Dunn, ADJUST (with CourseMate Printed Access Card), p.14 Weiten/Hammer/Dunn, Psychology and Contemporary Life, 10e, p.15 What is Psychology?, 2e, p.120 What is Psychology?, 3e, p.118 What is Psychology?, International Edition, 3e, p.121 White/McBurney, Research Methods, International Edition, 9e. p.183 Whitley/Kite, The Psychology of Prejudice and Discrimination, International Edition, 2e, p.212 Williams/Brydon-Miller, Concepts to Completion, p.83 *Woods/West*, The Psychology of Work and Organizations, p.79 Woods/West, The Psychology of Work and Organizations, 2e, p.78/p.154 Wrightsman's Psychology and the Legal System, International Edition, 8e, p.213 Writing Papers in Psychology, 9e, p.124/p.194 Writing for Psychology, 6e, p.123 Writing for Psychology, International Edition, 4e, p.123/p.193 Writing with Style, 6e, p.125/p.194

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